

**BEHAVIORAL HEALTH ADVISORY BOARD**  
**ADULT SERVICES COMMITTEE**  
**MINUTES ■Thursday, May 1, 2014**

<b>Present:</b> Nancy Borchard, BHAB Carol Thomas, BHAB Irene Mellick, BHAB Mary McQuown, Recovery Innovations Jennifer Gomez, Pacific Clinics Kiran Sahota, CIT VCSO Joseph Preciado, VSO/Project HOPE Cary Davis, Family Member	<b>VCBH staff:</b> Meredyth Leafman, Older Adult / TAY Manager Mary Stahlhuth, EPICS/ARS Manager Pam Roach, Transformational Liaison Irma Anilao, Management Assistant  <b>Next meeting: Thursday, June 5, 2014</b> <b>Conf. Room C, Williams Drive, Oxnard</b>
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Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Co-Chair Nancy Borchard called the meeting to order at 10:05 a.m.		
II.	<b>Approval of the Agenda</b> 1. Co-chair Borchard asked the Committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented.	The agenda was approved as presented. M/S/C	
III	<b>Approval of the Minutes</b> 1. Co-Chair Borchard asked the Committee for any discussion or changes to the April 3, 2014 minutes of meeting. 2. A motion was made and seconded to approve the minutes as presented.	The minutes were approved as presented. M/S/C	
IV.	<b>Welcome and Introductions</b> Co-chair Borchard welcomed everyone to the meeting and asked for introductions. She mentioned that Co-chair Karyn Bates is unable to attend meeting today. She also extended appreciation to Meredyth Leafman, Older Adults Manager, for accommodating the Committee to hold the meeting in their office.		
V.	<b>Chair Announcements</b> None		
VI.	<b>Public Comments</b> None		
VII.	<b>Providers' Updates/Announcements</b> None		
VIII.	<b>A. Mental Health Update – Meredyth Leafman, Older Adults Manager</b> 1. Pam Fisher, Adult Division Manager, is on medical leave and therefore unable to attend meeting today. 2. May is Mental Health Month Conference is on May 29, 2014 at Ventura Beach Marriott. Theme of this year's conference is on schizophrenia. Flyers were provided as handout. 3. The department is conducting a follow-up Cognitive Behavior Therapy (CBT) training. 4. NAMI walk is on Saturday, May 3, 9am. 5. The Housing and Jail Report for the month of March is available as a handout.  <b>B. Older Adults Program</b> 1. The hoedown event last month was a big success with 35 clients who		

	<p>responded.</p> <ol style="list-style-type: none"> <li>2. Various socialization events are scheduled for entire year. Next event is scheduled in June/July with American theme.</li> <li>3. Rehab groups for men and women are ongoing in Elms and Hickory House.</li> <li>4. Health Navigation is completing its 6-month assessment and getting ready for State report. It was mentioned that staff were trained to understand the different barriers and engage in individualized health navigation</li> <li>5. With the Medi-Cal expansion and Covered California, the department is focusing its efforts in assisting clinic staff to identify and assist self-pay and Medi-Cal eligible clients to enroll in the Med-Cal program.</li> </ol> <p><b>C. EPICS &amp; ARS/Continuum of Care – Mary Stahlhuth</b></p> <ol style="list-style-type: none"> <li>6. A VCBH committee met yesterday with representatives from the Ventura Housing Authority to discuss ideas of developing additional supported housing in the county.</li> <li>7. There was a follow up discussion on Kaizen project where the department and the Inpatient Psychiatric Unit are developing a plan to ensure smooth transition of clients from IPU upon discharge.</li> </ol>		
IX.	<p><b>Review Committee Goals</b></p> <ol style="list-style-type: none"> <li>1. Co-chair Nancy mentioned that the Committee goals should include the housing system, crisis access and family involvement.</li> <li>2. It was suggested inviting Robert Mendoza, STAR/Crisis Manager to talk about the Triage Grant/RISE Program.</li> </ol>		
X.	<p><b>Adult Safety Plan – Distribution and Assignment</b></p> <ol style="list-style-type: none"> <li>1. The Committee suggested that the Adult Safety Plan be available to board &amp; care facilities, Behavioral Health providers, family resource orientation packet, STAR assessment, IPU, and Wellness Center.</li> <li>2. Co-chair Borchard will draft a cover letter and will be presented next meeting.</li> <li>3. The document will be posted in the VCBH website (<a href="http://www.vchca.org/behavioral-health">http://www.vchca.org/behavioral-health</a>) and Wellness Everyday website (<a href="http://www.wellnesseveryday.org/">http://www.wellnesseveryday.org/</a>).</li> <li>4. The Committee suggested switching the colors of the first and third box.</li> <li>5. The Committee suggested changing VCBH clinics to “Mental Health Clinics.”</li> <li>6. After discussion, Co-chair Borchard asked the Committee to approve the Adult Safety Plan as amended.</li> <li>7. A motion was made and seconded to approve the changes as amended.</li> </ol>	<p>Draft cover letter to be presented next meeting</p> <p>The Adult Safety Plan was approved as amended M/S/C</p>	<p>Nancy Borchard</p>
XI.	<p><b>Other</b></p> <ol style="list-style-type: none"> <li>1. The Committee will invite Robert Mendoza to discuss the Triage Grant/RICE project.</li> <li>2. Cary Davis commented that communication is the main problem in the Hillmont Psychiatric Unit and should be addressed by staff and doctors.</li> </ol>	<p>Invite Robert Mendoza</p>	<p>Board Assistant</p>
XII.	<p><b>Tour to the Older Adults Program offices</b></p> <p>Meredyth Leafman led the Committee on a brief tour of the Older Adults Program offices.</p>		
XIII	<p><b>Adjourn</b></p> <p>The meeting was adjourned at 12:00 pm.</p>		