BEHAVIORAL HEALTH ADVISORY BOARD

ADULT SERVICES COMMITTEE

MINUTES •Thursday, Oct. 2, 2014

Present:

Karyn Bates, Co-Chair
Nancy Borchard, Co-Chair
Irene Mellick, BHAB
Debora Schreiber, VSSTF/NAMI
Ratan Bhavnani, NAMI
Corliss Porter, Turning Point Foundation
Mark Schumacher, Turning Point Foundation
Kalie McCormack, Turning Point Foundation
Chuck Kairys, Anka-CRT
Asencion Olea Romero, Pacific Clinics
Cary Davis, Family Member

VCBH staff:

Mary Stahlhuth, EPICS/ARS Manager Anna Flores, ADP Irma Victorino, Management Assistant

Guest:

Kathy Terry, Ventura LTC Ombudsman

Next meeting: Thursday, Nov. 6, 2014

Lake Tahoe Conf. Room, Oxnard

Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-chair Nancy Borchard called the meeting to order at 10:07 a.m.		
II.	 Approval of the Agenda 1. Co-chair Borchard asked the Committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented. 	The agenda was approved as presented. M/S/C	
III.	 Approval of the Minutes 1. Co-Chair Borchard asked the Committee for any discussion or changes to the Sept. 11, 2014 minutes of meeting. 2. A motion was made and seconded to approve the minutes as written. 	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions		
V.	Chair Announcements		
	 Co-chair Karyn Bates shared the following: The Ventura County Law Enforcement Crisis Intervention Team awarded James Espinoza of the Ventura Police Department as the first Crisis Intervention Team Officer of the Year. Mr. Espinoza has been in the law enforcement for ten years and is now a detective with the Major Crime Unit and SWAT crisis. Supervisor Linda Parks spearheaded a group visit to Growing Grounds Farm in San Luis Obispo. The non-profit wholesale nursery offers a variety of jobs to mentally challenged consumers. Supervisor Parks is looking at property on Lewis Road as a potential nursery farm site. The Mental Health Oversight Accountability Commission (MHOAC) community forum will be held on November 6, 2014 from 3:00 pm – 6:30 pm at Crown Plaza Ventura Beach Hotel. Because space is limited, RSVP is requested at www.mhsoac.ca.gov or (916) 445-8696. It was mentioned that the goal of the forum is to advance MHSOAC communication with public and stakeholders. One of the specific goals mentioned was to expand public awareness and education about Proposition 63, the MHSA and the MHSOAC. Community Mental Health information tables will be available. Co-chair Borchard shared information on the Ventura County Consolidated Plan and Fair Housing Workshops. The workshops are conducted to help identify neighborhood needs and priorities in the county. Ms. Borchard attended the workshop in Camarillo last Sept. 22. 		

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VI.	 Kathie Terry of Ventura Long Term Care (LTC) Ombudsman Program addressed the Committee. She expressed the challenges of finding Long Term Care housing for dependent adults and the senior population who cannot stay at home - especially for those with mental health issues. She stated there is often confusion in linking mental illness with dementia and that results in inappropriate placement. There are 60 volunteers and 4 paid staff who regularly visit facilities throughout our county. 		
VII.	2014 Committee Goals		
	 Co-Chair Borchard expressed the need to review the goals of the committee and discuss initiatives to implement the goals. Anna Flores mentioned articles and websites on sober living homes, sober house and rehab placements. She will send the link to the Committee through the Board Secretary. She will also send the report of the California Senate Office of Oversight and Outcomes entitled Rogue Rehabs. Deborah Schreiber expressed that housing should be integrated in the goals of the committees. Co-Chair Bates explained that with the mission statement of Adults Services Committee in mind, it 		
	encompasses housing.		
VIII.	 Update Site Visit – Co-Chairs Karyn Bates and Nancy Borchard Committee members Karyn Bates, Nancy Borchard, and Beverly Wisotsky made site visits to Sunrise Manor and The Elms board & cares Thursday, September 18th to review the innovation programs known as Quality of Life (contracted through Turning Point Foundation). Data collection is still in process. Consolidated report about the visits to the two facilities will be presented to the committee next meeting. Final report will also be presented to the BHAB Board. It was observed that consumers in Sunrise are predominantly male 	Site visit report will be presented next meeting	Karyn Bates/Nancy Borchard
	dealing more with mental health and addiction while those from Elms have mental health concerns and primary health conditions.		
ĪX.	 Update Board & Care Development – Mary Stahlhuth The Board & Care Development Committee, comprised of individuals from VCBH, the Ventura Housing Authority, Tri-Counties Regional Center and NAMI, is continuously meeting and looking for potential properties, resources and individuals who are interested in expanding local housing opportunities for people with SPMI. The committee most recently has held two tours of representative local board and care sites for key community housing partners (CEO's office, Cabrillo Economic Development Corporation, Ventura Housing Authority, People's Self-Help Housing) in order to facilitate partnerships and creative ideas to develop additional sites. One idea was to investigate different sizes of homes particularly larger ones to utilize economies where possible. Castillo del Sol in Ventura will be constructed with 39 units, 19 units are dedicated to clients of Behavioral Health. Peppertree Apartments, a new property in Simi Valley with two 1-bedroom, seven 2-bedroom and two 3-bedroom apartments, is at the move-in stage for residents with SPMI. The Room and Board Committee met Friday, September 19; a spreadsheet of all known room and boards will be created with specific data fields. Next meeting is at noon today. Members to date are Mary Stahlhuth, Anna Flores, Debora Schreiber, Corliss Porter, Jennifer Gomez, Ratan Bhavnani, and Karyn Bates. Lorenzo Castillo, owner of the property designated as Garden City in Port Hueneme, will attend our November 6th meeting to discuss this potential residential site. 		

X. A. Mental Health Update – Mary Stahlhuth, ARS/EPICS Manager

- 1. Ms. Stahlhuth is making the report on behalf of Pam Fisher, Adult Division Manager.
- Proposed new move date of Oxnard Adult Clinic to Centerpoint Mall is Oct. 21. About 2/3 of the Oxnard Adult Clients and some children will be moved so that they will be in their own neighborhood and transportation will not be such a big concern. The clinic will be transitioning to the new location to serve consumers located in the area.
- 3. Ms. Stahlhuth announced that there will be evening hours at all BHD outpatient clinics soon: M-T-Th, open until 6:00 pm; Wednesday, open until 7:00 pm; and Friday open until 5:00 pm.

XIII. Providers' Comments and Announcements

- 1. BOS presentation of a resolution proclaiming Oct. 5 through Oct. 11 as Mental Illness Awareness Week is scheduled on Oct. 7.
- NAMI, Ratan Bhavnani NAMI Ventura Casino Night is scheduled on Saturday, Oct. 25 from 6:00 pm 11:00 pm, Las Posas Country Club. For tickets and registration, check website or email info.namiventura.org. Night of Mental Health Heroes honoring Cmdr. Linda Oksner as Advocate of the Year and Turning Point Foundation as Distinguished Provider Organization.
- 3. Turning Point Foundation, Corliss Porter.
 - a. Introduced the new Quality of Life Program Manager, Mark Schumacher.
 - b. In the process of finding a new Executive Director. Clyde Reynolds, current Executive Director of Turning Point Foundation, is retiring in January 2015.
 - c. Started collaboration with RISE program
 - d. Turning Point is partnering with Project Understanding for Homeless to Home.
 - e. A Veterans Transitional Housing Program is being developed in partnership with TPF and Cabrillo Development for homeless veterans. TPF bought the old Project Understanding building on Vince Street in Ventura for that purpose.
 - f. Expanding Spanish-speaking program in the Wellness Center in Oxnard to increase penetration; hiring staff to expand program in the evenings.
 - g. Continue to work with other agencies on Latino Disparities project
 - h. HUD regulations have recently changed
 - Wooley Transitional support housing will be reverted housing to permanent housing due to HUD changes in transitional single room occupancy requirements. The change will take place over the next couple of months. All current residents will be located in permanent housing.
 - 2. HUD is requiring the use of the Harm Reduction Model for all HUD supported housing programs.
- 4. ANKA-CRT, Chuck Kairys
 - a. ANKA-CRT is among the top three nominees for the Astra Excellence Award after comparison with 70 Crisis Residential Facilities in Southern California.
 - b. The facility is running at an average of 88% census over 3 months with 11-15 beds usually full at any given time.
 - c. Referrals to our CRT are generally from the Inpatient Unit which is due to the time needed for medical clearance; referral sources will be expanded once our new Psychiatric Emergency Service (PES) or 23-hour bed unit is operating in approximately one year.
- Pacific Clinic/TAY Tunnel, Asencion Olea Romero Football event is in Oct. 27.

	Other matters: 6. Irene Mellick reported that the Victoria Care Center is remodeling to include a Gero-Psych Unit with 6-10 short-term beds for older adults with physical and mental health challenges; licensing and codes are complicated so this will take approximately one year.	
XIV.	Adjourn The meeting was adjourned at 12:00 pm.	