

BEHAVIORAL HEALTH ADVISORY BOARD
ADULT SERVICES COMMITTEE
MINUTES ■ Thursday, January 7, 2016

Present: Karyn Bates, Co-Chair Nancy Borchard, Co-Chair Carol Thomas, BHAB Gane Brooking, BHAB Sidney White, BHAB Eileen Tracy, Family Engagement David Deutsch, NAMI Jane Sheehan, NAMI Ratan Bhavnani, NAMI Roberta Griego, NAMI Denise Krischke, Recovery Innovations Intl. Carol Jones, St. John's Regional Center Cheryl Malinowski, Telecare Laura Flores, Turning Point Foundation Kalie Matisek, Turning Point Foundation Mark Schumacher, Turning Point Foundation Denise Noguera, VCAAA Debora Schreiber, VSSTF	VCBH staff: Pam Fisher, Adult Division Manager Jessica Davis, ADP Pam Roach, Transformational Liaison Office Irma Victorino, Management Assistant Next meeting: Thursday, February 3, 2016 Lake Tahoe Conf. Room, Oxnard
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Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-chair Karyn Bates called the meeting to order at 10:10 a.m.		
II.	Welcome and Introductions Co-chair Bates welcomed everyone and requested introductions.		
III.	Approval of the Agenda 1. Co-chair Nancy Borchard asked the Committee for any discussion or changes to the agenda. 2. Item VII Time Certain Presentation of Kim Milstien of VCMC is canceled. Ms. Milstien will be presenting to the Committee on March 3, 2015 instead. Item VII Time Certain Presentation has been removed from Agenda.	The agenda was approved with changes. M/S/C	
IV.	Approval of the Minutes 1. Co-chair Borchard asked the Committee for any discussion or changes to the November 5, 2015 minutes of meeting. 2. A motion was made and seconded to approve the minutes as written.	The minutes were approved as written. M/S/C	
V.	Chair Announcements / Discussion on Housing Needs		
	1. Co-chair Borchard shared the article " <i>Lawmakers propose \$2B homeless aid plan</i> " issued on Jan. 5, 2016 which mentioned about the housing bond to help local governments construct more than 10,000 housing units primarily for those with mental illness. It was cited that the Senate proposal would target the housing money to chronically homeless people with mental illness. The proposal would be redirecting money from Proposition 63. Former Senate leader Darrell Steinberg said that money would mostly fund multifamily to house lower-income workers as well as those who are currently on the streets 2. Co-chair Borchard shared Notice of Public Hearing on Tuesday, January 12, 2016 at 6:00 pm in the Council Chambers, 305 West, Third St., Oxnard. The first Public Hearing is related to needs assessment for FY 2016-2017 Annual Action Plan in the City Council Chambers. The purpose of the public hearing is to receive input on the housing, homelessness, public facilities and improvements, public services and economic	Copy of article distributed to all. Copy of Notice of Public Hearing distributed to all.	

	<p>development unmet needs of extremely low-, to low-income persons residing in Oxnard which are not currently being addressed by the City or local agencies. Topics that will be addressed are affordable housing, homelessness, transitional and permanent housing for homeless persons/households or those who are at risk of becoming homes, etc. Co-chair Borchard encouraged the Committee to attend the Public Hearing. RSVP to City of Clerk (805) 385-7803 Thursday prior to scheduled date of meeting. Copy of Notice of Public Hearing was distributed as handout.</p> <p>3. Co-chair Borchard mentioned about Sanctuary Centers of Santa Barbara, a non-profit organization providing continuum of care for adults with mentally illness and co-occurring disorder in order to prevent further hospitalization. Their mental services include residential mental health treatment facilities, outpatient mental health programs, co-occurring disorder treatment programs, in-home supportive services, family therapy, vocational services, etc.</p> <p>4. Co-Chair Karyn Bates shared the article “<i>GOP candidates: End stigma surrounding drug abuse</i>” circulated on January 6, 2016. The article mentioned about people who share their struggles with addiction or family members who lost their lives to drugs. There was a brief discussion on this issue.</p>	<p>Copy of flyer distributed to all.</p> <p>Copy of article distributed to all.</p>	
VI.	<p>Public/Member Comments</p> <p>1. Carol Thomas expressed her concern about the housing needs of the elder population and conveyed that she is eager to get more information about the different housing resources available.</p> <p>2. Mark Schumacher announced that there is a documentary regarding the alarming upturn in heroin abuse: “Cape Code Heroin”, an HBO On Demand.</p> <p>3. Carol Jones, St. John’s Regional Center mentioned that there are currently fewer psychiatric “holds” at their ER and placements for them are quicker. Pam Fisher comments that this is due to the preliminary opening of the Crisis Stabilization Unit (23-hour bed) at Hillmont Psychiatric Center.</p>		
VII.	<p>Provider’s Comments</p> <p>1. Ventura Social Services Task Force (VSSTF) - Debora Schreiber</p> <p>a) The 2015-2016 Winter Warming Shelter training for volunteers is on Saturday, January 9 from 8:30 am to 12:30 pm at Mission Church (Old Theater), Johnson Drive. Volunteers are required to complete a TB test. The shelter is located at 351 S. K St., Oxnard. To donate online, visit website of West Ventura Winter Warming Shelter at http://downtownventura.org/shelter/ or contact Steven Karnazes of the Law Enforcement Firearms for other donations. More information will be distributed through email.</p> <p>b) Faith Subcommittee of VSSTF will hold its next event entitled “A Roof For All” on January 14, 2016 from 6:30 pm to 9:00 pm at the Poinsettia Pavilion. The purpose of the event is to take action in developing housing for homeless and low income people in the City of Ventura. The event will be facilitated by Doug Green. More information will be distributed through email.</p> <p>2. Ratan Bhavnani, NAMI – State report on 2015 NAMI California survey is now available and can be accessed on NAMI website. The complete report summarizes valuable information on statewide mental healthcare. There were local affiliates that participated in the survey. NAMI California partnered with California Highway Patrol (CHP) in providing law enforcement training program to train officers and affiliates. The report will be provided next meeting.</p> <p>3. Turning Point Foundation, Laura Flores – The Wellness Centers are staffed by peers. When visitors are in crisis the challenge is to find adequate support in a timely fashion from the Crisis Team. Often the police need to be called as they respond more quickly. The Wellness Center in Oxnard continues their outreach to Mixteco and Latino adults and their family members on Thursday evenings. A Christmas event was organized for the last holiday season.</p>	<p>Copy of event details will be sent electronic</p> <p>Copy of event details will be sent electronic.</p> <p>2015 NAMI California Survey report will be provided next meeting</p>	<p>Irma Victorino</p> <p>Irma Victorino</p> <p>Ratan Bhavnani</p>

	<ol style="list-style-type: none"> 4. VCAAA, Denise Noguera – Ms. Noguera is still working with the Housing Plus Program in coordination with Ventura Housing Authority. Last month, she made contacts to 61 clients. She works closely with Adult Protective Services on insurance counseling, temporary dwellings, etc. 5. Family Engagement, Eileen Tracy – Continues in providing support group for individuals and their families while transitioning from jail to the outside environment. Eileen's outreach includes working with Parole and Family Treatment which holds meetings at All Saint's Church in Oxnard. 6. NAMI, David Deutsch/Robert Griego - The next general meeting is on Tuesday, January 12 from 7:00 to 9:00 pm, Vineyard Community Church, Flynn Road, Camarillo. Turning Point Foundation will present. NAMI walk is scheduled on Saturday, April 30, 2016. NAMI has a Cultural Competency Advocacy Group composed of NAMI members and Spanish-speaking members of the community. Another addition to the NAMI programs is a class beginning this month called Peer-to-Peer Training. This will be the second training in our county and the class is full. 7. Telecare, Cheryl Malinowski – Reported that there are open positions for Case Management and a Personnel Service Coordinator. 8. Turning Point Foundation - Kalie Matisek and Mark Schumacher – Mr. Schumacher reported that their program continues to be strong. The Quality of Life Program contract expires this year and Mark advocates that future funding be found. Also plans could be formulated to include serving more housing projects such as Villa Calleguas. Ms. Matisek reported that the rehabilitation program census is low and more VCBH referrals would be welcome. Quarterly outcome measures are forthcoming. The Turning Point Family Counseling program continues to look for families interested in low-cost counseling services. The services are donation-based. 9. Recovery Innovations International (RI), Denise Krischke – Recovery Innovations is now RI International. RI Intl. continues to conduct classes in collaboration with VCBH. The Advanced Peer Practices is set to be scheduled in February 2016. Flyers will be out soon. Applications are now accepted. Applicants for the Advanced Peer Practices must have completed the Peer Employment Training and have previously worked or currently work in a peer role. Ms. Krischke explained that the training on Advanced Peer Practices is designed to further develop the knowledge and abilities of people working in peer roles. The training provides a workshop to participants incorporating higher level of recovery skills. The 3-day training aims enhance skills and take peer employment training to another level. There are three openings for recovery coaches. Visit RI website/career builder for openings. Pam Fisher suggested RI follow up with graduates who have not been hired and alert them about job openings. 	<p>Bring flyers on Advanced Peer Practices</p>	<p>Denise Krischke</p>
<p>VIII.</p>	<p>Mental Health Update – Pam Fisher, Adult Division Manager</p> <ol style="list-style-type: none"> 1. The proposal of the Laura's Law will be presented to the Board of Supervisor on February 22, 2015 2. Behavioral Health psychiatrists have formed a medical group called Sterling Group which will give psychiatrists that are currently contracted as well prospective psychiatrist better opportunities as far benefits are concerned as compared to hiring them as contractors. This gives the department better prospects of drawing doctors into the county. 3. Peer training needs to be more about joining the workforce – not just telling your story. 4. Electronic signature pads are in place county-wide so clients can sign their treatment plans electronically. 5. As of January 2016, A&R handles medical screening on-site. The Crisis Stabilization Unit (CSU) a 23-hour bed is beginning to ramp up. There is a designated large room with 10 recliners and 3 staff so far. 6. The Rapid Integrated Support & Engagement Team (RISE) is working well and has had 1,400 contacts. Alcohol and Drug services are not 		

	covered by the funding for this contract.		
IX.	Alcohol and Drug Update – Jessica Davis, New Start for Moms <ol style="list-style-type: none"> ADP is hiring two new Spanish-speaking Counselors. Spanish services for New Start for Moms will commence in January. ADP has just contracted Dr. Burke as their new psychiatrist. New Start for Moms has 90 clients of which 30 have identified mental health challenges. 		
X.	Other Item: <ol style="list-style-type: none"> The Co-chairs will invite either Julie Roberts, CA, Primary Care Integration (PCI) or Kiran Sahota, MHSA Manager to present next meeting. Kim Milstien, VCMC, will present to the Committee next meeting, Feb. 4, 2016. 	Invite Julie Roberts or Kiran Sahota	Karyn Bates/ Nancy Borchard
XI.	Adjourn The meeting was adjourned at 12:00 pm. Next meeting is scheduled on February 4, 2016.		