

**BEHAVIORAL HEALTH ADVISORY BOARD**  
**ADULT SERVICES COMMITTEE**  
**MINUTES ■ Thursday, July 3, 2014**

<b>Present:</b> Karyn Bates, Co-Chair Carol Thomas, BHAB Irene Mellick, BHAB Beverly Wesotsky, BHAB Liz Warren, Client Network Debora Schreiber, VSSTF/NAMI Kate Mills, One Stop Ratan Bhavnani, NAMI Chuck Kairys, ANKA Marty Giffin, ANKA Corliss Porter, Turning Point Foundation Kalie McCormack, Turning Point Foundation Jose Palomares, Pacific Clinics Cary Davis, Family Member	<b>VCBH staff:</b> Pam Fisher, Adult Division Manager Mary Stahlhuth, EPICS/ARS Manager Anna Flores, ADP Pam Roach, Transformational Liaison Irma Anilao, Management Assistant  <b>Next meeting: Thursday, Sept. 11, 2014</b> <b>Suite 210 Lake Tahoe Conf. Room,</b> <b>Oxnard</b>
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Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Co-Chair Karyn Bates called the meeting to order at 10:10 a.m.		
II.	<b>Welcome and Introductions</b> Co-chair Bates welcomed everyone to the meeting and asked for introductions. She mentioned that Co-Chair Nancy Borchard is unable to attend meeting today due to conflict of schedule.		
III.	<b>Approval of the Agenda</b> 1. Co-chair Bates asked the Committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented.	The agenda was approved as presented. M/S/C	
IV.	<b>Approval of the Minutes</b> 1. Co-Chair Bates asked the Committee for any discussion or changes to the June 5, 2014 minutes of meeting. 2. The names of Deborah Schreiber and Beverly Wesotsky will be added to the list of attendees for the BHAB Adult Committee meeting of June 5. 3. A motion was made and seconded to approve the minutes as amended.	The minutes were approved as amended. M/S/C	
V.	<b>Chair Announcements</b> 1. There will be no Committee meeting in August 2014. 2. Meeting in September is rescheduled on second Thursday, September 11, 2014, Remington Room.		
VI.	<b>Public Comments</b> 1. Cary Davis addressed the Committee and expressed her concern on the gaps in our system in meeting the needs of individuals with autism spectrum disorder. She added that there is no hospital in the county that provides specific treatment to this population. 2. Co-chair Bates passed around a publication entitled " <i>Neurology</i> " which emphasizes the many facets of the autism spectrum.		
VII.	<b>Review and Approve Committee Goals</b> 1. Co-chair Bates shared copies of the draft 2014 Goals of the Committee for review, discussion and suggestions. 2. After thorough discussion, following editorial changes were made: a. Promote system-wide integration of treatment for Mental Health and	Draft copy of 2014 Goals distributed	

	<p>Alcohol and Drug Abuse utilizing evidence-based practices, latest research, and training of providers.</p> <ol style="list-style-type: none"> <li>Monitor and advise regarding discharge transitions <b>system-wide</b> from IPU <b><i>through supportive community treatment</i></b>.</li> <li>Encourage family <b>and client</b> involvement throughout treatment process</li> <li>Add a seventh goal: <b><i>Support and promote options for affordable housing for individuals with mental illness and addiction challenges.</i></b></li> </ol> <ol style="list-style-type: none"> <li>There were no further changes to other sections of the goals.</li> <li>It was suggested that we discuss the goals in terms of process/steps to take at our next meeting.</li> <li>A motion was made and seconded to approve the 2014 Goals of BHAB Adult Services Committee. The 2014 Goals of the BHAB Adult Services Committee were approved as amended.</li> </ol>	<p>Discuss plans next meeting</p> <p>2014 Goals of BHAB Adult Services Committee were approved as amended</p>	
VIII.	<p><b>Review and Approve Adult Safety Plan and Cover Letter</b></p> <ol style="list-style-type: none"> <li>Pam Roach presented the approved and final copy of the Adult Safety Plan.</li> <li>As discussed and agreed during the last meeting of the Committee in June 2014, the Adult Safety Plan will be posted on Ventura County Behavioral Health website (<a href="http://www.vchca.org/behavioral-health/behavioral-health-department">www.vchca.org/behavioral-health/behavioral-health-department</a>) and <a href="http://www.wellnesseveryday.org/">http://www.wellnesseveryday.org/</a>. All contract providers may access copies through these websites.</li> <li>Distribution for the Adult Safety Plan will include STAR/Crisis office, ambulatory care, IPU, primary care clinics, Community Memorial Hospital and all Adult Clinic lobbies.</li> <li>The Adult Safety Plan will also be included in the intake packet provided to consumers and family members during orientation. Agencies and providers can access copy of document through the aforementioned websites. The document will be available in all Adult clinic lobbies.</li> <li>Co-chair Bates presented the draft cover letter that will be attached to the Adult Safety Plan.</li> <li>It was recommended that the cover letter include the websites where the Adult Safety Plan will be accessed.</li> <li>A motion was made and seconded to approve the cover letter of the Adult Safety Plan.</li> <li>The cover letter of the Adult Safety Plan was approved as revised.</li> </ol>	<p>Draft copy of Adult Safety Plan cover letter distributed</p> <p>The cover letter for the Adult Safety Plan was approved as revised.</p>	
IX.	<p><b>Appoint a Team to Followup on Port Hueneme/Pleasant Valley Road property as possible B&amp;C Site</b></p> <ol style="list-style-type: none"> <li>Mary Stahlhuth reported that there is a large property called Garden City Camp which is owned by Lorenzo Castillo.</li> <li>Jose Palomares will contact his uncle, Mr. Castillo, to ascertain his plans for this property. Mr. Palomares will report back to the Committee.</li> <li>The Board &amp; Care Development Group (Many Mansions, People's Self-Help, Cabrillo Economic Development corp., and BHD) will explore this further and report back to the Committee.</li> </ol>	<p>Jose Palomares will contact Mr. Castillo and report back to Committee</p> <p>B&amp;C Group will report back to Committee</p>	<p>Jose Palomares</p> <p>Mary Stahlhuth</p>
X.	<p><b>Providers' Updates/Announcements</b></p> <ol style="list-style-type: none"> <li>ANKA, Chuck Kairys – Smooth transition is ongoing with ANKA doctors now assigned to see clients in the ANKA CRT. Wendy Piper has recently joined the team as Nurse Practitioner. The facility is full capacity with short turnaround on waiting list.</li> <li>NAMI, Ratan Bhavnani – The next general meeting is on Tuesday, July 8, 6:45 pm with Dan Hicks and Richard Laperriere as speakers.</li> </ol>		

	<p>Theme: "Marijuana and the Developing Brain."</p> <p>3. Turning Point Foundation, Corliss Porter –</p> <ol style="list-style-type: none"> <li>Ms. Porter extended appreciation to all who attended the Turning Point Annual Gala Night.</li> <li>The Oxnard Wellness Center is participating in an outreach program to address the zip code area 93033, extending services to Latinos (Latino Reducing Disparities Project)</li> <li>The Quality of Life Program is doing well in Sunrise and The Elms Board &amp; Care. Soon this program will be launched at The Hickory House Board &amp; Care and later at La Siesta Board &amp; Care. One outcome of this program is more client participation at the Oxnard and Ventura Wellness Centers.</li> <li>Turning Point Foundation continues to celebrate special events for program members. The July 4<sup>th</sup> celebration is coming up shortly.</li> <li>Ms. Porter announced that Wooley House now offers permanent housing for 15 clients.</li> </ol> <p>4. One Stop, Kate Mills – Ms. Mills announced that One Stop has added a new position held by Chaplain Harold Turner, who will assist with outreach and follow-up regarding tickets and warrants as a court intermediary. The One Stop Information sheet was distributed to all members present.</p>		
X.	<p><b>A. Mental Health Update – Pam Fisher, Adult Division Manager</b></p> <ol style="list-style-type: none"> <li>Community meetings and outreach program for the Latino population is ongoing. The Latino Reducing Disparities Innovation Project is a collaboration with community partners coordinated by KerryAnn Schuettte. The group meets in Oxnard and Santa Paula.</li> <li>Internship selections have been completed and we have offered positions to 19 interns and 4 alternates.</li> <li>Expansion of Oxnard Adult Clinic to Centerpoint Mall is on target and expected to open in September.</li> <li>The Ventura Clinic recently launched the "Recovery through the Arts" group that will utilize different mediums of art to build recovery skills.</li> <li>The next Suicide Prevention Countywide Coordinating Council (CCC) is scheduled on Friday, July 11, 10:00 – 11:30 in Conference Room C, Williams Drive, Oxnard. CCC meets every first Friday of the month.</li> <li>Handouts for May 2014 Housing and Jail Report were provided.</li> </ol> <p><b>B. Older Adults Program</b></p> <ol style="list-style-type: none"> <li>The next scheduled event of the Older Adults Program is the "An American Sing Along" on July 3. There were 37 who signed up as of last week. Clients are provided with transportation through Road Runner. The Program's goal is to hold six events every year.</li> <li>Older Adults Program will be taking clients from East and West County to the Ventura County Fair on August 5, 2014.</li> </ol> <p><b>C. EPICS &amp; ARS/Continuum of Care – Mary Stahlhuth</b></p> <ol style="list-style-type: none"> <li>Dominica Transfiguracion recently retired at the age of 78 from Lemonwood, however a new owner has assumed the property and renamed it Safe Haven. There was no disruption in client care.</li> <li>Peppertree Apartments (owned/managed by Many Mansions) in Simi Valley will create 11 new units for qualified consumers and family members. The complex has two 1-bedroom, seven 2-bedroom and two 3-bedroom apartments.</li> <li>Ms. Stahlhuth reported that Nellie Baker's Board &amp; Care in Ventura burned down last week-end and 6 clients were displaced.</li> <li>Meetings are ongoing with Cabrillo Economic Development regarding housing opportunities for consumers</li> <li>For housing needs, qualified applicants who meet criteria should complete form to be on the housing list or call Mental Health housing</li> </ol>	<p>Housing and Jail Report, May 2014 provided.</p> <p>Ms. Stahlhuth will bring housing flyers next meeting</p>	<p>Mary Stahlhuth</p>

	981-5422. Ms. Stahlhuth will bring this pamphlet to our next meeting.		
XI.	<b>Alcohol and Drug Program (ADP) Update – Anna Flores</b> <ol style="list-style-type: none"> <li>1. As part of the transition of Department of Healthcare oversight, all ADP licensed programs need to undergo re-certification.</li> <li>2. “Recovery Happens” is scheduled on Sept. 10, 2014. CEUs will be offered this year.</li> </ol>		
XIII.	<b>Members Comments</b> <ol style="list-style-type: none"> <li>1. Updated West County Directory of Resources and Support Groups are now available.</li> <li>2. Kate Mills pointed out a huge gap in services; IPU and CRT residents are not connected to primary care before being discharged.</li> <li>3. Anna Flores suggested vetting a list of sober living homes in Ventura County with minimum standards. Santa Clara County has done this; Santa Clara Behavioral Health Director is Nancy Pina for reference regarding such a project.</li> </ol>		
XIV.	<b>Adjourn</b> The meeting was adjourned at 12:00 pm.		