



VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING

January 14, 2014

9:00 a.m. to 10:30 a.m.

Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura (805) 477-7300

AGENDA

- | | | | |
|-----------|----|--|----------------------|
| 9:00 a.m. | 1. | Call to Order and Agenda Review | Nick
Fotheringham |
| | 2. | Pledge of Allegiance | Nick
Fotheringham |
| | 3. | Approval of Area Agency on Aging Advisory Council Minutes of November 12, 2014 | Nick
Fotheringham |
| | 4. | Public Comments | Nick
Fotheringham |
| | | <p>Procedure: The public is welcome to comments. All comments not related to items on the agenda may be made at the beginning of the meeting only.</p> | |
| | 5. | Consent Agenda Items | Nick
Fotheringham |
| | | 5.1 Legislative Committee Report from November 12, 2014 | |
| | | 5.2 Senior Nutrition Committee Report from November 17, 2014 | |
| | | 5.3 Outreach Committee Report from November 25, 2014 | |
| | | 5.4 Health Issues Committee Report from November 18, 2014 | |
| | | 5.5 Optimal Aging Committee Report from November 19, 2014 | |
| | | 5.6 Housing and Transportation Committee Report from December 2, 2014 | |

DISCUSSION ITEMS/PRESENTATION/MOTION

- | | | | |
|-----------|------|--|--|
| 9:15 a.m. | 6.1 | Presentation Regarding the Ventura County Aging and Disability Resource Center and Benefit Enrollment Center | |
| | 6.2* | Public Hearing Regarding the Amendment of the FY 2014-2015 VCAAA Strategic Plan Update | |
| | 6.3 | Approval/Modification/Discussion of the Amerided VCAAA FY 2014-2015 Strategic Plan Update | |

INFORMATIONAL ITEMS

- | | | | |
|--|-----|---|----------------------|
| | 7. | Advisory Council Meeting Schedule for FY 2014-2015 | Victoria Jump |
| | 8. | CSL /TACC Update | June
Glasmeier |
| | 9. | Committee Membership List for FY 2014-2015 | Victoria Jump |
| | 10. | California Commission on Aging AgeWatch for December 2014 | Nick
Fotheringham |

- | | | | |
|----------|-----|-------------------------|----------------------|
| | 11. | Comments from the Chair | Nick
Fotheringham |
| | 12. | Other Business | Nick
Fotheringham |
| 10:30 am | 13. | Adjournment | Nick
Fotheringham |

*9:15 time certain for the public hearing

The next meeting will be:

March 11, 2015 (9:00 am – 10:30 am)
Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura County

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least five days prior to the meeting.

VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING MINUTES

Advisory Council Center
646 County Square Drive, Suite 100
Ventura, CA 93003
November 12, 2014

Advisory Council Members Present

Paul Boog (Port Hueneme COA)
Ady Esparza (Oxnard COA)
Rosemary Flores-Gordon (Service
Provider)
June Glasmeier (CSL)
Sandra Fide (Moorpark COA)
Nick Fotheringham (Thousand Oaks COA)
Lori Harasta (Ventura COA)
Lawrence Hartmann (CSL)
Nancy Healy (Thousand Oaks COA)
Vivian Johnson (Fillmore COA)

Marty Kaplan (Supervisory Appointee)
Karen King (Camarillo COA) - EA
Antoinette Olson (Simi Valley COA)
Ginny Rockefeller (Ojai COA)
Nancy Rowe (Immediate Past Chair)
Mel Silberberg (Supervisory Appointee)
Sue Tatangelo (Special Population)
Sylvia Taylor Stein (Service Provider)
Vicki Tripoli (Moorpark COA)
Bill Witt (CSL)

Advisory Council Members Absent

Neill Spector (Simi Valley COA)
Lisa Hayden (Supervisory Appointee)
Smita Dandekar (Supervisory Appointee)
Jay Evans (Camarillo COA)
Ricardo Melendez (Special Population)
Donald Todd (Special Population)

VCAAA Staff Present

Beth Shepard
Denise Noguera
Victoria Jump
Monique Nowlin

Elizabeth Renteria
Christine Voth
Brian Murphy

Guests

Nicole Cavalino
Blair Craddock
Adriana Quintero
Teri Helton
Kathleen Ahern
Betty Berry
Phil Chandler

1. **Call to Order** - The meeting was called to order at 9:05 a.m. by Chair Nick Fotheringham (Thousand Oaks COA).
2. **Pledge of Allegiance** – Paul Boog led the Pledge of Allegiance. A quorum was present.
3. **Approval of Area Agency on Aging Advisory Council Meeting Minutes** - The minutes of the September 10, 2014, meeting were approved. (Boog/Healy/Passed)
4. **Public Comments** – There were no public comments.
5. **Consent Agenda Items** – the consent agenda containing the Legislative Committee Report from September 10, 2014, the Senior Nutrition Committee Report from September 15, 2014 and October 20, 2014, the Health Issues Committee Report from September 16 and October 21, 2014, the Housing and Transportation Committee Report from October 7, 2014, the Outreach Committee Report from September 30, 2014 and October 28, 2014 and the Optimal Aging Committee Report from September 24, 2014 were accepted. (Olson/Gordon/Passed). There were no abstentions. It was mentioned that attendance at the HOME conference in September was missing from the Housing and Transportation Committee Report.

6. Discussion Items/Presentation/Motion

- 6.1 **Housing and Transportation - Update on Universal Design.** Mel Silberberg led the discussion asking AC members what has happened since the AC approved the recommendations regarding Universal Design last spring. He has if AC members had taken the item back to their local councils on aging. Many indicated that they had presented the information to their council on aging. Some indicated that adopting the recommendation was problematic because of the planning element and potential for make it retroactive. Mel asked that all consider the document to be a best practice and for cities to be asked to at least take it under advisement.
- 6.2 **Volunteer Driver Program Rollout** – Nicole Cavalino with Mobility Management Partners presented their new volunteer driving program. The program is rider centered (rider applies and gets a bank of miles to use and finds and pays the driver). They are starting a pilot to get a handle on demand and to see how it runs.
- 6.3 **Senior Nutrition Action Council - Advisory Council Representation.** Nick mentioned that the Advisory Council has a designated representative on the SNAC board and with Darlene Benz's death a new representative was needed. Vivian Johnson volunteered and was approved.
- 6.4 **Adoption of the FY 2015 Advisory Council Conflict on Interest Code and Approval for Advisory Council Chair to Sign the Code.** Item was presented and passed. (Boog/Silberberg/Passed).
- 6.5 **Planning and Allocation Committee Report and Recommendation to Fund FY 2014-2015 One-Time-Only Requests for Current Grantees and VCAA Direct**

Programs. Nick presented the report and the AC approved the following one-time-only grant amounts for FY 2014-2015:

Grantee/ Program	Fund Source	Current Grant Amount	Addit. Funds Rec. for Grantee	Addit. Funds Rec. for Food	Item/Service Requested	Line Item Cost	Contingency
Camarillo Health Care District	Title III C1 & C2	\$52,572	\$9,532	\$7,920	SNP Incentive - weekend bundle of meals - 1980 meals	\$11,880	Service level must be at 100% before incentive funds will be provided
					Advertising in papers	\$2,131	Advertising must be in English and Spanish in either The Acorn or Leisure Village paper (not both).
					Freezer	\$3,441	None
City of Moorpark	Title III C1 & C2	\$20,000	\$11,999	\$0	Replacement Oven	\$8,800	Equipment installation costs are grantee's responsibility.
					3 compartment sink	\$767	Equipment installation costs are grantee's responsibility.
					1 compartment sink with drain board	\$220	Equipment installation costs are grantee's responsibility.
					Industrial Garbage Disposal	\$1,150	Equipment installation costs are grantee's responsibility.
					Equipment tax & delivery	\$1,062	None
City of Santa Paula	Title III C1	\$20,000	\$4,112	\$2,000	SNP Incentive - 500 additional meals	\$3,000	Service level must be at 100% before incentive funds will be provided.
					Refrigerator	\$3,112	Equipment installation costs are grantee's responsibility.
San Salvador Mission - Piru	Title III C1 & C2	\$20,000	\$1,698	\$0	14 inch faucet	\$175	Equipment installation costs are grantee's responsibility.
					5 tables for SNP lunch room	\$1,523	None

City of Oxnard	Title III C1/ C2	\$80,731	\$26,678	\$50,400	SNP Incentive - 12,600 additional meals	\$75,600	Service level must be at 100% before incentive funds will be provided.
					Hot boxes and steam tray pans	\$1,478	None
City of Simi Valley	Title III C1/ C2	\$103,744	\$16,699	\$13,872	SNP incentive - 3,468 additional meals	\$20,808	Service level must be at 100% before incentive funds will be provided.
					Advertising on buses	\$1,000	Advertising must be in English and Spanish.
					Equipment - mixer	\$3,049	None
					Equipment - 60 inch stovetop burner and convection oven	\$3,612	Equipment installation costs are grantee's responsibility.
					Replacement of 5 HDM warming bags and 5 AC/DC power converters	\$2,102	None
City of Ventura	Title III C1/ C2	\$55,040	\$3,170	\$5,740	SNP incentive - 910 Additional Meals	\$5,460	Service level must be at 100% before incentive funds will be provided.
					SNP incentive - Add 15 HDM customers to route - 525 additional meals	\$3,150	Service level must be at 100% before incentive funds will be provided.
					HDM cooler bags	\$300	None
HELP of Ojai	Title III C1/ C2	\$87,250	\$2,300	\$0	Equipment - commercial ice machine	\$1,963	Equipment installation costs are grantee's responsibility.
					Commercial knives	\$337	None
VCAAA	Title III C	N/A	\$3,441	\$0	Freezer - For Emergency HDM	\$3,441	Equipment installation costs are grantee's responsibility.

Long Term Care Serv of Ventura Cnty	Title III E	\$22,000	\$2,395	NA	Print brochures and replace computer	\$2,395	Brochures must be in English and Spanish
Long Term Care Serv. of Ventura Cnty	Ombudsman	\$127,015	\$2,776	NA	Workshop and flyers	\$2,776	Materials are to be printed in English and Spanish
VCAAA	Title III B	\$178,364	\$18,084	NA	2049 rides to medical appointments	\$11,594	None
					55 hours of personal care	\$1,375	None
					29 hours of chore	\$541	None
					20 hours of homemaker	\$1,266	None
					9 home modifications	\$3,308	None
Camarillo Health Care District	Title III E	\$40,000	\$4,355	NA	8 home modifications	\$2,355	Service level yr-to-date must be 100% before additional services are to be added.
					200 hours of Respite Day Care	\$2,000	Service level yr-to-date must be 100% before additional services are to be added.
Senior Concerns	Title III E	\$80,000	\$8,709	NA	348 hours of Adult Day Care Respite	\$8,709	None
Catholic Charities	Title III B	\$35,000	\$2,532	NA	107 units of Case Management	\$2,532	None
Camarillo Health Care District	Title III B	\$50,000	\$3,617	NA	Advertising/Marketing for Senior Support Line	\$3,617	Advertising to be done in English and Spanish
Grey Law	Title III B	\$59,000	\$3,972	NA	New brochures/flyers	\$1,216	Materials to be in English and Spanish
					67 units of Legal Assistance Service contract for copy machine	\$2,401 \$355	None None

The items total to \$79,629 in senior nutrition funds to grantees and \$46,440 for non-senior nutrition programs. Additionally \$79,932 has been allocated for the purchase of food. (Olson/King/Passed). Abstentions: Sue Tatangelo, Rosemary Flores-Gordon and Sylvia Taylor Stein. There was discussion about changing the current policy to allow for equipment installation costs.

- 6.2 **FY 2014-2015 VCAAA Quarterly Data Report.** Brian Murphy provided a handout and went over the information. It was noted that many grantees and programs are at capacity and more money is needed.
7. **Advisory Council Meeting Schedule.** The meeting schedule for FY 2014-2015 was included for informational purposes.
8. **CSL/TACC Update.** An update was provided on what CSL and what it does. Larry Hartmann provided a handout on the top 10 proposals for 2015.
9. **Committee Membership Selection for FY 2014-2015.** Members were review the list and make sure that their committee choices were reflected.
10. **California Commission on Aging AgeWatch for September 2014 and October 2014.** Included for informational purposes.
11. **Comments from the Chair.** Chair Nick Fotheringham did have any comments but noted that he was appreciative that the advisory council could work together as a congenial group.
12. **Other Business – there** was no other business.
13. **Adjournment –** the meeting was adjourned at 10:44 am.

TO: VCAAA Advisory Council Members

FROM: Bill Witt, Chair

DATE: November 12, 2014

SUBJECT: **Legislative Committee Report from November 12, 2014**

Legislative Committee Members Present

William (Bill) Witt (CSL) - Chair
Nick Fotheringham (Thousand Oaks COA)
Nancy Healy (Thousand Oaks COA)
June Glasmeier (CSL)
Larry Hartmann (CSL)
Mel Silberberg (Supervisory Appointee)
Sue Tatangelo (Family Caregiver Special Population Seat)
Sandra Fide (Moorpark COA)
Paul Boog (Port Hueneme COA)
Jay Evans (Camarillo COA)
Sylvia Taylor Stein (Service Provider)

Legislative Committee Members Absent

Donald Todd (Veteran Special Population Seat)
Neill Spector (Simi Valley COA)

VCAAA Staff Present

Monique Nowlin

Guests

Blair Craddock (Camarillo Health Care District)
Adriana Quintero (Camarillo Health Care District)

1. **Call to Order** – The meeting was called to order at 10:58 a.m. by Chair, Bill Witt. A quorum was present.
2. **Welcome and Introductions** – Chair Bill welcomed the Guest Speaker Brian Miller and provided the Committee with an overview of Mr. Miller's background.
3. **Public Comments** – None.
4. **Special Guest – Brian Miller, Supervisor Foy's Chief of Staff** – Mr. Miller provided a brief history of the County of Ventura, its formation and population and the like and then proceeded to provide a more detailed overview of the County services offered. Mr. Miller spoke about the County Health Clinic, the reinvestment by the County for the redevelopment of the harbor in Ventura (Casa Sirena/Lobster

Trap area), VCMC replacement wing which is the largest County investment to date at \$305 million dollars. Mr. Miller also spoke about how the County is in good fiscal stead with the highest credit rating available. In addition, Mr. Miller spoke about realignment and the County's jail system, the major issue of water shortage in our County and how it is affecting Ventura County, provided information on crop reports and the need to grow high value crops due to the price of the land in Ventura County and the impending end of SOAR (scheduled to end in 2020). Chair Bill thanked him for his time with the Committee.

5. **Featured Legislative Committee Member -- Sue Tatangelo** – Ms. Tatangelo provided an overview of her background in the area of seniors in Ventura County. Ms. Tatangelo shared she was a VCAAA staff member in the 80's and 90's and served as the Grants Manager and Planner. She then went on to become the Executive Director of the Alzheimer's Association and is currently the COO of the Camarillo Health Care District. Ms. Tatangelo shared that she is a grandparent raising a grandchild and is a mother to a disabled adult son (he suffered a brain injury). Ms. Tatangelo closed by informing the Committee of her involvement with an initiative with the Community of Constituents with SCAN to better coordinate long term services and support.
6. **California Senior Legislature Presentation** – June provided a brief overview of the 34th legislative session of CSL. Larry discussed the Seniors Top Proposals for 2015 in more detail (this document was passed out at the Advisory Council meeting). Chair Bill encouraged everyone to check off line 402 on their state taxes to donate to the CSL. Chair Bill went on to state that 82 bills have been passed in legislature that originated from the CSL and asked that the Committee members please take this information back to their senior groups. Paul asked for a list of bills that have passed. Kathy asked for one as well. June stated she would provide the list. Sylvia stated she had comments on the Duty to Die legislation. She encouraged the Committee to google Baroness Warnock in the UK to see how going down this road can get out of control.
7. **Other Committee Involvement/Notification** – There was no discussion regarding other Committee involvement.
8. **Next Meeting Date** – January 14, 2014.
9. **Adjournment** -- The meeting was adjourned at 12:00 p.m. by Chair, Bill.

TO: VCAAA Advisory Council Members
FROM: Susan White Wood, VCAAA Staff
DATE: November 17, 2014
SUBJECT: **Senior Nutrition Committee Report from November 17, 2014**

Senior Nutrition Committee Members Present

Toni Olson (Simi Valley COA)
Vicki Tripoli (Moorpark COA)
Vivian Johnson (Fillmore COA)

Senior Nutrition Committee Members Absent

Jay Evans (Camarillo COA)
Donald Todd (Veterans Representative)
Paul Boog (Port Hueneme COA)

VCAAA Staff Present

Patti Jaeger, R.D.
Brian Murphy
Susan White Wood
Monique Nowlin

Guests

None

1. **Call to Order** – The meeting was called to order at 10:04 A.M. by Chairwoman Toni Olson. A quorum was not present.
2. **Public Comments** - None
3. **Approval of Minutes from the 7/28/2014, 9/15/2014 and 10/20/2014 Meetings** – Since a quorum was not present - the motion to approve the minutes from the last three meetings was tabled until the next meeting.
4. **Meals Served Count and Cost Per Meal through October 31, 2014** – Susan White Wood reported on the number of meals served through the end of October 2014 (60,944) with 15,981 served in October. Brian Murphy reported on the YTD (through October 2014) Jordano's food cost per meal = \$4.07.
5. **OTO & Incentive Funds Approved for FY 2014-15:** The Advisory council awarded \$76,188 in OTO and Incentive funding to contractors. Additional food costs will be about \$80,000 for a total allocation of \$156,188 and a balance remaining of approximately \$130,000. The Committee discussed allowing equipment installation costs to be

included in future awards. The Committee was of the opinion that the contractors should take some responsibility for the equipment and facilities and that it could be in the form of maintenance and repairs.

6. Revised Funding Formula For FY2016-17

Brian Murphy stated that the funding formula for the new contract cycle (2016-2020) could be comprised of a baseline number of meals as well as incentive funding of \$2.00 per additional meal. (A different incentive amount might be used if deemed appropriate by the committee). Toni Olson requested more information on the make-up of the \$2.00 per additional meal. Brian Murphy stated that the incentive amount of \$2.00 per meal was not meant to cover the total cost of one meal, but instead was meant to help cover the incremental (or variable) cost of an additional meal.

7. Other Committee Involvement/Notification – Vivian Johnson reported that SNAC recently purchased a microwave for a senior. The senior declined to participate in the mandatory Home Delivered Meal program Assessment. Since the senior's eligibility for the program could not be determined, the microwave oven remains on the VCAAA premises.

8. Other Business:

- Patti Jaeger presented nutritional placemats in English and Spanish which are being distributed to all the meal sites. These placemats have nutritious, low-cost recipes (a different one each month) comprised of items that can be sourced at the 99c Store.
- Patti Jaeger stated that the meal sites will be able to order pies for the holidays.
- Monique Nowlin is in contact with a middle-school teacher whose seventh graders will be making Thanksgiving placemats for seniors.

9. Review Meeting Schedule - The next meeting is scheduled for Monday, January 12, 2015, at 10:00 a.m.

Future meetings will be held at 10 a.m. on a Monday in each month (excluding December and August):

January 12, 2015
February 23, 2015
March 16, 2015
April 20, 2015

10. Adjournment: The meeting adjourned at 11:10 AM.

TO: VCAAA Advisory Council Members
FROM: Marty Kaplan, Committee Chair
DATE: January 14, 2014
SUBJECT: **Outreach Committee Report from November 25, 2014**

Committee Members Present

Marty Kaplan (Supervisory Appointee)
Paul Boog (Port Hueneme, COA)
Lori Harasta (Ventura, COA)

Committee Members Absent

Nancy Rowe (Immediate Past Chair)
Ady Esparza (Oxnard, COA)
Neill Spector (Simi Valley, COA)
Lisa Hayden (Supervisory Appointee)

VCAAA Staff Present

Monique Nowlin
Katharine Raley
Beth Shephard

Guests

Irene Robledo
Cecille Luna

1. **Call to Order** – The meeting was called to order at 9:12 a.m. by Marty Kaplan, Committee Chair. A quorum was not present.
2. **Welcome and Introductions** – Introductions were made.
3. **Public Comments** – No public comments.
4. **Prioritize the Marketing Objectives and Goals** – Discussion was held and it was recommended by those in attendance that the order of priority be 1) Develop a trifold or multifold, 2) Redevelop the previous PowerPoint created by the Outreach to include the multi services, 3) Focus on presentations to the community and Councils on Aging/Education – aspects of aging/forums and prevention. The Committee felt that Education and Presentations should be a combined goal and priority. Chair Marty requested that a first draft of the trifold/multifold be developed and submitted to the Committee for review at the next meeting. There was also discussion about widening the list of speakers and that perhaps a call to the VCAAA AC members should be made to create a Speakers Bureau. Kathy suggested pairing a staff member with an

AC member to speak together at events. Chair Marty agreed to work with Elizabeth Renteria, Outreach Coordinator off line to modify the PowerPoint and bring a revised version for the Committee's review at a future meeting.

5. **Revamping of Postcard** – Discussion was held and suggestions were offered to modify the draft postcard that was presented. All Committee members present offered suggestions for improving the postcard and providing more clarity for the public. Chair Marty requested staff to incorporate the changes and an updated version to be submitted for review by the whole Committee at the next meeting.
6. **Other Committee Involvement/Notification** – Chairs of other VCAAA committee are still encouraged to continue attending to provide input to the overall agency marketing plan. There was discussion regarding the perceived lack of coordination between Councils on Aging and the VCAAA. There was also a request from the Chair, Marty to seek involvement from other Committees. Paul agreed to coordinate and share information with and from the Housing & Transportation Committee and SNAC, Marty agreed to coordinate and share information with and from the Optimal Aging Committee, Lori agreed to coordinate and share information with and from the Health Issues Committee and Kathy agreed to do the same with the Legislative Committee.
7. **Next Meeting Schedule** – Tuesday, January 27, 2015, 9:00 a.m. – 10:30 a.m.
8. **Adjournment:** – The meeting was adjourned at 10:17 a.m. by the Chair, Marty Kaplan.

TO: VCAAA Advisory Council Members
FROM: Ginny Rockefeller, Committee Chair
DATE: November 18, 2014
SUBJECT: **Health Issues Committee Meeting Report from November 18, 2014**

Health Issues Committee Members Present

Smita Dandekar (Supervisory Appointee)
Lori Harasta (Ventura COA)
Ginny Rockefeller (City of Ojai)
Nancy Rowe (City of Oxnard)

Health Issues Committee Members Absent

Jay Evans (City of Camarillo)
Rosemary Flores-Gordon (Service Provider)
Lisa Hayden (Supervisory Appointee)
Sue Tatangelo (Family Caregiver Representative)

VCAAA Staff Present

Christine Voth
Victoria Jump
Monique Nowlin
Elizabeth Renteria
Katharine Raley
Patti Jaeger

Guests

Blair Craddock
Phil Chandler
Diane Emerick
Terri Helton

1. **Welcome and Introductions.** The meeting was called to order at 1:00 pm. A quorum was not present.
2. **Public Comments - None**
3. **Worksheet for Committee Goals and Objectives** – the committee went over the progress for some of the objectives on the worksheet. Specifically the committee discussed:
 - a. What types of items to place on the back of the placemats – if the thickness of the placemats allows the use of the back, the committee suggested that each month a health related item be presented.

Committee members are to forward suggestions. Suggestions included fall prevention, weight management, smoking cessation, depression, diabetes, etc.

- b. Elder Economic Index – the committee was presented with the chart that was previously put together for the committee a couple of years ago. Staff agreed to see if there was current data that could be added.
 - c. Caregiver Handout
 - d. Dental Update – staff is still working on compiling the information. Committee members provided additional suggestions for the list.
 - e. Exercise Class Update – the committee spent most of the meeting discussing this item confirming that Matter of Balance, Tai Chi and Walk with Ease were the designed evidence based classes. Suggestions were made regarding marketing and advertising for leaders as well as potential locations for classes. Also discussed was the Ventura County Evidence Based Health Coalition and collaborating with them. The committee discussed the need for master trainers in the county and what type of person would be good as the master trainer. Staff is to forward a job description and commitment form that the master trainer and trained instructors will need to sign. The master trainer class for Matter of Balance is in the spring and committee members approved using funds to send people to be trained to launch the classes/effort.
4. **Other Committee Involvement/Notification** – committee asked that the optimal aging committee be updated with what they were doing.
 5. **Next Meeting Date:** January 2015
 6. **Adjournment** – The meeting adjourned at 2:15 p.m.

TO: VCAAA Advisory Council Members
FROM: Sylvia Taylor Stein, Committee Chair
DATE: November 19, 2014
SUBJECT: **Optimal Aging Committee Meeting Report from November 19, 2014**

Optimal Aging Committee (OAC) Members Present

Toni Olson (City of Simi Valley Representative)
Ginny Rockefeller (City of Ojai Representative)
Sylvia Taylor Stein, Chair (Service Provider)
Donald Todd (Veterans Representative)
Bill Witt (California Senior Legislature)

Optimal Aging Committee Members Absent

Lori Harasta (City of Ventura Representative)
Marty Kaplan (Board of Supervisor Representative)
Sue Tatangelo (Family Caregiver Representative)

VCAAA Staff Present

Christine Voth, Grants and Planning
Elizabeth Renteria, Outreach Coordinator

Guests

None

1. Welcome and Introductions

2. Public Comments – Information was shared about the Netflix video, *Alive Inside*. This inspiring video conveys the positive power of music as a therapeutic tool to improve the quality of life for persons with dementia. This led to a discussion about storytelling. Stories give a sense of belonging and healing. Participants agreed that our culture has lost the art of telling stories that enrich our daily lives. It is especially important for younger generations to benefit from the stories told by older adults.

3. Committee Goals and Objectives – After lively and positive discussion, a consensus was reached on OAC goals and objectives from now through June 30, 2016 (the end of four-year planning cycle for VCAAA). The updated worksheet/list of goals and objectives will be distributed to committee members prior to OAC's next meeting in January.

4. VCAAA Needs Assessment – C. Voth shared information about the forthcoming needs assessment in the form of a survey, which is being done in preparation for the Area Plan Update FY 2015-16 and new Master Strategic Plan FY 2016-17.

5. Other Committee Involvement/Notification – if any: No information was shared regarding activities in other committees because all of the meeting time was used to discuss goals and objectives.

6. Next scheduled meeting date – Wednesday, January 28, 2015 at 1:00 p.m.

7. Adjournment - The meeting was adjourned by Sylvia Stein at 2:10 p.m.

TO: VCAAA Advisory Council Members

FROM: Mel Silberberg, Chair

DATE: December 2, 2014

SUBJECT: **Housing and Transportation Committee Report from December 2, 2014**

Housing and Transportation Committee Members Present
Mel Silberberg (Supervisory Appointee) – Acting Chair
Jay Evans (Camarillo COA)

Housing and Transportation Committee Members Absent
Vivian Johnson (Fillmore COA)
Paul Boog (Port Hueneme COA)

VCAAA Staff Present
Monique Nowlin
Elizabeth Renteria
Sean Zellers
Beth Shephard
Ashley Alberts

Guests
None

1. **Call to Order** – The meeting was called to order at 10:10 a.m. by Acting Chair, Mel Silberberg. There is not a quorum.
2. **Welcome and Introductions** – None.
3. **Public Comments** – None.
4. **Election of a Chair** – This was tabled due to no quorum present. It was decided that Mel will continue to act as Chair for now. Chair Mel asked if Jay would be willing to serve as a Vice Chair for continuity, should Chair Mel not be able to complete the year if re-elected as Chair.
5. **HomeShare Update** – Sean shared the latest marketing materials and provided monthly HomeShare statistics.
6. **California Statewide Housing Strategy** – Chair Mel asked that the Committee review this and come to the next meeting ready to discuss how this applies to what the Committee is doing.

- 7. Housing & Transportation Committee 2015 Goals** – Chair Mel stated he liked the goal and objective sheet provided and that this would be further discussed at the next meeting. He further stated that HomeShare and Transportation need to be added and that starting with the next meeting he would like the Transportation Coordinator to have a standing agenda item for a report.
- 8. Other Committee Involvement/Notification** – None.
- 9. Next Meeting Date** – January 13, 2015. Jay stated he would not be able to attend this meeting.
- 10. Adjournment** – The meeting was adjourned at 11:12 a.m. by the Chair, Mel.



**VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING SCHEDULE**

Date	Advisory Council	Outreach	Leg.	Housing & Trans.	Health Issues	By-Laws	Senior Nut.	Opt. Aging
July 2014	July 9 9-11 am	July 29 9 – 10:30	July 9*	July 8 9-10 am	July 15 1-2 pm	TBD	July 28 10 am	July 23 1-2:30 pm cancelled
August 2014	None	None	None	None	None	None	None	None
Sept 2014	Sept 10 9-11 am	Sept 30 9 – 10:30	Sept 10*	Sept 9 9-10 am Cancelled – committee attending conference	Sept 16 1-2 pm	TBD	Sept 15 10 am	Sept 24 1-2:30 pm
Oct 2014	None	Oct 28 9 – 10:30	None	Oct 7 9-10 am	Oct 21 1-2 pm	TBD	Oct 20 10 am	None
Nov 2014	Nov 12 9-11 am	Nov 25 9 – 10:30	Nov 12*	Nov 4 9-10 am	Nov 18 1-2 pm	TBD	Nov 17 10 am	Nov 26 1-2:30 pm
Dec 2014	None	None	None	December 2 10-11	None	None	None	None
Jan 2015	Jan 14 9-11 am	Jan 27 9 – 10:30	Jan 14*	Jan 13 9-10 am	Jan 20 1-2 pm	TBD	Jan 12 10 am	Jan 28 1-2
Feb 2015	None	Feb 24 9 – 10:30	None	None	None	None	Feb 23 10 am	None
March 2015	March 11 9-11 an	March 31 9 – 10:30	March 11*	March 10 9-10	March 17 1-2 pm	TBD	Mar 16 10 am	March 25 1-2
April 2015	None	April 28 9 – 10:30	None	None	None	None	April 20 10 am	None
May 2015	May 13 9-11 am	May 26 9 – 10:30	May 13*	May 12 9-10 am	May 19 1-2 pm	TBD	May 18 10 am	May 27 1-2
June 2015	June 10 9-11 am	None	June 10*	None	None	None	June 22 10 am	None

Note: all meetings to be held at the VCAAA, unless otherwise noted.

*Meeting to follow Advisory Council Meeting adjournment.
Updated 09/02/2014

TACC REPORT
December 2-3, 2014

I attended the TACC meeting on December 2-3, 2014. Kathy Randall of San Diego is the new TACC President.

The first presenter was Sarah Steenhausen, Senior Policy Advisor of the SCAN Foundation, who gave an update on the State Select Committee on Aging and Long Term Care. The TACC Advisory Board attended the hearing at the Capitol in August and the topic was "Moving California toward an Ideal Long Term Care System: Recommendations and next Steps."

The second presenter was Susan DeMoris, State Public Policy Director of the Alzheimer's Association on their Policy Focus for 2015. Over half a million adults are living with Alzheimer's in California with another person developing this disease every 67 seconds. This is one of the top ten causes of death and it has no known cause, prevention or cure.

The Legal Aid Association provided information on the Legal Aid Association of California. This is a four year federal grant to increase the availability of low cost high quality assistance to seniors on legal issues. For more information I direct you to www.LawHELPCA.org.

There was a round table discussion among the Advisory Council members on the role of advocacy.

The final presenter was Eric Dowdy, Vice President, Policy and Communications Leading Age California on the 2014 California RCFE reform and implications on providers and residents. In a previous TACC meeting we were informed that this was the year for new legislation in RCFE's (residence care facilities for the elderly) due to the California incident when the owners of a facility bailed and the chef and gardener were left to care for the residents. This overview gave the new laws and new requirements.

The remainder of the TACC meeting was spent on the PSA reports.

June Glasmeier

FY 2014-2015 Advisory Council Committee Membership List

Council Representation	Appointee	Outreach	H&T	Health	Leg.	SNP	PAC	Opt.Ag.	By-Laws
Board of Supervisors	Smita Dandekar			X			X		
Board of Supervisors	Vacant								
Board of Supervisors	Lisa Hayden	X		X					
Board of Supervisors	Marty Kaplan	X					X	X	
Board of Supervisors	Mel Silberberg		X		X		X		
Board of Supervisors	Rose Gossom								
California Senior Legislature	June Glasmeier				X				
California Senior Legislature	Lawrence Hartmann				X				
California Senior Legislature	Bill Witt				X		X	X	
City of Camarillo	Jay Evans		X	X	X	X			
City of Camarillo	Karen King						X		X
City of Fillmore	Vivian Johnson		X			X			
City of Fillmore	Vacant								
City of Moorpark	Sandra Fide				X				
City of Moorpark	Vicki Tripoli					X		X	
City of Ojai	Ginny Rockefeller			X			X	X	
City of Ojai	Vacant								
City of Oxnard	Ady Esparza	X							
City of Oxnard	Vacant								
City of Port Hueneme	Paul Boog	X	X		X	X			
City of Port Hueneme	Vacant								
City of Santa Paula	Vacant								
City of Santa Paula	Vacant								
City of Simi Valley	Neill Spector	X			X				
City of Simi Valley	Antoinette Olson					X	X	X	
City of Ventura	Vacant								
City of Ventura	Lori Harasta	X		X				X	
City of Thousand Oaks	Nancy Healy				X				
City of Thousand Oaks	Nick Fotheringham				X		X		
Immediate Past Chair	Nancy Rowe	X		X					
Service Provider	Rosemary Flores-Gordon			X					
Service Provider	Sylvia Taylor Stein				X			X	
Special Population Seat	Ricardo Melendez								
Special Population Seat	Sue Tatangelo			X	X			X	X
Special Population Seat	Donald Todd Sr.				X	X		X	
Special Population Seat	Behavioral Health - Vac.								
Special Population Seat	LGBT – vacant								



California Commission on Aging

AGEWATCH

... as a citizen's voice in government...

CDA Director Connolly receives Rosalynn Carter Institute Leadership in Caregiving Award

The 2014 Rosalynn Carter Leadership in Caregiving Award – the highest award given in the caregiving field – was presented by Former First Lady Rosalynn Carter to Lora Connolly, Director of the California Department of Aging and Susan Howland, Director of Education for the Alzheimer's Association, California Southland Chapter. The award was in recognition of the partnership between these two organizations as well as the community-based agencies that brought the "Savvy Caregiver" program to an ethnically diverse population of family caregivers in California. Savvy Caregiver is an evidenced-based, psycho-educational program that has been proven to strengthen caregiver skills, knowledge and confidence; decrease burden, emotional enmeshment and depression; improve caregiver ability to manage challenging behaviors and improve their willingness to use community services.



(L-R) CDA Director Lora Connolly, former First Lady Rosalynn Carter, and Susan Howland

"Through this award, we recognize and help sustain proven effective caregiver support programs," said Leisa Easom, Ph.D., executive director of the RCI.

"Susan Howland and I were so honored to be selected for the 2014 Rosalynn Carter Leadership in Caregiving Award," said CDA Director Connolly. "Recognition truly belongs to the whole cross-county team involved in transforming the Savvy Caregiver program into one that serves Spanish speaking families impacted by Alzheimer's disease. Our team included Dr. Ken Hepburn at Emery University, Dr. Lilliana Oakes at the University of Texas, and the Alzheimer's Association California Southland Chapter. But none of this would have been possible without our federal grant funding from the federal Administration on Aging. We are so appreciative of this award, which will help make this program available to more families in California who are caring for a loved one with dementia."

Johnson & Johnson generously sponsors this award each year with a \$20,000 stipend and a statuette designed by renowned sculptor Frank Eliscu, designer of the Heisman Trophy.

Excerpted from a Georgia Southwestern State University News Release, November 6, 2014.

AGEWATCH is an occasional publication of the California Commission on Aging (CCoA) intended to inform, educate, and advocate. The CCoA is an independent state agency established in 1973 to serve as the principal state advocate on behalf of older Californians. The CCoA office is located at 1300 National Drive, Suite 173, Sacramento, CA 95834.

Commission on Aging elects officers for 2015



Virgie P. Walker
CCoA Chair

The California Commission last month on Aging re-elected Virgie P. Walker to her second term as chair of the Commission's Executive Committee. Walker, who is President and CEO of People Coordinated Services of Southern California, was appointed to the Commission in 2009 by Assembly Speaker Karen Bass. Walker is a resident of Carson.

CCoA's November 19 meeting in Los Angeles also saw the re-election of Vice Chair Marian Last of Rossmore, Paul Downey of San Diego as Legislative Advocacy Committee Chair and Gail Nickerson of Granite Bay as Operational Procedures & Bylaws Committee Chair. Commission members elected Donna Benton (Los Angeles), Lucy Fisher (San Francisco), and Ed Walsh (Rancho Mirage) as Executive Committee members-at-large.

CCoA meets five times annually across the state.

Members are appointed by the Governor and Legislature, and serve up to two three-year terms as volunteers. For members' biographies and the Commission's meeting schedule, visit www.ccoa.ca.gov.



Marian Last, Vice Chair

More than Half a Million Older Californians Fell Repeatedly in the Past Year

A new report from the UCLA Center for Health Policy Research highlights the continued threat of falls to the elderly. As summarized in the brief by author Steven P. Wallace, PhD:

"Falls are the leading injury-related cause of death and of medical care use among Californians ages 65 and over. In 2012, there were 1,819 deaths due to falls among older Californians. More than 72,000 hospitalizations were caused by fall injuries among older adults during that year, along with more than 185,000 emergency department (ED) visits. The medical costs alone of falls in the state have been estimated to be over \$2 billion annually.² Those who have fallen more than once are at the highest risk of injury and further falls. Data from the 2011-12 California Health Interview Survey show that 12.6 percent of older Californians, or 556,000 individuals, had fallen more than once during the past year. Fewer than half of those experiencing multiple falls discussed how to reduce their risk with a health professional. This policy brief details the characteristics of older Californians who have repeated falls, their health care use, and the actions they can take to reduce the risk of future falls. It also provides policy suggestions for reducing the risk of falls among older Californians and decreasing the costs to the medical care system."

Approximately 40% of elders who sought care for a fall said they did not discuss how to avoid future falls with their provider."

To read the new brief, visit:

<http://healthpolicy.ucla.edu/publications/search/pages/detail.aspx?PubID=1349>

Information from UCLA Center for Health Policy Research Policy Brief,
Author: Steven P. Wallace, PhD, November 20, 2014

California experts well-represented at national roundtable on elder financial abuse

The National Center for Victims of Crime hosted an unprecedented Roundtable on Elder Financial Exploitation November 18 and 19. The event was supported by a generous grant from the Huguette Clark Family Fund for Protection of Elders, a Donor-Advised Fund of the New York Community Trust, and brought together more than 30 of the nation's leaders from a diverse group of stakeholders to address the issue and provide innovative solutions to prevent and combat elder financial abuse.

The Roundtable included presentations on best practices, shared innovative programs serving elder victims of financial abuse and explored opportunities for increased collaboration. Working groups were established to develop long-term strategies and victim-centered projects in the areas of policy, justice and services. The Roundtable was designed to produce tangible outcomes to be acted upon and implemented in the near future.

"The purpose of the Roundtable is to elevate the issue of elder financial exploitation. As our population ages, more and more people are being targeted. This type of crime receives far less attention than violent crime, however it can be equally as devastating. Our goal is to facilitate increased collaboration in this area to better serve victims," commented Mai Fernandez, Executive Director of the National Center for Victims of Crime. The initial gathering of experts provided the foundation for effective partnerships, encouraged additional dialogue on the issue and emphasized the importance of research-based practice and multidisciplinary approaches to combat elder financial exploitation.

Roundtable attendees included representatives from the financial services industry, government agencies, elder victims' rights organizations, academics, and civil attorneys among others. California participants included Judge Julie Conger (California Commission on Aging), Lisa Nerenberg (California Elder Justice Coalition), Laura Mosqueda and Julie Schoen (National Center on Elder Abuse at USC), Molly Davies (California Long-Term Care Ombudsman Association), Betty Malks (Enhancing the Capacity of a Diverse Faith Community in Addressing Elder Abuse) and Carol Sewell (CCoA). Additional information and resources on this issue, including *Taking Action: An Advocates Guide to Assisting Victims of Financial Fraud*, are available on the National Center for Victims of Crime website <http://www.victimsofcrime.org>.

Information from the National Center for Victims of Crime press release, November 20, 2014.

AGEWATCH

December 2014

"If we left, they wouldn't have nobody."



The decision to stay and care for elderly residents when an RCFE closed and the owner and care staff abandoned the remaining residents, was a "no-brainer" for two employees at the Valley Springs Manor in 2013. Their conversation about the decision was recorded for National Public Radio's "StoryCorps" and can be heard at <http://storycorps.org/locations/california/>

Miguel Alvarez (L) and Maurice Rowland (R) remember caring for residents at an assisted living home, where they were a janitor and a cook, when it closed suddenly, leaving many elderly residents abandoned.

Recorded in **Hayward, California**

California
Commission on Aging

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Chair, Carson

Marian Last,
Vice Chair,
Rossmoor

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Los Angeles

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Wilton

Steven Castle,
Los Angeles

Julie Conger,
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San Diego

Lucille Fisher,
San Francisco

Stuart Greenbaum,
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Granite Bay

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Carmen Reyes,
Whittier

Jane Rozanski,
Camarillo

Rita Saenz,
Sacramento

David Sanchez,
San Francisco

Jean Schuldberg,
Chico

Ed Walsh,
Rancho Mirage

Senator Carol Liu reports on work of the Senate Select Committee on Aging and Long-Term Care

Senator Carol Liu, Chair of the Senate Select Committee on Aging & Long-Term Care, met with the Commission on Aging in November to preview the forthcoming report from her Committee's year-long effort. Senator Liu reviewed the Committee's work plan and highlighted the need to prioritize aging and long-term care issues at the Legislature, as well as to consolidate and better coordinate the state agencies delivering the spectrum of aging services. The Committee's 2014 report, due out in December, will address the issues of long-term care and its financing, family caregiving, transitional care, Alzheimer's disease, and wellness and mental health, among other issues. The Committee will also pursue reinstatement for the coming year, with a goal of seeing a standing Committee on Aging established by Senate leadership.

Senator Carol Liu (center, front), with commissioners (front row, L-R) Jane Rozanski, Marian Last, Virgie Walker, Bert Bettis, (2nd row) Lucy Fisher, Donna Benton, David Sanchez, Barbara Mitchell, Ed Walsh, Stuart Greenbaum, Jean Schuldberg, (3rd row) Steve Castle, Paul Downey, Gail Nickerson, and Bob Petty.



AGEWATCH

December 2014

Upcoming Events

December 1, 2014 -- California Legislature Reconvenes.

<http://www.leginfo.ca.gov/legsite.html>

December 2-3, 2014 -- Triple-A Council of California. Vagabond Inn, Sacramento. Agenda and information at www.4TACC.org.

January 20 - 21, 2015 -- California Commission on Aging. Sheraton Downtown, Sacramento. www.ccoa.ca.gov for agenda and information.

February 9--11, 2014 -- LeadingAge California Policy & Leadership Summit, Sacramento. <http://policysummit15.com/> for information.

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