

BEHAVIORAL HEALTH ADVISORY BOARD
ADULT SERVICES COMMITTEE
MINUTES ■ Thursday, January 8, 2015

Present: Karyn Bates, Co-Chair Nancy Borchard, Co-Chair Beverly Wisotsky, BHAB Irene Mellick, BHAB Chuck Kairys, Anka Behavioral Health Debora Schreiber, VSSTF/NAMI Kalie McCormack, Turning Point Foundation Corliss Porter, Turning Point Foundation Mark Schumacher, Turning Point Foundation Denise Noguera, VCAAA	VCBH staff: Anna Flores, ADP Manager Pam Fisher, Adult Division Manager Pam Roach, Transformational Liaison Officer Anna Ware, Management Assistant Next meeting: Thursday, February 5, 2015 Lake Tahoe Conf. Room, Oxnard
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Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-chair Nancy Borchard called the meeting to order at 10:06 a.m.		
II.	Welcome and Introductions Co-chair Borchard welcomed everyone and requested for introductions.		
III.	Approval of the Agenda 1. Co-chair Borchard asked the Committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented.	The agenda was approved as presented. M/S/C	
IV.	Approval of the Minutes 1. Co-Chair Borchard asked the Committee for any discussion or changes to the December 4, 2014 minutes of meeting. 2. A motion was made and seconded to approve the minutes as written.	The minutes were approved as written. M/S/C	
V.	Chair Announcements 1. Co-chair Borchard announced that VCMC has developed a plan to establish a Psychiatric Emergency Service (PES) to provide medical and mental health care to patients in need. Funds to support the development of the unit were secured through a grant of \$1.1 million dollars. Medical staff, including doctors will be on site 24 hours per day, seven days per week. A presentation on the PES was provided at the NAMI General Meeting in December which described the proposed services, grant requirements and estimated project completion dates. 2. Co-Chair Bates provided an update on the affordable housing program People's Self-Help Housing (PSHH) which updates and remodels existing properties with community volunteers and agency networking. Ms. Bates suggested committee members review materials posted at: http://www.PSHCH.org for more information.		
VI.	Public Comments Ms. Warren announced an upcoming event hosted by The Client Network on Friday, February 13, 2015 from 10:30—12:00 PM in the Training Room at VCBH Administration. This workshop: "In Our Own Voice;" will include a brief video and personal stories shared by three individuals with lived experience describing their journey to recovery. Please RSVP to: 805-981-4228 by February 9, 2015. Light refreshments will be served at 10:00 AM.		

VII.	<p>2014 Goals – Plan of Action</p> <ol style="list-style-type: none"> 1. Co-Chair Borchard suggested that the committee to consider the development of a goal to address the needs of adults or older adults. 2. Ms. Bates discussed interest within the community to establish board and care homes suggesting that the committee host an event to recruit and inform individuals who are interested in providing this service within the community. <ol style="list-style-type: none"> a) Committee members discussed coordinating a forum that would feature presentations from Community Care Licensing on operator requirements and the start-up process. Established local providers would be invited to describe their experience as a means to encourage more housing resources in the community. b) Ms. Fisher described incentives provided by the BHD to encourage facility repairs and minor improvements as a support for operators. c) The committee discussed ideas to recruit individuals willing to support additional housing resources in our area. 	<p>Tabled for next meeting</p>	
VIII.	<p>Update Site Visit of The Quality of Life Programs at The Elms Board and Care in Ventura and Sunrise Board and Care– Karyn Bates, Nancy Borchard and Beverly Wisotsky</p> <ol style="list-style-type: none"> 1. Ms. Porter provided an update on the Quality of Life Programs to the committee, introducing Mr. Mark Schumacher, Program Manager of TFP to define the program goals for the services provided at The Elms and Sunrise. <ol style="list-style-type: none"> a) Engagement with residents to develop relationships with staff and create healing and meaning in their lives. b) Community Integration to build residents awareness that they belong within the larger community. c) Culture change within the facilities to sustain community engagement/integration and encourage movement toward independent living. 2. Mr. Schumacher reported that the program goals are achieved through resident participation in meaningful non-clinical activities within the domains of: Art, Health, Cognitive Activities, Community Outings, Residence Beautification, Mastery in Recovery Skills and One to One interactions. 3. Community Integration activities are provided at Friends and Family events which feature volunteer community visitors and friends who serve as informal mentors. <ol style="list-style-type: none"> a) A significant concern for volunteers and peer staff has been the Community Care Licensing (CCL) requirements for background checks prior to engagement with program participants. CCL requirements pose a barrier for an individual with any past record of a felony conviction. 4. Beautification activities include gardening, arts and crafts displays. 5. Participation guidelines for all activities provided were defined. <ol style="list-style-type: none"> a) All onsite group activities are open to any resident with interest. Peer engagers develop social relationships with residents who have not participated to help build social skills and interest in the enrichment activities. b) Community outings' are attended by residents who have engaged with staff, participated in recovery programming, and have completed consents on file. 6. Programs are offered from 9:00-3:00; one lead staff person is on site at each program supported by peers who are employed 20 hours per week to engage clients. 7. Two part-time peers and one full time lead will staff each program when La Siesta and Hickory House begin to offer Quality of Life services. 		

IX.	Update Recovery Homes – List and Plan of Action <ol style="list-style-type: none"> Ms. Flores reported that Sober Living Environments were recently evaluated in a state issued white paper titled “Rogue Programs.” The paper found that frequently unlicensed sober living facilities evolve into unlicensed residential programs due to providers working outside their scope. NAMI Ventura County recently agreed to tour and evaluate unlicensed Sober Living Homes for quality operating practices. BHD staff will attend the monthly Sober Living Coalition meetings to learn more about the client and provider experience. Mr. Kairys announced he would attend the next meeting and report back to the Adult Committee members. 		
X.	Provider’s Comments <ol style="list-style-type: none"> Ms. Porter provided a brief update on two transitional housing placements to be operated by Turning Point Foundation: City Center and Vince Street. Space at each site was set aside for homeless veterans with mental illness. 		
XI.	A. Mental Health Update – Pam Fisher Ms. Fisher presented department updates. <ol style="list-style-type: none"> A Request for Proposal (RFP) to identify an operator for the locked MHRC facility to be located at the Camarillo Airport was released in December. The E Street Apartment complex will increase the housing available in Oxnard for HUD support. VCBH will provide referrals to the owner for new tenants. Tenants will have to meet the definition of homeless defined by HUD and be eligible for Section 8 housing supports. MHFA classes: January 26th & 27th and February 25th & 26th at BHD Administration. 		
XII.	ADP Update—Patrick Zarate Ms. Flores presented a brief update on ADP services. <ol style="list-style-type: none"> The new ADP Clinic Administrator, Kathleen Price started on Monday. ADP Clinic sites will provide Naloxone kits to family members of individuals at risk of an accidental overdose as a medical support. The Public Health Department will also distribute kits and information through clean needle exchange program sites and rapid HIV testing clinics. Proposition 47 was approved in November of 2014 by voters. As a result, 15 felonies encompassing substance use, possession or low level thefts have been reduced to misdemeanors. <ol style="list-style-type: none"> Individuals currently serving time for one of the realigned felonies are eligible for release. Individuals previously convicted may petition the court to have their conviction reduced. Cost savings related to the shift from incarceration to community based treatment will be distributed beginning in August 2016. The department is uncertain how many of these individuals will meet the criteria for mental health or substance use treatment. 		
XIII.	Members’ Comments <ol style="list-style-type: none"> Ms. Porter announced that Jason Meek accepted the position of Director of Turning Point Foundation following the retirement of Clyde Reynolds in December. Latino Indigenous Program will be hosted by the Wellness Center on Tuesday, Wednesday and Friday evenings from 6:00-8:30 PM for monolingual Spanish and Mixteco speakers beginning on Tuesday, January 20th. 		
XIV.	Adjourn The meeting was adjourned at 12:10 pm.		