



VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING

November 9, 2016

9:00 a.m. to 10:30 a.m.

Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura (805) 477-7300

AGENDA

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|-----------|----|--|------------|
| 9:00 a.m. | 1. | Call to Order and Agenda Review | Toni Olson |
| | 2. | Pledge of Allegiance | Toni Olson |
| | 3. | Approval of Area Agency on Aging Advisory Council Minutes of September 14, 2016 (page 1) | Toni Olson |
| | 4. | Public Comments | |

Procedure: The public is welcome to comments. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person.

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| | 5. | Consent Agenda Items | Toni Olson |
| | 5.1 | Livable Communities Report from September 14, 2016 (page 6) | |
| | 5.2a | Health Issues Committee Report from September 20, 2016 (page 10) | |
| | 5.2b | Health Issues Committee Report from October 18, 2016 (page 12) | |
| | 5.3a | Senior Nutrition Committee Report from September 19, 2016 (page 16) | |
| | 5.3b | Senior Nutrition Committee Report from October 17, 2016 (page 20) | |
| | 5.4a | Optimal Aging Committee Report from September 28, 2016 (page 24) | |
| | 5.4b | Optimal Aging Committee Report from October 26, 2016 (page 26) | |
| | 5.5 | Legislative Committee Report from September 14, 2016 (page 28) | |
| | 5.6a | Outreach Committee Report from September 27, 2016 (page 30) | |
| | 5.6b | Outreach Committee Report from October 25, 2016 (page 32) | |

DISCUSSION ITEMS/PRESENTATION/MOTION

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| 9:15 a.m. | 6.1 | 1 st Year Grantee Presentation – Catholic Charities Case Management (Title IIIB) and SER, Jobs for Progress (Title V – Senior Community Services Employment Program) (Presentation) | Paul
Makarewicz
Frances
Trujillo |
| | 6.2 | Outreach Update and Program Spotlight – Home Share (Presentation/Discussion) | Jannette
Jauregui
Jaclyn
Zaragoza |
| | 6.3 | By-Laws Committee Report from October 19, 2016 and Discussion regarding requiring Advisory Council members to participate on two committee as well as remote participation in committee meetings (discussion) page 34 | Toni Olson |

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| 6.4 | FY 2016-2017 Data Report – 1 st Quarter (Discussion) | Brian Murphy |
| 6.5 | Agency Updates regarding the Aging and Disability Resource Center and Dementia Friendly America | Victoria Jump |

INFORMATIONAL ITEMS

- | | | |
|--------------|--|---------------|
| 7. | Advisory Council Meeting Schedule for FY 2016-2017 (page 25) | Victoria Jump |
| 8. | Other Committee Meetings: | June |
| | a. California Senior Legislature Update | Glasmeier |
| | b. Triple A Council of California Update | |
| 9. | California Commission on Aging AgeWatch for November 2016 | Toni Olson |
| 10. | Comments from the Chair | Toni Olson |
| 11. | Other Business | Toni Olson |
| 10:30 am 12. | Adjournment | Toni Olson |

The next meeting will be:

Wednesday, January 11, 2017 (9:00 am – 10:30 am)
 Area Agency on Aging Advisory Council Center
 646 County Square Drive, Ventura

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.

VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING MINUTES

Advisory Council Center
646 County Square Drive, Suite 100
Ventura, CA 93003
September 14, 2016

Advisory Council Members Present

Cleo Anderson (Special Population)	Lori Harasta (Ventura COA)
Dani Anderson (Special Population)	Nancy Healey (Thousand Oaks COA)
David Birenbaum (Supervisory Appointee)	Marty Kaplan (Supervisory Appointee)
Kay Brainard (Oxnard COA)	Suz Montgomery (Ventura CFS)
Deidre Daily (Ojai COA)	Ginny Rockefeller (Ojai COA)
Smita Dandekar (Supervisory Appointee)	Neill Spector (Simi Valley COA)
Jay Evans (Camarillo COA)	Sylvia Stein (Service Provider)
Sandra Fide (Moorpark COA)	Robert Taylor (Camarillo COA)
Nick Fotheringham (Thousand Oaks COA)	Vicki Tripoli (Moorpark COA)
Rose Gossom (Supervisory Appointee)	Bill Witt (CSL)

Advisory Council Members Absent

Walt Adair (Santa Paula COA)	Marcy Sherbok (Special Population)
June Glasmeier (CSL)	Alice Sweetland (Oxnard COA)
Rosemary Flores-Gordon (Service Provider)	Sue Tatangelo (Special Population)
Lawrence Hartmann (CSL)	Donald Todd (Special Population)
Antoinette Olson (Simi Valley COA)	

VCAAA Staff Present

Marleen Canniff	Katharine Raley
Aaron Glover	Jason Sagar
Jannette Jauregui	Christine Voth
Victoria Jump	Jacklyn Zaragoza
Monique Nowlin	

- 1. Call to Order and Review of Agenda** - The meeting was called to order at 9:08 a.m. by Vice-Chair Suz Montgomery (Ventura Council for Seniors).
- 2. Pledge of Allegiance** – Suz Montgomery led the Pledge of Allegiance. A quorum was present.
- 3. Approval of Area Agency on Aging Advisory Council Meeting Minutes** - The minutes of the July 13, 2016, meeting were approved. (Rockefeller/Evans/Passed).
- 4. Public Comments** –

Erin Slack – Erin is an epidemiologist with Public Health. Public Health is in the process of doing a community health assessment. The survey is available via paper and online. See www.healthmattersinVC.org for more information.

Christine Voth - Christine mentioned that the VCAAA is in the process of becoming Dementia Friendly as part of the Dementia Friendly America Initiative.

Lori Harrasta - Lori mentioned that the Ventura Council for Seniors is holding a forum of all Ventura County City Council candidates. She also mentioned that the Ventura Fall Prevention Coalition would also be holding a forum in Thousand Oaks on September 23, 2016, from 9 am – 2 pm.

Nancy Healey – Nancy mentioned that Thousand Oaks would be holding Village to Village community interest meetings at the Thousand Oaks Library Community Room. Supervisor Parks will be present at the meetings.

Jay Evans – Jay mentioned that the Camarillo Council on Aging was conducting a community feasibility study regarding establishing a Village to Village program. The first community meeting was held September 12.

Suz Montgomery – Suz mentioned that the Ventura Council For Seniors is looking at developing a senior plan for the city of Ventura. 27 – 30% of the city are seniors.

5. Consent Agenda Items – the consent agenda containing the Livable Communities Report from July 13, 2016, Health Issues Committee Report from July 18, 2016, Senior Nutrition Committee Report from July 18, 2016, Legislative Committee Report from July 13, 2016, and Outreach Committee Report from July 26, 2016, was accepted. (Gossom/D Anderson/Passed).

6. Discussion Items/Presentation/Motion

6.1 Recommendation to Approve Changes to the VCAAA By-Laws and Forward to the Board of Supervisors for Approval. Victoria Jump went through with the proposed changes on behalf of the by-laws committee. The major changes were as follows:

1. Scope: expanding the scope of the by-laws to include persons with disabilities is being suggested. Caregivers and people of the age of 60 are already represented. This change is being suggested as the Agency is now an Aging and Disability Resource Center in partnership with the Independent Living Resource Center.
2. Membership: changes are being suggested that in the absence of a council on aging or at the discretion of a senior center director (with Council on Aging approval) members can be appointed to the Advisory

Council. The City Council would still have to ratify the decision. This will allow for a quicker and less cumbersome option for councils on aging to appoint members to the council in lieu of an election.

3. Responsibilities – the committee is recommending that Advisory Council members participate on at least two committees. With so much happening in the county, state and federally related to seniors, housing, transportation, meals, health care, etc. it is imperative that Advisory Council members be able to participate, advocate and make informed decisions.
4. Meetings – the committee is recommending that meetings be reduced to 6 meetings a year (July, September, November, January, March and May). The June meeting would be eliminated.
5. Committees – the committees is recommending that standing committees be defined in the by-laws, the process of electing a chair and who is eligible to be the chair made more clear, and defining the responsibilities of the nominating committee

Per the requirements under the current by-laws, members must be given thirty days to review the by-laws prior to the September 14, 2016 meeting. The proposed changes were provided to Advisory Council members via email on August 12, 2016. A motion was made to accept the by-laws as presented (Evans/Birenbaum/Passed). Upon discussion, there was a motion to make the following changes:

1. Revise page 7 to change the election of officers to the May meeting.
2. Regarding the “Special Population” seats, determine a more appropriate title of the category than “special”, as well as changing “mentally ill” to something more appropriate.
3. Remove (table) the addition of requiring Advisory Council members to participate in at least two committees.

The motion to amend the by-laws was approved. (D Anderson/Gossom/Passed).

The by-laws as amended were approved (Healey/Gossom/Passed). Per the discussion, the by-laws committee will meet again and bring back a recommendation regarding attending two meetings along with the policy and procedure regarding allowing members to attend meetings remotely. The concerns is that if people are forced to join committees that they aren't interested in they won't get a lot out of it or won't participate making a quorum issue more difficult. Staff will bring the item back at the November meeting. Council members also asked that there be a review of how many meetings of each committee were needed a year. Staff suggested that this be handled on a committee by committee basis.

- 6.2 **Outreach Update and Program Spotlight.** Jannette Jauregui spoke about the Fall Prevention program but due to technical difficulties the video could not be

shown. She mentioned that she would forward a link with the video to all members after the meeting.

- 6.3 **What You Need to Know – Changes to Medi-Cal Estate Law Recovery.** Mike Williams with Grey Law gave a presentation on the recent changes to Medi-Cal regarding estate recovery.
- 6.4 FY 2015-2016 Data Report. Brian Murphy presented quarter 4 data for FY 2015-2016. Council members asked a lot of questions regarding service units and budgets.
7. **Advisory Council Meeting Schedule.** The meeting schedule for FY 2016-2017 was included for informational purposes.
8. **Other Committee Meetings** – Item was tabled as June Glasmeier was not at the meeting but instead attending the TACC meeting in Sacramento.
9. **Comments from the Vice-Chair** – Suz Montgomery mentioned the Ventura Adult Education computer classes (ENCORE program) being held at the VCAAA on Monday, Tuesday and Friday mornings.
10. **Other Business** – none
11. **Adjournment** – the meeting was adjourned at 10:45 am

TO: VCAAA Advisory Council Members

FROM: Jay Evans, Committee Chair

DATE: September 14, 2016

SUBJECT: Livable Communities Committee Report from September 14, 2016

Committee Members Present

Deirdre Daly (City of Ojai)

Jay Evans (City of Camarillo)

Nick Fotheringham (City of Thousand Oaks)

Rose Gossom (Supervisory Appointee)

Lori Harasta (City of Ventura)

Members Absent

Dani Anderson (Special Populations, Persons with Disabilities)

David Birenbaum (Supervisory Appointee)

Antoinette "Toni" Olson (City of Simi Valley)

VCAAA Staff Present

Christine Voth, Manager, Business Strategy & Strategic Planning

Jaclyn Zaragoza, HomeShare Manager

Jason Sagar, Transportation Coordinator

1. Welcome and Introductions

2. Public Comments

3. Minutes from July 13, 2016 were approved (David/Nick).

4. Housing Issues – Challenges and opportunities of VCAAA's HomeShare Program. Jaclyn Zaragoza said challenges include high rents, unrealistic expectations on the part of the seeker and provider and that many providers want the seeker to be working full time or have a defined income source. Opportunities include meeting housing gaps, engaging other agencies, and the development of unique outreach efforts. HomeShare has a new employee, Juanita Pulu. The staff focuses on making quality matches to be sure that they are long lasting. They track each match and follow-up with the seeker and the provider to assess each person's satisfaction.

Jay said he'd like to see more data collected for each month, including the total number of matches; the number of seekers, providers, referrals, matches by ZIP code, and the number of promotional/outreach activities done. Jay stated that Advisory Council members need to be advertising HomeShare. The program needs

more providers. There was a discussion about outreach for HomeShare. (Outreach is under the purview of the Outreach Committee.) A suggestion was made to stop taking applications from seekers for 60 days. Jaclyn explained that is not realistic because HomeShare staff focuses on matching the seeker who can afford the rent versus the order in which applications are received.

Jay inquired if HomeShare has an advertising budget. Jaclyn said some articles had been printed but she is not aware of it having a formal budget. Jay said purchasing a newspaper ad may result in the newspaper publishing a free article about the project. Jay recommended HomeShare staff contact Advisory Council members to request they ask their respective senior centers and councils/commissions on aging to mention HomeShare in their senior newsletters. Lori recommended writing a story about HomeShare's successes versus purchasing a quarter page ad.

5. **Transportation Issues –**

- a. **Education.** Christine shared an updated version of the transportation resource list that was originally distributed at the May 2016 meeting.
- b. **Advocacy. Update on Citizens Transportation Advisory Committee (CTAC).** Jason Sagar reported the CTAC meeting for August included brainstorming issues and discussing the proposed transportation tax. The big issue is letting seniors know how to travel easily on public transportation from Point A to Point B. There needs to be more cohesive environment where all agencies are working together. VCTC now has an online trip planner. A question was raised about the buses having Wi-Fi and Jason will check on that. VCTC will be moving from Ventura to Camarillo in 2017.

6. **Review and confirm these goals and objectives for FY 2016-2017:**

#1. Address inter- and intra-city connectivity issues related to bus transportation. Nick questioned what the future impact of driverless buses would be on seniors. It was concluded that inter- and intra-city connectivity issues must be handled by VCTC (which has a coordination role) and the cities, which eventually implement their unique transportation plans. Among the cities, there is no uniform age assigned to "senior." Thus, the age of a "senior" varies from city to city. The flow of most federal and state dollars for transportation is based on ridership. The committee could advocate for the resolution of connectivity issues. It was suggested that the committee invite Aaron Bonfilio, Program Manager of Transit Services for VCTC to speak at a future meeting.

#2. Explore the development and publishing of a transportation guide for seniors in Ventura County. It could include directions on how to get from point A to point B as well as resources.

#3. Invite partner agencies to submit transportation-related and housing-related activities to VCAAA for posting on the VCAAA website. VCAAA is in the process of redesigning its website. Thus, this objective is on hold.

#4. Develop a tool (flyer) that lists best practices in Universal Design. Jay recommended inviting Judy Pepiot (from Simi Valley) to talk about Universal Design at a future meeting.

The motion was made (Nick/Jay), and passed unanimously, to add a fifth objective:

#5. HomeShare. Work with the Outreach Committee to encourage more marketing of and outreach for HomeShare.

- 7. Information About Other Committees: Health Issues, Legislative, Optimal Aging, Outreach, Senior Nutrition Committee**
- 8. Next Meeting Date – Wednesday, November 9, 2016,** at approximately 11:00 AM (following Advisory Council meeting) in the Garden View Room at VCAAA. A motion was made (David/Nick) to adjust the committee's meeting schedule to be the same as the Advisory Council, which recently eliminated its June meeting. Thus, henceforth, the Livable Communities Committee will meet six times per fiscal year: July, September, November, January, March, and May.
- 9. Adjournment.** The meeting adjourned at noon.

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TO: VCAAA Advisory Council Members

FROM: Ginny Rockefeller, Chair

DATE: September 20, 2016

SUBJECT: Health Issues Committee - Meeting Report for September 20, 2016

Members Present

David Birenbaum (Supervisory Appointee)

Smita Dandekar (Supervisory Appointee)

Jay Evans (City of Camarillo)

Ginny Rockefeller (City of Ojai)

Members Absent

Lori Harasta (Ventura COA)

Sue Tatangelo (Family Caregiver Representative)

VCAAA Staff Present

Christine Voth, Manager, Business Strategy & Strategic Planning

Patti Jaeger, Registered Dietitian

Guests/Community Participants

Teri Helton, Livingston Memorial VNA

Chelsea Kuntz, FOOD Share

Susan Landeros, Ventura County Public Health

1. Welcome and Introductions. The meeting was called to order at 1:03 PM.
2. Public Comments
3. Review/Approval of Minutes from November meeting – Approved (Jay/David)
4. Appointments/Reappointment of Committee Chair for FY 2016-2017. Ginny was unanimously re-elected as the chair for 2016-2017. (Jay/Smita)
5. Ventura County Fall Prevention Program Forum on 8/23/16 and VCAAA Evidence-based Fitness Classes. Teri reported on the forum. (No one else was available to report.)
6. Senior Nutrition Program Placemats. Patti Jaeger shared County Counsel's recommendations regarding the sale and distribution of the placemat. Subsequently, the committee approved two motions:

- Add the copyright symbol to the placemat (assuming the VCAAA name and logo remain on the placemat) and pursue the formal process for copyright filing. It was shared that the cost to do the filing without an attorney runs approximately \$35-\$55. (Jay/Dave)
 - Request that staff with the assistance of Advisory Council members (who may be interested) investigate potential options for developing a business relationship with an entity to print, store and distribute the placemats. It is envisioned that the placemat could be tailored to a consumer's need. Some consumers will want different components of the placemat. (Jay/Ginny)
7. Farmers Market Coupon Program update. Patti reported the program is closed for the year and we should know the rate of redemption in January.
 8. Faith Leaders' Health Symposium. The committee member shared several ideas.
 9. Review and discussion of the Frequency of Health Issues Committee Meetings. This item was placed on the agenda because of a recent reduction in the frequency of full Advisory Council meetings. It was mentioned that members traveling from east Ventura County must contend with driving a fair distance and traffic issues. There was a discussion that it would be helpful for members in the east county and Ojai to have the opportunity to participate in committee meetings via a webinar format such as "Go To Webinar." This would save drive time and mileage. A motion was proposed that the Health Issues Committee meetings be consistent with the same months of the Advisory Council, i.e., July, September, November, January, March, and May. (David/Jay). Ginny disagreed with this proposal. She would be willing to drop two months but not four months and felt the committee needed more time to reflect upon and discuss this important matter. Christine reminded the group that a contributing factor in reducing the number of Advisory Council meetings is the expectation that more work will be done in the committees. The motion did not pass. A second motion was proposed for the committee to hold eight meetings annually and eliminate meetings in the months of February and June. (Smita/Jay). The committee decided to hold the vote and table until next month when the matter could be discussed more fully.
 10. Other Committee Involvement/Notification – None
 11. Next Meeting: October 18, 2016 from 1 PM to 2:30 PM at VCAAA
 12. Adjournment. The meeting adjourned at 2:29 PM.

TO: VCAAA Advisory Council Members
FROM: Ginny Rockefeller, Chair
DATE: October 18, 2016
SUBJECT: **Health Issues Committee - Meeting Report from October 18, 2016**

Members Present

David Birenbaum, DDS (Supervisory Appointee)
Deirdre Daly (City of Ojai)
Smita Dandekar (Supervisory Appointee)
Jay Evans (City of Camarillo)
Lori Harasta (Ventura COA)
Ginny Rockefeller (City of Ojai)
Sue Tatangelo (Family Caregiver Representative)

Members Absent

None

VCAAA Staff Present

Christine Voth, Manager, Business Strategy & Strategic Planning
Patti Jaeger, Registered Dietitian

Guests/Community Participants

Blair Craddock, VC EB Health Promotion Coalition (Camarillo Health Care District)
Teri Helton, Livingston Memorial VNA
John Madrigal, NurseCore

1. **Welcome and Introductions.** The meeting was called to order at 1:05 PM
2. **Public Comments**
3. **Review and Approval of Minutes of the meeting held on September 20, 2016.** Approved (Evans/Rockefeller/Passed)
4. **New VCAAA Program: VCAAA Dementia Screenings in association with the Alzheimer's Foundation of America.** Christine shared information about VCAAA's new Memory Screening Program, which will be available free of charge. Social worker and nursing staff have been trained in administering the test, which is consistent with tests already being administered case management clients. Jay had several questions about the screenings. Christine stated she would email materials to the committee members.
5. **Review and discussion of the frequency of Health Issues Committee meetings. Discussion continued from last month.** At the September meeting, a motion was made (Smita/Jay) to eliminate the February and June meetings. Following discussion, the committee

unanimously approved the change with the caveat that at the discretion of the committee, additional meetings may be scheduled during the months of February and June if the need arises.

6. **VCAAA Program Update: Dementia Friendly Ventura County.** Christine provided an update on the program.
7. **VCAAA Evidence Based (EB) Classes Update.** VCAAA EB staff not available to give report.
8. **Ventura County Evidence-based Health Promotion Coalition Update.** Blair provided an informative update of the many classes that are being held.
9. **Faith Leaders' Health Symposium – Discussion continued from last month.** Christine provided a written summary of the committee's discussions from July through September 2016. That summary is attached and includes items discussed at this meeting.
11. **Reports about relevant activities occurring in other committees – if any:** Legislative Committee, Livable Communities Committee, Optimal Aging Committee, Outreach Committee, and Senior Nutrition Committee
12. **Next Meeting Date – November 15, 2016, from 1 PM to 2:30 PM** at VCAAA
13. **Adjourn.** The meeting adjourned at 2:30 PM.

**FAITH-BASED LEADERS' HEALTH SYMPOSIUM
SUMMARY OF HEALTH ISSUES COMMITTEE DISCUSSIONS THROUGH OCTOBER 18,
2016**

GOALS

1. Educate faith leaders on the importance and advantages of health promotion, which includes congregational enrichment and cohesiveness, and growing the congregation numerically.
2. Demonstrate how having healthy diet and lifestyle complements care of the body, mind, and spirit.
3. Provide tools and information to increase faith-leaders' awareness of the support systems, community resources and health enhancing programs in Ventura County (with many being low cost or free).
4. Help faith-based leaders and organizations to develop and strengthen relationships with entities focused on health promotion and services that support well-being. These organizations include VCAAA, the Independent Learning Resource Center, Ventura County Public Health, Ventura County Behavioral Health, Camarillo Health Care District, Ventura County Evidence-Based Health Promotion Coalition, Cal-Fresh, Conejo Valley Senior Concerns, FOOD Share, Fall Prevention Coalition, local hospitals, senior centers that provide health and fitness activities, the three VCAAA-funded family caregiver centers, the SCAN Health and Wellness Center, Veterans Services, etc.

When	June 2017 or later
Where	Camarillo (because of its central location)
Type of Venue	A non-denominational venue such as the County Education Office.
Day of the Week	Wednesday, Thursday or Friday. Morning to noon. 2-4 hours. Light breakfast, fruit snacks, coffee.
Working Title	"You Are Not Alone"
Target Audience	Spiritual/faith-based leaders
Contents	<p>REINFORCE THE CONNECTION BETWEEN PHYSICAL HEALTH, MENTAL HEALTH, AND SPIRITUAL HEALTH.</p> <p>To educate and inform leaders on:</p> <p>--How to and why to build a health component into their ministries, for the purpose of supporting the mental and physical health, along with the spiritual health of their congregants.</p> <p>--Provide resources for spiritual leaders especially about family caregiving.</p>

<p>Potential Speakers – -Faith Based -Health Based</p>	<p>October meeting: The committee determined to have a panel of speakers instead of one keynote/main speaker. The panel would represent mind, body, and spirit. It was suggested inviting Dr. Brock Travis to be on the panel to represent the “mind” portion. Sue said she would be willing to contact Dr. Travis.</p>
<p>Ideas for Sponsors, Exhibits, etc.</p>	<p>VCAAA, Independent Learning Resource Center, Ventura County Public Health, Ventura County Behavioral Health, Camarillo Health Care District, Ventura County Evidence-Based Health Promotion Coalition, Cal-Fresh, Conejo Valley Senior Concerns, FOOD Share, Ventura County Fall Prevention Coalition, local hospitals, senior centers that provide health and fitness activities, the three VCAAA-funded family caregiver centers, the SCAN Health and Wellness Center, Veterans Services, Ventura County Health Care Agency and Public Health, Dementia Friendly Ventura County.</p>
<p>How will we find this event?</p>	<p>Through vendors and exhibitors. (Teri was opened or at the event in Palmdale.) Sponsors?</p>
<p>Persons interested in being involved</p>	<p>Judy Pando, Minister, Ventura Center for Spiritual Living (Christine’s contact)</p>
<p>Who will do the work to produce this event?</p>	<p>To be determined.</p>

TO: VCAAA Advisory Council Members
FROM: Vicki Tripoli – Chairperson
DATE: September 19, 2016
SUBJECT: Senior Nutrition Committee Report from September 19, 2016

Senior Nutrition Committee Members Present

Jay Evans (Camarillo COA)
Rose Gossom (Supervisory Appointee)
Toni Olson (Simi Valley COA)
Donald Todd (Veterans Representative)
Vicki Tripoli (Moorpark COA) - Chairperson

Senior Nutrition Committee Members Absent

Alice Sweetland (Oxnard COA)

VCAAA Staff Present

Marleen Canniff, Grants Administrator
Patti Jaeger, Registered Dietitian
Brian Murphy, Fiscal and Contracts Manager

Guests

Deirdre Daly

1. **Call to Order** – Chairperson Vicki Tripoli called to order the meeting at 10:00 a.m. A quorum was present.

Welcome and Introductions

2. **Public Comments** – None
3. **Approval of Minutes from the 7/18/2016 Meeting** – Approval of the minutes from the prior meeting passed unanimously.
4. **Meal Count and Cost per Meal Year-to-Date** – Having served **35,428** meals year to date, this cumulative meal count is at **103%** of the contracted amount. With 18,714 meals served in the month of August, we saw a 12% increase from last month's meal counts. Jordano's-supplied meals is 16,452 for the month, and the non-Jordano's meal count is 2,262. While VCAAA's budgeted food cost is \$4.00 per meal, Jordano's-supplied food cost year to date is at **\$3.97**.
5. **Santa Paula HDM and New Eastside Ventura Congregate Status** – Santa Paula's new Home-Delivered Meal program is growing. Launched on April 1, 2016, it now has a waitlist of 13 homebound seniors with expectations this list will grow.

The City of Ventura opened its Eastside Café at the Salvation Army Silvercrest Residence on 750 S Petit Avenue in Ventura. Staff members at this program site are in the process of organizing a grand opening, after which they anticipate congregate meal counts to increase.

6. **Vendor SNP Meal Sites (Poncho's Place and CRPD) Status** – Poncho's Place began SNP meal services in Piru on July 1, 2016, as a vendor and is serving at 108% of Congregate and 153% of Home-Delivered Meal contracted levels, averaging a total of 129% for both year to date. Participation continues to grow, creating a need to cap congregate attendance to 13 seniors per day due to not enough funding. Because this is a restaurant as well as a congregate site, some seniors opt to buy a meal off the menu if they arrive after capacity has been reached and remain to eat with friends participating in SNP. Its Home-Delivered Meal program has a waitlist of 3 people. Poncho's Place will not be able to address this waitlist until more funding is identified for this service region. It is a challenge to collect donations in Piru, which would help to address the need for additional meals.

Conejo Recreation and Park District's Conejo Creek Grill is serving slightly above contracted levels at 103% and continues to receive ample donations for all meals served beyond contracted levels.

7. **ARCH Home-Delivered Meal Program** – GCHP has sponsored 2,666 meals through VCAAA's ARCH Home-Delivered Meal Program. FOOD Share will deliver the meals for this program. The program funding will allow 12 homebound individuals to receive weekday meals through the end of this fiscal year.

8. **Senior Nutrition Action Council S.N.A.C. Update** - On August 31, 2016, VCAAA requested SNAC's board members to provide additional information on SNAC's activities which support the Senior Nutrition Program. VCAAA staff anticipates a response at the next SNAC meeting. SNAC currently has a six-member Board of Directors. They continue to search for additional members.

9. **Other Committee Involvement/Notification**

- a. Health Issues – VCAAA received recognition for the Senior Nutrition Placemats from the National Association of Area Agencies on Aging (n4a) with an Aging Innovations Award, the highest honor presented by n4a to member agencies. VCAAA was one of 16 programs nationally to receive honors during the n4a Annual Conference and Tradeshow, held in San Diego during July.

10. **Other Business**

- a. New SNP Foods Status – The following foods have been taste-tested and approved to begin serving at the SNP sites by early fall: Ginger Carrot Soup; Lasagna Rollups; Grilled Chicken; and Garlic Buttered Tilapia.
- b. VCAAA Freezer/Refrigerator Status – The heat-mitigation fan installation has been installed, and the commercial appliances are in good working order. This room is now fully operational.
- c. Farmers' Market Wrap-up – All Farmers' Market coupons have been distributed. The first report will be sometime after November 30, when the markets turn in all redeemed tickets.

- d. Our Ventura TV Interview of SNP with Patti Jaeger, R.D. – On August 2, Patti Jaeger participated in a television interview about the VCAAA SNP through CAPS Media (<http://ourventura.com/vcaaa-senior-nutrition-program>). This video was well received at the VCAAA office and could be used in various social media platforms for community awareness about this service.
- e. Committee Meeting Schedule – SNP Committee members discussed changing its meeting schedule to 1) match the new Advisory Council's schedule (January, March, May, July, September, November), 2) meet on the months opposite of the Advisory Council's new schedule, or 3) make no changes to its schedule.
 - *A motion was made that, based on the Bylaws Committee's intent, the Senior Nutrition Program Committee will continue its monthly meetings as scheduled. (Don Todd/Jay Evans/Passed)*
- f. Bag and Food Donation for Emergency Pantry – A committee member reminded meeting participants to share the news about the need to bring in non-perishable food items and handled bags for the Emergency Food Pantry.

11. Future Meeting Schedule

The next SNP Committee Meeting is scheduled for **Monday, October 17, 2016, at 10 a.m.** in the Garden View Room 135. Future meetings are scheduled for the third Monday of each month (with exception of holidays and excluding August and December) at 10 a.m. in the Garden View Room 135: November 21, 2016, January 23, 2017, February 13, 2017, March 20, 2017, April 17, 2017, May 15, 2017 and June 19, 2017

12. Adjournment – The meeting adjourned at 11:15 a.m.

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TO: VCAAA Advisory Council Members
FROM: Vicki Tripoli – Chairperson
DATE: October 17, 2016
SUBJECT: Senior Nutrition Committee Report from October 17, 2016

Senior Nutrition Committee Members Present

Deirdre Daly (Ojai COA)
Rose Gossom (Supervisory Appointee)
Alice Sweetland (Oxnard COA)
Donald Todd (Veterans Representative)
Vicki Tripoli (Moorpark COA) - Chairperson

Senior Nutrition Committee Members Absent

Jay Evans (Camarillo COA)
Toni Olson (Simi Valley COA)

VCAAA Staff Present

Marleen Canniff, Grants Administrator
Patti Jaeger, Registered Dietitian
Brian Murphy, Fiscal and Contracts Manager

Guests – None

1. **Call to Order** – Chairperson Vicki Tripoli called to order the meeting at 10:00 a.m. A quorum was present.

Welcome and Introductions

2. **Public Comments** – None
3. **Approval of Minutes from the 9/19/2016 Meeting** – Approval of the minutes from the prior meeting passed unanimously.
4. **Meal Count and Cost per Meal Year-to-Date** – Having served **52,817** meals year to date, this cumulative meal count is at **102%** of the contracted amount. With 17,365 meals served in the month of September, we saw a 7% decrease from last month's meal counts, with a 9% decrease in days of service for the month. Jordano's-supplied meals is 15,020 for the month, and the non-Jordano's meal count is 2,345. While VCAAA's budgeted food cost is \$4.00 per meal, Jordano's-supplied food cost year to date is at **\$3.92**.

- 5. Corrective Action Plan (CAP) Requests for Performance out of Contracted Range –** VCAAA staff has sent out Corrective Action Plan requests to six meal sites, the majority of which were for performance levels being out of range. The terms of all SNP grantee contracts allow for performance to be within the range of 90% to 115% of the contracted meal count. The sites should respond with plans for either how the current level of meals served can be maintained within the contracted funding or how service performance will be aligned with contracted levels. Staff also issued a CAP request for take-out meals being served at a congregate site and for fiscal Requests for Funds (RFFs) for July and August not received.
- 6. SNP Site Donations/Program Income –** Staff reported the donation/program income amounts of each SNP meal site for the first quarter of FY1617. Across all sites, the Congregate (C1) Program has an average total of \$1.13 (was \$1.20 FYE1516) in donations per meal, while the Home-Delivered Meal (C2) Program has \$0.73 (was \$0.67 FYE1516) in donations per meal, totaling \$0.87 in donations per meal for both programs. For congregate services, Camarillo Health Care District has the highest average donations per meal at \$4.19. Regarding home-delivered meal services, the City of Simi Valley has the highest average donations per meal at \$1.22. The projected donation total for FYE1617 is \$182,302.

FY16-17 Donations per Site – Q1
(July 1, 2016 Thru September 30, 2016)

	C1 Donations	C1 Actual Meals	C1 Donations per Meal	C2 Donations	C2 Actual Meals	C2 Donations per Meal	C1 & C2 Donations	C1 & C2 Meal Counts	C1 & C2 Donations Per Meal
Camarillo HCD	\$625*	149	\$4.19	\$5,747*	6,365	\$0.90	\$6,372*	6,514	\$0.98
Fillmore	\$627*	1,825	\$0.34	\$557*	914	\$0.61	\$1,184*	2,739	\$0.43
Moorpark	\$902	906	\$1.00	\$390	1,011	\$0.39	\$1,292	1,917	\$0.67
Oxnard	\$3,291	3,662	\$0.90	\$604	5,855	\$0.10	\$3,895	9,517	\$0.41
Port Hueneme	\$0		-	\$145	1,629	\$0.09	\$145	1,629	\$0.09
Santa Paula	\$1,629	1,325	\$1.23	\$1,283	1,366	-	\$2,912	2,691	\$1.08
Simi Valley	\$3,063	2,748	\$1.11	\$11,088	9,064	\$1.22	\$14,151	11,812	\$1.20
Ventura	\$3,975	2,356	\$1.69	\$987	3,475	\$0.28	\$4,962	5,831	\$0.85
Conejo RPD	\$5,058	3,311	\$1.53	\$0		-	\$5,058	3,311	\$1.53
HELP of Ojai	\$1,022	1,008	\$1.01	\$4,429	4,178	\$1.06	\$5,451	5,186	\$1.05
Poncho's Place	\$105	662	\$0.16	\$50	780	\$0.06	\$155	1,442	\$0.11
TOTALS:	\$20,296	17,952		\$25,279	34,637		\$45,575	52,589*	
Average Donations per Meal:			\$1.13			\$0.73			\$0.87

* denotes estimates.

Projected Donation Total for FYE1617: \$182,302

* This total excludes the Aggregate Wasted Meal count. C1&C2 meal count total is actually 52,817.

- 7. One-Time-Only Funds –** One-Time-Only (OTO) federal funds of \$162,900 for this fiscal year have been awarded to VCAAA for the Senior Nutrition Program. VCAAA staff proposed that these funds be used to cover additional program and food costs projected through the rest of the fiscal year. Staff will meet with the Planning and Allocations Committee to decide how these funds should be allocated.
- 8. Senior Nutrition Action Council S.N.A.C. Update -** On August 31, 2016, VCAAA requested SNAC's board members to provide additional information on SNAC's activities which support the

Senior Nutrition Program. On October 7, SNAC officers responded with a faxed letter stating it will not provide the requested information.

SNAC has two sources of funding: its Thrift Shoppe in Camarillo and through its contract with Diamond Star Productions, a telemarketing company based in Ventura. SNAC has a two-year contract (February 17, 2015 through April 15, 2017) with Diamond Star Productions to raise funds for SNAC. SNAC currently has a six-member Board of Directors. They continue to search for additional members.

9. Other Committee Involvement/Notification

Bylaws Committee – The Bylaws committee plans to meet this month to formalize its policies and procedures brought up at the September 14, 2016, Advisory Council meeting. Members suggested an alternative identifier for “Special Populations Representatives,” which includes representatives for People with Disabilities, Family Caregivers, Lesbian, Gay, Bisexual, and Transgender (LGBT), Mental Health, and Veterans. Members suggested to instead identify this group as “Representatives for Focus Populations.”

10. Other Business

Bag and Food Donations for Emergency Pantry – A reminder went out to meeting participants to share news about the need to bring in non-perishable food items and handled bags for the Emergency Food Pantry, especially through the holidays.

11. Future Meeting Schedule - The next SNP Committee Meeting is scheduled for **Monday, November 21, 2016, at 10 a.m.** in the Garden View Room 135.

12. Adjournment – The meeting adjourned at 11:15 a.m.

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TO: VCAAA Advisory Council Members
FROM: Sylvia Taylor Stein, Chair
DATE: September 28, 2016
SUBJECT: **Optimal Aging Committee Meeting Report from September 28, 2016**

Members Present

Rose Gossom (Supervisory Appointee)
Lori Harasta (City of Ventura)
Ginny Rockefeller (City of Ojai)
Sylvia Taylor Stein (Service Provider Representative)
Alice Sweetland (City of Oxnard)

Members Absent

Marty Kaplan (Supervisory Appointee)
Toni Olson (City of Simi Valley)
Sue Tatangelo (Family Caregiver Representative)
Bob Taylor (City of Camarillo)

VCAAA Staff Present

Christine Voth, Manager, Business Strategy and Strategic Planning

Community Members/Guests Present

None

- 1. Welcome and Introductions** - The meeting was called to order at 2:02 PM
- 2. Public Comments** - Lori shared information about Adult Bereavement Support Groups, which are free and open to individuals who have experienced a loss. Sponsored by Livingston Memorial VNA & Hospice.
- 3. Approval of minutes from meeting held on June 22, 2016** (Ginny/Alice)
- 4. Appointments/Reappointment of Committee Chair for FY 2016-2017.** Lori/Rose moved to reappoint Sylvia as chair, which was the only nomination. Sylvia agreed to serve. The motion passed unanimously.
- 5. National Council on Aging's Aging Mastery Program®** - Christine provided descriptive materials on this 10-week program offered by the National Council on Aging (NCOA). The one-time startup cost to bring the program to Ventura County would be \$3500 for the first location and \$500 for each additional location (under the auspices of VCAAA) for up to nine additional sites. The NCOA would require VCAAA to charge a minimum of \$60 per participant, and local partners could increase the price to cover their costs of program delivery. It was the

consensus of the group that many seniors might not be interested if they have to pay. The link for more information is: <https://www.ncoa.org/healthy-aging/aging-mastery-program/>

- 6. Objective #5-Create a mechanism/tool/flyer that defines optimal aging from the perspective of managing personal finances.** Christine distributed a worksheet for the committee to review. Following discussion, a suggestion was made for the OAC to explore and promote existing tools for financial management rather than create a tool of its own. Lori said U.S. Bank has tools for financial management on its website. The Ventura County Credit Union has tutorials available on financial management. VCAAA's deputy director, Monique Nowlin, serves on its board. California Lutheran University offers financial management classes with CEU's.

Ginny suggested the OAC focus on non-health issues and to let health issues be addressed by the Health Issues Committee. Five of the ten topics offered by the Aging Mastery Program are directly related to health. If the OAC were to pursue this venture, it might be better to do it as a collaborative effort with the Health Issues Committee. A motion was made (Alice/Sylvia) to eliminate objective #5 on the OAC's goals and objectives list and to explore instead and promote existing programs that address different aspects of aging including financial health. The motion passed unanimously.

- 7. Objective #7-Develop recommendations for an annual award program to recognize the accomplishments of older adults and/or the magnificent state of optimal aging and/or efforts made by an individual or organization to promote optimal aging.** The committee discussed award categories, including individual awards made to older adults, awards of to a group/organization for a specific program or service, and an award for student engagement. The discussion will continue at the next meeting.
- 8. Discussion of the Frequency of OAC Meetings.** Following discussion, motion was made to eliminate the July meeting. It passed unanimously. (Ginny/Sylvia)
- 9. Other Committee (Health Issues, Legislative, Livable Communities, Outreach, Senior Nutrition) Involvement/Notification – if any:** None
- 10. Next scheduled meeting date is Wednesday, October 26, 2016, 2:00 PM to 3:00 PM**
- 11. Adjournment** - The meeting adjourned at 3:05 PM.

TO: VCAAA Advisory Council Members

FROM: Alice Sweetland, Chair Pro Tem

DATE: October 26, 2016

SUBJECT: Optimal Aging Committee Report from October 26, 2016

Members Present

Rose Gossom (Supervisory Appointee)
Lori Harasta (City of Ventura)
Ginny Rockefeller (City of Ojai)
Alice Sweetland (City of Oxnard)
Sue Tatangelo (Family Caregiver Representative)
Bob Taylor (City of Camarillo)

Members Absent

Marty Kaplan (Supervisory Appointee)
Toni Olson (City of Simi Valley)
Sylvia Stein (Service Provider Representative)

VCAAA Staff Present

Christine Voth, Manager, Business Strategy and Strategic Planning

Community Members/Guests Present

None

1. **Welcome and Introductions.** The meeting was called to order at 2:09 PM.
2. **Public Comments**
3. **Approval of minutes of the meeting held on September 28, 2016.** Approved (Rose/Ginny)
4. **Updated schedule for OAC meetings, which reflects the change in the meeting schedule approved last month.**
5. & 6. **These two items were discussed jointly and were then combined into one objective.**

OAC Goals & Objective #7: Develop recommendations for an annual award program to recognize the accomplishments of older adults and/or the magnificent state of optimal aging and/or efforts made by an individual or organization to promote optimal aging.

OAC Goals & Objective #6: Hold an annual story contest about What Successful Aging Means to Me. Christine advised that the first VCAAA Champion Awards (name chosen by OAC) will be made at the Advisory Council meeting on May 10, 2017. Awardees will receive a plaque. It was suggested that awardees also be recognized by the Board of Supervisors at one of their meetings in May (which is also Older Americans Month). It was agreed that the award contest would be good public relations for VCAAA.

For the first foray into the annual awards, the committee agreed to the following award categories: Optimal Aging, Age Friendly, Dementia Friendly, Advocacy/Leadership, and Intergenerational Youth Story Contest. Christine will provide a short description of each category at the November meeting.

Eligible nominees include individuals or organizations in Ventura County in the business sector, community-based service providers (which includes nonprofit organizations), elected officials, government, healthcare sector, law enforcement, faith-based entities, etc. VCAAA staff will draft the nomination form and have it available at the November meeting. It was recommended that the story contest is conducted as the pilot program wherein specific schools or school districts are invited to participate. Christine will discuss this further with Victoria Jump to get her input. More information will be available at the November meeting.

A motion was made to merge OAC Goals and Objectives #6 and #7, and it passed unanimously. (Sue/Bob)

6. **Other Committee (Health Issues, Legislative, Livable Communities, Outreach, Senior Nutrition) Involvement/Notification** – None
7. **Next Meeting Date** - Next scheduled meeting date is Wednesday, November 30, 2016, 2:00 PM to 3:00 PM
8. **Adjournment.** The meeting adjourned at 3:09 PM.

TO: VCAA Advisory Council Members

FROM: Sylvia Taylor-Stein, Chair

DATE: November 9, 2016

SUBJECT: **Legislative Committee Report from September 14, 2016**

Legislative Committee Members Present (7)

Nancy Healy (Thousand Oaks COA)
Sylvia Taylor-Stein (Service Provider) - Chair
William (Bill) Witt (CSL)
Neill Spector (Simi Valley COA)
Sandra Fide (Moorpark COA)
Bob Taylor (Camarillo COA)
Suz Montgomery (Ventura COA)

Legislative Committee Members Absent (6)

Larry Hartmann (CSL)
June Glasmeier (CSL)
Sue Tatangelo (Family Caregiver Special Population Seat)
Marcy Sherbok (LGBT Special Population Seat)
Donald Todd (Veteran Special Population Seat)
Deirdre Daly (Ojai COA)

VCAA Staff Present (2)

Monique Nowlin
Katharine Raley

Guests (0)

None

1. **Call to Order** – The meeting was called to order at 11:03 a.m. by the Chair, Bob Taylor. A quorum was present.
2. **Welcome and Introductions** – Bob had everyone introduce themselves.
3. **Public Comments** – None
4. **HICAP/SHIP Funding Update** - Katharine updated the committee on the status of her programs funding on a federal level. If congress elects not to fund State Health Insurance Programs, state funding would still be available. If this occurs, Katharine stated it would cause a significant impact to her programs service levels to the Public. Katharine further stated

that the Senate wants to take the money and move it to Pell Grants or the Zika virus epidemic. Committee members asked how they could help and the suggestion was made by one of the members to write individual letters of support.

5. **November 8th State Ballot Initiatives – Provided by Sue Hughes, Deputy Executive Officer/Legislative Analyst, County Executive Office** – Monique went over the list of initiatives Sue sent over. There were no questions nor discussion.
6. **Review and Selection of the VCAA Legislative Platform Survey 2016/Review of 2015 State and Federal County of Ventura Legislative Agenda and Platform for VCAA** – Monique read over the previous Proposals for State and Federal and the Committee made the selections after robust discussion. Additionally, it was decided that those who knew what their selections were would submit their forms to Monique for tallying at the end of the meeting and those Committee members that wanted more time could review the proposals and submit their forms to Monique by September 30th.
7. **Other Committee Involvement/Notification** – None.
8. **Next Meeting Date** – Next meeting is January 11, 2017.
9. **Adjournment** – The meeting was adjourned at 11:50 p.m. by the Chair, Bob Taylor

TO: VCAAA Advisory Council Members
FROM: Jannette Jauregui, VCAAA Staff
DATE: Sept. 27th, 2016
SUBJECT: Outreach Committee Report from Sept. 27th, 2016

Committee Members Present

Rose Gossom
Kay Brainard

Committee Members Absent

Marty Kaplan
Nancy Healy
Robert Taylor
Cleo Anderson
Deirdre Daly

VCAAA Staff Present

Jannette Jauregui

Guests

None

1. **Call to Order** – The meeting was called to order at 9:05 a.m. by VCAAA staff member, Jannette Jauregui. (No chair has been selected at this time.) A quorum was not present.
2. **Welcome and Introductions** – General greeting to attendees.
3. **Public Comments** No public comments.
4. **Vote for New Committee Chair** – The committee did not have a quorum present. Therefore, no chair was selected.
5. **Discussion of Legislative Committee Flyer and other current outreach projects-** The committee did not have a quorum, therefore no decisions were made regarding the Legislative Committee flyer.

6. **Discussion of Outreach Committee Priorities for FY16-17** –The committee did not have a quorum, therefore no decisions were made regarding priorities for the year ahead. Kay expressed concern over whether or not the committee was viable due to low attendance.
7. **Other Committee Involvement/Notification** – Rose expressed interest in having the Advisory Council notified/asked to bring any pantry items to the next Advisory Council meeting (November) to donate to seniors in need on Thanksgiving.
8. **Next Meeting Schedule** – The next meeting is scheduled for Oct. 25th, 2016, from 9:00 a.m. – 10:30 a.m
9. **Adjournment** – The meeting was adjourned at 9:32 a.m. by VCAAA staff member, Jannette Jauregui.

TO: VCAAA Advisory Council Members
FROM: Jannette Jauregui, VCAAA Staff
DATE: Oct. 25th, 2016
SUBJECT: Outreach Committee Report from Oct. 25th, 2016

Committee Members Present

Rose Gossom
Kay Brainard
Bob Taylor
Deirdre Daly

Committee Members Absent

Marty Kaplan
Nancy Healy
Cleo Anderson

VCAAA Staff Present

Jannette Jauregui

Guests

None

1. **Call to Order** – The meeting was called to order at 9:04 a.m. by VCAAA staff member, Jannette Jauregui. (No chair had been selected at this time.)
2. **Welcome and Introductions** – General greeting to attendees.
3. **Public Comments** No public comments.
4. **Vote for New Committee Chair** – Bob Taylor volunteered to serve as committee chair until Jannette returns from maternity leave. The committee agreed and voted in favor to select Bob as a temporary chair. Bob and the committee expressed interest in seeing if anyone else from the Advisory Council wants to join the committee since there has been a struggle in securing regular attendance. Bob would like to keep the permanent position of chair open in case a new member is more willing to take on the duties of chair.
5. **Discussion of Legislative Committee Flyer and other current outreach projects**
The committee would like to reevaluate the Legislative Flyer during the November meeting. Jannette updated the committee on several current projects, including new videos for Housing

Plus and Walk with Ease as well as the current outreach schedule of events and Fall Prevention classes.

6. **Discussion of Outreach Committee Priorities for FY16-17** – The committee identified their immediate priorities as the following:
 - Have all Advisory Council members on the same page regarding the responsibilities and duties of the Outreach Committee. The committee would like Victoria or Monique to make a brief presentation to the Advisory Council at the November meeting identifying what the duties and responsibilities of the outreach committee are, expressing that the committee feels the most productive way to move forward is to make sure everyone understands their role in identifying and approving outreach needs.
 - Identify all outreach needs from each subcommittee
 - Review all current materials being distributed through the VCAAA. The committee asked that samples of all VCAAA materials be brought to the November Outreach Committee meeting for review.

7. **Other Committee Involvement/Notification** – Rose expressed interest in having the Advisory Council notified/asked to bring any pantry items to the next Advisory Council meeting (November) to donate to seniors in need on Thanksgiving.

8. **Next Meeting Schedule** – The next meeting is scheduled for Nov. 29th, 2016, from 9:00 a.m. – 10:30 a.m

9. **Adjournment** – The meeting was adjourned at 9:52 a.m. by temporary chair, Bob Taylor.

To: Advisory Council Members
From: Toni Olson, Advisory Council chair
Date: October 19, 2016
Re: Discussion Regarding Requiring Advisory Council Members to Participate on Two Committees, Allowing Teleconferencing for All Committee Meetings except Planning and Allocation and Changing the Name of “Special Population” Advisory Council Members to “Focused Population”

By-Laws Committee Members Present

Toni Olson (Simi Valley COA)
Vicki Tripoli (Moorpark COA)

By-Laws Committee Members Absent

Ginny Rockefeller (Ojai COA) - EA

VCAAA Staff Present

Victoria Jump
Monique Nowlin

Discussion:

The By-Laws review committee was tasked with reviewing current by-laws and making recommendations for necessary changes. The by-laws were last approved by the Board of Supervisors in July 2013. The by-laws committee last reviewed them in 2014. We are required to review them every two years. In September 2016, your by-laws committee brought forth recommended changes to the by-laws. The changes were accepted except for a change in regards to requiring Advisory Council members to participate in two committees. The current requirement is participation on one committee. The Advisory Council asked that the by-laws committee discuss allowing remote participate in meetings and bring back a recommendation. The committee was also tasked with coming up with another name other than “special populations” to describe the Advisory Council members that serve as the following representatives: Family Caregiver, People with Disabilities, Veterans, Behavioral Health and LGBT.

No recommendations are being brought forth at this meeting. Rather, the committee is recommending that based on the discussion, direction and consensus of the membership, any suggested changes to the by-laws would be brought to and made at the January 2017 meeting.

The by-laws committee is making the following suggestions for consideration:

1. Requiring advisory council members to serve on two committees

2. Allowing telephonic participation in all committee meetings except for the Planning and Allocation Committee Meeting. This would require all staff to use the same teleconference line which would be published on all agendas. WebEx would also be used for PowerPoint presentations and to display material being provided at the meetings. No alternate means are being suggested at this time such as Skype as the VCAAA doesn't have a universal capability to use it for all meetings.
3. Changing the name of "special populations" to "focused populations to describe the Veterans, Family Caregiver, LGBT, Behavioral Health, and People with Disabilities representatives.

Per the requirements under the current by-laws, members must be given thirty days to review the by-laws prior to the September 14, 2016 meeting.



**VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING SCHEDULE**

Date	Advisory Council	Outreach	Leg.	Livable Comm.*	Health Issues	Senior Nut.	Opt. Aging
July 2016	July 13 9-11 am	July 26 9-10:30 am	July 13 11-12	July 13*	July 19 1-2:30 pm	July 18 10-11:30 am	July 27 2-3 pm cancelled
August 2016	None	None	None	None	None	None	None
Sept 2016	Sept 14 9-11 am	Sept 27 9-10:30 am	Sept 14 11-12	Sept 14 11-12	Sept 20 1-2:30 pm	Sept 19 10-11:30 am	Sept 28 2-3 pm
Oct 2016	None	October 25 9-10:30 am	None	None	Oct 18 1-2:30 pm	Oct 17 10-11:30 am	Oct 26 2-3 pm
Nov 2016	Nov 9 9-11 am	Nov 29 9-10:30 am	Nov 9 11-12	Nov 9 11-12	Nov 15 1-2:30pm	Nov 21 10-11:30 am	Nov 30 2-3 pm
Dec 2016	None	None	None	None	None	None	None
Jan 2017	Jan 11 9-11 am	Jan 31 9-10:30 am	Jan 11 11-12	Jan 11 11-12	Jan 17 1-2:30 pm	Jan 23 10-11:30 am	Jan 25 2-3 pm
Feb 2017	None	Feb 28 9-10:30 am	None	None	Feb 21 1-2:30 pm	Feb 13 10-11:30 am cancelled	Feb 22 2-3 pm
March 2017	March 8 9-11 am	March 28 9-10:30 am	March 8 11-12	March 8 11-12	March 21 1-2:30 pm	March 20 10-11:30 am	March 22 2-3 pm
April 2017	None	April 25 9-10:30 am	None	None	April 18 1-2:30 pm	April 17 10-11:30 am	April 26 2-3 pm
May 2017	May 10 9-11 am	May 30 9-10:30 am	May 10 11-12	May 10 11-12	May 16 1-2:30 pm	May 15 10-11:30 am	May 24 2-3 pm
June 2017	June 14 9-11 am cancelled	June 27 9-10:30 am	June 14 11-12	June 14 11-12 cancelled	June 20 1-2:30 pm	June 19 10-11:30 am cancelled	June 28 2-3 pm

CCoA
California Commission on Aging

AGEWATCH

California Task Force on Family Caregiving begins work to address caregiver needs

Protecting the health and well-being of family caregivers is the goal of the *California Task Force on Family Caregiving*, a newly-formed advisory body established through the efforts of State Assembly Member Cheryl Brown of San Bernardino.

Comprised of representatives from the fields of aging, caregiver supports, the Alzheimer's Association, academia, and family caregivers, the task force was created in 2015 with the passage of ACR 38.

The Task Force held its first meeting October 20 at the Leonard Davis School of Gerontology at the USC in Los Angeles. Home to the Los Angeles Caregiver Resource Center, the Davis School will administer the Task Force under the leadership of Professor Kate Wilber. AARP California and the Archstone Foundation are funding the effort.



Front row (L-R) Kathy Kelly (Family Caregiver Alliance), Carmen Estrada (Inland Caregiver Resource Center), Sandi Fitzpatrick (California Commission on Aging, Assemblymember Cheryl Brown, Anat Louis, (LA City Dept. of Aging, Edie Yau (Alzheimer's Association), and back row: Donna Benton (Davis School of Gerontology), Doug Moore (United Domestic Workers), Les Cohen (Orange County Ombudsman), and Eric Mercado (L.A. Magazine).

Members of the Task Force were appointed by the Legislature to research the challenges faced by family caregivers, review the current network of services and supports available to informal caregivers, identify opportunities to improve caregiver supports, and make policy recommendations to the Legislature. The task force will meet through June 2018, with a final report due to the Legislature July 1, 2018.

Information on the California Family Caregiver Task Force's work and meeting schedule are available at <http://tffc.usc.edu/>



AGE WATCH is an occasional publication of the California Commission on Aging (CCoA) intended to inform, educate, and advocate. The CCoA is an independent state agency established in 1973 to serve as the principal state advocate on behalf of older Californians. The CCoA office is located at 1300 National Drive, Suite 173, Sacramento, CA 95834. (916) 419-7591

www.ccoa.ca.gov

Medicare open enrollment period comes with fraud warnings

[California Health Advocates](#) issued warnings in October about new Medicare scams targeting older adults. With the Medicare open enrollment period in full swing through December 7th, enrollees are urged to stay informed and avoid Medicare fraudsters. Counselors from the Health Insurance Counseling and Advocacy Program (HICAP at 1-800-434-0222) are available to answer questions and provide guidance on Medicare options.

Guard Your Medicare Card & Tips to Avoid Enrollment Scams ~ Available in 8 Languages

One simple way to protect yourself against fraud is to guard your Medicare number. Fraud schemes often depend on identity thieves getting hold of people's Medicare numbers, so treat your number as you would a credit card. This alert also warns of plan enrollment scams during Medicare's Open Enrollment and is available in English, Armenian, Chinese, Korean, Russian, Spanish, Tagalog and Vietnamese.

Beware of Postcards Advertising Free Braces to Relieve Pain

Be alert to urgently marked postcards notifying beneficiaries of pending eligibility for free back and/or knee Braces covered by Medicare. **This is a scam.** Medicare only covers such equipment if it is medically necessary and prescribed by a doctor. These scammers just want to get your Medicare number to bill for services/equipment you never receive, or equipment much more expensive than what you receive.

Printable copies of the Medicare fraud alerts are available in multiple languages by clicking [here](#).

Excerpted from *California Health Advocates* Medigap Legislation Could bring New Consumer Rights, 2017 Medicare Updates, New Fraud Alert & More, news@cahealthadvocates.org; October 24, 2016.

Recognizing the importance of family caregivers during *National Family Caregivers Month*

November is *National Family Caregivers Month*. The annual recognition is a time to celebrate the contributions of those friends and family members who freely give their time to support a loved one suffering from an illness or a disability. According to the National Alliance for Caregiving, "more than 44 million Americans care for a family member, friend, or neighbor."

In California, the San Francisco-based Family Caregiver Alliance (FCA) provides information and resources for these informal caregivers, helping them find the supports and guidance they need to stay healthy while they care for an ailing loved one.



Printable [FCA Fact and Tip Sheets](#) in multiple languages are available online, covering topics such as caring for yourself, palliative care, and community resources for caregivers. To access FCA's resources, visit www.caregiver.org.

In honor of National Family Caregivers Month, the AARP Public Policy Institute has issued the first major [research report](#) - *Family Caregivers & Managed Long-Term Services and Supports* - on family caregivers' needs within the emerging field of managed long-term services and supports (LTSS). The authors find that while family caregiver supports are still uncommon in managed LTSS, managed care contracts can lead the way in standardizing a person- and family-centered approach, resulting in better care for both members and their families.

Information from Family Caregiver Alliance, *November = National Family Caregivers Month*, October 28, 2016 and National Alliance for Caregiving, *National Family Caregivers Month 2016*, Wednesday, November 02, 2016

Working Together to Solve Older Adult Poverty

Solving the crisis of elder poverty in California will be the focus of an informational hearing hosted by the California Commission on Aging (CCoA) this month. Drawing on the findings from the *Aging, Women and Poverty in California* forum last June, the hearing will provide an opportunity for audience members to discuss issues, challenges and solutions to high poverty rates among older Californians.

Planned as part of the C4A Annual Conference in Los Angeles, the November 16 hearing will feature presentations from CCoA Chair Paul Downey, Bob Blancato from the National Association of Nutrition and Aging Service Programs, CCoA Commissioner Betsy Butler and experts from the fields of aging and community based services.

Working Together to Solve Older Adult Poverty
November 16, 2016
9:30 a.m. - 11:30 a.m.
Sheraton Gateway Hotel - Salon D
6101 West Century Blvd.
Los Angeles, CA 90045

For additional information, please contact the California Commission on Aging at ccoa@cco.ca.gov.



California leaders chosen among the 50 Influencers in Aging for 2016 by Next Avenue

Sixteen of California's leaders from the fields of aging, government, entertainment and academia are among the nation's 50 top "Influencers in Aging" chosen by the Public Broadcasting System's online publication [Next Avenue](#). According to the Next Avenue website, the "50 advocates, researchers, thought leaders, innovators, writers and experts continue to push beyond traditional boundaries and change our understanding of what it means to grow older." To see the full list of 2016 Influencers in Aging, click [here](#).

UPCOMING EVENTS

November 13, 2016 -- Jewish Community Center of San Francisco, *Embracing the Journey: End of Life Resource Fair*. www.jccsf.org/EOL for information and to register.

November 15 - 16, 2016 - California Commission on Aging. Crown Plaza Hotel, Los Angeles. www.ccoa.ca.gov for information.

November 15 - 17, 2016 -- California Association of Area Agencies on Aging Annual Conference, Los Angeles. www.c4a.info for registration and information.

**California
Commission on
Aging**Paul Downey, Chair
San DiegoEd Walsh, Vice
Chair,
Rancho Mirage**Commissioners**Joaquin Anguera,
San DiegoDonna Benton,
Los AngelesBetsy Butler,
Marina del ReySteven Castle,
Los AngelesJulie Conger,
SonomaLucille Fisher,
San FranciscoStuart Greenbaum,
SacramentoMeea Kang,
DavisGail Nickerson,
Citrus HeightsRobert Petty,
MontereyKathy Randall,
San DiegoCarmen Reyes,
WhittierJane Rozanski,
CamarilloRita Saenz,
SacramentoSedalia Sanders,
El CentroJean Schuldberg,
Chico**AGEWATCH****A letter to California Senate President Pro Tem Kevin de León**

The California Commission on Aging would like to request an indefinite extension of the Senate's Select Committee on Aging and Long-Term Care. Given the upcoming departure of Select Committee Chair Carol Liu, we believe a champion must be identified quickly to continue the important work of this essential committee.

You are well aware of the impending demographic changes that will markedly alter the face of our state: by 2050, 25 percent of the state will be over 65 and the number living beyond age 85 will have increased by 61 percent. Demographic shifts within the older adult population will be evident as well: the number of older Latinos is expected to increase by 170 percent; older Asians by 118 percent, and African American elders by 96 percent.

Current data from UCLA's center for health policy research shows that over 40 percent of older Californians are barely able to afford basic living expenses, yet are ineligible for safety net services. Economic insecurity is higher in communities of color, a fact that is likely to continue as the population expands.

For those living at or below the poverty rate, the very minimal supports available from the State and Federal governments do little to ease the lives of the elderly poor. Poverty rates among Californians over age 65 have grown in the past decade, with rates of Hispanic elderly in poverty nearly triple that of elderly whites and African American elderly in poverty more than double. Poverty is a factor in an individual's health, their ability to participate in family and community life, and their impact on services, to say nothing of the inequity of a lifetime of hard work only to spend their final years without enough food or safe housing.

Regardless of ethnicity or economic standing, this expanding segment of California's population will have an enormous impact on services affecting the state's economy. These changes will require a strengthened response from the health and social service system – both public and private – that can be dealt with either in response to a crisis, or proactively as a thoughtfully planned build-out.

The work of the 2015-2016 Select Committee under Senator Liu's leadership pointed out problems and solutions for many of these issues, but much of the heavy lifting remains to be done. Continued leadership from the State Senate is needed to help assure the state's focus on the unique and growing needs of this population.

Sincerely,



Paul Downey, Chair
California Commission on Aging

California Commission on Aging staff:
Sandra Fitzpatrick, M.A., Executive Director
Carol Sewell, MAG, Legislative Director
Marcella Villanueva, Analyst



SUMMARY OF STRATEGIC PLAN FY 2016-2017

MISSION STATEMENT*

The Ventura County Area Agency on Aging's mission is to serve Ventura County's aged 60+ population, adults with disabilities, and their unpaid caregivers, by:

- Providing leadership in addressing issues that relate to older Californians, adults with disabilities, and their caregivers;
- Developing and maintaining community-based systems of care that provide services, which support independence within California's interdependent society, and which protect the quality of life of older persons and persons with functional impairments;
- Enhancing and supporting existing community-based service providers systems of care and long-term services and supports; and
- Promoting citizen involvement in the planning and delivery of services for Ventura County's older population, adults with disabilities, and their caregivers.

*Title 22 of the California Code of Regulations requires specific wording be used in the agency's mission statement.

VISION

VCAAA envisions that it will be the focal point of aging in the county, identifiable to seniors and caregivers; a leader in the aging industry that is innovative and responsive to the changing and varied needs of older adults.

MOTTO

"Serve. To Guide. To Envision."

CORE VALUES

- **Put People First**
- **Accessibility, Inclusivity, and Diversity**
- **Accountability and Transparency**
- **Collaboration**
- **Integrity**
- **Respectful, Supportive Workplace**
- **Neutrality**
- **Responsive and Innovative**
- **Deliver Results**

AREA AGENCY ON AGING – VCAAA

The Ventura County Area Agency on Aging (VCAAA) under the auspices of the Ventura County Board of Supervisors, which has local policy-making authority over the VCAAA. The Board gives final approval to the budget, and any advocacy, program development, coordination efforts, or programs proposed for funding. This structure has been advantageous to the VCAAA by enabling it to (1) establish and maintain a strong local presence; (2) facilitate good communication with other public agencies and units of local government; (3) have a sound framework for financial accountability; and, (4) have an office and meeting facility designated for the Advisory Council.

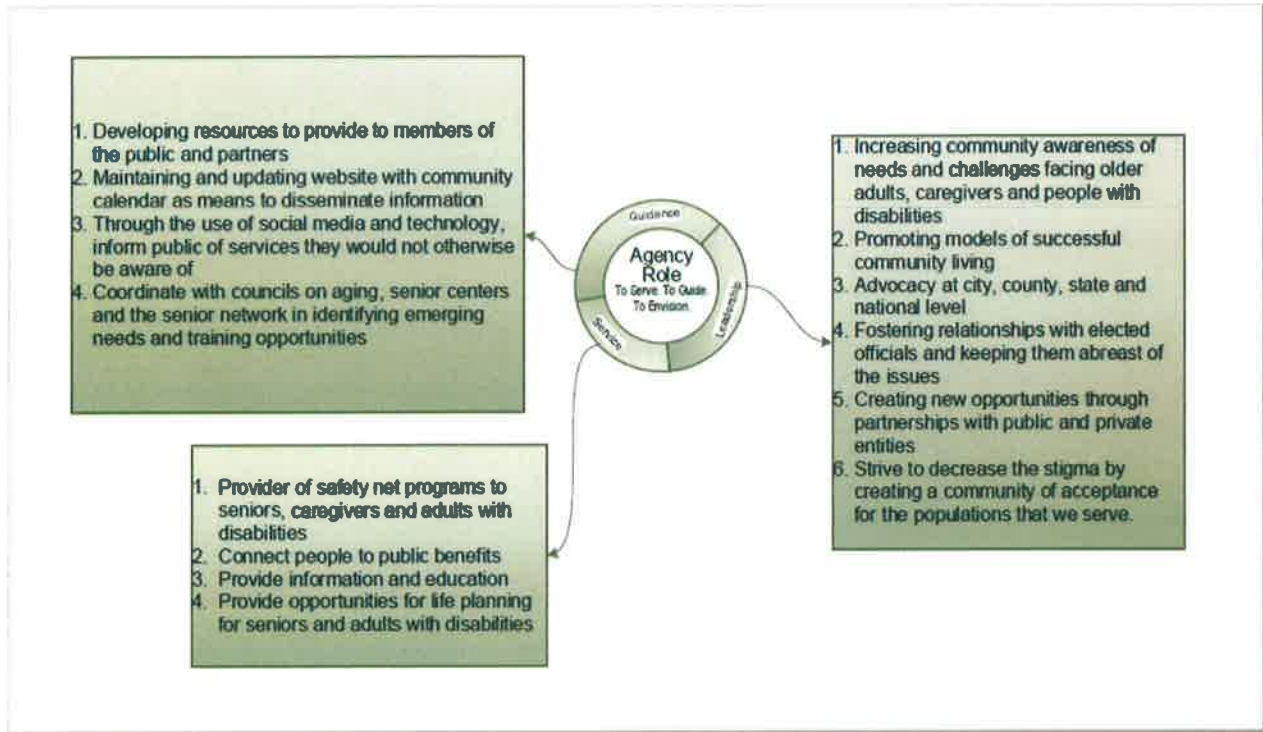
VCAAA was formed in 1980, as an agency of the County of Ventura. VCAAA is the principal agency in Ventura County charged with the responsibility to promote the development and implementation of a comprehensive coordinated system of care that enables older individuals and their caregivers to live in a community-based setting and to advocate for the needs of those 60 years of age and older in the county, providing leadership and promoting citizen involvement in the planning process as well as in the delivery of services.

In 2016, VCAAA, in collaboration with the Independent Living Resource Center (ILRC), opened the Ventura County Aging and Disability Resource Center (ADRC) in Ventura and is awaiting formal approval as a state-designated ADRC.

VISIBLE LEADERSHIP

The VCAAA is a visible and effective leader in aging issues through its interaction with senior service providers, volunteers, the senior community, and the public. It is financially the largest single funding source for senior programs and services in Ventura County. Through community forums, public hearings, and presentations to community-based organizations, the VCAAA receives public opinion on issues relating to the older population. The VCAAA collaborates with organizations to develop and enhance a community-based system of care for older residents of Ventura County. VCAAA staff members participate on numerous committees, coalitions, etc. in support of senior issues.

AGENCY ROLE
APPROVED BY VCAAA ADVISORY COUNCIL, JANUARY 2016



NEEDS IDENTIFIED BY CONSUMERS COMPARED TO PROFESSIONALS

Consumers (older adults) and key stakeholders (aging service professionals) were asked in 2015 to prioritize the current and projected needs of older adults and their unpaid, informal caregivers. For planning purposes, VCAAA will be focusing on the long-term projected needs (through 2030) expressed by the consumer responders. It is interesting to note the different priority of needs stated by the two groups, as shown in the table below.

The most obvious explanation for the differences is the professionals are familiar with and work with individuals who have immediate need for services. In contrast, consumer responders may have no experience seeking assistance or services but can project those needs based upon their experience. Priorities of both groups are important in the planning process. VCAAA is mandated to give priority to addressing the needs of the consumers.

COMPARISON OF NEEDS EXPRESSED BY CONSUMERS VERSUS PROFESSIONALS

TIME FRAME: 2016-2030	PRIORITIES	
AREAS OF NEED	CONSUMERS	PROFESSIONALS
TRANSPORTATION-LOCAL AND OUT-OF-COUNTY say	1	6
ACCESS TO FOOD, NUTRITION EDUCATION AND COUNSELING	2	9
HEALTH, FITNESS AND RECREATION PROGRAMS AND FALL PREVENTION	3	12
FAMILY CAREGIVER SERVICES	4	4
INFORMATION AND REFERRAL	5	16
HELP WITH TASKS TO ENABLE A PERSON TO AGE-IN-PLACE AND MAINTAIN LIFESTYLE.	6	5
PERSONAL CARE-GROOMING, FEEDING, DRESSING, ETC.	7	8
CASE MANAGEMENT	8	13
SOCIALIZATION & PROGRAMS TO PREVENT ISOLATION	9	14
DISASTER/EMERGENCY PREPAREDNESS	10	
RIGHTS AND SAFETY	11	11
EDUCATION AND LIFELONG LEARNING	12	
EMPLOYMENT COUNSELING AND SERVICES	13	
HEALTH & LONG-TERM CARE INSURANCE:		7
HEALTH CARE-AFFORDABLE CARE		2
HOUSING		1
LONG-TERM CARE FACILITIES		3

GOALS

The goals represent VCAA's priorities and vision for providing leadership, services, and advocacy to promote an optimum quality of life for service population: older adults (aged 60 and older), adults with disabilities, and their unpaid caregivers. They also carry the intention to collaborate and partner with other organizations in the aging services network to meet the needs of the service population.

GOAL #1: PROVIDE RESOURCES AND SERVICES

Provide resources and services that promote optimal well-being for Ventura County's older adults, adults with disabilities, and their unpaid caregivers, with an emphasis on wellness, safety and community livability. Services and programs provided under this goal include:

- **Transportation**
- **Food – Senior Nutrition, Food Insecurity, Counseling, Education**
- **Health, Fitness and Fall Prevention**

- **Family Caregiver Services**
- **Maintaining Independence / Being Able to Live at Home / Aging-in-Place**
- **Socialization / Prevention of Loneliness and isolation**
- **Prevention of Abuse / Protection of Rights**
- **Protecting Older Adults in Long-Term Care Facilities**
- **Housing related programs**

GOAL #2: GOAL 2 – INCREASE AWARENESS OF PROGRAMS AND SERVICES

VCAAA will seek to broaden awareness of programs and services that support Ventura County’s older adults, adults with disabilities, and their unpaid caregivers. Services and programs provided under this goal include:

- **Information and Resources** – For older adults, persons with a disability, unpaid family caregivers
- **Health Insurance Counseling and Advocacy Program (HICAP)**

GOAL 3 – STRATEGIES TO ADDRESS CURRENT AND FUTURE NEEDS

VCAAA will develop strategies to identify and address the current and anticipated future needs of the agency and Ventura County’s older adults, adults with disabilities, and their unpaid caregivers. Services and programs provided under this goal focus on:

- **Collaborations & Capacity Building.** Includes developing business strategies and collaborations for the agency; facilitating the VCAAA Senior Network and exploring the development of the VCAAA Business Leadership Committee.
- **Emerging Needs:** Includes developing strategies to address the needs of specific populations, including (but is not limited to) individuals suffering from Alzheimer’s disease or dementia; assisting older persons who identify as being LGBT or Q; older persons who speak little or no English; persons aged 55 to 59 (VCAAA’s future clients); and residents of long-term care facilities.
- **Livable Communities:** Includes developing strategies to address transportation and housing issues, and for making communities more friendly for older adults and persons with one or more disabilities.
- **Optimal Aging:** Includes educating, inspiring and encouraging individuals aged 45 and older to understand the benefits and realities of aging, and of being financially, physically and socially prepared for a long life; and combating ageism.
- **Legislation:** Includes keeping abreast of legislation that may impact older adults, persons with disabilities, and their caregivers; and advocating for legislative action, as appropriate.
- **Outreach:** Includes developing strategies to promote the agency and inform the public about programs and services.
- **Health:** Includes developing strategies to promote health and wellness of older adults, adults with disabilities, and their caregivers.

VCAAA PROGRAMS - VCAAA provides these direct services.

AGING & DISABILITY RESOURCE CENTER (ADRC) Services provided by the center empowers older adults to make informed choices and to streamline access to long-term support. This program integrates points of entry to create community-wide service systems that reduce consumer confusion and build consumer trust and respect by enhancing individual choice and informed decision making.

BENEFITS ENROLLMENT CENTER. The center provides a one-stop shop to help low-income seniors throughout Ventura find and apply for public benefits programs to help them pay for prescription drugs, medical care, food, and utilities.

CARE MANAGEMENT– Multipurpose Senior Services Program (MSSP) provides *Care Management* for seniors aged 65+, low income and on Medi-Cal with no share of cost who are eligible for nursing home placement and who prefer to remain at home. Provides assessment, care management, referrals, and purchased services as needed and available.

CARE TRANSITIONS PROGRAM (CTP) is a short-term (30 day) program to assist discharging hospital and skilled nursing patients with learning self-management skills as they transition back home. The goal is to empower patients to manage their medical conditions and reduce high-risk hospital readmissions.

DEMENTIA-FRIENDLY VENTURA COUNTY & MEMORY SCREENINGS – VCAAA has been certified by Dementia Friendly America to help make Ventura County friendlier for persons with Alzheimer’s Disease and dementia. VCAAA is also providing free monthly memory screenings.

ELDERHELP PROGRAM IN-HOME SERVICES provide personal care, homemaker, chore, food boxes, emergency material aid, minor home repairs, modifications, and security devices to frail seniors. ①

ELDERHELP TRANSPORTATION program provides Dial-A-Ride Tickets (i.e. paratransit) and *Fixed Route Bus Tickets* for non-emergency medical appointments, shopping, visiting family, etc. Limited, free transportation to medical appointments for low income and frail seniors, and disabled adults unable to use the bus (for example clients requiring gurney transportation). ②

FALL PREVENTION has two main components: 1) Referrals from Emergency Response & Emergency Department staff of people who have fallen 2) VCAAA reaches out to individuals (and their families) to provide services to prevent a fall or to prevent another fall. The Evidence-Based classes are A Matter of Balance; Tai Chi; and Stepping On.

HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP). The purpose of *HICAP* is to provide free, unbiased counseling and community education on Medicare A, B, C, & D. HICAP completes comparisons on all products of C & D, retiree/employer Group vs. Medicare. HICAP resolves billing issues and helps apply for appeals. HICAP’s speaker bureau gives presentations on

Medicare 101, Prevention Services, Long Term Care, on all aspects of Medicare products, and on Medicare changes for the new year. HICAP gives advice regarding healthcare insurance options for those contemplating retirement.

HOUSING+ is a case management program in partnership with the Housing Authority City of San Buenaventura to provide supportive services to its older adult and younger disabled adult residents.

INFORMATION AND ASSISTANCE links persons aged 60 and above, persons with disabilities, and unpaid (family) caregivers in need of assistance, to the appropriate programs and services in their communities. This is considered the entry point/introduction to the services system network. LOIS.VCAAA@Ventura.org

SENIOR NUTRITION EDUCATION AND COUNSELING is provided for free by a Registered Dietitian.

SNAP-ED. The *Supplemental Nutrition Assistance Program-Education* (SNAP-Ed) program provides evidence-based nutrition education and obesity prevention services to older adults age 60 and older at eligible Title IIIIC congregate nutrition sites and other venues. ***Eat Smart, Live Strong*** is the evidence-based program designed to improve fruit and vegetable consumption and physical activity among able-bodied, 60-74-year-olds participating in or eligible for Food and Nutrition Service (FNS) nutrition assistance programs. The intervention is designed to help nutrition educators working with FNS programs and in communities deliver science-based nutrition education to the growing number of low-income older adults.

① Services available at no charge to frail Ventura County residents aged 60 and older. There is usually a waiting list for these services, and there may be additional eligibility requirements.

② Services available at no charge to frail Ventura County residents aged 60+ who are physically incapable of driving and have difficulty using public transportation. *A limited number of bus tickets and non-emergency medical transport are also available for disabled adults under age 60 – these clients must provide a copy of their ADA card or the referring agency must certify that the client meets ADA criteria.* VCAAA reserves the right, at any time, to place a cap the number of tickets and rides.

SUBCONTRACTED SERVICES - VCAAA subcontracts with community-based service organizations to provide the below-listed services

- **CASE MANAGEMENT– SOCIAL MODEL**
- **EMOTIONAL SUPPORT – The *Senior Support Line***
- **FINANCIAL ABUSE PREVENTION**
- **LEGAL SERVICES (Non-criminal legal guidance)**
- **LONG TERM CARE OMBUDSMAN (LTC)**
- **SENIOR COMMUNITY SERVICES EMPLOYMENT TRAINING (SCSEP) PROGRAM**
- **FAMILY CAREGIVER PRE-PLACEMENT COUNSELING**
- **CONGREGATE MEALS**
- **HOME-DELIVERED MEALS**

DEMOGRAPHICS

Ventura County Aged 60+ Population – Age Distribution By City

CITY/AREA (listed alphabetically)	Populations:		Percent of:		Ranking Based on Percentage of:	
	Total - All Ages	Aged 60 +	Aged 60+ Population Living in City or Area	County's Total Aged 60+ Population	Persons Aged 60+Within Respective City/Area	County's Total Aged 60+ Population
AREAS NOT LISTED BELOW	72,853	13,528	19%	9.0%	5	6
CAMARILLO	65,985	15,694	24%	10.4%	2	5
FILLMORE- PIRU	17,281	2,369	14%	1.6%	9	11
MOORPARK	35,033	4,589	13%	3.0%	10	8
OJAI - MIRA MONTE	28,681	7,573	26%	5.0%	1*	7
OXNARD	201,744	25,500	13%	16.9%	11	2
PORT HUENEME	21,949	3,709	17%	2.5%	7	10
SANTA PAULA	29,990	4,439	15%	2.9%	8	9
SIMI VALLEY	125,699	22,262	18%	14.8%	6	3
THOUSAND OAKS	128,126	29,040	23%	19.2%	3	1*
VENTURA	108,449	22,163	20%	14.7%	4	4
TOTAL	835,790	150,866 *	18%	100.0%	* = Highest	

Source: US Census Bureau Estimates (Ventura County and Cities, DP05: ACS Demographics and 2010-2014 American Community Survey, 5-Years, 2014) (Data is not available for all cities in the 2014 1-Year Estimates)

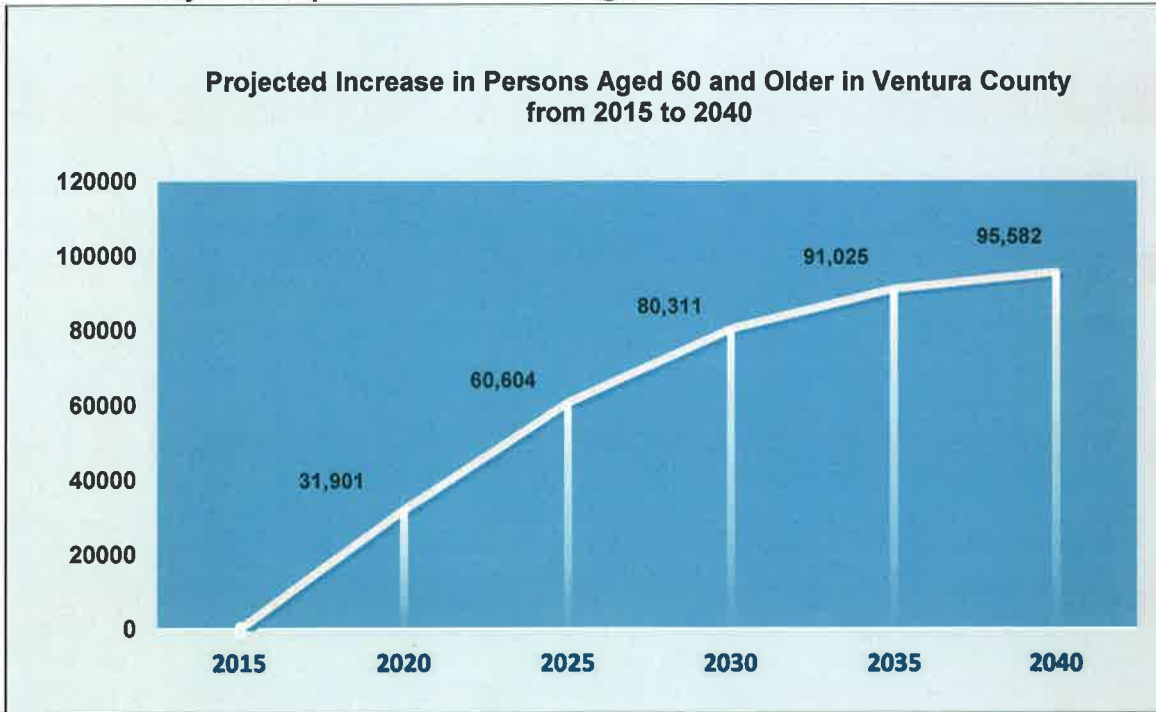
*The population projections of persons aged 60 and older (for Ventura County) from the US Census Bureau's American Community Survey is a conservative 150,866 and differs from the California State Department of Finance's December 2014 projection of 174,537.

Ventura County Aged 60 and Older Population Projections - 2010 to 2040

Year:	Pre-Retirees Aged 60-64	Young Retirees Aged 65-74	Mature Retirees Aged 75-84	Seniors Aged 85+	Total
2010	42,906	51,929	30,968	14,251	140,054
2015	49,893	68,581	33,649	16,294	168,417
2020	57,717	84,910	40,374	17,317	200,318
2025	58,071	98,633	53,396	18,921	229,021
2030	53,453	106,019	66,224	23,032	248,728
2035	49,256	102,357	77,378	30,451	259,442
2040	48,021	94,618	83,450	37,910	263,999

Source: California Department of Finance (State and County Total Population Projections by Race/Ethnicity and Detailed Age, 2010-2060, Report P-3, 2014)

Projected Population Increase in Aged 60 and Older – 2015 to 2040



Source: California Department of Finance (State and County Total Population Projections by Race/Ethnicity and Detailed Age, 2010-2060, Report P-3, 2014)

According to the California Department of Finance’s population projections, **Ventura County’s aged 60 and older population will increase by 95,582 persons or 56.7 percent between 2015 and 2040.** The Increase from 2015-2020 will be 18.9 percent; from 2015 to 2025 will be 36

percent; from 2015 to 2030 will be 47.7 percent; from 2015 to 2035 will be 54 percent. 2015 and 2040 will be 56.7 percent

Percent of Persons Living in Poverty in Ventura County

Poverty Status in the Last 12 Months	Population All Ages	Population Aged 60+
Below 100% of the poverty level	11.3%	8.6%
100 to 149% of the poverty level	9.5%	7.0%
At or above 150% of the poverty level	79.2%	84.4%

Source: US Census Bureau American Community Survey
(Ventura County Population 60 Years and Over, 1-Year Estimate, 2014, Report S0101, 2014)

Ventura County Residents Aged 65+ Living Below the Federal Poverty Level by Race / Ethnicity

Race/Ethnicity	Aged 65+ Percent Living Below Poverty Level
Native Hawaiian or Other Pacific Islander	<1%
White, non-Hispanic	5.7%
Asian	8.8%
Two or more races	10.5%
Hispanic or Latino	11.9%
Black or African American	14.6%
Native American or Alaskan Native	16.1%
Other	16.2%

ADVISORY COUNCIL

The 37-member Advisory Council provides advice to VCAAA staff on the agency’s policies, programs, and funding, and makes recommendations to the Ventura County Board of Supervisors. The Advisory Council reflects the geographic and cultural diversity of Ventura County. California Senior Legislature (CSL) – One CSL senator and two CSL assembly members. The Advisory Council forms task forces and committees as needed to address specific issues. Standing committees include the By-Laws Committee, Health Issues Committee, Legislative Committee, Livable Communities Committee, Planning, and Allocation Committee, Optimal Aging Committee, Outreach Committee and Senior Nutrition Program Committee.

ADVISORY COUNCIL OFFICERS – 2016-2017

- Chair: Antoinette Olson (Simi Valley)
- Vice-Chair: Suz Montgomery (Ventura)
- Secretary: Nancy Healy (Thousand Oaks)

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VENTURA COUNTY AREA AGENCY ON AGING

Planning & Service Area 18

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Victoria Jump, Director

