

BEHAVIORAL HEALTH ADVISORY BOARD  
**ADULT SERVICES COMMITTEE**  
**MINUTES ■ Thursday, April 7, 2016**

<b>Present:</b> Karyn Bates, Co-Chair Nancy Borchard, Co-Chair Larry Hicks, BHAB Sid White, BHAB Anne Calica, AEGIS Katie Pfeiffer, AEGIS Rachel McDuffee, AEGIS Liz Warren, Client Network Regina Poynter, Client Network Ratan Bhavnani, NAMI David Deutsch, NAMI Jen Gomez, Pacific Clinics Denise Krischke, Recovery Innovations Intl. Batya Zimmerman, Telecare Laura Flores, Turning Point Foundation Mark Schumacher, Turning Point Foundation Denise Noguera, VCAA	<b>VCBH staff:</b> Robert Mendoza, Region Manager, Adult Division Anna Flores, ADP Manager Kiran Sahota, MHSA Manager Pam Roach, Transformational Liaison Irma Victorino, Management Assistant  <b>Next meeting: Thursday May 5, 2016</b> <b>Lake Tahoe Conf. Room, Oxnard</b>
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Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Co-chair Nancy Borchard called the meeting to order at 10:08 a.m.		
II.	<b>Welcome and Introductions</b> Co-chair Borchard welcomed everyone and requested introductions.		
III.	<b>Approval of the Agenda</b> 1. Co-chair Borchard asked the Committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented.	The agenda was approved as presented. M/S/C	
IV.	<b>Approval of the Minutes</b> 1. Co-chair Borchard asked the Committee for any discussion or changes to the March 3, 2016 minutes of meeting. 2. A motion was made and seconded to approve the minutes as written.	The minutes were approved as written. M/S/C	
V.	<b>Chair Announcements</b>		
	1. Co-chair Borchard mentioned that the Behavioral Health Advisory Board is scheduled to conduct site visits. In this regard, BHAB is requesting recommendations from the Adult Committee possible sites to visit looking at the perspective of adult prerequisites. This was discussed later during the meeting. 2. Co-chair Karyn Bates mentioned about an editorial article featured in Ventura STAR expressing a passionate perspective in favor of ending homelessness. She indicated that submitting write-ups is one way of increasing awareness on the need to address homelessness. She encouraged the Committee to continue its participation in various engagements on this issue. 3. Co-chair Bates also shared the article written by Kathleen Wilson on April 6 entitled " <i>County names new crisis center.</i> " The Ventura Board of Supervisors approved naming the center after David Holmboe, a mental health leader and retired educator who died last year. The county-owned six-bed center located at 2130 N. Ventura Road is due to open in August 2016.		
VI.	<b>Public Comment</b> None		

VII.	<p><b>Time Certain: Presentation, Kiran Sahota, VCBH MHSA Manager</b></p> <ol style="list-style-type: none"> <li>Ms. Sahota provided a thorough overview on the Mental Health Services Act (MHSA) and update on ongoing initiatives. Ms. Sahota noted that MHSA is centrally focused on Community Support Services (CSS) which receives 80% of MHSA funds. Prevention Early Intervention (PEI) receives 20% of MHSA funds and Innovations (INN) receives 5% of PEI funds.</li> <li>Ms. Sahota recently attended the California Behavioral Health Directors Association (CBHDA) meeting last Monday, April 4. The meeting components included discussions on PEI and Innovation Regulations, MHSA Policy Issues, housing updates including CSS Housing Regulations, MHSAOAC updates on evaluation projects, fiscal transparency, etc.</li> <li>The Mental Health Services Oversight and Accountability Commission (MHSAOAC) will meet on April 14 to identify and document key barriers and some solutions to implementing the PEI and Innovation regulations demographic reporting requirements. MHSAOAC was formed to work with CBHDA, counties, mental health providers, and stakeholders on operationalizing the regulations of demographic reporting, program and measurement requirements, and measurement of duration of untreated mental illness.</li> <li>The Board of Directors of California Mental Health Services Authority (CalMHSA) will hold its Strategic Planning Session and Regular Board Meeting on April 15, 2016.</li> <li>Ms. Sahota mentioned that initiatives of MHSA include: partnering with Ventura County Law Enforcement; providing Mental Health First Aid (MHFA); Rainbow Umbrella, a group structured to provide support to the LGBT community; Positive Behavior Intervention &amp; Support (PBIS); Positive Parenting Program (Triple P), City Impact, Interface; Primary Care Program (PCP); SafeTALK, etc.</li> <li>MHSA recently organized a Suicide Prevention Forum &amp; Mental Wellness Fair last month at Fillmore. The event provided information about local resources for mental health and wellness. Ventura County Suicide Prevention Council members were invited to address questions.</li> <li>Ms. Sahota mentioned that as part of its prevention initiatives, MHSA created and designed the Preventing Suicide Help &amp; Hope flyer as a resource on suicide prevention. The flyer is available both at WellnessEveryDay.Org website and Facebook: facebook.com/WellnessEveryDayVC.</li> <li>Clara Barron is the new PEI coordinator for providers of MHSA Prevention and Intervention programs.</li> </ol>	Flyers distributed	
VIII.	<p><b>Discussion on BHAB Site Visit</b></p> <ol style="list-style-type: none"> <li>Co-chair Borchard opened the table for suggestion on possible sites to be visited by BHAB. The following sites were suggested: <ol style="list-style-type: none"> <li>Telecare</li> <li>Turning Point Foundation / Wellness Center</li> <li>AEGIS</li> <li>Lighthouse Women's Shelter</li> <li>Board and Cares: La Siesta and Hickory House</li> <li>Telecare Casas</li> <li>Crisis Residential Treatment Center (CRT)</li> <li>ADP Clinics Tour</li> </ol> </li> </ol>		
IX.	<p><b>Members Comments</b></p> <ol style="list-style-type: none"> <li><b>Recovery Innovations Intl., Denise Krischke</b> – RI's 3<sup>rd</sup> quarter report indicates productivity of 70% with 95% overall satisfaction rating based on the survey sent out to participants. Graduation is scheduled on May 19. More details will be provided as soon as available. Renewal of contract will be determined on May 19, 2016. Contract proposals have been</li> </ol>		

	<p>received from RI, Turning Point Foundation, Pacific Clinics, and United Parents.</p> <p>2. <b>Turning Point Foundation, Mark Schumacher</b> – Champions of Mental Health Fundraising Brunch is on Sunday, April 24 from 11:30 am to 1:00 pm at the Top of the Harbor, Crowne Plaza Hotel, 450 East Harbor Blvd. Flyers were provided as handout.</p> <p>3. <b>NAMI, David Deutsch</b> – Mr. Deutsch reminded all that NAMI walk is on Saturday, April 30 at the Ventura Beach Promenade. Participation in any capacity i.e. walker, team, sponsor, etc. is appreciated. NAMI Walk flyers and informational pamphlets were provided. Contact: Tel. 641-2426 or email: <a href="mailto:david.deutsch@namiventura.org">david.deutsch@namiventura.org</a>.</p> <p>4. <b>Telecare, Batya Zimmerman</b> – Ms. Zimmerman is the new Clinical Director, Larry Berent is appointed as new Administrator for the Casas on Lewis road in Camarillo.</p> <p>5. <b>Ventura County Area Aging Agency (VCAAA), Denise Noquera</b> – VCAAA has extended its Housing Plus program for another two years. Ms. Noquera will continue to provide integrated support services in coordination with county agencies and county partners.</p> <p>6. <b>AEGIS</b> – AEGIS will officially open its Ventura Clinic on April 12; ribbon-cutting yesterday; currently enrollment: 530 clients in Oxnard; 210 in Simi; and 202 in Santa Paula. The clinic provides outpatient treatment, medication assistance, counseling and groups.</p>	<p>Copy of flyers distributed</p> <p>Copy of flyers distributed</p>	
X.	<p><b>Mental Health Update – Robert Mendoza, Region Manager</b></p> <p><b>STAR/RISE/Crisis</b></p> <p>1. <b>Staffing</b></p> <p>a) Recruitment for Adult Division Manager is ongoing.</p> <p>b) The department recently recruited a new Nurse Practitioner to be assigned at South Oxnard Clinic.</p> <p>2. <b>RISE</b></p> <p>a) RISE is partnering with local libraries to provide outreach and engagement services to potential clients who congregate at the libraries. We are currently in at least 3 libraries and looking to expand. RISE will start training library staff on the referral process.</p> <p>3. <b>Crisis Stabilization Unit (CSU)</b></p> <p>a) The Board of Supervisor recently approved and designated the Crisis Stabilization Unit (CSU) as a treatment and evaluation facility for minors. The facility is located at 2130 N. Ventura Road, Oxnard. VBCH entered into an agreement with Seneca Family of Agencies to operate the CSU. The facility will provide evaluation and treatment services to mentally unstable minors. It is expected that a good number of staff applicants will be bi-lingual which is important to the department. Treatment through the CSU is limited to less than 23 hours and 59 minutes. Within that period, clients will either transfer to an LPS facility for further treatment, step down to Short Term Residential, or return home with aftercare services in place. It is anticipated that CSU will provide stabilization and hospitalization to a significant number of children in Ventura County. It is also expected that hospitalizations will be dramatically reduced by as much as 50%. Mr. Mendoza expressed that this is a reaffirmation of the department's commitment to provide critical services to children experiencing a mental health crisis.</p> <p>b) Meeting with stakeholders will be arranged soon. Liz Warren suggested including consumers during stakeholders meeting. The suggestion was well taken.</p> <p>c) CSU is scheduled to open in August 2016.</p>		

XI.	<b>Alcohol and Drug Update – Anna Flores, ADP Manager</b> 1. The Behavioral Health Department is in process of restructuring a Drug Medi-Cal organized delivery system. The draft of the waiver pilot project is under revision and anticipated to be submitted as soon as finalized.		
XII.	<b>Adjourn</b> The meeting was adjourned at 12:00 pm.		