

# VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING



May 11, 2016

9:00 a.m. to 11:30 a.m.

Area Agency on Aging Advisory Council Center  
646 County Square Drive, Ventura (805) 477-7300

## AGENDA

- 9:00 a.m.
1. Call to Order and Agenda Review Nick Fotheringham
  2. Pledge of Allegiance Nick Fotheringham
  3. Approval of Area Agency on Aging Advisory Council Minutes of March 9, 2016 (page 1) Nick Fotheringham
  4. Public Comments

Procedure: The public is welcome to comments. All comments not related to items on the agenda may be made at the beginning of the meeting only.

5. Consent Agenda Items Nick Fotheringham
  - 5.1 Livable Communities Report from March 9, 2016 (page 5)
  - 5.2 Health Issues Committee Report from March 15, 2016 (page 9)
  - 5.3 Health Issues Committee Report from April 19, 2016 (page 15)
  - 5.4 Senior Nutrition Committee Report from March 28, 2016 (page 21)
  - 5.5 Senior Nutrition Committee Report from April 18, 2016 (page 17)
  - 5.6 Legislative Committee Report from March 9, 2016 (page 29)
  - 5.7 Optimal Aging Committee Report from March 23, 2016 (page 23)
  - 5.8 Optimal Aging Committee Report from April 27, 2016 (page 33)
  - 5.9 Outreach Committee Report from March 29, 2016 (page 35)
  - 6.0 Outreach Committee Report from April 26, 2016 (page 37)

### **DISCUSSION ITEMS/PRESENTATION/MOTION**

- 9:15 a.m.
- 6.1 VCAA Strategic Plan for FY 2016-2016 Modification by the Ventura County Board of supervisors Victoria Jump
  - 6.2 Outreach Update Jannette Jauregui
  - 6.3 Quarterly Grantee and Direct Service Performance Report Brian Murphy
  - 6.4 Recommendation and Approval of Grant Awards in the Cumulative Amount of \$474,548 for SER, Jobs for Progress for the Title V Senior Community Services Employment Program (SCSEP) and \$140,000 to Catholic Charities for Title IIIB Case Management for a Period of Up to Four Years Commencing FY 2016-2017; and \$60,000 to Marcy Sherbok

Senior Concerns for the Title III E Family Caregiver Resource Center serving the Conejo Valley (Moorpark, Thousand Oaks, Simi Valley) and \$120,000 to Camarillo Health Care District for the Title III E Family Caregiver Resource Center serving Camarillo, Oxnard, Ventura, and Ojai for a Period of Up to Three Years Commencing FY 2016-2017 (Page 39)

- |     |   |                 |
|-----|---|-----------------|
| 6.5 | Nominating Committee Regarding the Election of Officers, One (1) Service Provider and Five (5) Special Population Seats for FY 2015-2016.   |                 |
| 6.6 | Receive and File Presentation and Recommendation to Renew FY 2016-2017 Grantee Funding and Related Service Categories Including Service Category Deviations Greater or Less than 10%. (page 59) | Marleen Canniff |
| 6.7 | 1 <sup>st</sup> Year Grantee Presentation to the Advisory Council: Grey Law and Long Term Care Ombudsman  | TBD             |

**INFORMATIONAL ITEMS**

- |              |   |                   |
|--------------|---|-------------------|
| 7.           | Advisory Council Meeting Schedule for FY 2015-2016  | Victoria Jump     |
| 8.           | Other Committee Meetings: <ul style="list-style-type: none"> <li>a. California Senior Legislature Update</li> <li>b. Triple A Council of California Update</li> </ul> | June Glasmeier    |
| 9.           | California Commission on Aging AgeWatch for March 2016  | Nick Fotheringham |
| 10.          | Comments from the Chair   | Nick Fotheringham |
| 11.          | Other Business<br>Farmers Market Coupon Program for 2016<br>By-Laws Committee   | Nick Fotheringham |
| 11:00 am 12. | Adjournment   | Nick Fotheringham |

The next meeting will be:

Wednesday, June 8, 2016 (9:00 am – 10:30 am)  
Area Agency on Aging Advisory Council Center  
646 County Square Drive, Ventura

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least five days prior to the meeting.

VENTURA COUNTY AREA AGENCY ON AGING  
ADVISORY COUNCIL MEETING MINUTES

Advisory Council Center  
646 County Square Drive, Suite 100  
Ventura, CA 93003  
March 9, 2016

Advisory Council Members Present

David Birenbaum (Supervisory Appointee)	Suz Montgomery (Ventura COA)
Kay Brainard (Oxnard COA)	Antoinette Olson (Simi Valley COA)
Smita Dandekar (Supervisory Appointee)	Ginny Rockefeller (Ojai COA)
Jay Evans (Camarillo COA)	Marcy Sherbok (Special Population)
Nick Fotheringham (Thousand Oaks COA)	Sylvia Stein (Service Provider)
June Glasmeier (CSL)	Sue Tatangelo (Special Population)
Rose Gossom (Supervisory Appointee)	Robert Taylor (Camarillo COA)
Lori Harasta (Ventura COA)	Donald Todd (Special Population)
Lawrence Hartmann (CSL)	Vicki Tripoli (Moorpark COA)
Nancy Healy (Thousand Oaks COA)	Bill Witt (CSL)
Marty Kaplan (Supervisory Appointee)	

Advisory Council Members Absent

Cleo Anderson (Special Population)	Rosemary Flores-Gordon (Service Provider)
Dani Anderson (Special Population)	Neill Spector (Simi Valley COA)
Paul Boog (Port Hueneme COA)	Lisa Hayden (Supervisory Appointee)
Sandra Fide (Moorpark COA)	Alice Sweetland (Oxnard COA)

VCAA Staff Present

Marleen Canniff	Monique Nowlin
Jannette Jauregui	Christine Voth
Victoria Jump	

- 1. Call to Order and Review of Agenda** - The meeting was called to order at 9:00 a.m. by Chair Nick Fotheringham (Thousand Oaks COA).
- 2. Pledge of Allegiance** – Nick Fotheringham led the Pledge of Allegiance. A quorum was present.
- 3. Approval of Area Agency on Aging Advisory Council Meeting Minutes** - The minutes of the January 13, 2016, meeting were approved. (Gossom/Olson/Passed). June Glasmeier abstained.
- 4. Public Comments** –

Kay Brainard – Kay announced that in Oxnard they are establishing a homebound senior program connecting with seniors via Skype. They need help to get information out about the

program. If needed, a volunteer will go to the senior's house and set up their computer to enable them to Skype. The program is only available in Oxnard.

Lori Harasta – Lori mentioned the upcoming bi-lingual fall prevention forum to be held in Santa Paula on April 30, 2016.

Joe Kirby – Joe mentioned that March was national disability awareness month and pointed out that there was no mention of it on Twitter or Facebook by the VCAAA.

Jannette Jauregui – Jannette presented the Legacy Project to the Advisory Council. This is a new publication that profiles local community members that are making a difference in the community. The agency debuted the video at the Board of Supervisors.

Larry Hartmann – Larry provided handouts regarding the California Senior Legislature.

Nick Fotheringham – Nick welcomed new Advisory Council member member Walt Adair (Santa Paula).

- 5. Consent Agenda Items** – the consent agenda containing the Livable Communities Report from January 13, 2016, Health Issues Committee Report from January 19, 2016, Health Issues Committee Report from February 16, 2016, Senior Nutrition Committee Report from January 11, 2016, Senior Nutrition Committee Report from February 22, 2016, Legislative Committee Report from January 13, 2016, Optimal Aging Committee Report from January 27, 2016, Optimal Aging Committee Report from February 24, 2016, Outreach Committee Report from January 26, 2016, and Outreach Committee Report from February 23, 2016, was accepted. (Sherbok/Todd/Passed).

## **6. Discussion Items/Presentation/Motion**

- 6.1 Strategic Plan Public Hearing.** Nick Fotheringham, Advisory Council chair, opened the public hearing at 9:15 am. Christine Voth gave a PowerPoint presentation on the plan and provided a 6 page handout of the changes/updates that were made to the document since the plan was made available in February. Blair Craddock and Martha Shapiro with the Camarillo Health Care District provided public testimony.
- 6.2 Approval/Modification/Discussion of the VCAAA FY 2016-2020 Strategic Plan.** After the public hearing closed, the Advisory Council voted to modify the plan to include the testimony of Blair Craddock and Martha Shapiro. (Todd/Evans/Passed)
- 6.3 Call Me Capable.** Carol Leish provided a short presentation showing the possibilities of people with disabilities.
- 6.4 Formation of a Nominating Committee for Election of Officers for FY 2016-2017 and One Service Provider for FY 2016-2018.** Toni Olson presented the item. Marcy Sherbok, Vicki Tripoli and Ginny Rockefeller volunteered for the nominating committee.

- 6.5 **Planning and Allocation Committee Report and Recommendation to Approve FY 2015-2016 Grant Amounts for Unallocated Funds; Approving the rollover of \$14,631 in unallocated Title IIIE and \$66,283 in unallocated Title IIIC funds to FY 2016-2017; and to Direct Staff to Issue Request for Proposals (RFP's) for FY 2016-2017 for Case Management (Title IIIB), Senior Employment (Title V) and Family Caregiver Supplemental Services (Title IIIE).** Nick Fotheringham presented the report and the recommendations. (Evans/Taylor/Passed) Sue Tatangelo abstained from voting.
- 6.6 **Quarter 2 - Quarterly Grantee and Direct Service Report.** Brian Murphy presented 2<sup>nd</sup> quarter statistics. Advisory Council members asked questions about the Title V (Senior Community Services Employment program) and the low number of participants and the high per person cost. Staff explained that the number of Title V program participants is capped by the state and the high cost per participant is due to this being a subsidized employment training program and these funds are participant wages.
- 6.7 **Approval to contract with the following entities for the provision of senior nutrition services for FY 2016-2017; Camarillo Health Care District in the Amount of \$69,660 for home delivered and congregate meals; City of Fillmore in the amount of \$31,218 for home delivered and congregate meals; Help of Ojai in the amount of \$66,153 for home delivered and congregate meals; City of Moorpark in the amount of \$21,282 for home delivered and congregate meals; City of Oxnard in the amount of \$104,513 for home delivered and congregate meals; City of Port Hueneme in the amount of \$15,962 for home delivered meals; City of Santa Paula in the amount of \$31,750 for home delivered and congregate meals; City of Simi Valley in the amount of \$140,964 for home delivered and congregate meals; City of Ventura in the amount of \$89,150 for home delivered and congregate meals; Approval of Vendor contracts with Conejo Recreation & Park District for the purchase of congregate meals in the amount of \$84,807 and Jordanos Food Service for the purchase of food and non-food procurement and local food storage and delivery for the countywide senior nutrition program in the amount of \$739,976; Removing the Santa Paula meal site as a minimally funded site; Approving that any FY 2016-2017 unallocated funds, currently estimated at \$86,565, be used as a contingency fund in FY 2016-2017; Directing staff to provide clear language regarding “made from scratch meals” to providers; and Approving the continuation of the Camarillo Health Care Districts one day per month congregate program.** Jay Evans presented the report and the recommendations. (Todd/Olson/Passed). Sue Tatangelo abstained from voting. Discussed was the incomplete Sysco proposal.
- 6.8 **1<sup>st</sup> Year Grantee Presentation to the Advisory Council: Camarillo Health Care District Senior Support Line.** Jenica Polakow provided a short explaining informing the Advisory Council about the Senior Support line.

7. **Advisory Council Meeting Schedule.** The meeting schedule for FY 2015-2016 was included for informational purposes.
8. **CSL/TACC Update. June Glasmeier provided a short update.** Staff also provided an update on C4A capitol day and the activities underway to augment the home delivered meal program statewide.
9. **Committee Membership Selection for FY 2015-2016.** Included for informational purposes.
10. **California Commission on Aging AgeWatch for January 2016.** Included for information purposes.
11. **Comments from the Chair** – Nick Fotheringham mentioned that he just returned from a trip to Northern Japan. During the trip he fell 3 times but didn't have any injuries.
12. **Other Business** –
  - Victoria Jump – reminder regarding the Form 700 reminder was given.
  - Marty Kaplan – Marty mentioned the new agency post card.
  - Brian Murphy – Brian provided mileage reimbursement forms for AC members.
13. **Adjournment** – the meeting was adjourned at 11:59 am.

**TO:** VCAAA Advisory Council Members  
**FROM:** Jay Evans, Chair  
**DATE:** March 9, 2016  
**SUBJECT:** **Livable Communities Committee Report from March 9, 2016**

Committee Members Present (5)

David Birenbaum (Supervisory Appointee)  
Jay Evans (City of Camarillo)  
Nick Fotheringham (City of Thousand Oaks)  
Rose Gossom (Supervisory Appointee)  
Antoinette "Toni" Olson (City of Simi Valley)

Committee Members Absent (2)

Dani Anderson (Representative for Persons with Disabilities)  
Suz Montgomery (City of Ventura) - *Excused*

VCAAA Staff Present (3)

Victoria Jump, Agency Director  
Christine Voth, Manager, Business Strategy and Strategic Planning  
Jaclyn Zaragoza, HomeShare Manager

1. **Welcome and Introductions** – The meeting began at 11:02 AM.
2. **Public Comments** – None
3. **Approval of minutes from January 13, 2016** - Approved (Toni/Rose). Victoria provided an update regarding the listing in the January minutes, Item #3, Goals and Objectives FY 2016-2020, which stated "Develop a tool that lists best practices in Universal design." Victoria said such a tool was created by the Housing and Transportation Committee in February 2014, and could be placed on the VCAAA website. We will encourage others (cities, planners, builders, etc.) to review and utilize this tool. The tool is named "Adaptable and Universal Design Condition of Approval."
4. **VCAAA Website. What does the committee want to see on the VCAAA website relative to resources and current programs involving transportation? Housing? Livable Communities?**

The committee recommended the VCAAA a website have separate pages (links) for each of these categories: **Transportation, Housing and Livable Communities.**

Jay asked Victoria how staff and volunteers are being included in the VCAAA's web

redesign. She said Jannette will be redesigning the site and working with each staff person as applicable. The county's IT department will handle the HTML portion. Jay recommended the new web design include a site map. Christine will work with Jannette to start a list of resources for the agency website to be included under the three above-named categories.

Jay suggested Victoria send an email to all Advisory Council members regarding the website being updated and asking for their input. He asked if there is a best practices for AAA website, which might be helpful to Jannette. Victoria replied that the agency is limited what it can do with the site because it must be consistent with and follow a specific format dictated by the County.

5. **Transportation Goals and Objectives, FY 2016 to 2020 and beyond to 2030.** Victoria said people need to be educated to plan ahead for their future transit needs. The website is an opportunity to get people to think about planning what to do when they are no longer able to drive. Statistically, people live an average of seven years after they stop driving.

Toni commented that sometimes people are given too much information and are their overwhelmed. She suggested consolidating information so that it is concise and easy to understand. Rose suggested that persons giving up driving need to be reminded of the financial savings of not driving. No longer is there an expense for car insurance, car payments, and you all vehicle registration, gasoline, car maintenance, etc. Some of these funds can be diverted to pay for taxis and bus rides. Everyone agreed that it is important to address the positive aspects of giving up driving.

Ideas for links transportation links on the VCAAA website:

- Travel Training - As provided by Mobility Management Partners.
- Classes on how to pass a written DMV test - "On the Road to Success."
- Senior driver safety resources such as the AARP, AAA (auto club), Car Fit, etc.
- Information about bus routes in each city. David noted that each community has different resources such as Thousand Oaks has dial-a-ride, which requires an ADA card. Younger seniors have to take the bus.
- Link to 211 (managed by Interface) - Victoria said that 211 routinely refers seniors to VCAAA's Information and Assistance staff.
- For-profit organizations - Jay asked Victoria if for-profit resources could be listed on the website such as nonemergency medical transportation. Victoria said to do so we would have to include a disclaimer.
- Nonprofit/volunteer organizations that provide transportation such as Caregivers: Volunteers Assisting the Elderly.

Toni inquired about the status of Mobility Management Partners... Is it working? Jay responded that less than 40% of the persons eligible to submit log sheets for reimbursement do so. The senior is responsible for recruiting the driver in submitting the reimbursement request. The grant has been extended. David



suggested using college students to provide senior transportation. Victoria remarked that to do so would be a liability issue.

Does anyone have information DMV's ombudsman for seniors? Jay said he has the contact information for that person.

6. **National Campaign Challenges Older Drivers to Make a Plan Before Giving Up the Keys.** Christine shared the brochure with committee members and reminded that it can be viewed online at <http://www.n4a.org/Files/N4a-transportation-brochure-fnl.pdf>.
7. **Information Item:** Helen, Dennis (2016, February 22). Successful Aging: When it's Time to Stop Driving. *LA Daily News*. Retrieved from: <http://www.dailynews.com/seniors/20160222/successful-aging-factor-in-practical-issues-when-considering-if-its-time-to-stop-driving>.
8. **Report: VCAA Home Share Program - Jaclyn Zaragoza.** Jaclyn reported there have been many positive changes recently. There were 18 matches in the first six months of the fiscal year; there are new application forms; there is an ongoing recruitment of new providers; and a part-time person will join the HomeShare staff next month.

Jay suggested VCAA get to know more about the newsletters published by the cities and utilize them. For example, publicizing HomeShare in a utility will insert etc.

- ADD: **Report: Update on Uber – Victoria Jump.** The agency has been meeting with Uber since last summer, and Uber attorneys have spoken with the County. Uber is willing to make changes to accommodate our needs. Uber would be made available through the ElderHelp program at this time as VCAA would book the ride.

**Report: Other** - Victoria shared that Beth Shephard has left the agency to pursue other activities and possibly continue her education. Currently, interviews are in process for her replacement. The new person will be an advocate for transportation and will manage the ElderHelp program.

Jay said Beth had been working with city representatives regarding tokens and asked who will be taking on that task. Victoria said she will contact Beth to ascertain the status.

9. **Other Committee Involvement/Notification, if any:** None
10. **Next Meeting Date:** Wednesday, **March 9, 2016**, 11 AM to Noon, Garden View Room
4. **Report: VCAA Transportation Program –** Beth Shephard provided an overview of the program, which includes door-to-door MediRide services, dial-a-ride tickets and fixed route tickets. Referrals for many ride services are typically

received from a social services case manager or medical provider. Beth asked the committee to advise her on the statistics that she should report to them at their meetings. A discussion followed.

For MediRide, the committee asked Beth to report on the following items:

- Number of rides requested
- Number of rides approved/took place,
- Details about the rider such as age, gender and if the person lives alone, etc.

David asked if it was possible to show on map where there are clusters of MediRide requests, which perhaps could be identified on a GIS map.

5. **Report: HomeShare Program** – Jaclyn gave an overview of the program and provided the current numbers of providers and home seekers. She said the greatest need is for home providers. HomeShare is working on a marketing and outreach plan, which will be used as a tool to attract more providers. Their goal is to attract 25 more providers by mid-March 2016.
6. **Other Committee Involvement/Notification, if any:** None
7. **Next Meeting Date:** Wednesday, **March 9, 2016**, from 11 am – 12 pm

The meeting was adjourned at 12:20 PM.

**TO:** VCAAA Advisory Council Members

**FROM:** Ginny Rockefeller, Chair

**DATE:** March 15, 2016

**SUBJECT:** **Health Issues Committee Meeting Report from March 15, 2016**

Committee Members Present (4)

David Birenbaum, DDS (Supervisory Appointee)  
Smita Dandekar (Supervisory Appointee)  
Jay Evans (City of Camarillo)  
Lori Harasta (Ventura COA)  
Ginny Rockefeller (City of Ojai)  
Sue Tatangelo (Family Caregiver Representative)

Health Issues Committee Members Absent (1)

Lisa Hayden (Supervisory Appointee)

VCAAA Staff Present (4)

Patti Jaeger, Registered Dietitian  
Victoria Jump, Agency Director  
Monique Nowlin, Deputy Director  
Christine Voth, Manager, Business Strategy & Strategic Planning

Guests Present (3)

Steve Lehman, SCAN Health and Wellness Center  
Blair Craddock, Ventura County Evidence-Based Health Promotion Coalition (CHCD)  
Teri Helton, Livingston Memorial VNA

**1. Welcome and Introductions**

Meeting called to order at 1:01 p.m.

**2. Public Comments**

Steve Lehman shared his delight at being able to attend this meeting. He likes to stay abreast of VCAAA's activities as he is a former member of the VCAAA Advisory Council and represented Ventura County in the California Senior Legislature.

**3. Review/Approval of Minutes from November meeting**

Approved. (Sue/Smita)

**4. Senior Nutrition Program Placemat – Patti Jaeger**

At the January meeting of the Health Issues Committee, Patti reported the manager

of Senior Share (previously known as Brown Bag) told her FOOD Share no longer wanted to distribute copies of the Senior Nutrition Program placemat to recipients of the Senior Share bags because there were already many materials being distributed in the bags. The committee asked Patti to confirm this with the president and CEO of FOOD Share, Bonnie Weigel Atmore. Patti's phone call to Ms. Atmore was never returned. The committee concluded this change creates an opportunity to distribute the placemats to other interested organizations. Smita remarked the Simi Valley Senior Center would be a good site to distribute them in their food bags each Tuesday. Working directly with distributors of food bags was an idea expressed at the last meeting.

Members commented on the enormous popularity of the placemat. Steve inquired if VCAAA has sufficient funding to print the placemats. Victoria said funds have been budgeted for twelve months of placemats to be printed in English and Spanish. She asked the committee to consider approving the increase in the distribution of placemats from once a month to twice a month (24 versions per year) pending the availability of funding. Victoria said 16 placemats are in development in English, and they will soon be available in Spanish once the translation has been completed. Victoria requested the committee suggest more topics for the placemats. Sue asked if the committee could get a list of topics currently being featured.

Recipes featured on the placemats use ingredients that can be purchased from budget-type stores such as the \$.99 Store, Dollar Tree, Dollar General, etc. It was suggested that VCAAA consider inviting one of these entities to provide funds to pay for printing costs; it would be advertising for that store. Victoria said Jannette Jauregui, VCAAA's public information officer, is in process of creating a video about the placemats. The video would be useful in attracting a sponsor.

Jay Evans asked if 211 was on the placemat. Victoria said calls made to 211 regarding senior issues are referred to VCAAA, and there is no room on the placemats to add more information. However, she said we could revisit what entities are currently listed on the placemat.

**Action Items:**

- 1) Victoria will provide list of topics being featured on existing placemats for Christine to distribute to the members at least a week before the next meeting on April 19.
- 2) At the next meeting on April 19, members will make recommendations for additional topics for the placemats.
- 3) VCAAA will investigate the possibility of finding a sponsor for the placemats.

**Optimal Living Club (OLC) - Launch on May 25, 2016 - Victoria Jump.**

For the benefit of the newer committee members, Victoria reviewed the purpose of the Optimal Living Club and the club items (T-shirts, bag, water bottle, etc.).

**OLC T-Shirt.** Photos of the redesigned unisex T-shirt, navy blue fabric with white lettering, were distributed. Victoria explained the original white T-shirt was too

costly as it required thicker fabric. The T-shirt is intended to be a walking advertisement for the OLC as well as an incentive for continued participation. The initial order will be for 1000 shirts sizes ranging from small to extra-large. Participants in the evidence-based fitness classes (Matter of Balance, Walk with Ease, etc.) will be the initial members of the OLC, and recipients of the T-shirt. The committee approved the redesigned T-shirt (Sue/Jay).

Action Items:

- 1) Victoria will provide the current list of items to Christine, and she will distribute it to the members at least a week before the next meeting on April 19.
- 2) At the April 19 meeting, the committee will:
  - a) Specify the number of evidence-based classes a person must complete to be eligible to receive the OLC shirt. (This was discussed today but not voted on.)
  - b) Specify the record-keeping format (passport, diary, etc.) to be used by OLC members to keep track of their OLC activities.
  - c) List the priority in which the items will be awarded, such as T-shirt will be the first item, etc. and for what classes.

**6. National Senior Health & Fitness Day (NSH&FD), May 25, 2016.**

Coinciding with NSH&FD, VCAAA will debut its Optimal Living Club on May 25. Steve urged VCAAA to work with the Ventura Star to get a feature written on the debut of the club, as well as NSH&FD.

Christine reported that last month she emailed information about NSH&FD to senior center managers and other comparable entities, including information about the opportunity to register as a certified event provider (at the NSH&FD website) at no cost. Christine asked recipients to let her know what activities their organizations were planning. A few responses were received, but none lately.

The question arose if an event needed to be registered with the NSH&FD website (for the event to be certified and listed on the national NSH&FD website) and the answer is yes. SCAN Health and Wellness Center, VCAAA and the Camarillo Health Care District are registered with NSH&FD site. Livingston Memorial VNA will participate in VCAAA's activities. Lori inquired about how Livingston Memorial VNA's activities will interface with VCAAA activities. Steve reminded everyone that organizations interested in participating do not need to create a new event; they can utilize an existing event. (He had shared this with senior center managers when he recently met with them.)

Action Items (VCAAA):

- 1) Follow-up with senior center managers and other entities re activities planned for NSH&FD; and asked if they are registered on the NSH&FD website.
- 2) Advise Livingston Memorial VNA (c/o Lori) how that organization will interface with VCAAA's activities on May 25.
- 3) Get a feature article placed in Ventura Star about the debut of the Optimal

**7. Evidence-Based Exercise Classes – Blair Craddock**

Blair said they are working diligently to schedule evidence-based classes in other cities. She reported great success with the Matter of Balance class presented at ARC in Camarillo. Participants were the most enthusiastic, and had the most consistent attendance to date.

Diabetes Education Empowerment Program (DEEP) training will be held April 4 to April 6, at the Camarillo Health Care District (CHCD) with participants from CHCD, Gold Coast Health Care Plan, SCAN Health and Wellness Center, St. John's Regional Medical Center, VCAAA and volunteers. The training class is full. The classes for participants consists of six sessions. They are flexible and may be taught in any order.

Smita announced the wonderful success and popularity of the Matter of Balance class taught at the Simi Valley Senior Center. 21 people are on the waiting list for the next class.

**8.\* Lecture series with panel of medical and dental professionals to discuss health issues facing seniors – Dr. David Birenbaum, DDS**

Dr. Birenbaum provided an overview of his idea for the series, which he has also discussed with Victoria. The committee agreed to support the pilot program for this project, as listed below.

- 1) The first event will be scheduled in Thousand Oaks, preferably at the Goebel Center during the week of June 12 (if possible). VCAAA will secure the venue and provide publicity. Speakers will need a blackboard or whiteboard on-site for the presentation.
- 2) Dr. Birenbaum suggested the pilot feature two topics, Dental Issues and Ophthalmology, geared specifically to seniors (persons aged 60 and older); and each presenter would have 20 minutes to speak and 10 minutes for questions and answers. Committee members strongly suggested allowing a full hour for one topic with 30 to 40 minutes for the presentation followed by questions and answers. Thus, the presentation to be done the week of June 12, would be on dental issues; and the topic on ophthalmology could be scheduled for another day, time and site. Dr. Birenbaum will consider this suggestion. Further discussion will continue at the April meeting.
- 3) Dr. Birenbaum will serve as the moderator for presentations done in Thousand Oaks.
- 4) Jay recommended that a list of resources (previously compiled for the committee) be provided to participants on how they can follow up on dental care, etc. (It may need to be updated.)
- 5) A survey will be given to attendees to complete at the end of the event asking them to evaluate the presentation, and to weigh in on topics for future presentations.

If the pilot is successful, we can move forward with for future presentations. Dr. Birenbaum strongly encourages utilizing presenters whose only goal would be to

help seniors, and not solicit business for their practice nor be self-serving. He said retired or semi-retired professionals would be ideal, especially if they are seniors. He has secured commitments from six professionals to talk about topics of interest to older adults such as cardiovascular disease, oncology/hospice, orthopedics, physical therapy, balance and fall prevention, etc. Another topic might be osteoporosis. Ginny recommended a presentation on urogenital issues affecting older adults.

Victoria said VCAAA will have ownership of the project with guidance from the Health Issues Committee. VCAAA/the committee does not want to compete with other organizations nor duplicate efforts. Victoria indicated the presentations would be throughout the county, and some would be Spanish for our Spanish speaking older adults. She said VCAAA has the connections to secure presenters (in addition to those selected by Dr. Birenbaum).

Action Items:

- 1) VCAAA – Per guidelines listed above, secure venue and provide publicity for pilot event.
- 2) Develop evaluation/survey to be given to attendees at close of pilot presentation.

**\*NOTE - This project is consistent with the Goal #1 for 2016-2020 of the Health Issues**

**Committee, which is:**

*Education for the Consumer: Educate older adults to be wise health care consumers and to advocate for themselves by encouraging collaborations among the medical community, community based service programs, faith-based organizations, insurance providers and government entities.*

**9. Other Committee Involvement/Notification – if any. None**

**10. Next Meeting: April 19, 2016, from 1 PM to 2:30 PM**

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**TO:** VCAAA Advisory Council Members

**FROM:** Ginny Rockefeller, Chair

**DATE:** April 19, 2016

**SUBJECT:** **Health Issues Committee Meeting Report from April 19, 2016**

Committee Members Present (5)

David Birenbaum, DDS (Supervisory Appointee)  
Jay Evans (City of Camarillo)  
Lori Harasta (Ventura COA)  
Ginny Rockefeller (City of Ojai)  
Sue Tatangelo (Family Caregiver Representative)

Committee Members Absent (2)

Smita Dandekar (Supervisory Appointee)  
Lisa Hayden (Supervisory Appointee)

VCAAA Staff Present (3)

Christine Voth, Manager, Business Strategy & Strategic Planning  
Jannette Jauregui, Public Information Officer  
Patti Jaeger, Registered Dietitian

Guests Present (3)

Blair Craddock, Ventura County Evidence-Based Health Promotion Coalition (CHCD)  
Teri Helton, Livingston Memorial VNA  
Wendy Amaro, Camarillo Health Care District

1. **Welcome and Introductions.** The meeting called to order at 1:06 p.m. The committee welcomed the new director of Care Transitions for the Camarillo Health Care District, Wendy Amaro, MPH.
2. **Public Comments:**
  - a. Christine announced that VCAAA/Ventura County has been designated as a Dementia Friendly America (DFA) initiative partner/community. More information to follow.
  - b. Jannette prepared an eight-minute video that was shown at the Board of Supervisors' meeting today in conjunction with the approval of the Master Strategic Plan. The Board like the video.
  - c. Sue announced that Camarillo Health Care District has received the distinction of being the district of the year.

- d. Teri announced the need for letters to support ePOLST. She will forward samples to Christine. Ventura County is hoping to be one of three pilot sites in the state.
- e. Lori reminded everyone about the (1) Ventura Council for Seniors event at VACE on April 21, featuring an overview of VCAAA; (2) the Fall Prevention Forum to be presented in Spanish and English in Santa Paula on Saturday, April 30; and (3) the coalition building workshop in Port Hueneme on May 5 8:30 AM to noon, Partnership for Healthy Ventura County.

**3. Review/Approval of Minutes from November meeting – Approved (Sue/Jay)**

**4. Launch of Optimal Living Club (OLC) - The committee reviewed, discussed and approved the below-shown recommendations made by staff. (Sue/Lori)**

**RECOMMENDED ACTION: Phase 1: Start Date – May 25, 2016**

Fitness Tools. Using Older Americans Act Title III D funds, VCAAA has purchased seven fitness tools for the OLC program. Those tools are (in alphabetical order):

- Backpack, drawstring type
- Carabiner with reflective light
- Sports bottle
- T-shirt
- Calendar note pad
- Pedometer
- Stretch bands

Fitness Classes. OLC membership will be available to individuals taking these evidence-based fitness classes\*:

- A. Matter of Balance – 8 week class
- B. Tai Chi: Moving for Better Balance™ (TCMBD) – 12/26 week class
- C. Walk with Ease – 6 week class

Membership. Individuals taking Title III D funded evidence-based fitness classes will become members of the OLC. All OLC members will receive a fitness tool T-shirt at the first meeting of the class. Thus, when participants register for a class by phone, they will need to give their name and T-shirt size.

OLC Registration and T-shirt. At the meeting of the first class, the instructor will ask each participant to complete an OLC registration form, asking the person's name, age, email address, zip code, confirmation of their T-shirt size; and if they are a current member of the OLC. VCAAA will record each member in a database.

Distribution of Fitness Tools to Members. A member will receive an additional fitness tool upon completion of the benchmark that allows VCAAA to include that individual in its reports (to ensuring fidelity with the model). Members who have perfect attendance in a class will receive another fitness tool. Members who complete all three of the above classes will be "Optimal Living Champions."

**Distribution of Fitness Tools by Classes.**

<b>Class</b>	<b>Fitness Tool #1: Given at the first class meeting</b>	<b>Fitness Tool #2: Given upon member reaching benchmark</b>	<b>Fitness Tool #3: Given at final class to members with perfect attendance</b>
Matter of Balance	OLC T-Shirt	OLC calendar/notepad	OLC Backpack
Tai Chi: Moving for Better Balance™ (TCMBD)	OLC T-Shirt	OLC Stretch Bands	OLC Carabiner with reflective light
Walk with Ease	OLC T-Shirt	OLC Pedometer	OLC Sports Bottle

Each class instructor will be given a supply of T-shirts and fitness tools #1 and #2 for their classes at the time she or he picks up class materials. Jannette Jaurgeui (VCAAA) will coordinate the distribution of tools. The inventory will be kept at VCAAA and distributed as needed. There will be a record of the tools given to each instructor.

**PHASE 2 – Start date to be determined**

Fitness Tools.

- Only one T-shirt per person will be distributed.
- Additional tools will be determined at a later date. Title III D funds may only be used to purchase fitness tools such as those listed under Phase 1.

Fitness Classes. All classes will be Title III D evidence-based highest-tier fitness classes.

Other Activities Eligible for Tools. During previous meetings, the committee discussed other activities for which a member would be recognized by the award of a 'tool' or some other item for committing to optimal living/optimal health. These activities were suggested:

- Participation in non-evidence-based fitness classes that are recognized in the community such as Yoga for Wellness, Bone Builders, Mindfulness Meditation, UCLA Brain Training, Memory training
- Immunizations such as current flu shot, shingles vaccine, pneumonia vaccines (there are two now)
- Annual physical exam
- Annual dental exam
- Volunteer activities
- Other activities to be determined

Alternate funding sources would have to be found/identified to pay for tools (incentives) for the above listed activities (because Title III D funds could not be used). Additional details for Phase 2 will be determined.

Blair asked that Jannette send copies of flyers, the logo, etc. to her and to Sue. Wendy requested that samples of the OLC tools be available for display at the Advisory Council meeting on May 9.

5. **Senior Nutrition Program Placemat** - At the meeting held in March, Victoria requested the committee recommend more Healthy Living topics be featured in future placemats. Christine provided a worksheet showing the Healthy Living topics that have been featured on the placemats to-date. Listed below are the new topics recommended by the committee:

1. Stress Management
2. Diabetes/Pre-Diabetes
3. Caregiver Resources
4. Understanding Food Expiration Dates
5. Depression - Warning Signs and What to do
6. Importance of Socialization/Engagement with people and/or pets
7. Brain Fitness/Training
8. Handwashing - Proper technique, benefits, helps to prevent UTI, etc.
9. Taking Charge: Advance Directives/POLST – List resources
10. Dental Health
11. Dementia - Signs of and What to do
12. Empowerment: When and How to Ask for Help (Example: “My shelf is too high for me to reach my plates. I need help to move it.”)
13. Financial Fitness
14. How to Talk to Your Doctor
15. Building Your Legacy - Sharing Your Story (with family members, StoryCorp, etc.)
16. Foot Care

6. **Senior Health & Fitness Day® (NSHFD), May 25, 2016** – Jannette updated the committee on the activities planned, community partners to be participating and the media plan.

7. **Pilot for lecture series with panel of medical and dental professionals** – Dr. Birenbaum shared his outline for the pilot program to occur the second week in June. The format will be two lecturers, each consisting of 45 minutes (30 minutes presentation and 15 minutes for Q&A) talking about health items that are specific to older adults. He will lecture on dental issues and an ophthalmologist will lecture on eye-related issues (macular degeneration, cataracts, etc.) The goal is for attendees to take away “a few pearls” of information. The target attendance is 20 persons. Dr. Birenbaum shared ideas for future presentations if the one held in June is successful. VCAAA will work on finding a venue for the lecture, will provide publicity and a feedback questionnaire to be completed by attendees. The lecturers will need a white board for their presentation. Jannette recommended being open to people dropping in for the lecture.

8. **Evidence-Based Exercise Classes** – Blair Craddock announced that DEEP (diabetes) training start in early May. Fifteen persons have been trained to teach the class. The Matter of Balance classes continue to expand to other locations in the county.

**ADDED TO THE AGENDA:**

**Faith Leaders Health Symposium – Discussion Continued from Prior Meetings -**

Teri Helton requested this item discussed at prior meeting be added to the agenda. Teri shared a list of goals for the symposium. She is in the process of developing the learning objectives. The purpose of the symposium would be to educate and assist persons in faith-based communities on how to access and understand community resources. Dr. Birenbaum disagreed with the idea to hold a symposium.

- 9. Other Committee Involvement/Notification – if any. None**
- 10. Next Meeting: May 17, 2016, from 1 PM to 2:30 PM in VCAAA's Advisory Council Conference Room.**

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**TO:** VCAAA Advisory Council Members  
**FROM:** Toni Olsen, Chairperson  
**DATE:** March 28, 2016  
**SUBJECT:** **Senior Nutrition Committee Report from March 28, 2016**

Senior Nutrition Committee Members Present

Rose Gossom (Supervisorial Appointee)  
Toni Olson (Simi Valley COA) - Chairperson  
Donald Todd (Veterans Representative)  
Vicki Tripoli (Moorpark COA)

Senior Nutrition Committee Members Absent

Alice Sweetland (Oxnard COA)  
Jay Evans (Camarillo COA)

VCAAA Staff Present

Marleen Canniff  
Brian Murphy

Guests

S.N.A.C. Board Officers: Gloria Smith, President; Terry Wolf, Treasurer

1. **Call to Order** – Chairperson Toni Olson called to order the meeting at 10:00 a.m. A quorum was present.  
  
Welcome and Introductions
2. **Public Comments** – None
3. **Approval of Minutes from the 2/22/2016 Meetings** – *Toni Olson moved to approve the minutes from the above prior meeting; it passed unanimously.*
4. **Meals Served Count and Food Cost per Meal through the end of February 2016** – The meal count is at **108%** of contracted amount. **125,177** meals were served so far in fiscal year 2015-16, with 15,563 of that amount served in February, which is a 9% increase from last month. Jordano's-supplied meal count is 13,854 for the month, and the non-Jordano's meal count is 1,709. The cost per meal for Jordano's-supplied food in February is \$3.73, with a total average YTD cost per meal at **\$3.92**. The budgeted food cost is \$4.10 per meal.

**5. Projection of Meals through June** – Senior Nutrition Program meals are projected to be at 111% of contracted levels at FY1516 end. This projection includes Santa Paula’s increase in service to provide home-delivered meals and Simi Valley, Conejo Recreation and Park District, HELP of Ojai, and Ventura on track to raise contracted levels of service to 120%, as their amended contracts allow.

**VCAAA FY1516 SNP Meals Projection Thru June 2016**

Meal Sites	FY15-16 Contracted Meal Counts	YTD Contracted Meals	YTD Actual Meals Served	YTD % of Contracted Meals	Meals Beyond Current % Projected March-June	FY1516 Projected Total Meal Counts	% of Contracted Meals Projected
Camarillo HCD	20,460	13,640	15,245	112%		22,868	112%
Fillmore	10,887	7,258	7,850	108%	139	11,914	109%
Moorpark	7,250	4,833	5,342	111%	108	8,121	112%
Oxnard	33,400	22,267	22,521	101%	330	34,112	102%
Port Hueneme	6,500	4,333	4,116	95%		6,174	95%
Santa Paula	4,900	3,267	2,929	90%	1,549	5,943	121%
Simi Valley	39,638	26,425	28,693	109%	1,509	44,548	112%
Ventura	19,426	12,951	14,315	111%	613	22,085	114%
Conejo RPD	10,511	7,007	8,333	119%	388	12,888	123%
HELP of Ojai	17,025	11,350	13,162	116%	229	19,972	117%
San Salvador	3,982	2,655	2,674	101%		4,011	101%
<b>TOTALS</b>	<b>173,979</b>	<b>115,986</b>	<b>125,180</b>	<b>108%</b>		<b>192,636</b>	<b>111%</b>

**6. Senior Nutrition Action Council S.N.A.C. Update**

The Senior Nutrition Action Council (S.N.A.C.) officers have hand delivered checks for \$1,500 to all participating VCAAA meal sites; however, they were unable to reach San Salvador Mission to schedule a visit to present the check. After several attempts to contact the Piru-based meal site director, S.N.A.C. members received no response. S.N.A.C. representatives also reported that they are looking for volunteers for the Thrift Shoppe. Staff stated that Camarillo Health Care District has agreed to get the word out to its seniors about this opportunity to volunteer. Committee members suggested the nonprofit also seek volunteers through local Kiwanis, Rotary, and Soroptimist Clubs.

**7. SNP New Videos Report**

VCAAA’s new Public Information Officer, Jannette Jauregui, has created three Senior Nutrition Program-related videos to share on social media pages and in other outlets. The committee watched the following videos, giving positive feedback for each:

- (1) VCAAA SNAP-Ed
- (2) VCAAA Senior Nutrition Placemats
- (3) Senior Nutrition Garden



## 8. Freezer for Emergency Food Update

The Advisory Council approved \$19,000 in Title IIIC1 funds to be allocated for the emergency food pantry toward the cooling system upgrade (and noise mitigation) to allow for proper ventilation for current commercial freezer plus funds to purchase the commercial refrigeration for use by the SNP. The itemized cost of the commercial refrigerator is \$4,000, cost of cooling system upgrades is \$11,000, and the retrofit to mitigate noise (resulting from two pieces of commercial equipment in a small room) is \$4,000. The Credit Union has provided \$2,000 in funding to be applied to Senior Nutrition Program costs, particularly to provide meal service for seniors with special diet restrictions, such as renal and diabetic diets. With the Piru meal site no longer being funded and the need to provide home delivered meals for residents there starting in July, the need is more urgent.

The General Services Agency has commenced with permitting and other issues related to getting this project underway. In the meanwhile, the California Department of Aging is in the process of reviewing VCAAA's request to use Title III C (SNP) funds to pay for this project.

## 9. New SNP Grants FY1617

- a. The committee discussed the grants that were approved at the March 9, 2016, VCAAA Advisory Council meeting.
- b. Santa Paula's Home-Delivered Meal Program – A new home-delivered meal program in Santa Paula was AC approved for FY1617. Because the Meals on Wheels program in Santa Paula, run by the Assistance, Interest & Meals (A.I.M.) Council, will be closing March 31, the AC also approved FY1516 program funding of \$6,800 for the City of Santa Paula to begin serving on April 1 through June 30, 2016. This FY15-16 funding covers about 1,300 meals, which is \$3,900 (\$3 per HDM meal) as well as \$2,900 for one-time setup costs. Jordano's FY1516 contract increased by \$5,200 for the food cost of these additional meals (at \$4 per meal).
- c. San Salvador Mission Not Approved for Funding – The Advisory Council Task Force committee eliminated San Salvador Mission's RFP proposal, due to an incomplete application package that did not supply the requested information/ attachments, as well as the grantee's history of program noncompliance.
  - i. Meal Service in Piru Discussion – FY1516 Home-Delivered Meals Program has 7 active clients who receive hot meals daily. Its Congregate Meal Program has 39 active clients, and a part-time cook serves about 11 meals a day at the Piru meal site.
  - ii. San Salvador Mission Appeal – The meal site director has indicated that he will appeal the task force decision to eliminate this proposal. As of the date of these minutes, the appeal has not been received by VCAAA.
  - iii. SNP Equipment – SNP-funded equipment at the San Salvador Mission meal site will need to be returned to the program for distribution to other sites, or the San Salvador Mission may have the option to purchase the equipment.

## 10. Other Committee Involvement/Notification

Outreach Committee – The Outreach Committee has \$2,000 allocated to promotional outreach. The SNP Committee discussed ideas to get the word out about Santa Paula's new home-delivered meal program as well as general information about the varied SNP services

provided at each meal site, included congregate meals, type of home-delivered meal services (i.e., daily hot or weekly frozen), nutrition education, and volunteer opportunities.

## 11. Other Business

- a. Farmer's Market Program – VCAAA scored the number 1 spot, having the highest redemption rate in the state of California for the 2015 season for the Senior Farmer's Market Program. Patti Jaeger will give a full report at a coming Advisory Council meeting.
- b. The Jordano's 2016 Food and Equipment Show – This show was held at the Earl Warren Showgrounds in Santa Barbara on March 20 (10am-5pm) and 21 (10am-4:30pm). Patti and Teresa found some possible new food items at the show: 1) the 4-ounce Grilled Chicken Breast; 2) the 3-ounce Panko Crusted Tilapia; and 3) Carrot Ginger Soup. The committee was curious about whether or not the Beef/Turkey Meatballs should be added to this list of possible items. Patti will contact Jordano's within a few weeks to discuss the nutritional, price, and specifics. If the items meet the SNP requirements, Jordano's will send samples, and VCAAA will proceed with a taste test. If approved, Jordano's will set up a warehouse slot, vendor numbers, etc. This entire process usually takes a couple months from beginning to being available at the meal sites.
- c. NANASP 2016 Annual Training Conference – The National Association of Nutrition & Aging Services Programs (NANASP) 2016 Annual Training Conference will be at The Mirage in Las Vegas June 1-3. VCAAA is scheduled to present our SNAP-Ed program, "Eat Smart Live Strong: Nutrition Education for Older Adults," at the conference on June 3 from 9:45 a.m. -10:45 a.m. Our discussion will include information about VCAAA's Senior Nutrition Program, eating healthy and tasty meals on a tight budget, using placemats to educate and encourage seniors toward a healthy lifestyle, and other details about what VCAAA is doing to help improve the health and well-being among the growing number of low-income older adults in our community.

## 12. Future Meeting Schedule - The next SNP Committee Meeting is scheduled for **Monday, April 18, 2016, at 10 a.m.** Toni Olsen appointed Vicki Tripoli as chairperson pro tem in her absence.

The remaining FY1516 SNP Committee meetings are scheduled for the third Monday of each month at 10 a.m. in the in the Advisory Council Room 148.

May 16, 2016

June 20, 2016

FY1617 SNP Committee Meetings are scheduled for the third Monday of each month (with exception of holidays and excluding August and December) at 10 a.m. in the in the Advisory Council Room 148, unless otherwise indicated.

July 18, 2016

September 19, 2016

October 17, 2016 (Garden View Room 135)

November 21, 2016

January 23, 2017

February 13, 2017

March 20, 2017

April 17, 2017

May 15, 2017

June 19, 2017

## 13. Adjournment – The meeting adjourned at 11:08 a.m.

**TO:** VCAAA Advisory Council Members  
**FROM:** Vicki Tripoli, Chairperson (Pro Tem)  
**DATE:** April 18, 2016  
**SUBJECT:** **Senior Nutrition Committee Report from April 18, 2016**

Senior Nutrition Committee Members Present

Jay Evans (Camarillo COA)  
Rose Gossom (Supervisory Appointee)  
Alice Sweetland (Oxnard COA)  
Vicki Tripoli (Moorpark COA)

Senior Nutrition Committee Members Absent

Toni Olson (Simi Valley COA) - Chairperson  
Donald Todd (Veterans Representative)

VCAAA Staff Present

Marleen Canniff, Grants Administrator  
Patti Jaeger, Registered Dietitian  
Brian Murphy, Fiscal and Contracts Manager

Guests

None

1. **Call to Order** – Acting Chairperson Vicki Tripoli called to order the meeting at 10 a.m. A quorum was present.

**Welcome and Introductions**

2. **Public Comments** – None
3. **Approval of Minutes from the 3/28/2016 Meeting** – *Vicki Tripoli moved to approve the minutes from the above prior meeting; it passed unanimously.*
4. **Meals Served Count and Food Cost per Meal through the end of March 2016** – Having served **142,171** meals to date in fiscal year 2015-16, the meal count is at **109%** of the contracted amount. With 16,994 meals served in March, we saw a 9% increase from last month's service. Jordano's-supplied meal count is 14,900 for the month, and the non-Jordano's meal count is 2,094. While VCAAA's budgeted food cost is \$4.10 per meal, Jordano's-supplied food cost per meal in March is at \$4.21, and the total average YTD cost per meal is at **\$3.95**. This equates to

an average cost of \$46,163 in food alone to cover the 11,687 meals served over contracted levels so far this fiscal year.

#### **5. Senior Nutrition Action Council S.N.A.C. Update**

The Senior Nutrition Action Council (S.N.A.C.) continues to search for volunteers for the Thrift Shoppe. They are also seeking new board members, as fewer members have been attending meetings and several have resigned.

#### **6. Freezer for Emergency Food Update**

The \$19,000 the Advisory Council approved for the cooling system upgrade and noise mitigation of the VCAAA on-site emergency food pantry is still in the permitting stage with the General Services Agency. The California Department of Aging has indicated its review of VCAAA's request to use Title III C (SNP) funds to pay for this Meals Food Storage room project is nearing completion.

The SNP committee suggested that VCAAA find a sponsor to donate handled bags to use for packaging and delivering the emergency food items.

- *A motion was made for staff to remind Advisory Council members before all committee meetings to bring in canned goods and nonperishable food items to contribute to VCAAA's emergency food pantry. (Jay/Alice/Passed)*

#### **7. New SNP Grants FY1617**

- a. Santa Paula's Home-Delivered Meal Program – More than 20 seniors have had an in-home assessment and are now receiving SNP home-delivered meals in the City of Santa Paula. The site has placed advertisements in the local paper and on Channel 10 announcing this new program and its need for volunteer drivers.
- b. San Salvador Mission Appeal Status – After convening and finding no basis for San Salvador Mission's challenge to the Advisory Council's decision to eliminate the applicant's proposal, the Advisory Council's Executive Committee upheld the adverse determination.
  - i. Meal Service in Piru Discussion – FY1516 Home-Delivered Meals Program has 7 active clients who received a total of 108 hot meals in the month of March. Its Congregate Meal Program has 30 active clients, and a part-time cook serves about 11 meals a day at the Piru meal site. VCAAA is currently discussing plans to continue serving the seniors in Piru.
  - ii. SNP Equipment – VCAAA staff is making plans to either retrieve the SNP-funded equipment at the San Salvador Mission meal site for distribution to other sites, or to work out an option for San Salvador Mission to purchase the equipment.

#### **8. Other Committee Involvement/Notification**

- a. Outreach Committee – VCAAA will be sending out an ad to get the word out about the Senior Expo on May 25, 2016, at the Ventura Community Park (aka Kimball Park) off Kimball Road.
- b. Health Issues – VCAAA distributes Senior Nutrition Program placemats each month to all meal sites for congregate and home-delivered meal participants. VCAAA currently has 12 versions of the placemat completed, with plans to ultimately have 15 available in English and Spanish for recirculation. This past fiscal year, VCAAA has also provided

FOOD Share with placemats to be distributed with supplemental bags of groceries for 1,900 low-income seniors at 32 sites throughout Ventura County in its SENIOR Share program (formerly known as Brown Bag or Groceries for Seniors). Yet because these bags are already packed with information about nutrition and senior services, FOOD Share no longer feels it necessary to distribute the placemats. Consequently, the committee discussed ideas about finding a new partner to take over the distribution of 1,900 additional placemats each month.

## 9. Other Business

- a. Conejo Recreation and Park District Meal Overage – CRPD is contracted to serve 10,143 total meals in FY1516 (7,607 contracted meals year to date). As of March 31, the site has served 9,646 meals, which is 2,029 meals (27%) over the contracted level. It has collected \$15,967 in donations, which is kept in a trust account. To cover the current overage, VCAAA will drawdown \$14,203 (2,029 meal x \$7 per meal) from the trust account.
- b. FOOD Share Truck – After a California Department of Aging’s fiscal audit determination, VCAAA was instructed to transfer the title of the refrigerator truck from FOOD Share to VCAAA, which will make it a part of the County Fleet. Once this transfer takes place, the truck will be subject to Ventura County Fleet rules. The County has prepared a draft MOU that outlines the respective responsibilities of FOOD Share and County on this matter.
- c. Older Americans Act Reauthorization Act (S.192) – The bill has passed the House and Senate and is headed to the President for signature. The passing of this bill might bring more funding to the Senior Nutrition Program.
- d. Farmer’s Market Program – VCAAA had the highest redemption rate in the state of California for the 2015 Senior Farmer’s Market Program season. For the 2016 season, the coupons will be provided in booklets of five \$4 coupons, as opposed to the 10 \$2 coupon booklets of years past. Patti Jaeger will give a full report at the May 11, 2016, Advisory Council meeting, where she will also give a call out for volunteers for the coming season.
- e. The Jordano’s 2016 Food and Equipment Show, March 20-21 – Patti Jaeger discussed the status update of several new food items she discovered at the show: 1) The nutritional facts came back on the 4-ounce Grilled Chicken Breast, and it has too much sodium to be included in SNP meals; 2) The nutritional facts for the 3-ounce Panko Crusted Tilapia and the Beef and Turkey Meatballs are still pending receipt; and 3) The Carrot Ginger Soup was not popular with SNP participants in the past, possibly due to the name. Ideas to come up with a more appealing name, such as Autumn Harvest Soup, was discussed. Patti will continue to research the remaining items to provide other menu options.
- f. FOOD Share & Friends Mobile Pantry – This service is making its way around the county to provide healthy food and nutrition education to individuals of all ages in low-income communities.
- g. The City of Oxnard’s Virtual Senior Center – The City of Oxnard has launched a Virtual Senior Center called the Senior Tech Program and is recruiting homebound seniors who would like to interact with others from the comfort of their homes. This program allows homebound seniors to engage with technology so they can eat lunch, attend classes or

simply chat with participating seniors at the Wilson Center. For example, one participant is using his computer to join an interactive Tai Chi class from home as if he were physically at the class site.

#### **10. Future Meeting Schedule**

The next SNP Committee Meeting is scheduled for **Monday, May 16, 2016, at 10 a.m.**

Future meetings are scheduled for the third Monday of each month (with exception of holidays and excluding August and December) at 10 a.m. in the in the Advisory Council Room 148, unless otherwise indicated:

June 20, 2016  
July 18, 2016  
September 19, 2016  
October 17, 2016 (Garden View Room 135)  
November 21, 2016  
January 23, 2017  
February 13, 2017  
March 20, 2017  
April 17, 2017  
May 15, 2017  
June 19, 2017

**11. Adjournment** – The meeting adjourned at 11:46 a.m.

**TO:** VCAAA Advisory Council Members

**FROM:** Sylvia Taylor-Stein, Chair

**DATE:** May 11, 2016

**SUBJECT:** **Legislative Committee Report from March 9, 2016**

Legislative Committee Members Present (7)

Nancy Healy (Thousand Oaks COA)  
Larry Hartmann (CSL)  
Marcy Sherbok (LGBT Special Population Seat)  
Bob Taylor (Camarillo COA)  
Sylvia Taylor Stein (Service Provider) - Chair  
Sue Tatangelo (Family Caregiver Special Population Seat)  
William (Bill) Witt (CSL)  
Donald Todd (Veteran Special Population Seat)  
Neill Spector (Simi Valley COA)  
June Glasmeier (CSL)

Legislative Committee Members Absent (3)

Sandra Fide (Moorpark COA)

VCAAA Staff Present (3)

Jannette Jauregui  
Monique Nowlin  
Katharine Raley

Guests (1)

Joe Kirby

1. **Call to Order** – The meeting was called to order at 11:02 a.m. by Chair, Sylvia. A quorum was present.
2. **Welcome and Introductions** – None.
3. **Public Comments** – None.
4. **Overview of C4A Capitol Day February 25, 2016** – Donald Todd provided an overview of the legislative events for the day. Mr. Todd noted that Suz Montgomery, Victoria Jump and Monique Nowlin were also in attendance. The C4A Capitol Day included a briefing on the State Budget by Callie Freitag, Fiscal and Policy Analyst, Legislative Analyst's Office, Michael Cohen, California State Director of Finance, Donna Campbell, Deputy Legislative Secretary,

Office of Governor Brown, Daphne Hunt, Policy Consultant, Assembly Human Services Committee and Nicole Vazquez, Deputy Chief Consultant, Assembly Budget Committee. The day also included scheduled legislative visits with Senator Hannah Beth Jackson and her staff Chris Reeve, Senator Fran Pavley's staff Chris Chavez and Assemblymember Jacqui Irwin where the goal was to provide education on the issue of senior nutrition in Ventura County and the focus was on the statewide ask of \$5.4 million for senior nutrition.

5. **The Lanterman Coalition – Presentation by Joe Kirby** – Mr. Kirby provided a detailed overview of the Lanterman act and provided a detailed multipage handout outlining the Lanterman Coalition. Mr. Kirby also provided several links that provided more detailed information about the Act that the Committee can review at its leisure. Mr. Kirby asked that the Committee support the Coalition and in turn would like to obtain the Advisory Council's support of the Act. Further, Mr. Kirby requests that the Advisory Council reach out to the Board of Supervisors and obtain a letter of support for the Lanterman Act. Staff, Monique Nowlin interjected that the Committee is a sub-committee of the larger Advisory Council which serves in an Advisory capacity and does not have authority over the Board of Supervisors. Marcy Sherbok asked Mr. Kirby if he had reached out to the Board of Supervisors and he stated that he was going to do so.
6. **Other Committee Involvement/Notification** – There was no additional discussion regarding other Committee involvement.
7. **Next Meeting Date** – Next meeting is May 11, 2016.
8. **Adjournment** – The meeting was adjourned at 12:04 p.m. by the Chair, Sylvia.



**TO:** VCAAA Advisory Council Members

**FROM:** Sylvia Taylor Stein, Chair

**DATE:** March 23, 2016

**SUBJECT: Optimal Aging Committee (OAC) Meeting Report from March 23, 2016**

**Members Present (A quorum was present.)**

Rose Gossom (Supervisory Appointee)  
Marty Kaplan (Supervisory Appointee)  
Toni Olson (City of Simi Valley)  
Ginny Rockefeller (City of Ojai)  
Sylvia Stein (Service Provider Representative)  
Bob Taylor (City of Camarillo)

**Members Absent (4)**

Lori Harasta (City of Ventura)  
Alice Sweetland (City of Oxnard)  
Sue Tatangelo (Family Caregiver Representative)  
Donald Todd (Veterans Representative)

**VCAAA Staff Present (2)**

Christine Voth, Manager, Business Strategy and Strategic Planning  
Jannette Jauregui, Public Information Officer

**Community Members/Guests Present (1)**

Joyce Pinkard (Advisory Council member emeritus)

1. Welcome and Introductions
2. Public Comments – None
3. Approval of minutes from meeting held on February 24, 2016 – Minutes were amended to add Joyce Pinkard (Advisory Council member emeritus) as having attended the meeting. Approved (Toni/Rose).
4. Launch of VCAAA's Optimal Living Club and National Senior Health & Fitness Day® on May 25, 2016. Jannette provided an update on the activities planned for the VCAAA special event. It will be held in the southwest corner of the parking lot of Ventura Community Part (also known by some as Kimball Park), from 9 AM to noon.
5. Talking Points for Outreach Committee – Continued from February 24 meeting. Christine distributed samples of two brochures: one brochure for how topics are featured in the trifold folder; and a second brochure (Aging Wisdom for ageless Living) for its interesting and mostly positive content. Committee members liked the visual presentation of the sample of the trifold folder. After reviewing the material, the committee liked focusing on three aspects of life: health, finance and social connection. The committee did not like the parts

that were written from a negative point of view; thus, they concluded that the OAC brochure must be uplifting and positive.

Question explored: What is the committee hoping to accomplish with the brochure?

Answers provided and discussed:

- To communicate the reality that all of us are aging.
- Lifestyle decisions made in your 30s, 40s and 50s will have impact on how you age.
- To enhance people's lives.
- To tell the reader, "Yes, aging is happening to YOU... and it can be a good thing."
- To provide education and expectations of what is ahead as a person ages.
- How to add more life to your years.
- Attitude is essential; anyone can change (for the better), at what age.
- Today is all we have and some of us have a lot more!
- Are you looking forward to retirement? It will be here before you know it. Are you ready?
- Financial planning is essential.
- We want to get their attention (those in their 40's and 50's), and increase their awareness of the importance of planning for the future especially regarding finances, health
- How can you (those in their 40's and 50's) make your future the best you can be?
- In the brochure, we need to balance our message with positive support anchored in reality.

Jannette said the challenge will be to compile all our thoughts on optimal aging and condense them into a brochure.

6. **Getting started on addressing these objectives 2015-2020** – Ginny shared information about an interesting project that her husband is exploring, which involves a panel discussion of guys aged 85 and older discussing aging-relevant questions such as: What is your recipe for living to age 85 or beyond? If you were 80 again, what would you do differently? What kind of plan do you have for the next five and ten years? Do you have any chronic diseases, and if so, how do you manage them?
7. **Other Committee Involvement/Notification -if any:**
  - a. Health Issues Committee - Ginny shared information about the Optimal Living Club
  - b. Legislative Committee – Sylvia provided an update on the Lanterman Act.
8. **Next scheduled meeting** - Wednesday, April 27, 2016, 2 PM to 3 PM.

**TO:** VCAAA Advisory Council Members

**FROM:** Sylvia Taylor Stein, Chair

**DATE:** April 27, 2016

**SUBJECT: Optimal Aging Committee (OAC) Meeting Report from April 27, 2016**

**Members Present (8)**

Rose Gossom (Supervisory Appointee)

Lori Harasta (City of Ventura)

Toni Olson (City of Simi Valley)

Ginny Rockefeller (City of Ojai)

Sylvia Stein (Service Provider Representative)

Alice Sweetland (City of Oxnard)

Sue Tatangelo (Family Caregiver Representative)

Bob Taylor (City of Camarillo)

**Members Absent (2)**

Marty Kaplan (Supervisory Appointee)

Donald Todd (Veterans Representative)

**VCAAA Staff Present (3)**

Christine Voth, Manager, Business Strategy and Strategic Planning

Jannette Jauregui, Public Information Officer

Victoria Jump, Agency Director

**Community Members/Guests Present (2)**

Jane McCullick, Livingston Memorial VNA

Wendy Amaro, Camarillo Health Care District

**1. Welcome and Introductions**

**2. Public Comments.** Lori shared that Dr. Lanyard Dial will be presenting the inspiring documentary, "Consider the Conversation," and leading a discussion on preparing for life's final chapter. It will be held at the Camarillo Health Care District on May 11, 2016, from 6:30 PM to 8 PM.

**3. Approval of minutes from meeting held on March 23, 2016 – Approved (Bob/Rose)**

**4. Launch of VCAAA's Optimal Living Club and National Senior Health & Fitness Day® (NSH&FD) on May 25, 2016, from 9 AM to noon. (Previously agenda item #5)** Jannette provided an update. This will be VCAAA's first time participating in a NSH&FD event, thus, the primary focus will be on showcasing VCAAA and its programs. Other community partners scheduled include Cal-Fresh, Ventura County Credit Union, Dignity Health (St. John's Regional Medical Center), Livingston Memorial VNA, Ventura County Medical Center, Yoga Jones, Good to go Juice, and others. A variety of free health tests will be available. Radio station, KHAY, will do advance publicity and will be on site for the event.

**5. Optimal Aging Committee brochure in conjunction with Outreach Committee.** Christine distributed copies of Marty Kaplan's "Summary of Aging Wisdom for Ageless Living for purposes of constructing an Optimal Aging Committee flyer" that he prepared after the March meeting. (Unfortunately, Marty was unable to attend this meeting.) Meeting

attendees reviewed the summary. Christine referred to the March committee report and reviewed discussion that included, *“What is the committee hoping to accomplish with the brochure?”*

Victoria inquired, *“Who is the target market for this brochure?”* Committee response: *“We want to get the attention of persons in their 40’s and 50’s, and increase their awareness of the importance of planning for the future especially regarding finances, health and socialization.”* Victoria said the categories of finance, health and socialization are good, however, only finance would appeal to her as a person who is representative of the targeted age group. She said the intended demographic group would be more reachable via social media rather than a flyer. For persons in the aged 40 to 50 group, Victoria suggested motivating people to plan financially; to be more thoughtful about paying down credit cards and loans; to understand, in advance, what it will be like to live on one income when a spouse/partner retires or passes away; and then understanding, in advance, the need to be able to live on savings, Social Security, pension, etc. Victoria recommended avoiding a “one-size-fits-all” approach to sharing information about optimal aging. Jannette suggested having separate hand-outs for each topic (finance, health, socialization).

This led to more questions and a healthy discussion of ideas. Alice suggested encouraging people to set goals for optimal aging and show examples of people who are aging optimally. This is what you can accomplish if you start planning now. Bob suggested using the hand-out as a motivational tool, “Everyone has a dream they can work on.” Sylvia sees the handout as an information piece. Ginny shared an article that recommends a younger person talk to an elder who embodies the ‘self’ that he or she wants to be. (Article: Aeon Media, “Wisdom of the Aged,” *THIS WEEK*, March 25, 2016) Sue shared information about TV psychologist, Dr. Phil, and his partnership with AARP’s Life Reimagined. Dr. Phil had a 100-foot long ruler with each foot representing a person’s age. Stand on your age and see how many feet (years) are ahead of you to get a visual idea about planning ahead. Wendy suggested tying into a healthy community by asking, “How will you give back so we can all age in a healthy way?” Our stories about aging healthy could be posted on social media. Victoria suggested taking the OAC’s “deck of cards” concept and writing financial tips that could be posted to Twitter or Facebook. It was agreed that financial information would appeal to the aged 40-50 group; and socialization would be more important to the aged 50+ to 60+ group. Discussion will be continued at the May meeting.

6. **Committee Objective #3: Create an Optimal Aging link on the VCAAA website that will provide information and resources on successful aging, and Teaser Tips for Aging Well.** Christine distributed a 14-page handout of resources that she prepared. The committee liked the handout. Christine asked if the committee would like to add a category for Support Groups. Following discussion, the committee agreed that organizations providing support groups could be listed with a phone number that a person could call for more information. However, the committee does not want to list specific groups with their meeting dates and times, etc. because these can change.
7. **Other Committee Involvement/Notification - if any:** None
8. **Next scheduled meeting** - Wednesday, May 25, 2016, 2 PM to 3 PM in VCAAA’s Garden View Room.

**TO:** VCAAA Advisory Council Members  
**FROM:** Marty Kaplan, Committee Chair  
**DATE:** March 29, 2016  
**SUBJECT:** Outreach Committee Report from March 29, 2016

Committee Members Present

Cleo Anderson (Special Population Seat – Mental Health)  
Rose Gossom (Supervisory Appointee)  
Lori Harasta (Ventura)  
Marty Kaplan (Supervisory Appointee)  
Robert Taylor (Camarillo)

Committee Members Absent

Kay Brainard (Oxnard)

VCAAA Staff Present

Jannette Jauregui  
Monique Nowlin  
Katharine Raley  
Jason Sagar

Guests

Marie Jones

- 1. Call to Order** – The meeting was called to order at 9:02 a.m. by the Chair Marty Kaplan.
- 2. Welcome and Introductions** – Cleo Anderson introduced her guest, Marie Jones, and Monique Nowlin introduced Jason Sagar, the VCAAA's newest staff member in ElderHelp.
- 3. Public Comments** – Monique Nowlin introduced the VCAAA's "mascot" costume, a Bee, and mentioned that a more detailed discussion of the Bee's role in outreach, and the selection of a name for the mascot, will be discussed during the next meeting. Lori Harasta announced three upcoming forums, including a Livingston Memorial forum on April 13<sup>th</sup>; the VCS Education Forum on April 21<sup>st</sup>; and the Fall Prevention Forum on April 30<sup>th</sup>. Jannette Jauregui announced the VCAAA's National Senior Health and Fitness Day event on May 25<sup>th</sup>.
- 4. Decision for Use of Allotted Outreach Funds** – The committee discussed a variety of advertising options, as well as Agency-related printed handouts, including a tri-fold for the Optimal Aging Committee. The committee specifically discussed a LIVE-REMOTE advertising package with KHAY that will promote the VCAAA's May 25<sup>th</sup> event, both prior to the event and on the day of the event. The package includes the following: 20 15-second promotional ads to

air the week prior to the event; 12 60-second commercials to run the week of the event and during the Live remote; 4 live on-air announcements during the event; KHAY personality at the venue to broadcast from the event; KHAY prizes and giveaways. The committee asked that Jannette try to negotiate an additional on-air interview with a VCAAA representative prior to the event. Bob Taylor made a motion to approve spending the allotted \$2,000 on the KHAY LIVE-REMOTE package. Lori Harasta seconded the motion. The committee voted unanimously to approve the motion.

5. **Discussion of VCAAA Outreach and Rollout of Speakers Bureau** – Monique and Jannette described a variety of outreach opportunities that the VCAAA is utilizing, including presentations given to several local professional organizations, and a partnership with Vendurance Sports for the 2016 Turkey Trot in November. Marty discussed his interest in having Jannette connect with the Advisory Council members who have expressed interest in participating in outreach events to boost the Agency's presence and visibility in the community. Marty asked that Jannette report on any discussion with the Council members and different organizations during next month's Outreach Committee meeting. The committee also discussed the introduction of the VCAAA PowerPoint during May's Advisory Council Meeting.
6. **Other Committee Involvement/Notification** – None
7. **Next Meeting Schedule** – April 26<sup>th</sup>, 2016, 9:00 a.m. – 10:30 a.m.
8. **Adjournment** – The meeting was adjourned at 10:01 a.m. by the Chair, Marty.

**TO:** VCAAA Advisory Council Members  
**FROM:** Marty Kaplan, Committee Chair  
**DATE:** April 26<sup>th</sup>, 2016  
**SUBJECT:** Outreach Committee Report from April 26<sup>th</sup>, 2016

Committee Members Present

Cleo Anderson (Special Population Seat – Mental Health)  
Rose Gossom (Supervisory Appointee)  
Lori Harasta (Ventura)  
Neill Spector

Committee Members Absent

Kay Brainard (Oxnard)  
Marty Kaplan (Supervisory Appointee)  
Robert Taylor (Camarillo)

VCAAA Staff Present

Jannette Jauregui  
Katharine Raley

Guests

Jane McCullick

- 1. Call to Order** – The meeting was called to order at 9:10 a.m. by the Acting Chair, Rose Gossom.
- 2. Welcome and Introductions** – Lori Harasta introduced her guest, Jane McCullick, a chaplain with Livingston Memorial.
- 3. Public Comments** – Neill Spector introduced the idea of organizing a golf tournament with proceeds going to the VCAAA. He asked for a discussion with Monique and a follow-up during May's meeting. Lori Harasta introduced the Camarillo Health District's May 11<sup>th</sup> event, "Consider the Conversation."
- 4. Update of VCAAA's May 25<sup>th</sup> Event for Older American's Month** – Jannette provided an update of the event to committee members that included a list of all vendors as well as the inclusion of "Good to Go Juice," who will be on site offering healthy food and drink options to guests. Katherine and Rose provided suggestions of including "Car-fit.org," and an osteoporosis specialist at either this event or future events. Jannette also updated the committee on the advertising package with KHAY, noting that an additional on-air interview prior to the event is still being negotiated.

5. **Discussion of VCAAA Mascot/Bee Costume [Update on Name for Mascot]**– This item was postponed until the May meeting as Monique was unable to attend.
6. **Discussion of Introduction of VCAAA PowerPoint at May Advisory Council Meeting** – The committee asked that Jannette present the PowerPoint to the Advisory Council at the May meeting, if time is available on the agenda.
7. **Other Committee Involvement/Notification** – [OPTIMAL AGING] Lori announced the launch of the Optimal Living Club at the VCAAA's May 25<sup>th</sup> event; [SENIOR NUTRITION] The committee asked to see samples of the Senior Nutrition Placemats at the next Outreach Committee meeting.
8. **Next Meeting Schedule** – May 31<sup>st</sup>, 2016, 9:00 a.m. – 10:30 a.m.
9. **Adjournment** – The meeting was adjourned at 9:57 a.m. by Acting Chair, Rose Gossom.



TO: Advisory Council Members

FROM: Marcy Sherbok, Chair New Grants Task Force

DATE: April 29, 2016

SUBJECT: Recommendation and Approval of Grant Awards in the Cumulative Amount of \$474,548 for SER, Jobs for Progress for the Title V Senior Community Services Employment Program (SCSEP) and \$140,000 to Catholic Charities for Title IIIB Case Management for a Period of Up to Four Years Commencing FY 2016-2017; and \$60,000 to Senior Concerns for the Title III E Family Caregiver Resource Center serving the Conejo Valley (Moorpark, Thousand Oaks, Simi Valley) and \$120,000 to Camarillo Health Care District for the Title III E Family Caregiver Resource Center serving Camarillo, Oxnard, Ventura, and Ojai for a Period of Up to Three Years Commencing FY 2016-2017.

NOTE: Advisory Council members who are employees, board members, or former employees receiving a pension or who have a direct connection with an applicant organization are not eligible to participate in the review or voting process.

The VCAAA convened an evaluation panel for the purpose of awarding new grants in FY 2016-17 in the following funding areas, categories and amounts:

OAA Funding Category	Project/Service	Annual Grant Amount*
Title V <i>Senior Community Services Employment Program (SCSEP)</i>	Employment Training for Low Income Persons Aged 55+ – Countywide –	\$118,637
Title III E <i>Family Caregiver Support Program</i>	Family Caregiver Resource Center – Conejo Valley (Moorpark, Thousand Oaks, Simi Valley) –	\$20,000
Title III E <i>Family Caregiver Support Program</i>	Family Caregiver Resource Center – Camarillo, Ventura, Oxnard, Ojai –	\$30,000
Title III B <i>Supportive Services</i>	Case Management-Social Model – Countywide –	\$35,000

\*Grant amounts are contingent upon the availability of state and federal monies and may be subject to revision.

The initial contract period for these grants will be July 1, 2016, through June 30, 2017. The Title V and Title III B grants may be eligible for renewal in subsequent fiscal years through June 30, 2020. The Title III E grants may be eligible for renewal in subsequent fiscal years

through June 30, 2019. *Annual renewals are not guaranteed*; they are at the discretion of the VCAAA and are subject to renegotiation and the availability of federal, state and local funding.

**RFP Timeline & Review:**

On March 25, 2016, an email announcement with the RFP attached was sent to 323 individuals, public notice of the RFP, budget, and application were posted to the agency website, and a legal notice was published in the Ventura County Star notifying the public that proposals were being solicited with a deadline of April 26, 2016.

On April 29, 2016, the New Grants Task Force met to review the applications. California Code of Regulations (CCR), Title 22 requires that the VCAAA convene a panel that may consist of Advisory Council members, AAA staff and/or other qualified individuals. The task force was comprised of three members: Advisory Council Members Marcy Sherbok, Rose Gossom, and Vicki Tripoli. Each task force member evaluated the proposals independently in writing, using a standardized rating form that corresponded to the rating criteria published in the RFP Addendum.

CCR, Title 22, Section 7358, dictates that the recommendations of the New Grants Task Force (RFP Evaluation Panel) are advisory to the AAA decision-making body, which shall be responsible for all award decisions. If award decisions are based on factors other than the evaluation criteria contained in the RFP, a full justification for the decision shall be documented. The award decision shall also be free from all real, apparent or potential conflict of interest. As such, the New Grants Task Force rated the applications as follows:

**Task Force Ratings**

1. **TITLE V – Senior Community Service Employment Program (SCSEP)** – For the RFP for the Title V SCSEP services in the amount of \$118,637, one (1) organization submitted an application: SER-Jobs for Progress. The scoring was as follows:
  - SER-Jobs for Progress – 100 points out of 100

<b>Applicant:</b>	<b>SER-Jobs for Progress</b>		
<b>RFP Project Title:</b>	Senior Community Service Employment Program		
<b>Applicant Project Title:</b>	SCSEP		
<b>Funding Category:</b>	Title V	<b>Grants Possible per RFP:</b>	One (1)
<b>Total Score Possible:</b>	100		
<b>Applicant's Score:</b>	100%		
<b>Project Ranking in Grant Category Based on Score:</b>	#1 of 1		
<b>STAFF REMARKS:</b> No members of the Task Force had a conflict of interest in reviewing this proposal.			

2. **Family Caregiver Resource Center** – For the RFP for the Title III E Family Caregiver Support Services for the Family Caregiver Resource Center in Conejo Valley in the amount of \$20,000,

one (1) organization submitted an application: Conejo Valley Senior Concerns. The scoring was as follows:

- Conejo Valley Senior Concerns – 100 points out of 100

<b>Applicant:</b>	<b>Conejo Valley Senior Concerns</b>		
<b>RFP Project Title:</b>	Title III E Family Caregiver Resource Center		
<b>Applicant Project Title:</b>	FCRC – East Ventura County		
<b>Funding Category:</b>	Title III E	<b>Grants Possible per RFP:</b>	One (1)
<b>Total Score Possible:</b>	100		
<b>Applicant's Score:</b>	100%		
<b>Project Ranking in Grant Category Based on Score:</b>	#1 of 1		
<b>STAFF REMARKS:</b> No members of the Task Force had a conflict of interest in reviewing this proposal.			

3. **Family Caregiver Resource Center** – For the RFP for the Title III E Family Caregiver Support Services for the Family Caregiver Resource Center in Camarillo, Oxnard, Ventura, Ojai in the amount of \$30,000, one (1) organization submitted an application: Camarillo Health Care District. The scoring was as follows:

- Camarillo Health Care District – 100 points out of 100

<b>Applicant:</b>	<b>Camarillo Health Care District</b>		
<b>RFP Project Title:</b>	Title III E Family Caregiver Resource Center		
<b>Applicant Project Title:</b>	FCRC – Camarillo, Oxnard, Ventura, Ojai		
<b>Funding Category:</b>	Title III E	<b>Grants Possible per RFP:</b>	One (1)
<b>Total Score Possible:</b>	100		
<b>Applicant's Score:</b>	100%		
<b>Project Ranking in Grant Category Based on Score:</b>	#1 of 1		
<b>STAFF REMARKS:</b> No members of the Task Force had a conflict of interest in reviewing this proposal.			

4. **Title III B – Supportive Services - Case Management-Social Model**

For the RFP for the Title III B – Case Management Services in the amount of \$35,000, two (2) organizations submitted an application: Catholic Charities of Los Angeles - OASIS and Camarillo Health Care District. The scoring was as follows:

- Catholic Charities – Average of 97 points out of 100
- Camarillo Health Care District – Average of 92 points out of 100

<b>Applicant:</b>	<b>Catholic Charities of Los Angeles - OASIS</b>		
<b>RFP Project Title:</b>	Supportive Services - Case Management-Social Model		
<b>Applicant Project Title:</b>	Title III B Case Management, Social Model		
<b>Funding Category:</b>	Title III B	<b>Grants per RFP:</b>	One (1)
<b>Total Score Possible:</b>	100		
<b>Applicant's Score:</b>	97%		
<b>Project Ranking in Grant Category Based on Score:</b>	#1 of 2		
<b>STAFF REMARKS:</b> No members of the Task Force had a conflict of interest in reviewing this proposal.			

<b>Applicant:</b>	<b>Camarillo Health Care District</b>		
<b>RFP Project Title:</b>	Supportive Services - Case Management-Social Model		
<b>Applicant Project Title:</b>	Support Services Program – Case Management		
<b>Funding Category:</b>	Title III B	<b>Grants per RFP:</b>	One (1)
<b>Total Score Possible:</b>	100		
<b>Applicant's Score:</b>	92%		
<b>Project Ranking in Grant Category Based on Score:</b>	#2 of 2		
<b>STAFF REMARKS:</b> No members of the Task Force had a conflict of interest in reviewing this proposal.			

Regarding scoring for the Title III B – Case Management Services applications, task force members expressed that Catholic Charities’ proposal illustrated it had a proven track record of providing Title III B Case Management services in the community and responded to the RFP with a clear understanding of the program social model. Task force members were concerned Camarillo Health Care District’s proposal lacked a complete understanding of the project and services being requested in the RFP, as the applicant requested to use a portion of the grant funding to provide REACH (Resources Enhancing Alzheimer's Caregiver Health) services, which is geared for caregiver support rather than services directly for functionally impaired older persons. Also, CHCD’s proposal projected to encounter a much smaller Limited English Proficient (LEP) client base than Catholic Charities’ proposal and current client base.

**Task Force Recommendations**

The task force is recommending:

1. The Title V Senior Community Service Employment Program (SCSEP) in the amount of \$118,637 be awarded to SER-Jobs for Progress for a contract term of July 1, 2016 – June 30, 2017, with the grant being eligible for renewal for up to three subsequent contract periods (FY 2017-2018, FY 2018-2019 and FY 2019-2020).

2. The Title III E Family Caregiver Resource Center grant for Conejo Valley (Moorpark, Thousand Oaks, Simi Valley) in the amount of \$20,000 be awarded to Conejo Valley Senior Concerns for a contract term of July 1, 2016 – June 30, 2017, with the grant being eligible for renewal for up to two subsequent contract periods (FY 2017-2018 and FY 2018-2019).
3. The Title III E Family Caregiver Resource Center grant for Camarillo, Oxnard, Ventura, and Ojai in the amount of \$30,000 be awarded to Camarillo Health Care District for a contract term of July 1, 2016 – June 30, 2017, with the grant being eligible for renewal for up to two subsequent contract periods (FY 2017-2018 and FY 2018-2019).
4. The Title III B Supportive Services - Case Management-Social Model grant in the amount of \$35,000 be awarded to Catholic Charities for a contract term of July 1, 2016 – June 30, 2017, with the grant being eligible for renewal for up to three subsequent contract periods (FY 2017-2018, FY 2018-2019 and FY 2019-2020). The task force recommends that this grant be contingent upon a requirement that Catholic Charities provide contact information and outreach to senior centers throughout the county.

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<b>Grantee:</b>	<b>SER-Jobs for Progress</b>	<b>Grant</b>	\$118,637
<b>Project:</b>	<b>SCSEP</b>	<b>Contract</b>	FY2016-2017
<b>Funding Source:</b> (Check all that apply)	<input type="checkbox"/> Title IIIB <input type="checkbox"/> Title IIIC1 <input type="checkbox"/> Title IIIC2 <input type="checkbox"/> Title IIID <input type="checkbox"/> Title IIIE <input checked="" type="checkbox"/> Title V <input type="checkbox"/> Title VII <input type="checkbox"/> Ombudsman	<b>New Grant Recommended:</b>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes with Contingencies (see H) <input checked="" type="checkbox"/> Advisory Council Approval Required <input type="checkbox"/> No

**SUMMARY**

*Service Philosophy: To address the needs of the economically disadvantaged, especially Hispanics, by providing them with quality services in employment, training, education, childcare, and affordable housing. SER-Jobs for Progress is a sole source provider. It is the only organization that can provide needed Title V Senior Community Services Employment Program ("SCSEP") contractual services. SER's case manager's office is located in the American Job Centers (AJC) in Ventura. The case manager is excellent in identifying realistic training and employment goals for all SCSEP participants. SER currently uses seven host agencies for training and recruitment of 10 active participants, with 1 out on Workers' Compensation.*

**A. Current Fiscal Year Contracted Service – Through March 31, 2016**

Service Category	Performance Goals for FY1516	YTD FY1516
Service Level (must serve 17 participants in FY)	155.40%	140.00%
Community Service	79.70%	80.80%
Most in Need	2.53	1.86
Common Measure Entered Employment	38.60%	100.00%
Common Measure Retention Goal	73.70%	50.00%
Common Measure Average Earnings	\$8,667	N/A
Participant Enrollment*	11	11

**B. Proposed Next Fiscal Year Contracted Service**

Service Category	Performance Goals for FY1516	Performance Goals for FY1617
Service Level (must serve 14 participants in FY)	155.40%	TK
Community Service	79.70%	TK
Most in Need	2.53	TK
Common Measure Entered Employment	38.60%	TK
Common Measure Retention Goal	73.70%	TK
Common Measure Average Earnings	\$8,667	TK
Participant Enrollment*	11	9

\*Modified enrollment based on Federal & CA minimum wage

**C. Is the percentage change more than 10%?**

Full Advisory Council approval for original contracted service unit deviations of more (or less) than 10%.

- Yes - Fill in Box G as to why  
 No

**D. Grantee Service Targeting**

Service Targeting	60+ Population	Total Area
Low Income (at or below fed poverty level)	N/A	11.1%
Disability Status	N/A	12.3%
Living Alone (at risk for social isolation)	N/A	9.2%
Minority	N/A	31.3%
Limited English-Speaking Ability	N/A	16.3%
High nutritional risk	N/A	N/A

\*Source: U.S. Census Bureau, 2010-2014

**E. Other Evaluation Factors**

Service Delivery, Staffing and Organizational Capacity – Demonstrates strong effort to deliver contracted service and has staff and capacity to continue.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Budget and Fiscal – Grantee manages and monitors expenditures well throughout the grant cycle and stays within budget and works with VCAA staff if problem.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Reporting – Grantee submits accurate and timely fiscal and program reports, year-end closeout reports and all other reports required by the VCAA.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Data Entry – Grantee accurately enters all required information to the Q system in a timely manner.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>

**F. Has grantee had a corrective action plan for underperformance in past year?**

N/A

**G. Concerns/Issues Regarding Contract**

California Minimum Wage went up in 2016 to \$10 per hour, which has decreased the modified positions from 11 to 9 for FY16-17.

**H. Contract Contingency Requirements**

N/A



<b>Grantee:</b>	<b>Conejo Valley Senior Concerns</b>	<b>Grant</b>	\$20,000
<b>Project:</b>	Family Caregiver Resource	<b>Contract</b>	FY2016-2017
<b>Funding Source:</b> (Check all that apply)	<input type="checkbox"/> Title IIIB	<b>New Grant Recommended:</b>	<input type="checkbox"/> Yes
	<input type="checkbox"/> Title IIIC1		<input type="checkbox"/> Yes with Contingencies (see H)
	<input type="checkbox"/> Title IIIC2		<input checked="" type="checkbox"/> Advisory Council Approval Required
	<input type="checkbox"/> Title IIID		<input type="checkbox"/> No
	<input checked="" type="checkbox"/> Title IIIE		
	<input type="checkbox"/> Title V		
<input type="checkbox"/> Title VII			
<input type="checkbox"/> Ombudsman			

**SUMMARY**

*Service Philosophy: To provide programs and services for seniors and family caregivers that support and improve their quality of life.*

Senior Concerns is a stellar grantee. The first part of FY1516, they were serving well above contracted levels and submitted a Contract Alignment Plan to ensure sustainability of contracted services through the fiscal year. This grantee works to maintain this high level of service for caring for elderly by reallocating money in its budget and by seeking grant funding from other foundation donors and grants and donations.

**A. Current Fiscal Year Contracted Service – Through March 31, 2016**

CHILD					
Service Category	Annual Contract	YTD Contract	YTD Actual	YTD % of Contract	FY % of Contract
<b>SUPPORT SERVICES</b>					
Caregiver Assessments (1 hour)	45	34	21	62%	46.7%
Caregiver Case Mngmnt (1 hour)	70	53	50	95%	71.4%
Caregiver Support Grps (1 hour)	80	60	33	55%	41.3%
Caregiver Training (1 hour)	80	60	33	55%	41.3%
<b>TOTAL</b>	<b>275</b>	<b>206</b>	<b>137</b>	<b>66%</b>	<b>49.8%</b>
<b>ACCESS ASSISTANCE</b>					
I & A (1 contact)	30	22.5	173	769%	576.7%
Caregiver Outreach (1 contact)	120	90	105	117%	87.5%
<b>TOTAL</b>	<b>150</b>	<b>112.5</b>	<b>278</b>	<b>247%</b>	<b>185.3%</b>
<b>INFORMATION SERVICES</b>					
Public Information (1 activity)	12	9	10	111%	83.3%
Community Education (1 activity)	4	3	10	333%	250.0%
<b>TOTAL</b>	<b>16</b>	<b>12</b>	<b>20</b>	<b>167%</b>	<b>125.0%</b>
<b>AUDIENCE</b>					
PI Projected Audience	5,000	3,750	6,000	160%	120.0%
CE Projected Audience	60	45	376	836%	626.7%
<b>Audience = People: TOTAL</b>	<b>5,060</b>	<b>3,795</b>	<b>6,376</b>	<b>168%</b>	<b>126.0%</b>

ELDERLY					
Service Category	Annual Contract	YTD Contract	YTD Actual	YTD % of Contract	FY % of Contract
<b>SUPPORT SERVICES</b>					
Caregiver Assessments (1 hour)	150	113	146.75	130%	97.8%
Caregiver Case Mngmnt (1 hour)	300	225	222.5	99%	74.2%
Caregiver Support Grps (1 hour)	450	338	384	114%	85.3%
Caregiver Training (1 hour)	75	56	77	137%	102.7%
<b>TOTAL</b>	<b>975</b>	<b>731</b>	<b>830.25</b>	<b>114%</b>	<b>85.2%</b>
<b>SUPPLEMENTAL</b>					
Caregiver Adaptations (1 occurrence)	25	19	17	91%	68.0%
Assistive Devices (1 occurrence)	12	9	11	122%	91.7%
<b>TOTAL</b>	<b>37</b>	<b>28</b>	<b>28</b>	<b>101%</b>	<b>75.7%</b>
<b>RESPITE SERVICES</b>					
In-Home Supervision (1 hour)	487.5	366	373.5	102%	76.6%
Adult Day Care (1 hour)	800	600	600.00	100%	75.0%
<b>TOTAL</b>	<b>1,288</b>	<b>966</b>	<b>973.50</b>	<b>101%</b>	<b>75.6%</b>
<b>ACCESS ASSISTANCE</b>					
I & A (1 contact)	1,400	1050	1,136	108%	81.1%
Caregiver Outreach (1 contact)	400	300	513	171%	128.3%
<b>TOTAL</b>	<b>1,800</b>	<b>1350</b>	<b>1,649</b>	<b>122%</b>	<b>91.6%</b>
<b>INFORMATION SERVICES</b>					
Public Information (1 activity)	30	23	40	178%	133.3%
Community Education (1 activity)	30	23	21	93%	70.0%
<b>TOTAL</b>	<b>60</b>	<b>45</b>	<b>61</b>	<b>136%</b>	<b>101.7%</b>
<b>AUDIENCE</b>					
PI Projected Audience	1,750,000	1,312,500	2,293,879	175%	131.1%
CE Projected Audience	1,500	1,125	1,790	159%	119.3%
<b>Audience = People: TOTAL</b>	<b>1,751,500</b>	<b>1,313,625</b>	<b>2,295,669</b>	<b>175%</b>	<b>131.1%</b>

**B. Proposed Next Fiscal Year Contracted Service**

Service Category	Current FY Contracted	Service Proposed Next FY	Current FY Contracted	Service Proposed Next FY	% Change for Elderly
	CHILD	CHILD	ELDERLY	ELDERLY	
<b>SUPPORT SERVICES</b>					
Caregiver Assessments (1 hour)	45	0	150	150	0.0%
Caregiver Case Mngmnt (1 hour)	70	0	300	300	0.0%
Caregiver Support Grps (1 hour)	80	0	450	450	0.0%
Caregiver Training (1 hour)	80	0	75	75	0.0%
<b>TOTAL</b>	<b>275</b>	<b>0</b>	<b>975</b>	<b>975</b>	<b>0.0%</b>
<b>SUPPLEMENTAL</b>					
Caregiver Adaptations (1 occurrence)			25	10	-60.0%
Assistive Devices (1 occurrence)			12	10	-16.7%
<b>TOTAL</b>			<b>37</b>	<b>20</b>	<b>-45.9%</b>
<b>RESPITE SERVICES</b>					
In-Home Supervision (1 hour)			487.5	500	2.6%
Adult Day Care (1 hour)			800	240	-70.0%
<b>TOTAL</b>			<b>1,288</b>	<b>740</b>	<b>-42.5%</b>
<b>ACCESS ASSISTANCE</b>					
I & A (1 contact)	30	0	1,400	1,400	0.0%
Caregiver Outreach (1 contact)	120	0	400	400	0.0%
<b>TOTAL</b>	<b>150</b>	<b>0</b>	<b>1,800</b>	<b>1,800</b>	<b>0.0%</b>
<b>INFORMATION SERVICES</b>					
Public Information (1 activity)	12	0	30	30	0.0%
Community Education (1 activity)	4	0	30	20	33.3%
<b>TOTAL</b>	<b>16</b>	<b>0</b>	<b>60</b>	<b>50</b>	<b>16.7%</b>
<b>AUDIENCE</b>					
PI Projected Audience	5,000	0	1,750,000	1,750,000	0.0%
CE Projected Audience	60	0	1,500	1,000	33.3%
<b>Audience = People: TOTAL</b>	<b>5,060</b>	<b>0</b>	<b>1,751,500</b>	<b>1,751,000</b>	<b>0.0%</b>

**C. Is the percentage change more than 10%?**

Full Advisory Council approval for original contracted service unit deviations of more (or less) than 10%.

- Yes - Fill in Box G as to why  
 No

**D. Grantee Service Targeting**

Service Targeting Category	60+ Population Served	Total Area Demographics*
Low Income (at or below fed poverty level)	N/A	11.1%
Disability Status	N/A	12.3%
Living Alone (at risk for social isolation)	N/A	9.2%
Minority	N/A	31.3%
Limited English-Speaking Ability	N/A	16.3%
High nutritional risk	N/A	N/A

\*Source: U.S. Census Bureau, 2010-2014

**E. Other Evaluation Factors**

Service Delivery, Staffing and Organizational Capacity – Demonstrates strong effort to deliver contracted service and has staff and capacity to continue.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Budget and Fiscal – Grantee manages and monitors expenditures well throughout the grant cycle and stays within budget and works with VCAA staff if problem.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Reporting – Grantee submits accurate and timely fiscal and program reports, year-end closeout reports and all other reports required by the VCAA.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Data Entry – Grantee accurately enters all required information to the Q system in a timely manner.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>

**F. Has grantee had a corrective action plan for underperformance in past year?**

In Q1, FCSP Support Services for Child was 77% and for Elderly 145%; Elderly Respite 125%; Access Assistance for Child is at 208%; and Information Services for Child is at 200%. Senior Concerns delivered a CAP to sustain the level of contracted services for caring for elderly through a budget reallocation and by seeking grant funding from other foundation donors and grants and donations. They have also been working with their partnering service provider, Kids & Families Together, to ensure sustainability of services for grandparents raising grandchildren.

**G. Concerns/Issues Regarding Contract**

Funding will go from \$80,000 per contract year to a projected \$20,000.

**H. Contract Contingency Requirements**

N/A

<b>Grantee:</b>	<b>Camarillo Health Care District</b>	<b>Grant</b>	<b>\$30,000</b>
<b>Project:</b>	<b>Family Caregiver Resource</b>	<b>Contract</b>	<b>FY2016-2017</b>
<b>Funding Source:</b> <i>(Check all that apply)</i>	<input type="checkbox"/> Title IIIB <input type="checkbox"/> Title IIIC1 <input type="checkbox"/> Title IIIC2 <input type="checkbox"/> Title IIID <input checked="" type="checkbox"/> Title IIIE <input type="checkbox"/> Title V <input type="checkbox"/> Title VII <input type="checkbox"/> Ombudsman	<b>New Grant Recommended:</b>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes with Contingencies (see H) <input checked="" type="checkbox"/> Advisory Council Approval Required <input type="checkbox"/> No

**SUMMARY**

*Service Philosophy: Invests in Ventura County's health and wellness through innovative, evidenced-based, person centered services.*

CHCD's Adult Day Center was awarded Innovative Program of the Year at State Conference in October 2015 for its "person-centered" philosophy of care, which includes utilizing important technologies to strengthen and maximize each client's abilities daily. Respite In-Home hours were low in the first half of fiscal year due to clients not using hours that were authorized; however, by Quarter 3, Respite totals are at 103%.

**A. Current Fiscal Year Contracted Service – Through March 31, 2016**

Service Category	Unit of Measure	YTD Units Contracted	YTD Units Delivered	YTD % to Goal
Caregiver Adaptations	1 Occurrence	9	12	133.3%
Assistive Devices	1 Occurrence	9	9	100.0%
<b>FCSP SUPPLEMENTAL TOTAL</b>	1 Occurrence	18	21	116.7%
In-Home Supervision	1 Hour	375	294	78.4%
Adult Day Care	1 Hour	375	479	127.7%
<b>FCSP RESPITE TOTAL</b>	1 Hour	750	773	103.1%

**B. Proposed Next Fiscal Year Contracted Service**

Service Category	Unit of Measure	Current Fiscal Year Contracted	Next Fiscal Year Requested	% Change
Caregiver Adaptations	1 Occurrence	12	12	0.0%
Assistive Devices	1 Occurrence	12	13	8.3%
In-Home Supervision	1 Hour	500	571	14.2%
Adult Day Care	1 Hour	500	667	33.4%

**C. Is the percentage change more than 10%?**

Full Advisory Council approval for original contracted service unit deviations of more (or less) than 10%.

Yes - Fill in Box G as to why

No

**D. Grantee Service Targeting**

Service Targeting Category	60+ Population Served	Total Area Demographics*
Low Income (at or below fed poverty level)	N/A	11.1%
Disability Status	N/A	12.3%
Living Alone (at risk for social isolation)	N/A	9.2%
Minority	N/A	31.3%
Limited English-Speaking Ability	N/A	16.3%
High nutritional risk	N/A	N/A

\*Source: U.S. Census Bureau, 2010-2014

**E. Other Evaluation Factors**

Service Delivery, Staffing and Organizational Capacity – Demonstrates strong effort to deliver contracted service and has staff and capacity to continue.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Budget and Fiscal – Grantee manages and monitors expenditures well throughout the grant cycle and stays within budget and works with VCAAA staff if problem.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Reporting – Grantee submits accurate and timely fiscal and program reports, year-end closeout reports and all other reports required by the VCAAA.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Data Entry – Grantee accurately enters all required information to the Q system in a timely manner.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>

**F. Has grantee had a corrective action plan for underperformance in past year?**

Q1 CAP — In the first quarter, totals for Supplemental Services were at 133% and Respite Services were at 56%. CHCD's Corrective Action Plan (CAP) aimed to monitor and ensure a consistent number of units in Supplemental Services programming; authorize above budget and place shorter expiration dates on Respite In-Home hours due to clients currently not using hours; and increase authorized units for Respite Out-of-Home, aligning with already-planned class programs. With this planning, Q3 ended with those totals leveling at 117% and 103% for Respite.

**G. Concerns/Issues Regarding Contract**

Camarillo Health Care District will be funded 50% more this fiscal year, from \$20,000 to \$30,000, to provide family caregiver supplemental and respite services.

**H. Contract Contingency Requirements N/A**

<b>Grantee:</b> Catholic Charities	<b>Grant Funding:</b> \$35,000
<b>Project:</b> Case Management	<b>Contract Year:</b> FY2016-2017
<b>Funding Source:</b> <i>(Check all that apply)</i> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Title IIIB</li> <li><input type="checkbox"/> Title IIIC1</li> <li><input type="checkbox"/> Title IIIC2</li> <li><input type="checkbox"/> Title IIID</li> <li><input type="checkbox"/> Title IIIE</li> <li><input type="checkbox"/> Title V</li> <li><input type="checkbox"/> Title VII</li> <li><input type="checkbox"/> Ombudsman</li> </ul>	<b>New Grant Recommended:</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Yes</li> <li><input type="checkbox"/> Yes with Contingencies (see H)</li> <li><input checked="" type="checkbox"/> Advisory Council Approval Required</li> <li><input type="checkbox"/> No</li> </ul>

**SUMMARY**

*Service Philosophy: Older persons can live happier, healthier lives if they can remain safely in their own homes.* Catholic Charities currently provides NAPIS 6-Case Management/Social Model services through a Title III B Case Management grant with VCAAA. Core services include in-home assessments; case monitoring; and information & referral. Its volunteer program provides friendly visitors and transportation to doctor appointments, shopping assistance, and wellness checks. Impact of these services is that seniors stay in their homes and remain independent. Grantee has two bilingual client resource coordinators and a bilingual volunteer office assistant with a proven track record of providing case management services in Ventura County. Proposes to serve the RFP's units of service requirements for case management: 1,600 hours of case management services and 180 unduplicated clients. Currently, 75% of OASIS clients have income under \$15,000; more than 70% of program's existing clients are age 75 years or older and live alone. OASIS specializes in increased isolation and seeks the root cause (death, loss of license, medical problems) to better address for solutions. Projected number of LEP to be encountered: 145 daily / frequency of contact. Has existing program capacity with a proven track record of successful Title III B Case Management performance, serving within contracted levels and reaching the most in need population. Catholic Charities ended FY1415 at 99.8% of contracted case management units and 105.6% of clients served. FY1516 performance is at 112% for Case Management and 118% for clients served.

**A. Current Fiscal Year Contracted Service – Through March 31, 2016**

Service Category	Unit of Measure	YTD Units Contracted	YTD Units Delivered	YTD % to Goal
Case Management Counseling	1 Hour	1,190	1,338	112.4%
Unduplicated Clients	1 Individual	135	159	117.8%

**B. Proposed Next Fiscal Year Contracted Service**



Service Category	Unit of Measure	Current Fiscal Year Contracted	Next Fiscal Year Requested	% Change
Case Management Counseling	1 Hour	1,587	1,600	0.8%
Unduplicated Clients	1 Individual	180	180	0.0%

**C. Is the percentage change more than 10%?**

Full Advisory Council approval for original contracted service unit deviations of more (or less) than 10%.

- Yes - Fill in Box G as to why  
 No

**D. Grantee Service Targeting**

Service Targeting Category	60+ Population Served	Total Area Demographics (%)*
Low Income (at or below fed poverty level)	N/A	11.1%
Disability Status	N/A	12.3%
Living Alone (at risk for social isolation)	N/A	9.2%
Minority	N/A	31.3%
Limited English-Speaking Ability	N/A	16.3%
High nutritional risk	N/A	N/A

\*Source: U.S. Census Bureau, 2010-2014

**E. Other Evaluation Factors**

Service Delivery, Staffing and Organizational Capacity – Demonstrates strong effort to deliver contracted service and has staff and capacity to continue.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Budget and Fiscal – Grantee manages and monitors expenditures well throughout the grant cycle and stays within budget and works with VCAAA staff if problem.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Reporting – Grantee submits accurate and timely fiscal and program reports, year-end closeout reports and all other reports required by the VCAAA.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Data Entry – Grantee accurately enters all required information to the Q system in a timely manner.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>

**F. Has grantee had a corrective action plan for underperformance in past year?**

N/A

**G. Concerns/Issues Regarding Contract**

N/A

**H. Contract Contingency Requirements – N/A**



<b>Grantee:</b>	<b>Camarillo Health Care District</b>	<b>Grant</b>	<b>\$35,000</b>
<b>Project:</b>	<b>Case Management</b>	<b>Contract</b>	<b>FY2016-2017</b>
<b>Funding Source:</b> <i>(Check all that apply)</i>	<input checked="" type="checkbox"/> Title IIIB <input type="checkbox"/> Title IIIC1 <input type="checkbox"/> Title IIIC2 <input type="checkbox"/> Title IIID <input type="checkbox"/> Title IIIE <input type="checkbox"/> Title V <input type="checkbox"/> Title VII <input type="checkbox"/> Ombudsman	<b>New Grant Recommended:</b>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes with Contingencies (see H) <input type="checkbox"/> Advisory Council Approval Required <input checked="" type="checkbox"/> No

**SUMMARY**

*Service Philosophy: Invests in Ventura County's health and wellness through innovative, evidenced-based, person centered services.*

CHCD is a new applicant for Title III B Case Management services. Organizational core services include "evidenced-based, innovative, person-centric services." Proposes to have sufficient staff – 5 paid (2 Spanish) and 1 Spanish-speaking volunteer for case management program – and to provide 2,000 hours of case management services and 200 unduplicated clients, which is 125% and 111% above the RFP's units of service requirements for case management. Proposes three approaches to service: Of the clients, 180 would receive traditional geriatric case management (1,500 case management hours), 15 clients would receive REACH caregiver case management (450 hours); 5 would receive Healthy IDEAS case management (42 hours). Intends to target selected ZIP codes through VCAAA's aging's 2015 Socio Needs Index with a projected number of LEP to be encountered: 45 / weekly frequency of contact.

**A. Current Fiscal Year Contracted Service**

N/A – New applicant for this service.

**B. Proposed Next Fiscal Year Contracted Service**

Service Category	Unit of Measure	Current Fiscal Year Contracted	Next Fiscal Year Requested	% Change
Case Management Counseling	1 Hour	N/A	2,000	N/A
Unduplicated Clients	1 Individual	N/A	200	N/A

**C. Is the percentage change more than 10%?**

*Full Advisory Council approval for original contracted service unit deviations of more (or less) than 10%.*

- Yes - Fill in Box G as to why
- No

**D. Grantee Service Targeting**

Service Targeting Category	60+ Population Served	Total Area Demographics*
Low Income (at or below fed poverty level)	N/A	11.1%
Disability Status	N/A	12.3%
Living Alone (at risk for social isolation)	N/A	9.2%
Minority	N/A	31.3%
Limited English-Speaking Ability	N/A	16.3%
High nutritional risk	N/A	N/A

\*Source: U.S. Census Bureau, 2010-2014

**E. Other Evaluation Factors**

Service Delivery, Staffing and Organizational Capacity – Demonstrates strong effort to deliver contracted service and has staff and capacity to continue.	Meets most or all requirements <input checked="" type="checkbox"/>	Has some deficiencies (see F) <input type="checkbox"/>	Has major deficiencies (see F) <input type="checkbox"/>
Budget and Fiscal – Grantee manages and monitors expenditures well throughout the grant cycle and stays within budget and works with VCAAA staff if problem.	Meets most or all requirements <input checked="" type="checkbox"/>	Has some deficiencies (see F) <input type="checkbox"/>	Has major deficiencies (see F) <input type="checkbox"/>
Reporting – Grantee submits accurate and timely fiscal and program reports, year-end closeout reports and all other reports required by the VCAAA.	Meets most or all requirements <input checked="" type="checkbox"/>	Has some deficiencies (see F) <input type="checkbox"/>	Has major deficiencies (see F) <input type="checkbox"/>
Data Entry – Grantee accurately enters all required information to the Q system in a timely manner.	Meets most or all requirements <input checked="" type="checkbox"/>	Has some deficiencies (see F) <input type="checkbox"/>	Has major deficiencies (see F) <input type="checkbox"/>

**F. Has grantee had a corrective action plan for underperformance in past year?**

N/A for Case Management services

**G. Concerns/Issues Regarding Contract**

Has no history of providing Title III B Case Management services.

**H. Contract Contingency Requirements**

N/A

TO: VCAAA Advisory Council Members

FROM: Victoria Jump, VCAAA Director

DATE: May 11, 2016

SUBJECT: **Receive and File Presentation and Recommendation to Renew FY 2016-2017 Grantee Funding and Related Service Categories Including Service Category Deviations Greater or Less than 10%.**

The following grants are being recommended for renewal based on the applications received from the grantees and compliance with the terms and conditions of their FY 2015-2016 contracts:

Grantee	Funding Source	Project	Grant Amount
Camarillo Health Care District	Title IIIB	Senior Support Line	\$50,000
Catholic Charities of Los Angeles, OASIS	Title IIIE	Family Caregiver Resource Center	\$80,000
Grey Law of Ventura County, Inc.	Title IIIB, VIIb FAST, HICAP	Legal Services	\$59,000
Long Term Care Services of Ventura County, Inc.	Title IIIB; VIIa; IIIE State: SDF; SNF Q&A; Title IIIB	Long Term Care Ombudsman/Preplacement Counseling	\$190,347

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<b>Grantee:</b>	<b>Camarillo Health Care District</b>	<b>FY1617</b>	<b>\$50,000</b>
<b>Project:</b>	<b>Senior Helpline</b>	<b>Contract</b>	<b>FY2016-2017</b>
<b>Funding Source:</b> <i>(Check all that apply)</i>	<input checked="" type="checkbox"/> Title IIIB <input type="checkbox"/> Title IIIC1 <input type="checkbox"/> Title IIIC2 <input type="checkbox"/> Title IIID <input type="checkbox"/> Title IIIE <input type="checkbox"/> Title V <input type="checkbox"/> Title VII <input type="checkbox"/> Ombudsman	<b>Renewal Recommended:</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> Yes with Contingencies (see H) <input type="checkbox"/> Advisory Council Approval Required <input type="checkbox"/> No

**SUMMARY**

This program provides telephone reassurance for Ventura County residents, age 60 or older, who are at risk of increased isolation, victimization and other health concerns. The Senior Support Line enables seniors to receive a friendly check-in, stay connected, and gain support. Quarter 3 Peer Counseling service increased 32% from Quarter 1 service levels (from 75% to 99%), and Telephone Reassurance increased 10% in the same period (from 102% to 112%). This increase has been largely due to ramped up marketing efforts to get the word out about the service to isolated older adults, including homebound seniors participating the Senior Nutrition Program.

**A. Current Fiscal Year Contracted Service – Through March 31, 2016**

Service Category	Unit of Measure	YTD Units Contracted	YTD Units Delivered	YTD % to Goal
Peer Counseling	1 hour	462	459	99.4%
Minimum # Unduplicated Clients	1 client	281	267	94.9%
Telephone Reassurance	1 contact	1,677	1,881	112.2%
Minimum # Unduplicated Clients	1 client	209	267	128.1%

**B. Proposed Next Fiscal Year Contracted Service**

Service Category	Unit of Measure	Current Fiscal Year Contracted	Next Fiscal Year Requested	% Change
Peer Counseling (1 hour)	1 hour	616	616	0.0%
Minimum # Unduplicated Clients	1 client	375	375	0.0%
Telephone Reassurance	1 contact	2,236	2,236	0.0%
Minimum # Unduplicated Clients	1 client	278	278	0.0%

**C. Is the percentage change more than 10%?**

Full Advisory Council approval for original contracted service unit deviations of more (or less) than 10%.

- Yes - Fill in Box G as to why  
 No

**D. Grantee Service Targeting**

Service Targeting Category	60+ Population Served	Total Area Demographics (%)*
Low Income (at or below fed poverty level)	N/A	11.1%
Disability Status	N/A	12.3%
Living Alone (at risk for social isolation)	N/A	9.2%
Minority	N/A	31.3%
Limited English-Speaking Ability	N/A	16.3%
High nutritional risk	N/A	N/A

\*Source: U.S. Census Bureau, 2010-2014

**E. Other Evaluation Factors**

Service Delivery, Staffing and Organizational Capacity – Demonstrates strong effort to deliver contracted service and has staff and capacity to continue.	Meets most or all requirements <input type="checkbox"/> Has some deficiencies (see F) <input checked="" type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Budget and Fiscal – Grantee manages and monitors expenditures well throughout the grant cycle and stays within budget and works with VCAAA staff if problem.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Reporting – Grantee submits accurate and timely fiscal and program reports, year-end closeout reports and all other reports required by the VCAAA.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Data Entry – Grantee accurately enters all required information to the Q system in a timely manner.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>

**F. Has grantee had a corrective action plan for underperformance in past year?**

Q1 CAP — Peer Counseling was at 75% of contracted service in Quarter 1. VCAAA accepted CHCD's Corrective Action Plan (CAP) that included marketing/distributing information about the program on its website, social media, at community events, in Healthy Attitudes issue, in the monthly Leisure Village welcome bags, and via delivery of home-delivered meals (HDM). Senior Support Line Magnets were distributed to HDM and congregate meal programs in the following communities: Fillmore, Moorpark, Ojai, Oxnard, Piru, Port Hueneme, Santa Paula, Simi Valley, Thousand Oaks, and Ventura. Peer Counseling service levels have increased to 99% under this plan.

**G. Concerns/Issues Regarding Contract**

N/A

**H. Contract Contingency Requirements – N/A**

<b>Grantee:</b>	<b>Catholic Charities</b>	<b>FY1617</b>	<b>\$80,000</b>
<b>Project:</b>	<b>Family Caregiver Resource</b>	<b>Contract</b>	<b>FY2016-2017</b>
<b>Funding Source:</b> <i>(Check all that apply)</i>	<input type="checkbox"/> Title IIIB	<b>Renewal Recommended:</b>	<input type="checkbox"/> Yes
	<input type="checkbox"/> Title IIIC1		<input type="checkbox"/> Yes with Contingencies (see H)
	<input type="checkbox"/> Title IIIC2		<input checked="" type="checkbox"/> Advisory Council Approval Required
	<input type="checkbox"/> Title IIID		<input type="checkbox"/> No
	<input checked="" type="checkbox"/> Title IIIE		
	<input type="checkbox"/> Title V		
	<input type="checkbox"/> Title VII		
<input type="checkbox"/> Ombudsman			

**SUMMARY**

Catholic Charities is meeting all progress goals in its setup Phase 1 stage of its FCRC in Santa Clara Valley, setting itself up to be in full swing for Phase 2 to launch on July 1, 2016.

**A. Current Fiscal Year Contracted Service – Through March 31, 2016**

The new FCRC for Spanish-speaking caregivers is headquartered in Santa Paula at 201 South 10th, Unit 2. This grantee has formed partnerships with 23 local organizations for referrals, services, and to identify more Spanish-speaking family caregivers. They recently hired a bilingual FCRC Coordinator who is recruiting and training bilingual volunteers.

**B. Proposed Next Fiscal Year Contracted Service**

Service Category	Unit of Measure	Service Proposed for Next Fiscal Year	Service Proposed for Next Fiscal Year
		CHILD	ELDERLY
<b>SUPPORT SERVICES</b>			
Caregiver Assessments	1 hour	35	120
Caregiver Case Management	1 hour	35	120
Caregiver Support Groups)	1 hour	30	50
Caregiver Training	1 hour	60	100
	<b>TOTAL</b>	<b>160</b>	<b>390</b>
<b>SUPPLEMENTAL</b>			
Caregiver Adaptations	1 occurrence		100
Assistive Devices	1 occurrence		75
	<b>TOTAL</b>		<b>175</b>
<b>RESPIRE SERVICES</b>			
In-Home Supervision	1 hour		600
Adult Day Care	1 hour		40
	<b>TOTAL</b>		<b>640</b>
<b>ACCESS ASSISTANCE</b>			
I & A	1 contact	30	1,400
Caregiver Outreach	1 contact	120	400
	<b>TOTAL</b>	<b>150</b>	<b>1,800</b>
<b>INFORMATION SERVICES</b>			
Public Information	1 activity	4	8
Community Education	1 activity	4	20
	<b>TOTAL</b>	<b>8</b>	<b>28</b>
<b>AUDIENCE</b>			
PI Projected Audience		3,000	1,200,000
CE Projected Audience		60	1,200
	<b>Audience = People: TOTAL</b>	<b>3,060</b>	<b>1,201,200</b>

**C. Is the percentage change more than 10%?**

Full Advisory Council approval for original contracted service unit deviations of more (or less) than 10%.

- Yes - Fill in Box G as to why  
 No

**D. Grantee Service Targeting**

Service Targeting Category	Of 60+ Population Served	Total Area Demographics*
Low Income (at or below fed poverty level)	N/A	11.1%
Disability Status	N/A	12.3%
Living Alone (at risk for social isolation)	N/A	9.2%
Minority	N/A	31.3%
Limited English-Speaking Ability	N/A	16.3%
High nutritional risk	N/A	N/A

\*Source: U.S. Census Bureau, 2010-2014



**E. Other Evaluation Factors**

Service Delivery, Staffing and Organizational Capacity – Demonstrates strong effort to deliver contracted service and has staff and capacity to continue.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Budget and Fiscal – Grantee manages and monitors expenditures well throughout the grant cycle and stays within budget and works with VCAAA staff if problem.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Reporting – Grantee submits accurate and timely fiscal and program reports, year-end closeout reports and all other reports required by the VCAAA.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Data Entry – Grantee accurately enters all required information to the Q system in a timely manner.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>

**F. Has grantee had a corrective action plan for underperformance in past year?**

N/A

**G. Concerns/Issues Regarding Contract**

Funding will go from \$30,000 per contract year to a projected \$80,000.

**H. Contract Contingency Requirements**

N/A

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<b>Grantee:</b>	<b>Grey Law</b>	<b>FY1617 Funding:</b>	<b>\$59,000</b>
<b>Project:</b>	<b>Legal Services</b>	<b>Contract Year:</b>	<b>FY2016-2017</b>
<b>Funding Source:</b> <i>(Check all that apply)</i>	<input checked="" type="checkbox"/> Title IIIB	<b>Renewal Recommended:</b>	<input checked="" type="checkbox"/> Yes
	<input type="checkbox"/> Title IIIC1		<input type="checkbox"/> Yes with Contingencies (see H)
	<input type="checkbox"/> Title IIIC2		<input type="checkbox"/> Advisory Council Approval Required
	<input type="checkbox"/> Title IIID		<input type="checkbox"/> No
	<input type="checkbox"/> Title IIIE		
	<input type="checkbox"/> Title V		
	<input checked="" type="checkbox"/> Title VIIb		
<input checked="" type="checkbox"/> HICAP			

**SUMMARY**

Grey Law has been PSA 18's sole source provider of Title III B Legal Assistance and Community Education for decades. Attorney Michael Williams (director) has been involved with the organization and provision of services since its inception in 1984. Grantee is thoroughly familiar and compliant with the requirements for providing the services with outstanding contracted performance.

**A. Current Fiscal Year Contracted Service – Through March 31, 2016**

Service Category	Unit of Measure	YTD Units Contracted	YTD Units Delivered	YTD % to Goal
<b>LEGAL SERVICES</b>				
Legal Assistance	1 hour	1,050	1,086	103.4%
Unduplicated Clients - Legal Assistance	1 client	600	977	162.8%
Community Education Topics	1 activity	6	12	200.0%
Unduplicated Clients - Community Ed	1 client	156	289	185.3%
Community Education Topics	Topic	Adv Healthcare Direct/Legal Services/Disabled/LIFE/HICAP/Viaticles/Estate Planning		
<b>Elder Abuse Prevention, Education &amp; Training (FAST)</b>				
FAST	1 visit	6	8	133.3%
Unduplicated Clients - FAST Ed (professl)	1 visit	66	157	237.9%
FAST Topics Discussed/Presented	Topic	Elder Financial Abuse APS		

**B. Proposed Next Fiscal Year Contracted Service**

Service Category	Unit of Measure	Current Fiscal Year Contracted	Next Fiscal Year Requested	% Change
<b>LEGAL SERVICES</b>				
Legal Assistance	1 hour	1,400	1,400	0%
Unduplicated Clients - Legal Assistance	1 client	800	800	0%
Community Education Topics	1 activity	8	8	0%
Unduplicated Clients - Community Ed	1 client	208	208	0%
Community Education Topics	Topic	Advanced Healthcare Directive/Services/HICAP		
<b>Elder Abuse Prevention, Education &amp; Training (FAST)</b>				
FAST	1 visit	8	8	0%
Unduplicated Clients - FAST Ed (professl)	1 visit	88	88	0%
FAST Topics Discussed/Presented	Topic	Elder Financial Abuse APS		

**C. Is the percentage change more than 10%?**

*Full Advisory Council approval for original contracted service unit deviations of more (or less) than 10%.*

- Yes - Fill in Box G as to why  
 No

**D. Grantee Service Targeting**

Service Targeting	60+ Population Served YTD	Total Area Demographics*
Low Income (at or below fed	70%	11.1%
Disability Status	12%	12.3%
Living Alone (at risk for social	58.3%	9.2%
Minority	34.3%	31.3%
Limited English-Speaking Ability	30.4%	16.3%
High nutritional risk	-	N/A

\*Source: U.S. Census Bureau, 2010-2014

**E. Other Evaluation Factors**

Service Delivery, Staffing and Organizational Capacity – Demonstrates strong effort to deliver contracted service and has staff and capacity to continue.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Budget and Fiscal – Grantee manages and monitors expenditures well throughout the grant cycle and stays within budget and works with VCAAA staff if problem.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Reporting – Grantee submits accurate and timely fiscal and program reports, year-end closeout reports and all other reports required by the VCAAA.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Data Entry – Grantee accurately enters all required information to the Q system in a timely manner.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>

**F. Has grantee had a corrective action plan for underperformance in past year?**

N/A

**G. Concerns/Issues Regarding Contract**

N/A

**H. Contract Contingency Requirements**

N/A



<b>Grantee:</b>	<b>Long Term Care Services</b>	<b>FY1617</b>	\$178,463
<b>Project:</b>	<b>Ombudsman</b>	<b>Contract</b>	<b>FY2016-2017</b>
<b>Funding Source:</b> (Check all that apply)	<input checked="" type="checkbox"/> Title IIIB (Federal&State)	<b>Renewal Recommended:</b>	<input checked="" type="checkbox"/> Yes
	<input type="checkbox"/> Title IIIC1		<input type="checkbox"/> Yes with Contingencies (see H)
	<input type="checkbox"/> Title IIIC2		<input type="checkbox"/> Advisory Council Approval Required
	<input type="checkbox"/> Title IIID		<input type="checkbox"/> No
	<input type="checkbox"/> Title IIIE		
	<input checked="" type="checkbox"/> Title VIIa		
<input checked="" type="checkbox"/> SNF Quality&Accountability			
<input checked="" type="checkbox"/> Ombudsman			

**SUMMARY**

The Long Term Care Services benchmark goal for FY1617 is to enable nursing home residents to remain as independent and self-sufficient as possible, free from chemical and physical restraints and to enable them to have the highest quality of life and care possible, the long term care ombudsman will continue to educate and promote awareness to the community at large and nursing home residents and families specifically, about the dangers of off-label use of antipsychotic drugs for persons with dementia.

Of the more than 100 complaint investigations handled by this program each month, approximately 55-60% are resolved on site. The remaining 40-45% are formally filed with appropriate regulatory agency. This grantee's contracted performance is outstanding.

**A. Current Fiscal Year Contracted Service – Through March 31, 2016**

Service Category	Unit of Measure	YTD Units Contracted	YTD Units Delivered	YTD % to Goal
<b>OUTCOME 1</b>				
Complaint Resolution Resolved	% open complaints	83%	90%	108.4%
Work with Resident Councils	1 meeting attended	236	258	109.6%
Work with Family Councils	1 meeting attended	17.3	9	52.2%
Consultation to Facilities	1 consultation	1125	1,694	150.6%
Info & Consult to Individuals	1 I&C	3044	3603	118.4%
Community Education Sessions	1 session	51	49	96.1%
<b>OUTCOME 2</b>				
Facility Coverage – Nursing Facilities (SNFs) visited quarterly	1 visit	100%	995	100%
Facility Coverage – Residential Care Facilities visited quarterly	1 visit	100%	2,315	100%
# of F/T Equivalent Omb Staff	1 volunteer	4	4	100%
# of Certified LTC Omb Volunteers	1 ombudsman	62	62	100%
<b>OUTCOME 3</b>				
Training Sessions on NORS	1 session	1		

**B. Proposed Next Fiscal Year Contracted Service**

Service Category	Unit of Measure	Current Fiscal Year Contracted	Next Fiscal Year Requested	% Change
<b>OUTCOME 1</b>				
Complaint Resolution Resolved	% open complaints	83%	89%	7.2%
Work with Resident Councils	1 meeting attended	314	314	0.0%
Work with Family Councils	1 meeting attended	23.0	23	0.0%
Consultation to Facilities+B27	1 consultation	1500	1,500	0.0%
Info & Consult to Individuals	1 I&C	4059	4059	0.0%
Community Education Sessions	1 session	68	68	0.0%
<b>OUTCOME 2</b>				
Facility Coverage – Nursing Facilities (SNFs) visited quarterly	1 visit	100%	100%	0%
Facility Coverage – Residential Care Facilities visited quarterly	1 visit	100%	100%	0%
# of F/T Equivalent Omb Staff	1 volunteer	4	4	0%
# of Certified LTC Omb Volunteers	1 ombudsman	62	62	0%
<b>OUTCOME 3</b>				
Training Sessions on NORS	1 session	1		

**C. Is the percentage change more than 10%?**

*Full Advisory Council approval for original contracted service unit deviations of more (or less) than 10%.*

- Yes - Fill in Box G as to why  
 No

**D. Grantee Service Targeting**

Service Targeting Category	Of 60+ Population Served	Total Area Demographics (%)*
Low Income (at or below fed poverty level)	N/A	11.1%
Disability Status	N/A	12.3%
Living Alone (at risk for social isolation)	N/A	9.2%
Minority	N/A	31.3%
Limited English-Speaking Ability	N/A	16.3%
High nutritional risk	N/A	N/A

\*Source: U.S. Census Bureau, 2010-2014

**E. Other Evaluation Factors**



Service Delivery, Staffing and Organizational Capacity – Demonstrates strong effort to deliver contracted service and has staff and capacity to continue.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Budget and Fiscal – Grantee manages and monitors expenditures well throughout the grant cycle and stays within budget and works with VCAAA staff if problem.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Reporting – Grantee submits accurate and timely fiscal and program reports, year-end closeout reports and all other reports required by the VCAAA.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Data Entry – Grantee accurately enters all required information to the Q system in a timely manner.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>

**F. Has grantee had a corrective action plan for underperformance in past year?**

No Corrective Action Plan was requested: Serving well above contracted levels, except for Family Councils. These service units were low due to the fact that these groups are created, organized, and facilitated by family members of residents in the facilities. The facility must provide a place for them to meet privately and support the Council by helping ensure families know of its existence. As Ombudsman, we have no control over the Councils and attend by invitation only. LTCS cannot create or facilitate a Family Council, but act as a resource for the families in attendance. The number of Family Councils can fluctuate year to year, as seen in the past; however, LTCS has no control over how many Family Councils exist at one time in our facilities.

**G. Concerns/Issues Regarding Contract**

N/A

**H. Contract Contingency Requirements**

N/A



<b>Grantee:</b>	<b>Long Term Care Services</b>	<b>FY1617</b>	\$27,624
<b>Project:</b>	Placement Counseling for Family Caregivers	<b>Contract Year:</b>	FY2016-2017
<b>Funding Source:</b> (Check all that apply)	<input type="checkbox"/> Title IIIB (Federal&State) <input type="checkbox"/> Title IIIC1 <input type="checkbox"/> Title IIIC2 <input type="checkbox"/> Title IIID <input checked="" type="checkbox"/> Title IIIE <input type="checkbox"/> Title VIIa <input type="checkbox"/> SNF Quality&Accountability <input type="checkbox"/> Ombudsman	<b>Renewal Recommended:</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> Yes with Contingencies (see H) <input type="checkbox"/> Advisory Council Approval Required <input type="checkbox"/> No
<b>SUMMARY</b>			
Contracted performance is consistently outstanding.			

**A. Current Fiscal Year Contracted Service – Through March 31, 2016**

Service Category	Unit of Measure	YTD Units Contracted	YTD Units Delivered	YTD % to Goal
Caregiver Counseling (1 Hour)	1 hour	113	111	98.7%
Minimum # of Unduplicated Clients	1 client	105	109	103.8%

**B. Proposed Next Fiscal Year Contracted Service**

Service Category	Unit of Measure	Current Fiscal Year Contracted	Next Fiscal Year Requested	% Change
Caregiver Counseling (1 Hour)	1 hour	150	150	0.0%
Minimum # of Unduplicated Clients	1 client	140	140	0.0%

**C. Is the percentage change more than 10%?**

Full Advisory Council approval for original contracted service unit deviations of more (or less) than 10%.

- Yes - Fill in Box G as to why  
 No

**D. Grantee Service Targeting**

Service Targeting Category	Of 60+ Population Served	Total Area Demographics (%)*
Low Income (at or below fed poverty level)	N/A	11.1%
Disability Status	N/A	12.3%
Living Alone (at risk for social isolation)	N/A	9.2%
Minority	N/A	31.3%
Limited English-Speaking Ability	N/A	16.3%
High nutritional risk	N/A	N/A

\*Source: U.S. Census Bureau, 2010-2014

**E. Other Evaluation Factors**

Service Delivery, Staffing and Organizational Capacity – Demonstrates strong effort to deliver contracted service and has staff and capacity to continue.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Budget and Fiscal – Grantee manages and monitors expenditures well throughout the grant cycle and stays within budget and works with VCAAA staff if problem.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Reporting – Grantee submits accurate and timely fiscal and program reports, year-end closeout reports and all other reports required by the VCAAA.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>
Data Entry – Grantee accurately enters all required information to the Q system in a timely manner.	Meets most or all requirements <input checked="" type="checkbox"/> Has some deficiencies (see F) <input type="checkbox"/> Has major deficiencies (see F) <input type="checkbox"/>

**F. Has grantee had a corrective action plan for underperformance in past year?**

N/A

**G. Concerns/Issues Regarding Contract**

N/A

**H. Contract Contingency Requirements**

N/A



**VENTURA COUNTY AREA AGENCY ON AGING  
ADVISORY COUNCIL MEETING SCHEDULE**

<b>Date</b>	<b>Advisory Council</b>	<b>Outreach</b>	<b>Leg.</b>	<b>Livable Comm.*</b>	<b>Health Issues</b>	<b>Senior Nut.</b>	<b>Opt. Aging</b>
<b>July 2015</b>	July 8 9-11 am	July 28 9-10:30 am	July 8 11-12	July 8*	July 21 1-2:30 pm	July 20 10-11:30 am	July 22 1-2 pm
<b>August 2015</b>	None	None	None	None	None	None	None
<b>Sept 2015</b>	Sept 9 9-11 am	Sept 29 9-10:30 am	Sept 9 11-12	Sept 9 11-12	Sept 15 1-2:30 pm	Sept 21 10-11:30 am	Sept 23 1-2 pm
<b>Oct 2015</b>	None	October 27 9-10:30 am	None	<del>Oct 7</del> 11-12	Oct 20 1-2:30 pm	Oct 19 10-11:30 am	Oct 28 1-2 pm
<b>Nov 2015</b>	Nov 12** 9-11 am	Nov 24 9-10:30 am	Nov 12** 11-12	Nov 12** 11-12	Nov 17 1-2:30pm	Nov 23 10-11:30 am	None
<b>Dec 2015</b>	None	None	None	None	None	None	Dec 2 1-2 pm
<b>Jan 2016</b>	Jan 13 9-11 am	Jan 26 9-10:30 am	Jan 13 11-12	Jan 13 11-12	Jan 19 1-2:30 pm	Jan 11 10-11:30 am	Jan 27 1-2 pm
<b>Feb 2016</b>	None	Feb 23 9-10:30 am	None	None	Feb 16 1-2:30 pm	Feb 22 10-11:30 am	Feb 24 2-3 pm
<b>March 2016</b>	March 9 9-11 am	March 29 9-10:30 am	March 9 11-12	March 9 11-12	March 15 1-2:30 pm	<del>March 24</del> March 28 10-11:30 am	March 23 2-3 pm
<b>April 2016</b>	None	April 26 9-10:30 am	None	None	April 19 1-2:30 pm	April 18 10-11:30 am	April 27 2-3 pm
<b>May 2016</b>	May 11 9-11 am	May 31 9-10:30 am	May 11 11-12	May 11 11-12	May 17 1-2:30 pm	May 16 10-11:30 am	May 25 2-3 pm
<b>June 2016</b>	June 8 9-11 am	June 28 9-10:30 am	June 8 11-12	June 8 11-12	June 21 1-2:30 pm	June 20 10-11:30 am	June 22 2-3 pm

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**CCoA**  
California Commission on Aging

# AGEWATCH

## Older Americans Act Reauthorization passed by Congress!

The House of Representatives on Monday passed the Older Americans Act (OAA) Reauthorization Act of 2016, an amended version of the OAA reauthorization (S.192) which passed the Senate in July 2015. The bill was brought to the floor by Reps. Suzanne Bonamici (D-OR) and Carlos Curbelo (R-FL) and it was passed under suspension of the rules unanimously.

Occurring eight months after the 2015 White House Conference on Aging and the Senate's passage of the bill, the House's unanimous approval comes 10 years after the last OAA reauthorization. The current legislation, which was amended by the House and now requires a concurring vote by the Senate, assures the continuation of vital Older Americans Act programs and authorizes higher appropriations for many, including elderly nutrition programs. An early summary from the National Association of Nutrition and Aging Service Providers (NANASP) highlighted the following provisions in the House's reauthorization bill:

- “(a call) for greater utilization of registered dietitians in the nutrition programs.
- (a call) for the use of locally-grown foods in meal programs where feasible, as well as the identification of potential partnerships and contracts with local producers and providers of locally-grown foods.
- Retaining the National Resource Center on Nutrition and Aging.
- Strengthening the Senior Community Service Employment Program (SCSEP) and updates coordination between SCSEP and the Workforce Innovation and Opportunity Act.
- Using grant funding to deliver oral health screenings to older adults.
- Calling for improved and more person-centered transportation services.
- Emphasizing elder abuse prevention, including improved training for states, area agencies on aging, and service providers on elder abuse prevention and screening.
- Requiring the Assistant Secretary for Aging to identify model programs and to provide information and technical assistance to states, area agencies on aging, and service providers to support the modernization of multipurpose senior centers.
- Clarifying the National Family Caregiver Support Program's eligibility language to include older adults who are caring for adult children with disabilities and raising children under 18.
- Continuing to emphasize evidence-based support.”

As reported by NANASP, the organization's past chair (and CCoA Vice Chair) Paul Downey was present in the House gallery for the vote, and Rep. Scott Peters (D-CA) discussed the work of Downey's organization, Serving Seniors, during the floor debate. Since the bill was changed by the House, the new House version must now be passed by the Senate.

Excerpts from NANASP Washington Bulletin, *NANASP Supports House Reauthorization of OAA*, March 18, 2016, and NANASP Washington Bulletin, *House Passes Older Americans Act Reauthorization*, March 21, 2016.

AGE WATCH is an occasional publication of the California Commission on Aging (CCoA) intended to inform, educate, and advocate. The CCoA is an independent state agency established in 1973 to serve as the principal state advocate on behalf of older Californians. The CCoA office is located at 1300 National Drive, Suite 173, Sacramento, CA 95834. (916) 419-7591

[www.ccoa.ca.gov](http://www.ccoa.ca.gov)

## California Budget & Policy Center brief: SSI/SSP grants fall short for meeting seniors' basic needs

A new fact sheet from the non-partisan California Budget & Policy Center (CBPC) examines the support currently provided by SSI/SSP grants and shows that they fall short of allowing seniors and people with disabilities to afford housing, food, and other basic costs of living. This is of particular concern given that SSI/SSP recipients are not eligible to receive federal food assistance through CalFresh, the federal Supplemental Nutrition Assistance Program in California.

Supplemental Security Income/State Supplementary Payment (SSI/SSP) grants are a critical source of basic income for more than 1 million seniors and people with disabilities in California. However, state policymakers in recent years reduced SSI/SSP grants in order to address budget shortfalls during and after the Great Recession. The CBPC fact sheet also highlights ways that state policymakers can boost investment in SSI/SSP grants to better help low-income seniors and people with disabilities make ends meet.

The CBPC brief recommends building on the Governor's proposed SSI/SSP cost-of-living increase with a long-range plan to raise beneficiaries above the poverty line, as well as to increase affordable housing and increase funding for state-supported nutrition programs. To read the brief in full, visit [calbudgetcenter.org](http://calbudgetcenter.org).

Excerpted from the California Budget & Policy Center Fact Sheet, *Cost of Rent and Food Highlights Inadequacy of SSI/SSP Grants for Seniors and People With Disabilities in California*, March 2016.



Save the Date

Celebrate Older Americans Month  
at the

# SENIOR RALLY DAY

On May 11<sup>th</sup> at the State Capitol





**Lunch and water provided**  
**More details to follow, so mark your calendars now!**



## Long-term Care Financing Collaborative Releases Final Report

The Long-term Care Financing Collaborative released their final report outlining their proposals for reforming the current LTC system. The Collaborative is a group of experts in financing as well as delivery of long-term services and supports, and includes individuals from a wide range of organizations such as those that provide consumer advocacy, research, policy, financing, and service delivery. Membership also includes former members of Republican and Democratic administrations. The final report builds upon prior work and publications, and includes the following recommendations:

- Creation of a universal program for all individuals that would cover catastrophic care for individuals with high needs over an extended timeframe;
- Developing public policies in cooperation with the private insurance market to help support financing for individuals with LTSS needs that do not meet the level required for the catastrophic care benefit, including innovations with leveraging retirement savings and home equity;
- Enhancing Medicaid LTSS services, and increasing flexibility to provide greater access to care in the most appropriate setting for each individual;
- Increasing supports for family and community supports, that may include unpaid caregivers, as well increasing integration between medical interventions and long-term services and supports.

The full report is available at [NASUAD.org](http://NASUAD.org).

Reprinted from NASUAD Friday Updates, February 26, 2016.

## State Legislature Passes New MCO Tax, Rescues Over \$1 Billion for Medi-Cal

The California legislature (this month) approved a new health care tax, capping a months-long quest to safeguard over \$1 billion in annual Medi-Cal funding the federal government had threatened to take away. The three-year tax on managed care organizations is expected to bring in nearly \$1.4 billion a year to fund Medi-Cal, the state-federal government health program for people with low incomes.

Although the new tax will be imposed on a wider group of health plans than the tax it replaces, it is expected to reduce the overall fiscal liability of insurers by \$106 million, according to calculations by legislative analysts. That's because the higher amount of tax initially received by the state will draw more federal dollars than under the current system, and those funds will help pay for reimbursements and breaks on other taxes that will significantly reduce the real cost to insurers.

The old tax, which expires June 30, has been imposed only on managed care plans in the Medi-Cal business. The new tax will be levied on all managed care plans. And to offset the cost to insurers, the plan gives them \$371 million in breaks on the state premiums and corporation taxes.

The new managed care tax is part of a package that also includes funding for people with developmental disabilities, skilled nursing facilities and retiree health care.

To read the full article, visit [California Healthline](http://California Healthline).

Reprinted in part from California Healthline article by [David Gorn](#) March 1, 2016

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## President's 2017 FY budget proposal meets mixed reviews by aging advocates

The President's budget request for the 2017 fiscal year would increase funding for Older Americans Act programs, supportive services, Alzheimer's disease research, and elder justice initiatives. Released February, the Administration's proposal would also increase older adult access to the federal Supplemental Nutrition Assistance Program, as well as increase funding for Lifespan Respite Care, Aging & Disability Resource Centers and Title VI Native American programs.

The National Council on Aging (NCOA) reports that cuts to critical programs are also part of the President's proposal, including \$90 million from the Low Income Home Energy Assistance Program, higher Medicare co-pays and deductibles and higher deductibles for brand name prescription drugs.

Some of the highlights include:

**Older Americans Act increases**

- \$10 million more for Supportive Services
- \$14 million more total for Congregate and Home-Delivered Nutrition Programs
- \$2 million more for Aging and Disability Resource Centers (ADRCs)

**Other increases for vulnerable individuals**

- \$2 million more for the **Elder Justice Initiative** (although significantly less than the \$25 million requested for FY16)
- \$2 million more for the Lifespan Respite Care Program
- \$14 million more for the Commodity Supplemental Food Program (CSFP)
- \$10 million for a new initiative to improve senior access to the **Supplemental Nutrition Assistance Program** (SNAP)
- \$72 million more for Section 202 Housing for the Elderly

To read the full NCOA summary, visit [www.ncoa.org](http://www.ncoa.org).

Information from NCOA Week, *What's in the President's Budget*, February 9, 2016.



AGEWATCH

March 2016

### UPCOMING EVENTS

March 29 - 30, 2016. California Commission on Aging, Davis, CA. [www.ccoa.ca.gov](http://www.ccoa.ca.gov) for information.

May 10 - 11, 2016. Triple-A Council of California, Sacramento, CA. [www.4tacc.org](http://www.4tacc.org) for information.

April 7, 2016. Jewish Community Center of San Francisco's Art of Aging Gracefully Resource Fair. [www.jccsf.org/aginggracefully](http://www.jccsf.org/aginggracefully) for more information

May 11, 2016. Senior Rally Day, State Capitol, Sacramento, CA. (916) 319-3990 for information.

July 24 - 28, 2016, National Association of Area Agencies on Aging Annual Conference, San Diego, California. Information and registration at <http://www.n4a.org/conference>.

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