Ventura County Area Agency on Aging (VCAAA) Data Reporting Manual For The Family Caregiver Support System (FCSP)

This guide is a companion piece to the VCAAA Contractors Manual as well as to the contract between the VCAAA and its contractors/vendors. It is also meant for VCAAA staff to have an understanding of the program requirements; and for staff to convey to contractors/vendors the minimum set of data elements that must be collected from participants and reported to the California Department of Aging (CDA). Please refer to your contract for the actual services contracted, scope of service and service unit measurement and definition. Contractors/vendors are expected to provide and report on only those services that are specified in the contract.

The Older Americans Act (OAA) requires a report of statistical data reflecting the number of service units provided and the number of registered clients or the estimated clients/audience reached.

The VCAAA implements different provider reporting procedures, depending on the type of service being provided. Data that is required to be collected and reported is based on federal National Aging Program Information System requirements (NAPIS) and is not negotiable. Every attempt must be made to gather accurate data from program participants. Contact your VCAAA grants manager if you have any questions about which category(ies) your program is reporting on. For VCAAA staff, consult with your supervisor if you have questions.

Definitions and Eligibility

All services provided under the Family Caregiver Support Program (FCSP) are funded by Title IIIE (3E). The use of the term 3E and FCSP are used interchangeably in this document. The Title III E Family Caregiver Support Program (FCSP) has five major categories of service: Support Services, Respite Care, Supplemental Assistance, Access Assistance and Information Services.

- Support Services are services that directly support the family caregiver.
- Respite Care means a brief period of relief or rest from caregiving responsibilities, and is provided to caregivers on an intermittent, occasional, or emergency basis in a manner that responds to the individual needs and preferences of the caregivers and their care receivers, rather than a pre-established set amount offered on a "first come, first served" waiting list basis.
- Supplemental Assistance means caregiver-centered assistance offered on a limited basis to support and strengthen the caregiving efforts. They can only be provided to a caregiver of a care receiver having two or more activities of daily living

limitations or a cognitive impairment, or to a caregiver who is the grandparent or older adult relative caring for a child

- <u>Access Assistance</u> means the provision of caregiving information and assistance, caregiver outreach, caregiver interpretation/translation, and caregiver legal resources; and links caregivers to the opportunities and services that are available.
- Information Services means the provision of public information on caregiving and/or community education on caregiving, including information about available services

These services are divided among two categories of Title III E eligible caregivers: Caring for Elderly and Caring for Child (such as grandparents raising grandchildren). Services in these two categories must be tracked and participant data reported separately.

Caregiver (Family)¹ – A Title III E family caregiver is defined as:

- (1) An adult caregiver aged 18 or older who is providing informal² (unpaid) in-home and/or community care to:
 - ▶ A person aged 60 years of older; or
 - ▶ An individual of any age with Alzheimer's disease or a related disorder with neurological and organic brain dysfunction.
- (2) A grandparent or older individual relative caregiver (i.e., a grandparent or step-grandparent, or a relative of a child by blood, marriage or adoption) who is 55 years of age and older and who (a) lives with the child; (b) is the primary caregiver of the child because the biological or adoptive parents are unable or unwilling to serve as the primary caregiver of the child; and (c) has a legal relationship to child such as legal custody or guardianship, or is raising the child informally.

Care Receiver - A care receiver is defined as:

- (1) An older Individual defined as aged 60 years or older; or a
- (2) A child who is not more than 18 years of age or who is an individual (of any age) with a *disability* (defined below); *or a*
- (3) An individual of any age with Alzheimer's disease or a related disorder with neurological and organic brain dysfunction.

Disability, Severe – Refers to an individual with a severe, chronic disability attributable to mental or physical impairment, that is likely to continue indefinitely and results in substantial limitation in *three* (3) or *more* of the following areas of major life activity:

- a. Self-care
- b. Receptive and expressive language
- c. Learning
- d. Mobility

¹ Title III, Part A, Section 302(3) of the OAA. (The broader term "Caregiver" as defined in Title I, Section 102(18)(B) of the OAA is not applicable to Title III E Family Caregiver Program.)

² "Informal" means that the care is provided without pay and is not provided as part of a public or private formal service program. Grant funds cannot be used to pay the Family Caregiver a stipend or salary for providing care.

- e. Self-direction
- f. Capacity for Independent Living
- g. Economic self-sufficiency
- h. Cognitive functioning, and
- i. Emotional adjustment.

Respite Care – Respite is the provision of *temporary* (defined below) substitute supports or living arrangements for care receivers and may be provided (1) in the home (and include the provision of personal, homemaker, and chore services to the care receiver), (2) by attendance of the care receiver at day care or other non-residential day center or program (including recreational outings for children), and (3) by attendance of the care receiver in a facility for an overnight stay on an occasional or emergency basis (such as a nursing home for older adults or summer camp for grandchildren). Note: Respite Care shall be provided only to a caregiver of a care receiver having two or more activities of daily living limitations or a cognitive impairment, or to a caregiver who is the grandparent or older adult relative caring for a child.

Temporary respite care means a brief period of relief or rest from a caregiver's responsibilities during a limited time period, and could be provided on the following basis:

- Intermittent—Time off a few hours once a week for a limited time to give the caregiver a planned or unscheduled break;
- Occasional—Time off for the caregiver to attend a special event;
- Emergency—Extended break to address an intervening circumstance, such as caregiver emotional stress or hospitalization and recovery.

Required Title III E Client Information – Caregiver and Care Receiver

For these programs, <u>all providers are required complete and have on file an intake form for both the caregiver and care receiver</u>. Intake forms have been created with the required fields on the form. Click on the service category (below) to take you to the required form(s) that must be filled out for that program.

VCAAA reviews registered client (caregiver and care receiver) details for completeness. The client's information is self-reported and collected annually. If a client declines to provide information, document the action. Service <u>cannot</u> be denied to eligible clients declining to provide information. All of the listed data elements, with the exception of birth date, include a "Declined to State" option which is calculated separately from "missing" information. Missing information occurs when a client is not asked to identify the required demographic data element or information was not entered into the AAA database.

<u>Every effort should be made to collect complete and accurate information</u>. If data is missing (either on the paper form or entered into Q), your grants manager and the Office Systems Coordinator will contact you and require that the information be collected and entered.

NOTE – An intake form is required to be completed for both the caregiver and the care receiver for the following services.

FCSP SERVICES

Service Category (click on the word to see the definition)	FSCP Category	Intake Form to Use	Service Units	Eligibility Form Required ³	ADL & IADL Required for the Care Receiver ⁴	Nut. Risk Req.
0	Supportive	Intoles Form	Hann	V	V	
Assessment	Services	Intake Form	Hour	<u>X</u> X	<u>X</u>	
Counseling (includes				_		
preplacement	Supportive					
counseling)	Services	Intake Form	Hour		X	
Peer	Supportive			X	_	
Counseling	Services	Intake Form	Hour		<u>X</u>	
	Supportive			X		
Support Group	Services	Intake Form	Hour		<u>X</u>	
T	Supportive	Latert a Francis		X	V	
Training	Services	Intake Form	Hour	V	<u>X</u>	
Case Management	Supportive Services	Intake Form	Hour	<u>X</u>	X	v
In-Home	Services	intake i omi	Tioui	X		<u>X</u>
Supervision	Respite Care	Intake Form	Hour	<u> </u>	<u>X</u>	
Home Chore	Respite Care	Intake Form	Hour	X	X	
Out-of-Home				<u>X</u> <u>X</u>		
Day Care	Respite Care	Intake Form	Hour		<u>X</u>	
Out-of-Home				<u>X</u>		
Overnight		–	l		V	
Care	Respite Care	Intake Form	Hour		<u>X</u>	
Assistive Devices	Supplemental Services	Intake Form	Device/ Occurrence	<u>X</u>	X	
Home	Supplemental	IIIIANE FUIIII	Modification/	X		
Adaptations	Services	Intake Form	Occurrence	_	X	
- tacp taction to	Supplemental	<u></u>	Hour/	X		
Registry	Services	Intake Form	Occurrence		<u>X</u>	
Emergency				<u>X</u>		
Cash/Material	Supplemental		Assistance/			
<u>Aid</u>	Services	Intake Form	Occurrence		<u>X</u>	

For clients receiving these services, the following information is required:

- ✓ First Name
- ✓ Last Name
- ✓ Birthdate
- ✓ Gender
- ✓ City
- ✓ Zip Code
- ✓ Rural Designation

³ Eligibility form is required to be completed if the care receiver is under age of 60 <u>AND</u> FCSP Supplemental, Support and/or Respite Services may/will be provided to Caregiver.

⁴ NOTE: There are no ADL or IADL data collection requirements for Care Receivers in FCSP Caring for Child.

- ✓ Race✓ Ethnicity
- ✓ Marital Status
- ✓ Poverty Status
 ✓ Living Arrangement
- ✓ Employment Status
- ✓ Caregiver Relationship Relationship of the caregiver to the care receiver

A definition for these categories is as follows:

Category	Definition			
First Name	Use the client's given name, not nickname			
Last Name	Use the client's legal last name			
Birthdate	Required field to verify eligible – actual date of birth			
Gender	Options are male, female and other			
City	City where the client lives			
Zip Code	See the zip code chart			
Rural Designation	AoA defines "rural" as an area that is not defined as urban. Urban areas comprise (1) urbanized areas (as central place and lists adjacent densely settled territories with a combined minimum population of 50,000) and (2) an incorporated place or a census-designated place with 20,000 or more inhabitants.			
	Often a client may not know how to declare their rural designation. You may apply a rural designation on behalf of the client. If applied, make sure those areas, such as zip codes, are documented in your procedures.			
	In Ventura County clients that live in the following zip codes ONLY can be counted as rural: ✓ 93040 – Piru ✓ 93066 – Somis ✓ 91307 – Bell Canyon (the portion that is in Ventura County			
	Everyone else is counted as "urban".			
Gender	Options are male, female, declined to state or other.			
Race	The following reflects the Office of Management and Budget's (OMB) reporting requirement for collecting race, and California's Government Code Section 8310.5 reporting requirement for collecting different Asian and Native Hawaiian/Other Pacific Islander groups.			

Category	Definition				
	The follow options are available to report:				
Ethnicity	The following reflects the OMB's ethnicity reporting requirement. Hispanic or Latino origin is a separate question from the race category. The following options are available to report ethnicity: Not Hispanic/Latino Hispanic/Latino				
Marital Status	The following options are available: Declined to state Domestic partner Divorced Married Separated Single (never married) Widow				
Poverty Status	Clients are marked as "At or Below 100% FPL", "Above 100% FPL", or "Decline to State" depending on their income as it relates to the Federal Poverty Level. The latest Federal Poverty Level (FPL) information can be found at http://aspe.hhs.gov/poverty/index.shtml#latest .				
Living Arrangement	AoA defines "living alone" as a one person household (using the Census definition of household) where the householder lives by his or herself in an owned or rented place of residence in a non-institutional setting. The following living arrangement options are available to report. • Alone • Not alone				
Employment Status	Required for the caregiver - Caregivers are to be asked about their current employment status and marked as follows: • Fulltime • Part-time (less than 35 hours per week) • Retired • Not employed (unemployed) • On a leave of absence				
Relationship to the Care Receiver	Caregiver records are marked with one of the following relationships to the care receiver: 1. Husband				

Category	Definition
	2. Wife
	3. Parent
	4. Grandparent
	5. Domestic Partner
	6. Son
	7. Son-in-Law
	8. Daughter
	9. Daughter-in-Law
	10. Other Relative
	11. Non-Relative
	12. Declined to State

ADL/IADL's Explained

The the Older Americans Acts uses the Activities of Daily Living (ADL) and Instrumental Activities of Daily Living (IADL) functional impairment scale to identify individuals with functional limitations. If providing a registered service, the contractor/vendor must collect data on the <u>care receiver's</u> ADL's and IADL's, which are a measurement of the care receiver's ability to perform (or not perform) one or more of the following six activities of daily living without personal assistance, or stand-by assistance, supervision, or cues: eating, dressing, bathing, toileting, transferring in and out of bed/chair, and walking; AND one or more of the following eight instrumental activities of daily living: preparing meals, shopping for personal items, medication management, managing money, using telephone, doing heavy housework, doing light housework, transportation ability. NOTE: There are no ADL or IADL data collection requirements for Care Receivers in FCSP Caring for Child.

How to Determine the ADL and IADL Score:

The ADL and IADL functional ability rating scale is applied to each question. The Q System counts the number ADLs and IADLs where verbal or human assistance is required. An applicant's or client's sum determines the overall level of functional impairment. Optional ADL and IADL activities are not included in the computation.

*Recipients of any Supplemental Services MUST have at least two Activities of Daily Living Impairments -and/or- a cognitive impairment.

ADL/IADL - Required Functional Rating

Category	Example
ADL: Bathing	Bathing means cleaning the body using a tub, shower, or sponge bath including getting a basin of water, managing faucets, getting in and out of a tub, reaching head and body parts for soaping, rinsing, and drying.

Category	Example
ADL: Toileting	Able to move to and from, on and off toilet or commode, empty commode, manage clothing and wipe and clean body after toileting, use and empty bedpans, ostomy and/or catheter receptacles and urinals, apply diapers and disposable barrier pads. Menstrual care: able to apply external sanitary napkin and clean body.
ADL: Transferring in/out of bed/chair	Moving from one sitting or lying position to another sitting or lying position; e.g., from bed to or from a wheelchair, or sofa, coming to a standing position and/or repositioning to prevent skin breakdown.
ADL: Walking	Walking or moving inside, moving from one area of indoor space to another without necessity of handrails. Can respond adequately to the presence of obstacles that must be stepped around. Includes ability to go from inside to outside and back.
ADL: Dressing	Putting on and taking off, fastening and unfastening garments and undergarments, special devices such as back braces, corsets, elastic stockings/garments and artificial limbs or splints.
IADL: Meal Preparation	Planning menus. Washing, peeling, slicing vegetables, opening packages, cans, and bags, mixing ingredients, lifting pots and pans, re-heating food, cooking, safely operating stove, setting the table, serving the meal, cutting food into bite-sized pieces. Washing, drying, and putting away the dishes.
IADL: Shopping	Compile list, bending, reaching, and lifting, managing cart, or basket, identifying items needed, transferring items to home, putting items away, ordering prescriptions over the phone and picking them up, and buying clothing.
IADL: Medication Management	Physically and mentally able to identify, organize, schedule, handle, and consume (inject, instill or insert) the correct amount of the prescribed medication at the specified time according to a doctor's prescription.
IADL: Money Management	Physically and mentally handles the receipt of monies, expenditures, and receipt and payment of bills in a timely and primarily correct manner.
IADL: Using Telephone	Obtains number, dials, handles receiver, can speak and hear response, and terminates call, may include use of instrument with loudspeaker or hearing devices. Able to use telephone during emergency situations to call 911 or other help.

Category	Example
IADL: Heavy Housework	Cleaning oven and stove, cleaning and defrosting refrigerator, moving light furniture to clean under and behind, vacuuming upholstery and under cushions, providing deep cleaning activities such as washing and cleaning baseboards, window tracks, cabinets, doors, drapes/blinds, etc.
IADL: Light Housework	Sweeping, vacuuming, mopping floors, washing kitchen counters and sinks, cleaning bathroom, taking out garbage, dusting and picking up.
IADL: Transportation	Using private or public vehicles, cars, buses, trains, or other forms of transportation to get to medical appointments, purchase food, shop, pay bills, or arrange for services, to socialize and participate in entertainment or religious activities. Can arrange for getting and using public transportation or get to, enter and operate a private vehicle.

Providers are to assess the person's ability based on the following scale:

ADL & IADL Functional Impairment Rating Scale

- (1) Independent: Can perform a task without human assistance.
- (2) Verbal Assistance: Requires verbal assistance such a reminding to complete a task
- (3) Some Human Help: Requires some physical assistance to perform a task.
- (4) Lots of Human Help: Requires substantial assistance to perform a task.
- (5) Dependent: Totally dependent on another person to perform a task.

Nutritional Risk

Older Americans Act programs use nutritional screening to identify individuals at nutritional risk or with malnutrition. VCAAA uses a standard tool across all programs as it corresponds with the categories used in our database system. Information is also used for targeting and reporting purposes. CDA uses the nutritional risk data to determine if we are reaching individuals who are medium to high nutritional risk. Every attempt should be made to have clients accurately fill out this information.

An annual nutritional risk assessment is required for all caregivers receiving Title IIIE Case Management.

Reporting Services where an intake form is not required

Check your contract to see if you are to report service units in the following categories. If you are contracted to do so, an intake form for each client served/activity undertaken may not be required. However, depending on the program there may be additional requirements. View the <u>additional requirements box</u> below to see what the additional requirements are, if any.

Service Category (click on the word to see the definition)	FSCP Category	Additional Requirements	Service Units	Estimated Audience Required
	Access			
<u>Outreach</u>	Assistance		Contact	Yes
Information and	Access	<u>additional</u>	Contact	No – actual
<u>Assistance</u>	Assistance	<u>requirements</u>		used
Interpretation/Transla	Access		Contact	
<u>tion</u>	Assistance			Yes
	Access		Contact	
Legal Resources	Assistance			Yes
Public Information	Information			
	Services		Activity	Yes
Community	Information			
Education	Services		Activity	Yes

Information and Assistance – Data entry of all VCAAA Title IIIE Information and Assistance client information is required to be entered directly into the ReferNet System.

NOTE: Actual numbers of unduplicated clients served must be reported on the appropriate form. Service providers are required to develop a mechanism to count and report unduplicated client numbers.

Disaster Registry

The VCAAA along with the County of Ventura Human Services Agency has a disaster registry in which people aged 60 and over can voluntarily register. The registry interacts with the Sheriff's Department Office of Emergency Services. Information such as name, address, phone number, emergency contact name and number is collected along with general medical condition, supply needs (oxygen, etc) and what kind of assistance seniors might need during an emergency will be indicated on a map of the area. During an actual emergency this information helps emergency response personnel to better allocate limited resources. The Office of Emergency Services will be able to ensure that emergency workers have general information about medical and supply needs. The disaster registry is voluntary and no response is guaranteed.

Initial automated calls are made by the County of Ventura's Reverse 911 system with follow-up calls made by trained social workers. Messages may include heat advisories, instructions on what to do or where to go to be out of danger. Though enrolled in the database, VCAAA cannot promise that seniors will get a telephone call or a visit to their home for every emergency; *however*, enrollment helps the VCAAA better work with emergency workers to ensure safety.

The option of enrolling in the registry is provided to seniors receiving disaster kits, however service providers may enroll other seniors in the registry by completing the <u>disaster registry form</u> and returning it to the VCAAA (attention: <u>Martin.Marquez@ventura.org</u>).

Required elements include:

- a. Degree of contact necessary:
 - 1. Critical, the person must be moved with the assistance of an Ambulance or other emergency vehicle.
 - 2. Urgent, personal contact is required to assist this person.
 - 3. Moderate, a phone call is all that is required.
 - 4. Contact by Emergency Staff not needed. Person is not to be contacted.
- b. Impairment that the emergency staff should be aware of (pick only one):
 - 1. Deaf
 - 2. Blind
 - Bed bound
 - 4. Wheelchair dependant
 - 5. Mental disability
 - 6. No impairments
- c. Special Needs/Equipment Required (pick only one):
 - 1. Respirator
 - 2. Oxygen
 - 3. Insulin
 - 4. Life Support Medications
 - 5. Dialysis
 - 6. Bowel or Bladder Issues
 - 7. Nasal/Gastro Tubes/Suctions
 - 8. No Special Needs

Data Entry Into the Q System

For those contractosr/vendors or VCAAA staff entering Title E data into the Q systems, the following guides are available

Service	Type of Guide		
Information and Assistance	VCAAA Information and Assistance ReferNet Guide		
Counseling	Q Data entry Guide for Caregivers and Care Receivers for Long Term Care Services Title IIIE		
All Services	Entering 3E Clients and Service Units (including synchronizing the caregiver and care receiver)		
All Services	Running Reports in Q Guide		

The guides are available on the VCAAA website or by email from Martin.Marquez@ventura.org or by contacting your grants manager.

VCAAA Service Area by Zip Code

	ZIP CODE	CITY	COUNTY
	91301	AGOURA HILLS	Los Angeles *
IN ZIP	91307	BELL CANYON** (RURAL)	**
CODE		NEWBURY PARK	Mantura
ORDER ->	91319	NEWBURY PARK NEWBURY PARK-THOUSAND OAKS	Ventura
	91320		Ventura
	91358	THOUSAND OAKS - Hampshire Rd.	Ventura
011	91359	THOUSAND OAKS-WESTLAKE VILLAGE	Ventura
ALL zip codes are	91360	THOUSAND OAKS - Northwest	Ventura
entered in	91361	THOUSAND OAKS-WESTLAKE VILLAGE	Vonturo
the "Q"	91362	Lake Sherwood - Hidden Valley THOUSAND OAKS - North Ranch/East	Ventura Ventura
			Los Angeles *
database	91363	WESTLAKE VILLAGE - THOUSAND OAKS	Los Angeles *
as URBAN	91376	AGOURA HILLS	
except for	91377	AGOURA HILLS-OAK PARK	Ventura
the RURAL	93001	VENTURA - Includes Casitas Springs	Ventura
zip codes	93002, 93003	VENTURA	Ventura
of:	93004	VENTURA - Saticoy/East	Ventura
-93040-	93005, 93005,	VENTUDA	Mantana
Piru	93006, 93007	VENTURA	Ventura
-93066-	93009	VENTURA - Government Center	Ventura
Somis -	93010	CAMARILLO - West	Ventura
91307-Bell	93011	CAMARILLO - Central	Ventura
Canyon	93012	CAMARILLO - East - Santa Rose Valley	Ventura
(the	93013, 93014	CARPINTERIA	Santa Barbara *
portion	93015, 93016	FILLMORE	Ventura
that is in	93020, 93021	MOORPARK	Ventura
Ventura	93022	OAK VIEW	Ventura
County.	93023	OJAI - Meiners Oaks	Ventura
	93024	OJAI	Ventura
	93030	OXNARD - East	Ventura
	93031, 93032	OXNARD - Central	Ventura
	93033	OXNARD - College Park	Ventura
	93034	OXNARD - South	Ventura
	93035	OXNARD - Channel Islands/South	Ventura
	93036	OXNARD - North	Ventura
	93040	PIRU (RURAL)	Ventura
	93041, 93042	PORT HUENEME - Pt. Mugu NAWC	Ventura
	93043	PORT HUENEME - CB Base	Ventura
	93044	PORT HUENEME	Ventura
	93060, 93061	SANTA PAULA	Ventura
	93062	SIMI VALLEY - East	Ventura
	93063	SIMI VALLEY - Northeast - Santa Susana	Ventura
	93064	SIMI VALLEY - Southwest/Brandeis	Ventura
	93065	SIMI VALLEY - Northwest	Ventura
	93066	SOMIS (RURAL)	Ventura
	93093	SIMI VALLEY - Central	Ventura
	93094	SIMI VALLEY - Central	Ventura
	93099	SIMI VALLEY - Central	Ventura

^{*} Not eligible to receive services unless client or care receiver reside in Ventura County.

To view zip code location go to: http://www.zip-codes.com/search.asp

^{**91307} is on the LA-County border. To confirm eligibility, ask client to provide a copy of their Ventura County property tax bill (which shows client's address, parcel #, etc.).

Family Caregiver Support Program Definitions

FSCP Category	Service Category	Eligible	Unit Measure	Definition
Support Services	Caregiver Assessment	Caring for Elderly & Child	1 Hour	Caring for Elderly: An FCSP Support Service conducted by persons trained and experienced in the skills required to deliver the service that should result in a plan that includes emergency back-up provisions and is periodically updated; and will explore options and courses of action for caregivers by identifying their: (A) willingness to provide care; (B) duration and care frequency preferences; (C) caregiving abilities; (D) physical health, psychological, social support, and training needs; (E) financial resources relative for caregiving; and (F) strengths and weaknesses within the immediate caregiving environment and (caregiver's) extended informal support system. Caring for Child: An FCSP Support Service provided to a caregiver by a person appropriately trained and experienced in the skills required to deliver the level of counseling service, which may range from guidance with caregiving responsibilities to therapy for stress, depression, and loss; and (A) may involve his or her informal support system; (B) may be individual direct sessions and/or telephone consultations, and (C) may address caregiving-related financial and long-term care placement responsibilities.
Support Services	Caregiver Counseling	Caring for Elderly & Child	1 Hour	Elderly and Child - An FCSP Support Service provided to a caregiver by a person appropriately trained and experienced in the skills required to deliver the level of support needed for stress, depression, and loss as a result of caregiving responsibilities. This service (A) may involve his or her informal support system; (B) may be individual direct sessions and/or telephone consultations, and (C) may address caregiving-related financial and long-term care placement responsibilities.
Support Services	Caregiver Peer Counseling	Caring for Elderly & Child	1 Hour	Elderly and Child - An FCSP Support Service provided by experienced volunteers on the condition that appropriate training and qualified supervision protocols are in place.

FSCP	Service	Eligible	Unit	Definition
Support Services	Category Caregiver Support Group	Pop. Caring for Elderly & Child	Measure 1 Hour	Elderly and Child - An FCSP Support Service provided to a group of 3 - 12 caregivers that is led by a competent facilitator; conducted at least monthly within a supportive setting or via a controlled access, moderated online or teleconference approach; for the purpose of sharing experiences and ideas to ease the stress of caregiving, and to improve decision-making and problem-solving skills related to their caregiving responsibilities.
Support Services	Caregiver Training	Caring for Elderly & Child	1 Hour	Elderly and Child - An FCSP Support Service consisting of workshops or one-on-one individually tailored sessions, conducted either in person or electronically by a skilled and knowledgeable individual, to assist caregivers in developing the skills and gaining the knowledge necessary to fulfill their caregiving responsibilities; and address the areas of health, nutrition, and financial literacy.
Support Services	Caregiver Case Manageme nt	Caring for Elderly & Child	1 Hour	Elderly and Child - An FCSP Support Service provided by a person who is trained and experienced in the skills that are required to coordinate and monitor the provision of formal caregiver-related services in circumstances where caregivers are experiencing diminished capacities due to mental impairment or temporary severe stress and/or depression.
Respite Care	Caregiver Respite In-Home Supervision	Caring for Elderly & Child	1 Hour	Elderly and Child - An FCSP Respite Care service that includes the provision of care receiver day and/or overnight supervision and friendly visiting by an appropriately skilled provider or volunteer in order to prevent wandering and health or safety incidents.
Respite Care	Caregiver Respite Homemaker Assistance	Caring for Elderly & Child	1 Hour	Elderly and Child - An FCSP Respite Care service that includes the provision of care receiver assistance with meal preparation, medication management, using the phone, and or light housework (along with care receiver supervision) by an appropriately skilled provider or volunteer.
Respite Care	Caregiver Respite In-Home Personal Care	Caring for Elderly & Child	1 Hour	Elderly and Child - An FCSP Respite Care service that includes the provision of care receiver assistance with eating, bathing, toileting, transferring, and or dressing (along with care receiver supervision and related

FSCP Category	Service Category	Eligible Pop.	Unit Measure	Definition
				homemaker assistance) by an appropriately skilled provider.
Respite Care	Caregiver Respite Home Chore	Caring for Elderly & Child	1 Hour	Elderly and Child - An FCSP Respite Care service that includes an appropriately skilled provider or volunteer assisting a caregiver with heavy housework, yard work, and or sidewalk and other routine home maintenance (but not structural repairs) associated with caregiving responsibilities.
Respite Care	Caregiver Respite Out-of- Home Day Care	Caring for Elderly & Child	1 Hour	Elderly and Child - An FCSP Respite Care service where the care receiver attends a supervised/protective, congregate setting during some portion of a day, and includes assess to social and recreational activities.
Respite Care	Caregiver Respite Out-of- Home Overnight Care	Caring for Elderly & Child	1 Hour	Elderly and Child - An FCSP Respite Care service where the care receiver is temporarily placed in a supervised/protective, residential setting for one or more nights, and may include access to nursing and personal care.
Suppl. Services	Assistive Devices for Caregiving	Caring for Elderly & Child	1 Device is 1 Occurre nce	Elderly and Child - An FCSP Supplemental Service that involves the purchase, rental and/or service fee of any equipment or product system (ranging from a lift chair or bathtub transfer bench to an electronic pill dispenser or emergency alert fall prevention device) in order to facilitate and fulfill caregiving responsibilities.
Suppl. Services	Home Adaptations for Caregiving	Caring for Elderly & Child	1 Modifica tion is 1 Occurre nce	Elderly and Child - An FCSP Supplemental Service that makes any minor or major physical change to the home (ranging from installation of grab bars or replacement of door handles to construction of an entrance ramp or roll-in shower) in order to fulfill caregiving responsibilities.
Suppl. Services	Caregiving Services Registry	Caring for Elderly & Child	1 Hour is 1 Occurre nce	Elderly and Child - An FCSP Supplemental Service that recruits, screens, and maintains a listing of dependable, qualified self-employed homemaker or respite care workers who may be matched with caregivers willing to use personal resources to pay for assistance with their caregiving responsibilities. Both the caregiver and the self-employed worker will be: (A) advised about appropriate compensation and workplace performance expectations; and

FSCP Category	Service Category	Eligible Pop.	Unit Measure	Definition
Category	Category	гор.	Measure	(B) provided with follow-up to ensure the match is functioning effectively.
Suppl. Services	Caregiving Emergency Cash / Material Aid	Caring for Elderly & Child	1 Assistan ce is 1 Occurre nce	Elderly and Child - An FCSP Supplemental Service that arranges for and provides assistance to caregivers in the form of commodities, surplus food, emergency cash, transit passes, meals, and vouchers that will help meet identified needs associated with an individual caregiver's responsibilities.
Access Assist.	Caregiver Outreach	Caring for Elderly & Child	1 Contact	Elderly and Child - An FCSP Access Assistance service involving interventions (one-on-one contacts with individuals) initiated by an agency or provider for the purpose of identifying caregivers and encouraging their use of existing caregiver support services (e.g., Caregiver InfoVan staff contacts outside of local market).
Access Assist.	Caregiving Information and Assistance	Caring for Elderly & Child	1 Contact	Elderly and Child - An FCSP Access Assistances service that: (A) provides caregivers with information on services available within the communities, including caregiving information related to assistive technology and caring for older individuals at risk for institutional placement; (B) links caregivers to the services and opportunities that are available within the communities; (C) to the maximum extent practicable, establishes adequate follow-up procedures (caregiver may remain anonymous and refuse follow-up contact).
Access Assist.	Caregiver Interpretatio n / Translation	Caring for Elderly & Child	1 Contact	Elderly and Child - An FCSP Access Assistance Service for the provision of bilingual communication assistance to a caregiver in order to access assistance and receive support for his or her caregiving responsibilities (e.g., staff interpreting dialogue between caregiver and care consultant staff translating an elder's prescription drug label for his caregiver).
Access Assist.	Caregiver Legal Resources	Caring for Elderly	1 Contact	Elderly and Child - An FCSP Access Assistance Service involving one-to-one guidance provided by an attorney (or person

FSCP Category	Service Category	Eligible Pop.	Unit Measure	Definition
Info Services	Public Information on Caregiving	& Child Caring for Elderly & Child	1 Activity	under the supervision of an attorney) in the use of legal resources and services when assisting a caregiver with caregiving-related legal issues. Elderly and Child - An FCSP Information Service designed to provide information about available FCSP and other caregiver support resources and services by disseminating
				publications, conducting media campaigns, and maintaining electronic information systems (e.g., quarterly newsletter).
Info Services	Community Education on Caregiving	Caring for Elderly & Child	1 Activity	Elderly and Child - An FCSP Information Service designed to educate groups of current or potential caregivers and those who may provide them with assistance about available FCSP and other caregiver support resources and services (e.g., booth at a health fair).

Ventura County Area Agency on Aging Title III E Family Caregiver Support Program Eligibility Assessment Form

AGENCY or		DATE:	
GRANTEE NAME:			
CAREGIVER	CARE RECEIVER		
NAME:	NAME:		

Determine eligibility for Title III E FCSP services by completing the applicable sections below. Completion of form is required if Care Receiver is under age 60 AND FCSP Supplemental, Support and/or Respite Services may/will be provided to Caregiver.

v	AREGIVER - CARING FOR ELDERLY:	YES	NO							
1	Is Caregiver paid by any entity including In- Home Support Services to provide services for Care Receiver?			If yes, STOP; Caregiver is NOT eligible to rece FCSP services.						
2	Is the Caregiver aged 18 or older and providing unpaid informal in-home or community care for a Care Receiver aged 60 or older?			If yes, STOP; Caregiver IS eligible to receive FCSP services. If no, go to Question 3.						
3	Is the Caregiver aged 18 or older providing unpaid informal in-home or community care for a Care Receiver aged 19 to 59 years?			If yes, go to Question 4. If no, go Caring for Child section below.						
4	Does the Care Receiver, aged 19 to 59, have one or more disabilities?			If yes, go to Question 4. If no, ST not eligible to receive FCSP serv	go to Question 4. If no, STOP; Caregiver is lible to receive FCSP services.					
5	Please review the list below and indicate if below listed disabilities. Check (\checkmark) all that a		eceive	r (age 19 to 59) has any of the	YES*	NO**				
	Alzheimer's Disease or related disorder with neurological and organic brain dysfunction; vascular or mixed dementia; Lewy Body Disease; or Pick's Disease/ front temporal dementia									
	• Mild cognitive impairment (excludes indiv	iduals v	with de	velopmental disabilities)						
	• Parkinson's Disease, Huntington's Disea	se or M	ultiple	Sclerosis						
	Normal pressure hydrocephalus									
	Traumatic brain injury (e.g., bleeding into brain or space around brain; a blood clot pressuring brain; or concussion)									
	• Creutzfeldt-Jakob disease ("Mad Cow" di	sease)								
	Wernicke Korsakoff syndrome / alcoholic encephalopathy									

	CAREGIVER - CARING FOR CHILD:	YES*	NO**						
•	I Is the Care Receiver aged 18 or younger?								
1	Is the Caregiver aged 55 or older AND does the Care Receiver (child) live with the Caregiver?								
,	Is the Caregiver a grandparent, step-grandparent or other older relative of the Care Receiver (child) by blood, marriage or adoption?								
ľ	Is the Caregiver serving as the primary caregiver of the child because the biological or adoptive parents are unable or unwilling to serve as the primary caregiver of the child?								
ļ	Does the caregiver have a legal relationship to the child (such as legal custody or guardianship) or is Caregiver raising the child informally?								
	* If ALL boxes in this section are checked YES, the Care Receiver is eligible to FCSP receive services.								
	**If ANY box in this section is checked NO, the Caregiver is not eligible to receive FCSP services.								

Continued

Signature: (Agency's Representative)
I certify that to the best of my knowledge the Caregiver is eligible to receive Title III E FCSP services in the following category: (✓ only one): ☐ Caregiver / Caring for Elderly ☐ Caregiver / Caring for Child
Please keep a file copy of this completed form in your Caregiver's file, <u>AND</u> attach a copy of the completed form to your next VCAAA Monthly Program Report. Thank you.
TO AGENCY: Complete and follow directions in this section <u>IF</u> Caregiver meets the above criteria to receive FCSP services <u>AND</u> is serving a Care Receiver under the age of 60.

Rev. 110711

Ventura County Area Agency on Aging Title III E Family Care Receiver-Caregiver Registered Client Intake

(RANTEE:								DATE:					
		-		CA	REI	RECE	EIVER	INF	ORMAT	ON				
FIF	RST NAME:							LAS	Г NAME:					
Stı	reet Address:													
Cit	ty:											ZIP:		(Required)
	ounty – <i>if <mark>NOT</mark> ir</i>	n Ventura	Col	unty a	nd i	n Cal	ifornia);						(
	rth Date:						Gende		Fen	nale [M	ale [Othe	er
MA	ARITAL STATUS	S :				•								
		Domestic				arried	d 🗌 S	epara	ated 🗌 S	Single	(nev	er ma	rried)	Widowed
RA	CE - PLEASE (CHOOSE	(√)	ONE:	1									
 ☐ American Indian or Alaska Nati ☐ Asian Indian ☐ Black or African American ☐ Cambodian ☐ Chinese ☐ Declined to State 				tive		Hawa	manian aiian nese an	l	 ☐ Multiple Race ☐ Other Pacific Islander ☐ OTHER RACE – Includes Hispanic /La ☐ Samoan ☐ Vietnamese ☐ White 					Hispanic /Latino
ET	HNICITY - CHO	OSE ON	E:	Clien	t live	26	Numl	ber o	f person	s in c	lient	's hou	useho	ld:
	Not Hispanic/La			alone		,3	Clien	t's pı	referred	angu	age	if oth	er thai	n English:
	Hispanic/Latino					No								
	DICATE CLIENT	"S INCO	ME L	EVEL										E IMPAIRMENT:
MA	ARRIED:	. =				GLE:					.	=	one	
╽╙	At or below Fed (below \$14,710yr)	eral Pove	rty L	evel			below I below \$1		al Povert	y Lev	el	=	ild	
I_{\Box}	Above Federal F	Poverty Le	evel						overty Lev	/el			oderat	е
	(\$14,710 or more/y	•					90 or mo					∐ Se	evere	
	ACTIVITIE								ES (IADL					(ADL'S)
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	TYPE OF ASS NEEDED TO P	-		PENDI ds No H		ASS Ne	ERBAL SISTANG eds verba	CE	SOME HU			LOTS (DEPENDENT Cannot perform task; relies on others
	Eating													
A	Dressing													
D	Transferring													
S	Bathing													
	Toileting													
	Grooming													
	Walking													
	Light Housework													
	Doing Laundry													
A	Shopping/Errand													
D	Meal Prep/Clean	up												
L	Transportation													
S	Using Telephone													
	Managing Medica													
	Managing Money	′												
	Stair Climbing										1			
	Heavy Housewor	'K												

VCAAA Family Care Receiver-Caregiver Intake Form FY 2013-14

CARE RECEIVER'S LIVING ARRANGEMENT:										
Alone in his/her home, apartment or mobile home										
In a board and care home, group home, assisted living facility, residential care facility (RCFE)										
	☐ Nursing home (SNF) ☐ Retirement community									
In the home of another family member or friend										
Other Unknown With spouse or partner With you (caregiver)										
			or point			, ,	3			
		CARE	GIVE	R'S	INFO	RMATI	ON			
FIRST NAME:					LAST	NAME:				
Street Address:										
City:								ZIP:		
County - if NOT in	n Ventura Co	unty								
and in California:										
Birth Date:			Gende	er:	☐ Fe	emale 🗌	Male [Othe	r	
MARITAL STATUS	S:									
☐ Divorced ☐ [Domestic Par	tner 🗌	Married	d 🗆 S	Separat	ted 🗌 Sii	ngle (ne	ver mar	ried) 🗌 Widov	ved
RACE - PLEASE	CHOOSE (√)	ONE:			•		•			
☐ American Indiar	= =	1	☐ Filip	ino		☐ Multip	le Race			
American malar	i Oi Alaska i ve	alive		mania	an		Pacific	Islander	-	
	A		=						udes Hispanic	/Latino
Black or African	American		=	<i>v</i> aiian		Samo		_ — 111610	uues i lispailic	Latino
Cambodian				anese	;	=				
Chinese			☐ Kore	ean		=	amese			
Declined to Stat	te		Lao	tian		☐ White				
ETHNICITY - CHO	OSF ONF	Client li	VOC	Num	ber of	persons	in clien	t's hou	sehold:	
☐ Not Hispanic/La		alone?	VG2	Clie	nt's pro	eferred la	nguage	if othe	r than English	1:
Hispanic/Latino	itii iO				о р	J. J		• • • • • • • • • • • • • • • • • •	g	•
· ·		Yes	□ No .							-
INDICATE CLIENT	SINCOME):			_	ivers' E-mail A	ddress:
MARRIED:			SINGL					(Optiona	al)	
At or below Fed	•	_evel				eral Pover	ty			
(below \$14,710	/yr)		Lev	el (be	low \$10	0,890 yr)				
Above Federal I	Poverty Level		☐ Abo	ve Fe	deral P	overty Le	vel			
(\$14,710or mor	e/vr)		(\$1	0.890	or mo	re/vr)				
Declined to state					to state					
CAREGIVER'S RE		WITH C					er 🔲 🛭	Jaughte	r-in-law	
								_	i iii iaw	
☐ Declined ☐ Domestic partner ☐ Grandparent ☐ Husband ☐ Non-Relative ☐ Parent ☐ Son ☐ Son-in-law ☐ Wife										
			011-111-1a	. VV	Jvviie					
CAREGIVER'S EM										
Full-time – 35 o	i more nours	per week								
Retired			_	_						
Part-time – less than 35 hours per week 🔲 On leave of absence										

Continued

→ COMPLETE THIS SECTION if you are providing FCSP CASE MANAGEMENT ←

<u>CARE RECEIVER</u> NUTRITION RISK - Please check ALL that apply:	Is CAREGIVER experiencing
Has an illness/ condition that changes the kind/amount of food he/she eats. Eats fewer than two (2) meals per day. Eats few fruits or vegetables or milk products Has three (3) or more servings of beer, liquor, or wine every day. Has dental or mouth problems that make it hard to eat. Does not always have enough money to buy the food he/she needs. Eats alone most of the time.	diminished capacities due to mental impairment, temporary severe stress or mental impairment? Yes No*
☐ Takes three (3) or more prescribed or over the counter drugs a day. ☐ Has lost/gained ten (10) pounds in the last six (6) months. ☐ Is not always physically able to shop, cook, and/ or feed myself.	If NO, caregiver is NOT eligible to receive VCAAA grant funded case management services.

07192013CV

VCAAA DISASTER KITS TO RECEIVE A KIT YOU MUST BE 60 YEARS OF AGE OR OLDER

There is no charge for services, however, donations are accepted. You will not be denied services if you choose not to donate. Please call (805) 477-7311 to donate.

Name :	F	Phone:							
Address:	E	Birth Date:							
0, 0, 7	_	.	☐ Male ☐ Female ☐						
City & Zip:		Gender:	Other						
Additional Information									
Marital Status: Declined to State Divorced Domestic Partner Married Missing Separated Single (never married) Widowed									
Race - Please choose one		Ethnicity:							
☐ American Indian or Alaska☐ Native☐ Laotian☐ Asian Indian☐ Missing			oanic/Latino c/Latino						
☐ Black or African American ☐ Multiple Race ☐ Cambodian ☐ Other Asian ☐ Other Pacific		Number of phouse?	people that live in your						
☐ Chinese ☐ Other Pacific ☐ Declined to State ☐ Other Race (in ☐ Filipino ☐ Hispanic/Latir	ncludes	Are you a fe Yes □ No	emale head of house?						
☐ Guamanian ☐ Samoan ☐ Hawaiian ☐ Vietnamese		Are you diabetic? ☐ Yes ☐ No							
☐ Japanese ☐ White		Do you require a low-sodium meal? Yes No							
Please indicate your annual income level: Married Single □ Below \$14,570 (at or below 100% FPL) □ \$14,571 or more □ Declined to state Single □ Below \$10,830 (at or below 100% FPL) □ \$10,831 or more □ Declined to state	at or below	Emergency number:	contact name and phone						
Do you want to be included in the County	's Voluntary Dis	saster Regi	stry?						
Degree of Contact Necessary (check only one): A - Critical, the person must be moved with the assistance of an Ambulance or other emergency vehicle. B - Urgent, personal contact is required to assist this person. C - Moderate, a phone call is all that is required. Z - Contact by Emergency Staff not needed. Person is not to be contacted.									
If yes, please complete the following to describe	your situation:	:							
☐ A – Deaf ☐ B – Blind ☐ C – Bed Bound ☐ D – Wheelchair ☐ E – Mental Disability ☐ Z – No Impairment	 □ A - Respirator □ B - Oxygen □ C - Insulin □ D - Life Support Medications □ E - Dialysis □ F - Bowel or Bladder Issues □ G - Nasal/Gastro Tubes/Suctions □ Z - No Special Needs 								

Note - all information provided is confidential