

**BEHAVIORAL HEALTH ADVISORY BOARD**  
**ADULT SERVICES COMMITTEE**  
**MINUTES ■ Thursday, Nov. 6, 2014**

<b>Present:</b> Nancy Borchard, Co-Chair Beverly Wisotsky, BHAB Debora Schreiber, VSSTF/NAMI Kalie McCormack, Turning Point Foundation Jen Gomez, Pacific Clinics Denise Noguera, VCAAA	<b>VCBH staff:</b> Mary Stahlhuth, EPICS/ARS Manager Pam Roach, Transformational Liaison Officer Irma Victorino, Management Assistant  <b>Guests:</b> Lorenzo Castillo, Garden City/Exit Castillo Realty Miguel Tovar, E Street Sober Living for Men  <b>Next meeting: Thursday, Dec. 4, 2014</b> <b>Lake Tahoe Conf. Room, Oxnard</b>
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Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Co-chair Nancy Borchard called the meeting to order at 10:05 a.m.		
II.	<b>Welcome and Introductions</b> Co-chair Borchard welcomed everyone and requested for introductions. She mentioned that Co-chair Karyn Bates is unable to attend meeting today.		
III.	<b>Approval of the Agenda</b> 1. Co-chair Borchard asked the Committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented.	The agenda was approved as presented. M/S/C	
IV.	<b>Approval of the Minutes</b> 1. Co-Chair Borchard asked the Committee for any discussion or changes to the Oct. 2, 2014 minutes of meeting. 2. A motion was made and seconded to approve the minutes as written.	The minutes were approved as written. M/S/C	
V.	<b>Chair Announcements</b> Co-chair Borchard reminded that the Mental Health Services Oversight Accountability Commission (MHSOAC) community forum is scheduled today from 3:00 pm – 6:30 pm at Crown Plaza Ventura Beach Hotel. She reiterated the forum's goal of expanding public awareness and education about Proposition 63, the MHSA and the MHSOAC. Community Mental Health information tables will be available.		
VI.	<b>Public Comments</b> None		
VII.	<b>Possible Residential Site – Lorenzo Castillo</b> <b>Time Certain: 10:15 am</b> 1. Mr. Lorenzo Castillo, owner of Garden City Camp, addressed the board and introduced his colleague, Mr. Miguel Tovar of E Street Sober Living for Men. 2. Mr. Castillo discussed a brief overview of how Garden City Camp started as a sober living home. 3. A powerpoint was presented to show pictures of the facility. 4. Mr. Castillo noted that Garden City Camp operates as a sober living home providing residents with place to stay, provide laundry, meals and shower. The camp has separate dormitories for men and women. 5. Mr. Tovar mentioned that they have been in contact with TAY Tunnel, Hillmont House, CRT, VCBH Crisis Team, Probation, and Vista del Mar for coordination of care.		

	<ol style="list-style-type: none"> <li>6. The facility is currently undergoing renovation. Mr. Tovar anticipates expansion pending the completion of the kitchen and makeover of dormitories.</li> <li>7. Mr. Tovar noted that residents are required to participate in programs and meetings as part of recovery. Staff from Recovery Innovations are involved in some of their programs.</li> <li>8. The facility is generally funded through general relief, Social Security, assistance from private individuals, and Mr. Castillo's personal investment. The facility charges \$500-\$575/month excluding meals.</li> <li>9. Ms. Stahlhuth suggested collaborating with the new Rapid Integrated Support &amp; Engagement (RISE) program of VCBH that can provide outreach to consumers who are living there at risk or experiencing mental health crisis. She also suggested to work with the ARS/EPICS team about housing issues.</li> <li>10. Copies of the Adult Safety Plan were provided to Mr. Castillo.</li> </ol>		
VII.	<b>2014 Committee Goals</b> <ol style="list-style-type: none"> <li>1. Co-Chair Borchard suggested postponing discussions on the 2014 Committee Goals for next meeting</li> </ol>	Tabled for next meeting	
VIII.	<b>Update Site Visit – Co-Chair Nancy Borchard</b> <ol style="list-style-type: none"> <li>1. Co-chair Borchard briefly discussed outcome of site visit to Sunrise Manor and The Elms board &amp; cares. As mentioned, BHAB Board has commissioned the BHAB Adult Services to conduct site visits. She mentioned that the visits were envisioned to review the innovation programs of these facilities as a follow-through to the Quality of Life contracted through Turning Point Foundation. Mr. Mark Schumacher, Program Manager of TFP oversees both programs.</li> <li>2. Co-chair Borchard mentioned that interested volunteers are challenged with various requirements from Licensing before they can volunteer. She discussed that among these are the need for TB tests, background checks, and life scan required by the facilities.</li> <li>3. Co-chair Borchard noted that surveys conducted every six months for each program maybe overwhelming to clients and time consuming to staff.</li> <li>4. Co-chair Borchard also reported that there are 1 Lead and 2 Peers working morning and afternoon shifts at both sites.</li> <li>5. Report on outcome of site visits to Sunrise Manor and Elms Board &amp; Care will be reported back to the BHAB Board.</li> </ol>		
IX.	<b>Update Board &amp; Care Development – Mary Stahlhuth</b> <ol style="list-style-type: none"> <li>1. The Room and Board Committee has started putting together a spreadsheet of all known room and boards and sober living homes. The workgroup met last Oct. 24 and will meet today at noon. Members of the workgroup are Mary Stahlhuth, Anna Flores, Debora Schreiber, Corliss Porter, Jennifer Gomez, Ratan Bhavnani, and Karyn Bates.</li> <li>2. Meetings and discussions are ongoing to identify current room and board facilities that our clients use, evaluate their services and explore ways to improve the quality of care.</li> </ol>		
X.	<b>A. Mental Health Update – Mary Stahlhuth, ARS/EPICS Manager</b> <ol style="list-style-type: none"> <li>1. Ms. Stahlhuth is making the report on behalf of Pam Fisher, Adult Division Manager.</li> <li>2. The Community Forum on the Impact of Services of Mental Health Services Act (MHSA) sponsored by MHSA is scheduled today from 3:00 – 6:30 pm at the Crown Plaza, Ventura Beach Hotel.</li> <li>3. Adult Outpatient clinics extended hours are now implemented, as follows: Monday, Tuesday and Thursday from 8:00 to 6:00 pm; Wednesday from 8:00 am – 7:00 pm and Friday from 8:00 to 5:00 pm.</li> <li>4. Oxnard Adult Clinic and Youth &amp; Family Services are scheduled to move to Centerpoint Mall on November 11 and November 17, respectively.</li> </ol>		

	<ul style="list-style-type: none"> <li>5. The department recently hired two new Mental Health Nurse Practitioners.</li> <li>6. The Request for Proposal (RFP) for the locked MHRC facility at the Airport, Camarillo will soon be out by end of this month.</li> <li>7. The Housing and Hail report for September 2014 is provided as handouts.</li> </ul>		
XIII.	<b>Providers' Comments and Announcements</b> <ul style="list-style-type: none"> <li>1. <b>Turning Point Foundation, Kalie McCormack</b> <ul style="list-style-type: none"> <li>a. TPF Thanksgiving events are scheduled on November 18 and November 20 at the New Vision Center and Clubhouse, respectively.</li> <li>b. The Department of Rehab is coming to speak to their folks on how they can help to work.</li> </ul> </li> <li>2. NAMI Holiday Party is on December 9. For more information visit <a href="http://www.NAMI.org">www.NAMI.org</a></li> </ul>		
XIV.	<b>Adjourn</b> The meeting was adjourned at 12:00 pm.		