

BEHAVIORAL HEALTH ADVISORY BOARD
ADULT SERVICES COMMITTEE
MINUTES ■ Thursday, Sept. 11, 2014

Present: Karyn Bates, Co-Chair Nancy Borchard, Co-Chair Beverly Wesotsky, BHAB Liz Warren, Client Network Debora Schreiber, VSSTF/NAMI Ratan Bhavnani, NAMI Corliss Porter, Turning Point Foundation Jennifer Gomez, Pacific Clinics Selena Ferreira, Pacific Clinics Gane Brooking Denise Krischke, Recovery Innovations Cary Davis, Family Member	VCBH staff: Pam Fisher, Adult Division Manager Mary Stahlhuth, EPICS/ARS Manager Kathy Mulford, ADP Irma Victorino, Management Assistant Next meeting: Thursday, Oct. 2, 2014 Lake Tahoe Conf. Room, Oxnard
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Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-chair Nancy Borchard called the meeting to order at 10:07 a.m.		
II.	Approval of the Agenda 1. Co-chair Bates asked the Committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented.	The agenda was approved as presented. M/S/C	
III.	Approval of the Minutes 1. Co-Chair Bates asked the Committee for any discussion or changes to the July 3, 2014 minutes of meeting. 2. A motion was made and seconded to approve the minutes as written.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions		
V.	Chair Announcements Co-chair Bates shared the following: <ol style="list-style-type: none"> BHAB Executive Board commissioned BHAB Adult Services to coordinate site visits and report outcome to BHAB Board. Article on "<i>Suicide prevention: Know the signs, find the words, reach out</i>" written by Meloney Roy featured on VC Report on Aug. 28, 2014. The article notes that we have now a Ventura County Suicide Prevention Countywide Coordinating Council (CCC) for a unified countywide approach to suicide prevention. Article on "<i>Working to keep Ventura County on the move</i>" written by Darren Kettle, Executive Director of the Ventura County Transportation Commission, highlighted the upgrade of intercity bus service. Vista is transitioning to VCTC Intercity Bus Service with better service. The service will continue to be operated by Roadrunner Transportation Management Services for nine years. Cmdr. Linda Oksner, Jail Commander in Chief, is retiring after 32 years with Ventura County Sheriff's Office. Her last day is on Friday. Ventura County Sober Living Coalition is scheduled to meet on Monday, Nov. 3, 6:30 pm, Oxnard Library Room B. The coalition meets every first Monday of odd months. For details, contact Sherry Landor (805) 233-4510. A social activity group for family members and clients is forming a group; a hike at Arroyo Verde Park, Ventura, is scheduled this coming Sunday. The Annual Recovery Happens Conference hosted by the department 		

	held yesterday was well attended. Featured speakers were Dr. Reef Karim and Danny Trejo. This year's theme was "Recovery Happens Every Day."		
VI.	Public Comments 1. Cary Davis addressed the Committee and expressed her appreciation for the support extended to her son.		
VII.	2014 Committee Goals 1. Reference to 2014 Goals of the Committee, Co-chair Bates opened the table to discuss plans to implement the goals. 2. There was a discussion related to the Committee's goal # 1 - "help develop additional board and care facilities with special emphasis on co-occurring disorder care." It was decided that Mary Stahlhuth will invite Lorenzo Castillo, owner of Garden City in Pt. Hueneme, to attend one of our next meetings so we can discuss possible sober living development. 3. As part of the implementation plan of this goal, the Room and Board sub-committee was created. The sub-committee will meet on Friday, Sept. 19, 9:00 am, Pacific Clinics (TAY Wellness Center) 141 W. Fifth St. Suite D, Oxnard.to start the planning process by putting together list of potential room and board places. The group will be headed by Mary Stahlhuth. The following are members: a) Mary Stahlhuth b) Beverly Wesotsky c) Jennifer Gomez d) Corliss Porter e) Debora Schreiber f) Karyn Bates g) Ratan Bhavnani 4. The sub-committee will make an update to the Committee next meeting. 5. Site visits to Sunrise Senior Living and Elms Residential Homecare were scheduled on Thursday, Sept. 17 at 1:00 and 2:30 pm, respectively. Joining Co-chairs Borchard and Bates to the site visits are Beverly Wesotsky and Mary Stahlhuth. 6. It was noted that the site visit will be part of the implementation plan of the Committee's goal # 6 - "reviews/visit sober living homes – develop criteria good care especially for people with co-occurring disorders."	<p>Mary Stahlhuth will invite Lorenzo Castillo</p> <p>Board Assistant will send email reminder to members</p> <p>Board and Room sub-committee to present update next meeting</p>	<p>Mary Stahlhuth</p> <p>Irma Victorino</p> <p>Mary Stahlhuth</p>
X.	A. Mental Health Update – Pam Fisher, Adult Division Manager 1. KerryAnn Schuette has resigned from her post as MHSA PEI manager. Her position is open for recruitment. 2. Expansion of Oxnard to Centerpoint Mall was delayed due to some water-damage repairs and furniture orders. Target move date is scheduled late October or early November 2014. Half of the Children's Oxnard clinic and more than half of the Adult Oxnard clinic will be transitioning to the new location to serve consumers located in the area. 3. The Request for Proposal (RFP) of locked MHRC facility in Camarillo Airport is still under department review. RFP is anticipated to be released to bidders by Fall. 4. The department met with the In-Patient Unit staff, clients and stakeholders for an update on enhanced customer services and protocols at the In-Patient Unit. a) A 23-hour bed unit or Psychiatric Emergency Service (PES) will be established within a year; b) The noisy overhead intercom in the In-Patient Unit has been eliminated; c) A Family Input Form will soon be available; d) A counselor is stationed in the In-Patient Unit lobby Monday to	Housing and Jail Report for the month of July provided as handout	

	<p>Friday from 8:00 am to 5:00 pm. These hours will be expanded; and</p> <p>e) Dan Powell is the new In-Patient Unit Administrator.</p> <p>5. Cyndie Cole has resigned from her post as VCMC hospital administrator.</p> <p>6. Appointment for the VCBH Director's position is still pending. Second round of interview is scheduled.</p> <p>B. Older Adults Program</p> <p>1. Current census of the program is 96.</p> <p>2. Interview for a nurse and case manager position is ongoing.</p> <p>3. Use of Health Navigation and collecting of outcome measures and enrolling new clients is ongoing.</p> <p>4. The program continues to conduct socialization events. There will be a luau on Sept. 26; 30-40 clients are anticipated to join. These events are conducted every two to three months.</p> <p>C. EPICS & ARS/Continuum of Care – Mary Stahlhuth</p> <p>1. Peppertree Apartments in Simi Valley is accepting qualified individuals who meet criteria. The complex has two 1-bedroom, seven 2-bedroom and two 3-bedroom apartments.</p> <p>2. Castillo del Sol, a Ventura Housing project, will be constructed with 39 units, 19 units of which will be dedicated to Behavioral Health clients that meet the criteria.</p>		
XI.	<p>Alcohol and Drug Program (ADP) Update – Kathy Mulford</p> <p>1. Ms. Mulford is making the report on behalf of Anna Flores who is unable to attend the meeting today.</p> <p>2. Recovery Happens Conference yesterday was well received. Attendees were interested in getting copies of the speaker's powerpoint presentation. The material will be posted on the VCBH website soon.</p>		
XIII.	<p>Providers' Announcements</p> <p>1. Client Network, Liz Warren – The Client Network will present a workshop entitled "<i>Retrain Your Brain: How to Re-Shape your Obsessive Compulsive Thoughts</i>" on Friday, October 10, from 10:00 am to 12:00 noon in the VCBH Training Room.</p> <p>2. Turning Point Foundation, Corliss Porter – Mark Schumacher, Program Manager, is now on board. Planning for the Quality of Life Program to begin at La Siesta Board and Care in Ventura.</p> <p>3. Karyn Bates – Wellness Collaborative Group is meeting on Sept. 24 from 10:00 – 11:30 to talk about wellness programs. The group meets regularly every other month.</p>		
XIV.	<p>Adjourn</p> <p>The meeting was adjourned at 12:00 pm.</p>		