

BEHAVIORAL HEALTH ADVISORY BOARD
ADULT SERVICES COMMITTEE
MINUTES ■ Thursday, February 4, 2016

Present: Karyn Bates, Co-Chair Nancy Borchard, Co-Chair Gane Brooking, BHAB Sidney White, BHAB Liz Warren, Client Network Eileen Tracy, Family Engagement David Deutsch, NAMI Asencion Romero, Pacific Clinics Janeanne Morgan, St. John's Regional Center Luz Cortez-Cahue, St. John's Regional Center Cheryl Malinowski, Telecare Laura Flores, Turning Point Foundation Mark Schumacher, Turning Point Foundation Denise Noguera, VCAAA David Davis, Family member	VCBH staff: Pam Fisher, Adult Division Manager Amanda Pyper, Region Manager Julie Roberts, Primary Care Integrated Pam Roach, Transformational Liaison Office Irma Victorino, Management Assistant Next meeting: Thursday March 3, 2016 Lake Tahoe Conf. Room, Oxnard
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Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-chair Nancy Borchard called the meeting to order at 10:08 a.m.		
II.	Welcome and Introductions Co-chair Borchard welcomed everyone and requested introductions.		
III.	Approval of the Agenda 1. Co-chair Nancy Borchard asked the Committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented.	The agenda was approved as presented. M/S/C	
IV.	Approval of the Minutes 1. Co-chair Borchard asked the Committee for any discussion or changes to the January 7, 2016 minutes of meeting. 2. A motion was made and seconded to approve the minutes as written.	The minutes were approved as written. M/S/C	
V.	Chair Announcements 1. Co-chair Karyn Bates shared a flyer about Short-Term Acute Residential Treatment (START) Program, a community-based treatment program regionally located throughout San Diego. The Community Research Foundation (CRF) opened the first START Program promoting continuity of care, seamless transition and combined efforts of the client, family members, and mental health professionals. The program serves individuals who are over 18 years of age and are experiencing psychiatric crisis sufficiently severe to indicate a need to be monitored but do not require a locked facility.	Copy of flyer distributed	
VI.	Public/Member Comments 1. Mr. David Davis addressed the Committee and expressed his concern for his son. His family is seeking placement for his son who has been rejected by Tri-Counties three times in the last three years. He is concerned that waiting will permanently affect Russell's chances of long-term recovery.		
VII.	Time Certain: Presentation, VCBH Primary Care Integration (PCI), Julie Roberts, Clinic Administrator Salient points covered by Julie Roberts, CA, PCI, during her powerpoint presentation: 1. Important milestones of PCI – during the first year of implementation in	Slideshow material was distributed to	

	<p>2010/11, referrals have increased to 21% and number of enrolled clients has doubled from 15% to 30%; in 2014/15, there were 1,225 total referrals and 361 enrolled patients;</p> <ol style="list-style-type: none"> The Committee requested a list of Primary Care Integrated Clinics with contact numbers and addresses. This will be provided through email. Snapshot of diversity as of Dec. 2015 shows that there are currently 133 clients enrolled of which 70% or 93 are Latinos with an average caseload of 19; Depression is determined by many medical patients to be a cause for inability to work and/or enjoy healthy relationships. The PCI clinics treat depression as well as other biological issues. Based on the reporting period from July 2014 to June 30, 2015, 97% of youth scored in the "none/minimal or mild depression and severity range" while adults scored 87%. Overall, 92.3% of clients with Patient Health Questionnaire (PHQ-9) scores in the moderate-severe range showed 40% improvement; Among the challenges PCI face include: billing for assessment and therapy services; inability to chart in Cerner due to confidentiality of psychotherapy, limitations of LCSWs and clinical psychologists; spaces at ambulatory care sites are limited. Finally, among the items mentioned ahead for PCI are – a) more innovation to access mental health care while reducing stigma, b) outreach and nurse case managers, c) development of system to integrate treatment plans, and d) ongoing attention to providing culturally relevant treatment approaches. 	all.	Julie Roberts/ Irma Victorino
VIII.	<p>Discussion on Housing</p> <ol style="list-style-type: none"> Resources and discussion points on homelessness in Ventura County were distributed. Co-chair Bates reviewed statistics, definitions, rental help available, resources in East and West Ventura County supporting our homeless population as well as all Winter Shelter locations and hours, Sober Living Network locations, and article on "<i>Congregations Consider Hosting Homeless Families</i>" featured in the STAR on January 30, 2016. A Fact Sheet listing "talking-points" was also included to encourage and support Public Comments at meetings of Ventura County City Councils and Board of Supervisors. 	Copy of documents distributed to all.	
IX.	<p>Provider's Comments</p> <ol style="list-style-type: none"> Client Network, Karyn Bates – A mini workshop for consumers and peers entitled "Reducing Anxiety & Stress through Self-Love" is scheduled on Friday, Feb. 12 from 9:30 am to 1:00 pm, Training Room, 1911 Williams Drive, Oxnard. Jeanne Morgan, St. John's Regional Center - St. John's E.R. does not have as many patients as in the recent past who require 5150 holds; however, there is an individual with behavioral health issues coming to the hospital who has recently been released from HPC and is becoming increasingly violent. Police officers were involved during these occasions. It was suggested to contact HPC to discuss the situation. VCAAA, Denise Noguera – Jannette Jauregui was recently hired as Public Information Officer; website and Facebook account are currently being revamped. Family Engagement, Eileen Tracy – Eileen continues to provide support groups for individuals (and their families) who are transitioning from jail to the outside environment. Nine out of 25 at a recent parole meeting wished to attend her group. The ongoing challenge is that many individuals are unable to disclose their situation and not able to open up to other people. Turning Point Foundation, Laura Flores/Mark Schumacher – A recent survey conducted among The Wellness Center members showed that 19% do not have medical doctor; 15% do not have primary care provider; 23 % accessed Behavioral Health services, and 75% said "yes" to question that The Wellness Center helped them improve their relationship 	Flyer distributed	

	<p>with their psychiatrist and case manager.</p> <p>6. NAMI, David Deutsch –</p> <ul style="list-style-type: none"> a) NAMI Cultural Advisory Board continues to expand outreach to underserved community not only in the Latino community but welcoming people from variety of backgrounds. b) Peer to Peer class is now on its 3rd week being taught by two people who made progress in their own recovery; class is full and there is a waiting list for next class; they will offer three Peer to Peer classes; c) NAMI walk is on Saturday, April 30. Flyers will be out soon. d) Sent to Committee members in a separate email: NAMI General Meeting is scheduled on Tuesday, February 9 from 7:00 pm to 9:00 pm at Vineyard Community Church, Flynn Rd., Camarillo. Kate Mills and Sue Brinkmeyer are presenting on homelessness and mental illness. For more information visit www.namiventura.org. 		
X.	<p>Mental Health Update – Pam Fisher, Adult Division Manager</p> <ul style="list-style-type: none"> 1. The department is presenting to the Board of Supervisor the Laura's Law proposal on Tuesday, February 23, 2016 from 1:30 pm to 2:30 pm. 2. The department is moving forward with the Horizon View Mental Health Rehabilitation Center (MHRC) project, a 16-bed facility expected to open by Summer of 2016. 3. Friday, February 4 will be the last day in the office for Ms. Fisher. The department has already opened recruitment for her replacement as Adult Division Manager. In the interim, Patrick Zarate, Alcohol and Drug Division Manager, is taking over her duties. 		
XI.	<p>Other Items:</p> <ul style="list-style-type: none"> 1. Gane Brooking requested more information on the needs for Older Adults and would like an update regarding Victoria Care's proposal to include a Geriatric-Psych Unit to be nested in their facility located in Ventura; 2. Kim Milstien, IPU VCMC, is presenting next meeting, Thursday, March 3, 2016. 		
XII.	<p>Adjourn</p> <p>The meeting was adjourned at 12:00 pm.</p>		