## BEHAVIORAL HEALTH ADVISORY BOARD

## ADULT SERVICES COMMITTEE MINUTES Thursday, April 2, 2015

Present:

Karyn Bates, Co-Chair
Nancy Borchard, Co-Chair
Debora Schreiber, VSSTF/NAMI
Corliss Porter, Turning Point Foundation
Denise Noguera, VCAAA
Jennifer Gomez, Pacific Clinics
Gane Booking
Larry Hicks, VCCN
Ratan Bhavnani, NAMI
Kalie McCormack, Turning Point Foundation

VCBH staff:

Pam Fisher, Adult Division Manager Pam Roach, Transformational Liaison Officer Mary Stahlhuth, Manager, EPICS/ARS Anna Flores, Manager, ADP Irma Victorino, Management Assistant

Guests:

Teresa Crocker-Chavez, VC Sober Living Coalition Ken Hartman, New Hope Recovery Karen Hartman, New Hope Recovery

Next meeting: Thursday, May 7, 2015

Lake Tahoe Conf. Room, Oxnard

Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIO NS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-chair Nancy Borchard called the meeting to order at 10:10 a.m.		
II.	Welcome and Introductions Co-chair Borchard welcomed everyone and requested introductions.		
III.	<ul> <li>Approval of the Agenda</li> <li>1. Co-chair Borchard asked the Committee for any discussion or changes to the agenda.</li> <li>2. Co-chair Borchard requested to table next meeting discussion of item VIII. Report on Site Visit since the site visit was canceled.</li> <li>3. A motion was made and seconded to approve the agenda as presented.</li> </ul>	The agenda was approved as presented. M/S/C	
IV.	<ol> <li>Approval of the Minutes</li> <li>Co-Chair Borchard asked the Committee for any discussion or changes to the March 5, 2015 minutes of meeting.</li> <li>The following changes were made:         <ul> <li>a. The name of Denise Noguera, VCAAA was mentioned twice under the attendance list. Remove second occurrence of name.</li> <li>b. Under item X. Member's Comments, Deborah Schreiber clarified that Social Services Task Force should be written as Ventura Social Services Task Force; the Task Force meets 3:15 pm instead of 2:00 pm.</li> <li>c. Under item VII. Providers' Comments, Denise Noguera, VCAAA suggested replacing item 2 with following update:</li></ul></li></ol>	The minutes were approved as amended. M/S/C	
V.	Chair Announcements	<u>.</u>	
	None		
VI.	Public Comments None		

## VII. Provider's Comments

- 1. Transformational Liaison, Pam Roach -
  - Spanish orientations provided to consumers and family members are doing well; there are orientation classes twice a month in Ventura in addition to the regular orientations conducted in all Adult outpatient clinic
  - b. It was announced that Pam Roach will be the new liaison between BHD and the Turning Point "Quality of Life Program" which is operating in some of our larger board and cares.
- 2. Turning Point Foundation, Corliss Porter The veteran's residential housing projects are ongoing. The Vince Street permanent site is still being renovated and will include furnishings --- the work is due to be finished in two months. The Thompson Avenue City Center site will take longer to complete and is to be a 2-month program (short-term housing) with case management. HUD is disallowing "transitional" housing and prioritizing its "homeless first" program. For those in transitional housing programs the challenge is that they do not quality for being homeless and yet will be ousted from their current housing
- 3. **Pacific Clinics, Jennifer Gomez** Health Navigator Certification Training Program is ongoing; attendees will be certified end of the month. Project with Todd Road Jail is ongoing.
- 4. **VSST, Deborah Schreiber** Hiring of Robert Marburt, Housing Consultant, was on hold. The National Alliance to End Homelessness will conduct a county-wide assessment and City of Ventura agreed to wait before they move forward. Request for Qualification is in beginning stage which is open to developers who are experienced in developing veterans' houses.
- 5. NAMI, Ratan Bhavnani -
  - NAMI is leading discussions regarding a new board and care project incorporating the help of Partners in Housing whose members include the Ventura Housing Authority.
  - b. Listings of room and board are being updated and expanded by the Room and Board Sub-Committee.
  - c. NAMI family support group classes have doubled from 6-7 classes last year to 12 classes this year; Spanish classes have also increased from 4 classes last year to 7 classes this year.
  - d. Next general meeting is on April 14 at 7:00 pm, Flynn Road, Camarillo.
  - e. NAMI Walk is on Saturday, May 2 starting 10:00 am at Ventura Beach Promenade, Ventura. There will be information tables from different sponsors and agencies.

## VIII. Presentation The Sober Living Network, Ventura Chapter – Teresa Crocker-Chavez, President; Time Certain: 10:30 am

- Ms. Crocker-Chavez made a thorough presentation as to the nature and business structure of the Ventura Chapter of the Sober Living Network. This organization was established in 1988 and provides quality sober living and community support resources to individuals recovering from addiction and alcohol dependency. It is a non-profit (501.c.3) organization and accepts donations for long-term recovery supportive housing.
- 2. Since these sober living houses are is self-regulating, there is no license required. There is no state or federal funding involved and there is no formal treatment provided.
- Next meeting of the Ventura Chapter Sober Living Coalition is on Tuesday, May 12 at the Oxnard Public Library, Room "B". Meetings are currently scheduled monthly.
- For listings of the sober living in Southern California, visit <u>www.soberhousing.net</u>. The drop-down locator will provide all the listings for each county.
- Copies of VC Sober Living Coalition Code of Ethics, Inspection Checklist, On-site Inspection Form, and Position Statement 37: The Role of Peer

[	Support Services in the Creation of Recovery-Oriented Mental Health
	Systems were provided as handout.
	6. Guests, Ken and Karen Hartman, who own a sober living house in Ventura,
	provided feedback regarding specifics about operating a sober living home.
IX.	Mental Health Update - Pam Fisher, Adult Division Manager
	1. May is Mental Health Month Conference is scheduled on Wed., May 6 from
	9:00 to 4:30 pm at Residence Inn by Marriot, Vineyard Ave., Oxnard. \$30
	registration and \$15 CEU fee are now not accepted. For details, contact
	Carla Cross.
	The next Mental Health First Aid Training is scheduled on April 15 to 17,
	2015. CEUs are offered. To register, contact Jeen Rha at (805) 981-2220.
	3. The department recently hired Kiran Sahota as the new MHSA Program
	Manager. Before joining the department, Ms. Sahota worked at the Sheriff's
	office overseeing the Crisis Intervention Team Program (CIT).
	4. Mary Stahlhuth is leaving the department and Julie Glantz will fill in until a
	new Manager. EPICS/ARS is hired
	5. There are 5 family units available now on "E" Street in Oxnard. This property
	is owned by Project Understanding.
	6. The 15-bed MHRC located at Camarillo Airport will be obtaining a
	vendor/contract provider in April and is to be opening its doors this summer.
	7. Since there is such a large percentage of clients who have both mental health and addiction challenges, we are hiring more clinicians who have
	training/background in co-occurring disorders.
	8. The External Quality Review Organization (EQRO) is currently undertaking a
	2-day quality of care review. The review will end today.
IX.	Alcohol and Drug Update – Anna Flores
	State recertification was recently conducted at Simi Center, Ventura Center
	and Fillmore. Ms. Flores mentioned that exit interview for site review went
	well pending final report.
	2. The department has reoriented staff on the American Society of Addiction
	Medicine (ASAM) placement criteria. Ms. Flores explained the nature of
	ASAM and cited some examples.
	3. There was a question raised on confidentiality of client records &
	information. Ms. Flores clarified that any provider receiving public funds
	who provides drug treatment, screens or assesses for substance use
	disorders must follow federal confidentiality guidelines and HIPAA
	regulations.
Χ.	Members' Comments
	None
XI.	Item(s) next meeting
	Report on site visit
XII.	Adjourn
/ \ 111.	The meeting was adjourned at 12:05 pm. Next meeting is scheduled on May 7,
	2015.
<u></u>	