

BEHAVIORAL HEALTH ADVISORY BOARD
ADULT SERVICES COMMITTEE
MINUTES ■ Thursday, October 1, 2015

Present: Karyn Bates, Co-chair Larry Hicks, BHAB Gane Brooking Carol Thomas, BHAB Sid White, BHAB Beverly Wisotsky, BHAB Georgia Perry, Family Member Roberta Griego, NAMI Joan Wiggins, NAMI Jennifer Gomez, Pacific Clinics Elizabeth Chow, St. John's Medical Center Kalie Matisek, Turning Point Foundation Mark Schumacher, Turning Point Foundation Denise Noguera, VCAAA Deborah Schreiber, VSSTF	VCBH staff: Amanda Pyper, Region Manager, Oxnard Adult Jessica Davis, ADP Pam Roach, Transformational Liaison Office Irma Victorino, Management Assistant Guests: Don Aguilar, Ventura County Sheriff Scott Walker, Ventura County CIT Mark Stadler, Ventura County CIT Next meeting: Thursday, November 5, 2015 Lake Tahoe Conf. Room, Oxnard
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Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-chair Karyn Bates called the meeting to order at 10:07 a.m.		
II.	Welcome and Introductions Co-chair Bates welcomed everyone and requested introductions. She mentioned that Co-chair Nancy Borchard is not able to attend meeting today.		
III.	Approval of the Agenda 1. Co-chair Bates asked the Committee for any discussion or changes to the agenda. 2. Under Item VII. Mark Sadler should read as <i>Mark Stadler</i> instead. 3. A motion was made and seconded to approve the agenda as corrected.	The agenda was approved as corrected. M/S/C	
IV.	Approval of the Minutes 1. Co-chair Bates asked the Committee for any discussion or changes to the September 3, 2015 minutes of meeting. 2. A motion was made and seconded to approve the minutes as corrected.	The minutes were approved as written. M/S/C	
V.	Chair Announcements		
	1. Co-chair Bates announced following: a. Ventura Social Services Task Force (VSSTF) is sponsoring a workshop on Thursday, October 8, 2015 from 6:30 to 9:00 pm at Poinsettia Pavilion. VSSTF has invited People Assisting the Homeless (PATH) to share their successful efforts. The event is to address the need for a community-wide effort to end homelessness. Flyers were distributed as handout. b. Groundbreaking of the new Horizon View Mental Health Rehabilitation Center (MHRC) located at 333 Skyway Drive, Camarillo was held last Wed., September 16 from 1:00 – 3:00 pm. The event was attended by Board of Supervisors, HCA executives as well representatives from BHAB and VCBH; picture of event was passed around.		
VI.	Public Comments None		

VII.	<p>Presentation: “Police and Mental Health Clinicians Together on Call-Outs” by Mark Stadler, CIT Program Administrator; Scott Walker, CIT Program Assistant; and Don Aguilar, Todd Road Jail Time Certain 10:30 am</p> <ol style="list-style-type: none"> 1. Mark Stadler briefly reviewed the background of the creation of the Crisis Intervention Team (CIT) (2001). He has been instrumental in the early research and development of the Ventura County CIT Program which is patterned after the “Memphis Model.” 2. Mark mentioned that they are in the process of looking at different models from other counties where clinicians and police officers team up in responding to calls related to behavioral issues and homelessness. One of the challenges of this model is the need for a fulltime dedicated police officer to only do mental health responses. 3. There was a meeting with Behavioral Health last week to look into other models. A visit to Kern County is scheduled next week to find out more about their Mobile Evaluation Team (MET). 4. Mark Stadler reported that their statistics show that calls to the County Crisis Team reported in 2014 is 6% as compared to 36% in 2002. The 30% decrease in 12 years indicated that the CIT Training provided to police officers made them more proficient and officers have developed good disposition in responding to crisis calls. 5. Mark briefly discussed the ongoing CIT Training provided to police officers. The 40-hour training program is voluntary. They have raised their goal to 100% in training law enforcement from original goal of 10%. As of this time, there are 72% police officers trained. Attendees come also from out-of- county such as LA County. The training curriculum includes role play, communication skills, NAMI, military veteran issues, mental health medication, suicide intervention, brain injury, and more. Speakers include staff from behavioral health and NAMI who provide resources and information. Refresher courses are offered every three years. 6. CIT Administrator Stadler shared following contacts: <ol style="list-style-type: none"> a. Camarillo Police - Joe Preciado b. Oxnard - Jacob Junden c. Simi - Steve Shorts d. Ventura - Tom Higgins e. Ventura County CIT is about to roll out a new program in which every school will have a school resource officer who will be CIT trained so they can immediately respond to crisis 		
VIII.	<p>Provider’s Comments</p> <ol style="list-style-type: none"> 1. St. John’s Medical Center, Elizabeth Chow – one of challenges the hospital faces is finding LPS beds for both children and adults placed on a 5150. Among these patients are minors brought in by CIRT who are in crisis needing psychiatric services. There are currently two minors waiting for placement. Amanda Pyper, Region Manager, Oxnard Adult Clinics, explained that one reason for the time-lags is that the Hillmont Inpatient Unit is capped at approximately 25 clients right now due to the remodeling for the Crisis Stabilization Unit (23-hour beds) which will be co-located with IPU. Under normal circumstances, when not on diversion or under construction, the IPU has approximately 40 beds available. 2. Ventura Social Services Task Force (VSSTF), Deborah Schreiber – there is no agreement yet set for Winter Warming Shelter project either in Oxnard or Ventura. St. Vincent de Paul is not managing the project this year. Ms. Schreiber reported the developer of a new project in City of Ventura agreed to set aside 16 units for low income housing, including section 8. Ms. Schreiber explained some of the challenges in developing affordable housing under the current terms of the City of Ventura. Sid White added that affordable housing should be diverse, dispersed, and inclusionary. It was recommended that we attend meetings of the Coastal Commission and telephone Commissioners to keep current and advocate 		

	<p>for affordable housing.</p> <p>3. Turning Point Foundation, Kalie Matisek and Mark Schumacher –</p> <p>a. Mr. Schumacher reported that the Quality of Life Program in Cottonwood Board and Care has enrolled 16 out of 24 residents with a daily attendance of 12.5. The program is very successful with few challenges. It has been attracting neighbors joining the group. He also reported that Turning Point is now in the final stage of opening the veterans' residential housing project.</p> <p>b. Ms. Matisek reported that the Turning Point Counseling program is doing well and still looking for referrals for families seeking for low-cost counseling.</p> <p>4. Ventura County Area Aging Agency (VCAAA), Denise Noguera – Housing Plus Program with Housing Authority exceeded target rate; VCAAA is providing social support services. With the good response, contract may be extended. The agency is adding another fulltime position for this program.</p> <p>5. NAMI, Roberta Griego – announced the appointment of David Deutsch as the new Executive Director of Ventura County NAMI. The next NAMI walk is next Spring, April 30, 2016.</p> <p>6. Ventura County Sheriff, Don Aguilar – with the huge influx of inmates with behavioral health issues, the Todd Road Jail is in the process of applying for funding to add a new forensic psychiatric unit. They are awaiting approval of a grant from the Board of State Community Corrections (BSCC).</p> <p>7. Pacific Clinic/TAY Tunnel, Jen Gomez – their agency recently entered a Purchase Order for Peer Partners to coordinate with Probation. This is a new program where peer partners will provide support to juveniles ages 13-17 who have received a placement order.</p>		
IX.	<p>Mental Health Update – Amanda Pyper, Region Manager, Oxnard Adult</p> <p>1. Ms. Amanda Pyper is making the report on behalf of Pam Fisher, Adult Division Manager, who is unable to attend today.</p> <p>2. Following the retirement of Mary Allport last month, the department announced the promotion of Sevet Johnson as the new Region Manager of Ventura Clinic, Santa Paula Clinic and Benefits. Recruitment to replace Ms. Johnson as Clinic Administrator of Transitional Aged Youth (TAY) Program is ongoing.</p> <p>3. It was mentioned that the Crisis Team are spending hours at emergency rooms waiting for clients placed on a 5150 to be medically cleared.</p> <p>4. Keiko Fukue of the RISE team is now stationed at Hillmont in A&R to assist in connecting clients to RISE for supportive services and help reduce recidivism into the hospital by connecting clients to behavioral health services. Recruitment for one more RISE staff member at Hillmont is in progress.</p> <p>5. Older Adult's annual luau is scheduled on Sept. 25. Last month, South and North Oxnard Adult brought clients to the Dodger's game.</p> <p>6. The department is in the process of implementing Relaxation Groups for Anxiety in every clinic in support of our Safe Prescribing initiative. Recovery Innovations and the Wellness Center will be starting support groups in Oxnard for clients with anxiety. Next step is to offer time-limited CBT (16 - 20 sessions) for clients who present with anxiety or depression.</p> <p>7. VCMC in coordination with Public Health concluded its Tobacco Education and Prevention Program "Call it Quits" in August. Smoking Cessation Programs will be offered at Hillmont House in Camarillo and The Wellness Center in Oxnard.</p> <p>8. Recruitment for doctors and clinicians are ongoing.</p>		
X.	<p>Alcohol and Drug Update</p> <p>1. Jessica Davis, Clinic Administrator, New Start for Moms, is making the report on behalf of Anna Flores who is unable to attend meeting today.</p>		

	<p>2. WEEDUI Ventura County Drugged Driving Summit last month was well-attended. The panel was composed of law enforcement and medical providers. Overall, the conference received positive feedback and great reception.</p> <p>3. Ms. Davis shared a brief history of the New Start for Moms Program under the Alcohol and Drug Program. This is a special program for women from ages 18 older who are pregnant, mothers of small children or who have lost custody of their children dealing with alcohol and other drug-related problems or co-occurring disorders. This program offers individual and group counseling, recovery group, mental health assessments, parenting education, on-site child care, transportation and referrals. This program is an excellent example of the integration of services for both mental health and addiction challenges.</p>		
XI.	<p>Adjourn</p> <p>The meeting was adjourned at 11:45 am. Next meeting is scheduled on November 5, 2015.</p>		