

BEHAVIORAL HEALTH ADVISORY BOARD
ADULT SERVICES COMMITTEE
MINUTES ■ Thursday, August 6, 2015

Present: Nancy Borchard, Co-chair Larry Hicks, BHAB Gane Brooking Carol Thomas, BHAB Sidney White, BHAB Beverly Wisotsky, BHAB Gretchen Marshall, Telecare Larry Berent, Telecare Jennifer Gomez, Pacific Clinics Roberta Griego, NAMI Ratan Bhavnani, NAMI Joan Wiggins, NAMI Judi Holder, Recovery Innovations Eileen Tracy, Family member Kalie Matisek, Turning Point Foundation Mark Schumacher, Turning Point Denise Noguera, VCAA	VCBH staff: Meredyth Leafman, Region Manager, Older Adults/TAY Pam Roach, Transformational Liaison Office Victoria Bradley, Clinic Administrator, Older Adults Anna Flores, ADP Irma Victorino, Management Assistant Guests: Housing Authority of the City of San Buenaventura: Stephanie Spampinato Ricardo Torres St. John's Regional Medical Center George White Elizabeth Chow Next meeting: Thursday, September 3, 2015 Lake Tahoe Conf. Room, Oxnard
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Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-chair Nancy Borchard called the meeting to order at 10:05 a.m.		
II.	Welcome and Introductions Co-chair Borchard welcomed everyone and requested introductions.		
III.	Approval of the Agenda 1. Co-chair Borchard asked the Committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented.	The agenda was approved as presented. M/S/C	
IV.	Approval of the Minutes 1. Co-chair Borchard asked the Committee for any discussion or changes to the July 2, 2015 minutes of meeting. 2. Under VII Item 2, Recovery Certification Clinical System (RCCS) should read <i>Recovery Centered Clinical System</i> . 3. A motion was made and seconded to approve the minutes as corrected.	The minutes were approved as corrected. M/S/C	
V.	Chair Announcements		
	1. Co-chair Borchard mentioned that Co-chair Karyn Bates is unable to attend meeting today. 2. As mentioned during the last Committee meeting, the BHAB Adult Committee roster is currently being updated. Co-chair Borchard passed around the 2015 BHAB Adult Committee Roster for review and correction of members. 3. Co-chair Borchard shared the article from Ventura STAR last Sunday on <i>Suicide Rate in Women's Jail Spikes</i> . 4. The Suicide Prevention Committee meeting is scheduled tomorrow at 10:00 am. The Committee meets every first Friday of the month. 5. The American Foundation for Suicide Prevention Community Walk in Camarillo is on Sept. 19. Organizers are requesting volunteers to help with logistics, registration, etc. All are encouraged to participate.		

VI.	Public Comments 1. Ratan Bhavnani announced that NAMI is holding its statewide 2015 Annual Statewide Conference on August 21-22 at Newport Beach. The two-day workshop will cover five tracks namely Advocacy, Criminal Justice, Engaging Diverse Communities, Consumer & Family Engagement, Transitional Aged Youth. Mr. Bhavnani will share in one of the workshops strategies in engaging community and increasing membership. In this regard, the Committee requested him to present during the next Committee meeting on Thursday, Sept. 3.	Ratan Bhavnani will present on Sept. 3	Ratan Bhavnani
VII.	Presentation of Housing Authority of the City of San Buenaventura Time Certain 10:30 am – Stephanie Spampinato and Ricardo Torres 1. Ms. Stephanie Spampinato, Community Service Manager, made a brief introduction on the nature and staffing of the Housing Authority of the City of San Buenaventura. 2. She mentioned that their office is a federally funded agency serving the City of Ventura responsible for implementing and monitoring the city's Affordable Housing Program. Their primary purpose is to support and promote affordable housing to residents of City of Ventura. 3. MOU is in place with VCBH, VCAAA, Ventura County Unified School District, and HSA. They maintain close coordination with First Five, Public Health, VCBH Crisis Team, and Ventura County Cabrillo Economic Development. 4. Their agency partners with VCAAA in providing housing assistance to the elder population. Denise Noguera is the Case Manager providing social support services. 5. The agency administers a rental subsidy program called the Housing Choice Voucher Program where participants using the voucher pay portion of the rent and the Housing Authority will pay the difference. 6. Mr. Ricardo Torres explained that they continually seeks cooperative partnership with local landlords in order to secure affordable housing for low and moderate income families. 7. Their vision is to develop new departments offering affordable housing in a bigger scale and help residents keep their houses. 8. Educational scholarship program is also available to students ranging from \$250 - \$750. 9. The Affordable Housing & City Program office is located at 995 Riverside St., Ventura.		
VIII.	Presentation – Older Adults Program Time Certain: 10:50 am – Meredyth Leafman and Victoria Bradley 1. Meredyth Leafman, Region Manager, Older Adults and TAY Program, made a brief introduction. 2. Victoria Bradley, Clinic Administrator of the Older Adults Program, explained that the Older Adults Program is a full service partnership (FSP) providing mental health services to unserved and underserved seriously mentally ill individuals ages 60 and over. Priority is given to homebound, homeless and/or in crisis requiring intensive services of FSP. 3. Highlights of the presentation included various services available, Health Navigation, and the different groups available to the elder population. 4. Census of the Older Adult Program is between 93 and 96 clients; 20% are men and 80% are women; age range between 60 and 92 years old; five clients are in their 90s; average of 12% client death annually. 5. Coming soon: Health and Wellness emphasizing on pain management and anxiety reduction skills utilizing CBT. There is an average attendance of 9 members per group. 6. Ms. Leafman emphasized that the creative events focusing on intensive socialization for isolated clients provide opportunity for social interaction. Socialization events such as award event, visit to Moorpark College Exotic Animal Zoo, Ventura County Fair, Thanksgiving Feast, and holiday celebration are among the popular activities of the program. Few pictures of events were provided during the presentation.		

IX.	<p>Draft Letter to Consumers and Community Partners - For Action</p> <ol style="list-style-type: none"> 1. As previously discussed during the last Committee meeting, a draft outreach letter was prepared to be distributed to consumers, community partners and family members. 2. After thorough discussion, the following changes were made on the draft letter: <ol style="list-style-type: none"> a. On the first paragraph, delete “between the ages of 25 through senior status.” b. On the second paragraph of the draft letter, delete phone number. c. Goals should itemized rather than in paragraph form. d. Move third paragraph to second paragraph e. Acronyms such as VCBH and BHAB should be spelled-out in its first occurrence. 3. A motion was made and seconded to approve the outreach letter as corrected. 4. It was suggested that outreach letter should be available in lobbies of offices of providers, agencies, and Adult clinics. It was also suggested to issue the letter on publications of providers and agencies. 	<p>Outreach letter to consumers, community partners, and family members was approved as corrected. MSC</p>	
X.	<p>Provider’s Comments</p> <ol style="list-style-type: none"> 1. Family Engagement and Re-entry, Eileen Tracy – The support group is in its initial stage composing of four members. Ms. Tracy emphasized that their group was formed to reach out to individuals from jail returning back to their families. It was suggested that Ms. Tracy contact John Schipper who can connect them to the VCBH Case Manager assigned in the county jail. Flyer was distributed for information. 2. Casa/Telecare, Larry Berent – Trainings are scheduled this summer. There are two separate series of NAMI provider classes; currently, staff are undergoing CPR and First Aid trainings; this morning, class on de-escalation pro-act program is ongoing. 3. NAMI, Roberta Griego – Scholarship for the 2015 Statewide California Conference is available to consumers; Family-to-Family education program classes are ongoing. Classes are held from 8:00 to 12:00 noon. A Family Support Group is starting in Camarillo this month; for more information of classes, visit http://namiventura.org/ 4. Turning Point Foundation, Kalie Matisek/Mark Schumacher – <ol style="list-style-type: none"> a. Kalie Matisek reported that Turning Point Foundation just completed the ribbon cutting of the Veterans Transitional Housing facility last August 5. Main goal of the program is to obtain residential stability for mentally ill veterans who are homeless through supported transitional and permanent housing. b. Mr. Schumacher briefly reported on the Ventura County’s Quality of Life Improvement Program (QLI). Focus group findings were outlined in the information flyer distributed. 5. Pacific Clinics, Jennifer Gomez – four peers are attending the Statewide Summit in Hayward in August; the next Continuum of Care (CoC) Alliance meeting is on September 17th at VCCF from 10:00 am -11:45 am; TAY parents who have attended the Parents of TAY problem solving group and the facilitator training are now able to become co-facilitators; Pacific Clinics continues to seek financial resources to support the TAY parents in their next 16-week series of session. 		
XI.	<p>Mental Health Update – Meredyth Leafman, Region Manager, Older Adult Program and TAY</p> <ol style="list-style-type: none"> 1. Ms. Meredyth Leafman is making the report on behalf of Pam Fisher, Adult Division Manager, who is unable to attend today. 2. After reviewing proposals submitted by different providers, the evaluation team has selected Telecare as the provider for the Mental Health Rehabilitation Center (MHRC) Horizon View. 3. Felicia Skaggs is the new Clinic Administrator of VCBH Recovery Rapid 		

	<p>Integrated Support & Engagement (RISE).</p> <p>4. Mary Allport, Region Manager, Santa Paula, Ventura and Benefits, recently retired after 37 years with the County.</p> <p>5. TAY SAMHSA Voice Awards upcoming events will be held at UCLA on August 12. SAMHSA's Voice Awards is recognizing individuals in television and film whose work and personal stories of resilience educate the public about behavioral health.</p> <p>6. Ventura Early Intervention Services (VIPS) is expanding in East County.</p>		
XII.	<p>Alcohol and Drug Update</p> <p>None</p>		
XIII.	<p>Adjourn</p> <p>The meeting was adjourned at 12:00 pm. Next meeting is scheduled on September 3, 2015.</p>		