

VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING



November 12, 2014
9:00 a.m. to 10:30 a.m.

Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura (805) 477-7300

AGENDA

- 9:00 a.m.
1. Call to Order and Agenda Review Nick Fotheringham
 2. Pledge of Allegiance Nick Fotheringham
 3. Approval of Area Agency on Aging Advisory Council Minutes of September 10, 2014 Nick Fotheringham
 4. Public Comments Nick Fotheringham
- Procedure: The public is welcome to comments. All comments not related to items on the agenda may be made at the beginning of the meeting only.
5. Consent Agenda Items Nick Fotheringham
 - 5.1 Legislative Committee Report from September 10, 2014
 - 5.2 Senior Nutrition Committee Report from September 15, 2014
 - 5.3 Senior Nutrition Committee Report from October 20, 2014
 - 5.4 Health Issues Committee Report from September 16, 2014
 - 5.5 Health Issues Committee Report from October 21, 2014
 - 5.6 Housing and Transportation Committee Report from October 7, 2014
 - 5.7 Outreach Committee Report from September 30, 2014
 - 5.8 Outreach Committee Report from October 28, 2014
 - 5.9 Optimal Aging committee Report from September 24, 2014
- DISCUSSION ITEMS/PRESENTATION/MOTION**
- 9:15 a.m.
- 6.1 Housing and Transportation – Update on Universal Design Staff Mel Silberberg
 - 6.2 Volunteer Driver Program Rollout Nicole Cavalino
 - 6.3 Senior Nutrition Action Counsel – Advisory Council Representation Nick Fotheringham
 - 6.4 Adoption of FY 2015 Advisory Council Conflict of Interest Code and Approval for Advisory Council Chair to Sign the Code Victoria Jump

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| | Planning and Allocation Committee Report from November 10, 2014 | Nick |
| 6.5 | and Recommendation to XXXXXXX* | Fotheringham |
| 6.6 | FY 2014-2015 VCAAA Quarterly Data Report * | Brian Murphy |

INFORMATIONAL ITEMS

- | | | | |
|----------|-----|--|----------------------|
| | 7. | Advisory Council Meeting Schedule for FY 2014-2015 | Victoria Jump |
| | 8. | CSL /TACC Update | June
Glasmeier |
| | 9. | Committee Membership List for FY 2014-2015 | Victoria Jump |
| | 10. | California Commission on Aging AgeWatch for September 2014
and October 2014 | Nick
Fotheringham |
| | 11. | Comments from the Chair | Nick
Fotheringham |
| | 12. | Other Business | Nick
Fotheringham |
| 10:30 am | 13. | Adjournment | Nick
Fotheringham |

*Reports and materials to be provided at the meeting

The next meeting will be:

January 14, 2015 (9:00 am – 10:30 am)
Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura County

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least five days prior to the meeting.

VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING MINUTES

Advisory Council Center
646 County Square Drive, Suite 100
Ventura, CA 93003
September 10, 2014

Advisory Council Members Present

Paul Boog (Port Hueneme COA)	Antoinette Olson (Simi Valley COA)
Smita Dandekar (Supervisory Appointee)	Ginny Rockefeller (Ojai COA)
Jay Evans (Camarillo COA)	Nancy Rowe (Immediate Past Chair)
Ady Esparza (Oxnard COA)	Mel Silberberg (Supervisory Appointee)
Rosemary Flores-Gordon (Service Provider)	Neill Spector (Simi Valley COA)
June Glasmeier (CSL)	Sue Tatangelo (Special Population)
Sandra Fide (Moorpark COA)	Sylvia Taylor Stein (Service Provider)
Nick Fotheringham (Thousand Oaks COA)	Donald Todd (Special Population)
Lori Harasta (Ventura COA)	Vicki Tripoli (Moorpark COA)
Lawrence Hartmann (CSL)	Bill Witt (CSL)
Lisa Hayden (Supervisory Appointee)	
Vivian Johnson (Fillmore COA)	

Advisory Council Members Absent

Nancy Healy (Thousand Oaks COA) - EA
Marion Holzworth (Ventura COA)
Marty Kaplan (Supervisory Appointee)
Karen King (Camarillo COA) - EA
Ricardo Melendez (Special Population)

VCAAA Staff Present

Beth Shepard	Elizabeth Renteria
Victoria Jump	
Monique Nowlin	

Guests

Lisa Powell
Marisue Eastlake
Renee Rakestraw
Luz Diaz

1. **Call to Order** - The meeting was called to order at 9:00 a.m. by Chair Nick Fotheringham (Thousand Oaks COA).
2. **Pledge of Allegiance** – Nick Fotheringham the Pledge of Allegiance. A quorum was present.

3. **Approval of Area Agency on Aging Advisory Council Meeting Minutes** - The minutes of the July 9, 2014, meeting were approved. (Boog/Gordon/Passed)

4. **Public Comments – There were no public comments.**

5. **Consent Agenda Items** – the consent agenda containing the Outreach Committee Report from July 29, 2014, Legislative Committee Report from July 9, 2014, Housing and Transportation Committee Report from July 8, 2014, Health Issues Committee Report from July 15, 2014, and Senior Nutrition Committee Report from July 28, 2014 were accepted. (Glasmeier/Rockefeller/Passed). There were no abstentions. Two corrections were mentioned on the Legislative Committee report. Mel Silberberg reported that he was at the meeting listed as absent and Jay Evans indicated that he was listed as a guest but is a member. Sandra Fide also indicated that the Outreach Committee Report lists her as member when she is not.

6. **Discussion Items/Presentation/Motion**

6.1 **Fall Prevention Program.** Due to the interest and importance of the topic, this agenda item was continued from the July meeting. Questions were asked about the makeup of the Fall Prevention Coalition with VCAA staff committing to asking the committee if they minded interested AC members attending the meetings. AC members also expressed concern about those members that have not fallen being able to access services. Currently the model is set up only for those that have fallen. Ideas mentioned included surveying lifeline companies regarding the incidence of falls, trying to measure the rate of people falling that don't come through EMS, looking at the demographics of where the falls are occurring and looking at falls in facilities. Members shared stories of their own falls, illustrating the prevalence of falls. The need for materials to be translated into other languages was also discussed.

Everyone was invited to the Fall Prevention Forum to be held September 26, 2014 from 12 pm – 3 pm at the Pleasant Valley Senior Center.

6.2 **Home share, Housing and the Housing Road Map.** Staff gave an update about the Home Share program and explained how it will work. Advisory Council members were introduced to Home Share staff. There was a lively discussion regarding who to target and why, the role of the social worker in evaluating the living situation, background checks, using technology, and connecting with the faith based community on outreach

7. **Advisory Council Meeting Schedule.** The meeting schedule for FY 2014-2015 was included for informational purposes.

8. **CSL/TACC Update.** Bill Witt and Larry Hartmann gave a brief update including a brief primer on what the California Senior Legislative is and the importance of the current Assembly Bill that was introduced that regarding their funding. A question was asked about June Glasmeier's TACC Report from August 2014 specifically

regarding the mention of a 10 year statewide housing plan. Advisory Council members asked June Glasmeier for a copy of the report.

9. **Committee Membership Selection for FY 2014-2015.** Members were review the list and make sure that their committee choices were reflected.
10. **California Commission on Aging AgeWatch for July 2014.** Included for informational purposes.
11. **Comments from the Chair.** Chair Nick Fotheringham mentioned that he is excited about being able to attend committee meetings remotely in the future (except AC meeting and meetings where votes are required regarding money).
12. **Other Business –**

Toni Olson – Toni handed out a flyer on the Simi Valley's Council on Aging Fall Arts And Crafts Fair to be held October 10, 2014 from 9-3 and on October 11, 2014 from 8 am -3 pm at the Simi Valley Senior Center.

Renee Rakestraw – Renee introduced herself to the council as the new City of Oxnard Senior Services Program Director.

Nick Fotheringham – Nick mentioned that the agenda for the Advisory Council was pretty fluid throughout the year and there was some flexibility regarding discussions that could be had at the council meetings. He asked that if anyone had any ideas or suggestions for topics to let him know. Mel Silberberg suggested that this idea should be agendized.

13. **Adjournment** – the meeting was adjourned at 10:25 am.

TO: VCAAA Advisory Council Members
FROM: Monique Nowlin, VCAAA Deputy Director
DATE: September 10, 2014
SUBJECT: **Legislative Committee Report from September 10, 2014**

Legislative Committee Members Present

William Witt (CSL) - Chair
Nick Fotheringham (Thousand Oaks COA)
Neill Spector (Simi Valley COA)
June Glasmeier (CSL)
Mel Silberberg (Supervisory Appointee)
Sue Tatangelo (Family Caregiver Special Population Seat)
Sandra Fide (Moorpark COA)
Paul Boog (Port Hueneme COA)
Jay Evans (Camarillo COA)
Sylvia Taylor Stein (Service Provider)

Legislative Committee Members Absent

Donald Todd (Veteran Special Population Seat)
Larry Hartmann (CSL)
Nancy Healy (Thousand Oaks COA)

VCAAA Staff Present

Monique Nowlin

Guests

None

1. **Call to Order** – The meeting was called to order at 10:35 a.m. by Bill Witt. A quorum was present.
2. **Welcome and Introductions** – None.
3. **Public Comments** – None.
4. **Featured Legislative Committee Member** – Mel provided the Committee a brief synopsis of his work experience and his experience with the Advisory Council and legislation that is relevant to seniors. Mel stated he started on the Council on Aging. He went on to state that this Committee is so important and serves an important

purpose by advocating for seniors in this manner. Bill stated he appreciates Mel's involvement and enthusiasm.

- 5. California Senior Legislature Overview** – Bill went over the CSL overview he provided to the Committee. June stated that any legislation with a financial impact will not be passed. Neill queried about the high rate of failure of proposals getting a bill offered in the California legislature that Bill discussed. He asked if the failure rate was due to disagreement between political parties or financial issues or a combination. June's answer was both and this demonstrates the challenges this Committee faces coming up with bills that become law. Nick stated it doesn't make sense to only address non-financial issues. The strategy has to be how we are going to pay for it and demonstrate an overall cost-savings. Neill stated that perhaps cost-sharing can be discussed, i.e. offer a proposal in which we will raise \$25,000 for example and then perhaps only need \$50,000. Neill stated that by raising some of the funds on our own, it demonstrates we are taking an active approach. Mel stated we need to appeal to the corporations and businesses that profit from aging, i.e. canes, wheelchairs etc. Neill stated there are an avalanche of people becoming older and alternative methods of funding must be created to take away the responsibility of depending on funding that may not be there and asking for a handout. June stated we must let the Board of Supervisors and/or the staff know what is going on with this Committee and communicate which pieces of legislation the Committee feels is important. Bill stated he would contact Brian Miller, Chief of Staff for Supervisor Foy and see if he could attend the Committee's next meeting. Jay asked what the Committee will say to Mr. Miller and it was decided the Committee would request insight as to how they can get Board of Supervisor support to aid in a localized focus. June added that from what she sees and hears at the meetings and conferences she attends, VCAAA is miles ahead of other AAA's.
- 6. Discussion – How to Ascertain Legislative Committee's Top Ten** – It was decided since none of the previous items on the Legislative Committee's Top Ten were passed, the Committee would stay focused on those, but this would be discussed further at the next meeting.
- 7. Other Committee Involvement/Notification** – There was no discussion regarding other Committee involvement.
- 8. Next Meeting Date** – November 12, 2014.
- 9. Adjournment** – The meeting was adjourned at 11:15 a.m. by Bill Witt.

TO: VCAAA Advisory Council Members

FROM: Brian Murphy, VCAAA Staff

DATE: September 15, 2014

SUBJECT: Senior Nutrition Committee Report from September 15, 2014

Senior Nutrition Committee Members Present

Vicki Tripoli (Moorpark COA)

Jay Evans (Camarillo COA)

Vivian Johnson (City of Fillmore Representative)

Senior Nutrition Committee Members Absent

Donald Todd - Absent

Antoinette Olson – Committee Chair (City of Simi Valley Representative) – Excused Absence

VCAAA Staff Present

Patti Jaeger, R.D.

Brian Murphy

Guests

None

1. **Call to Order** – The meeting was called to order at 10.03 A.M. by Brian Murphy. A quorum was not present.
2. **Welcome and Introductions** – none
3. **Approval of Minutes from the 7/28/2014 Meeting** – Since a quorum was not present - the motion to approve the minutes was postponed until the next meeting at which a quorum will be present.
4. **Public Comments** – None.
5. **New Food Items** – Patti Jaeger advised that two new fish entrees and ground turkey were recently added to the menus for the meal sites. She will advise on the feedback from the program participants on these new items at the next meeting.
6. **Meals Served Count and Cost Per Meal through July 31, 2014** – Staff reported 15,213 meals were served in July. This remains very close to the budgeted count. The average food cost per meal (purchased from Jordanos) was \$4.02, or 4.4% higher than the budgeted amount of \$3.85. A more relevant cost per meal number will be available through the first quarter. *(Please note the actual cost per meal was not available at the meeting.)*

- 7. Proposed Incentive Funding Pool for FY 2014-15:** In the June meeting, the committee voted unanimously to establish an incentive fund pool for FY 2014-15. The incentive pool will be available to serve additional meals (baseline services). Grantees that meet all contractual obligations will be eligible to participate in the incentive pool.

The amount unallocated funds available for the Incentive Pool is **\$115,772**. These funds may be used to serve additional meals and the funds are expected to continue to be available in future years.

- 8. One-Time Only Funds:** The California Department of Aging announced on August 11, 2014 that \$46,586 in State one-time-only funds would be made available at the end of September 2014. These funds may not be spent on base-line services (i.e., cannot be used to serve more meals) as these are one-time-only funds.

Additional Federal one-time-only funds = \$140,166 (announced on September 22, 2014) are also being made available to the nutrition program. These funds may not be used to expand the meals served.

- 9. Revised Funding Formula For FY2016-17.** The committee will continue to work on developing a response to this issue at the next meeting.

- 10. Other Committee Involvement/Notification** – None reported.

- 11. Review Meeting Schedule** - The next meeting is scheduled for Monday, October 20, at 10:00 a.m.

Future meetings will be held at 10 a.m. on a Monday in each month (excluding December and August):

November 17, 2014

January 12, 2015

- 12. Adjournment:** The meeting adjourned at 11:40 AM.

TO: VCAAA Advisory Council Members
FROM: Susan White Wood, VCAAA Staff
DATE: October 20, 2014
SUBJECT: **Senior Nutrition Committee Report from October 20, 2014**

Senior Nutrition Committee Members Present

Vicki Tripoli (Moorpark COA)
Jay Evans (Camarillo COA)
Donald Todd Jr. (Veterans Representative)

Senior Nutrition Committee Members Absent

Antoinette Olson – Committee Chair (City of Simi Valley Representative)
Vivian Johnson (City of Fillmore Senior Center)
Paul Boog – (City of Port Hueneme Representative)

VCAAA Staff Present

Patti Jaeger, R.D.
Brian Murphy
Susan White Wood

Guests

None

- 1. Call to Order** – The meeting was called to order at 10.00 A.M. by Brian Murphy. A quorum was not present.
- 2. Welcome and Introductions**
- 3. Public Comments - None**
- 4. Approval of Minutes from the 7/28/2014 and 9/15/2014 Meetings** – Since a quorum was not present, the motion to approve the minutes from the last two meetings was tabled until the next meeting.
- 5. Meals Served Count and Cost per Meal through September 30, 2014** – Brian Murphy reported on the number of meals served in the first quarter. The actual count was not available at the meeting. (The actual meal count through September 30, 2014 was 44,811, or 3% ahead of target). Most contractors were within range of their meal count targets. The food cost per meal through September 30, 2014 is \$4.03 or 6% over budget. (Please note the actual cost per meal was not available at the meeting). Discussion ensued regarding contractors that did not meet targets. Brian explained that Corrective Action Plans are sent quarterly to those grantees whose actual meal counts were less than 90% or greater than 115% of target.

6. Incentive Pool Funding for FY 2014-15: In the June meeting, the committee voted unanimously to establish an incentive fund pool for FY 2014-15. The incentive pool will be available to serve additional meals (baseline services). The amount available is \$34,374 from unspent 2013-14 funding and \$81,398 in new baseline funding for a total of \$115,772. It is expected that this additional baseline funding will continue to be available in future years. Brian Murphy suggested that contractors should be at 100% of monthly meal targets in order to qualify for the incentive funding. Donald Todd asked that all applications for funding be considered. The SNP Committee can make its recommendations to the PAC. The SNP Committee reviewed the One-Time-Only and Incentive funds application form and requested a few changes.

- Brian Murphy stated that the Committee should set aside money for “special meal events,” which could include serving Lesbian, Gay, Bi-Sexual, Transgender and Questioning (LGBTQ) seniors, as this is a goal in the Agency’s Strategic Plan. Since there was no quorum, there was no vote. However, the Committee recommended setting aside \$20,000 for the purpose of funding special meal events.
- Jay Evans stated that some money should be set aside to serve senior veterans. (This would be deemed a special meal event.)
- Brian Murphy stated that the Santa Paula community might need a Title III funded home-delivered meal program and that Port Hueneme might want to add periodic congregate meal events. Brian also suggested that an expanded congregate meal service in the city of Camarillo might be warranted.

7. One-Time Only Funds: The California Department of Aging announced on August 11, 2014 that \$46,586 in one-time-only (OTO) funds were available. These funds may not be spent on base-line services (i.e., cannot be used to serve more meals).

- The VCAAA Advisory Council has a policy in place which states that OTO funding is to be spent on equipment. There was discussion about changing this policy to include allowing costs associated with equipment installation, maintenance and repair. Since there was no quorum, a vote on this topic was tabled. Donald Todd suggested that this may have been established to insure that the meal site would also be contributing something to the equipment purchase.
- Brian Murphy stated that the Senior Nutrition Action Council (SNAC) has provided money for new equipment as well as equipment repairs.
- VCAAA would like to purchase a freezer to store frozen meals so that nutritious meals would be available to needy clients on an emergency basis. Additionally, the freezer would be used to store entrée samples when new items are being assessed for inclusion in the SNP menus. Jay Evans stated that he thought that purchasing a freezer for the VCAAA was critical.

8. Revised Funding Formula For FY2016-17

The committee will continue to work on developing a response to this issue at the next meeting. The existing funding formula is detailed in the current RFP.

9. Other Committee Involvement/Notification – None reported.

10. Review Meeting Schedule - The next meeting is scheduled for **Monday, November 17, at 10:00 a.m.**

Future meetings will be held at 10 a.m. on a Monday in each month (excluding December and August):

January 12, 2015

February 23, 2015

March 16, 2015

April 20, 2015

11. Adjournment: The meeting adjourned at 11:30 AM.

TO: VCAAA Advisory Council Members
FROM: Victoria Jump, VCAAA Staff
DATE: September 16, 2014
SUBJECT: **Health Issues Committee Meeting Report from September 16, 2014**

Health Issues Committee Members Present

Jay Evans (City of Camarillo)
Ginny Rockefeller (City of Ojai)
Nancy Rowe (City of Oxnard)
Sue Tatangelo (Family Caregiver Representative)

Health Issues Committee Members Absent

Lisa Hayden (Supervisorial Appointee)
Rosemary Flores-Gordon (Service Provider)
Smita Dandekar (Supervisorial Appointee)

VCAAA Staff Present

Christine Voth, Grants and Planning Manager
Victoria Jump, VCAAA Director
Monique Nowlin, VCAAA Deputy Director
Patti Jaeger, Registered Dietitian

Guests

Phil Chandler, Owner, Right at Home

1. Welcome and Introductions. The meeting was called to order at 1:03 pm. A quorum was present.
2. Public Comments - None
3. Election of New Chair for Committee – Ginny Rockefeller was elected as chair of the committee for FY 2014-2015.
4. Review of Adopted Goals FY 2012-2016 Committee Goals. The committee reviewed the goals and were given an update. Committee members were walked through how the committee arrived at these goals and all the work done by the committee in previous years. Committee members suggested prioritizing the goals and were asked to start thinking about the next goal that the committee is going to work on. Committee members asked that the research done and white papers written in support of the need for these goals be placed on the agency website.

Task	Goal	Timeline	Activities
1	Encourage physical activity at all ages and functional abilities through the continuum of aging.	Ongoing	Funding of EB exercise classes, exercise brochure
2	Better understand the look and implications of being functionally poor (Elder Economic Index) and local health.	Year 1	Did comparison chart across all years
3	Encourage the adoption of the Elder Economic Index as a means of identifying those at risk.	Year 1	
4	Survey and study food insecurity in seniors.	Year 1	Did survey and are implementing suggested activities
5	Encourage and support family caregiver's understanding of the physiological, psychological, and emotional changes experienced (Second Patient Syndrome) as the result of chronic stress due to ongoing caregiving activities.	Ongoing	VCAAA staff will update the caregiver list and place it on the website
6	Enhance patient self-efficacy of quality and cost of care through partnerships and collaborations between the medical community and community based service programs including evidence based programs.	ongoing	CCTP program involvement as well as the Evidence Based Coalition
7	Encourage the development of more medical-social partnerships including the faith based community.	Ongoing	CCTP program and Fall Prevention Coalition Activities, EB Coalition
8	Seek out grant opportunities or advocate for programs identified health concerns.	Year 2	Applied for ACL Fall Prevention Grant
9	Encourage the development of a strategic plan in place for each of five districts. This would include pursuing funds for a needs assessment of each of the areas.	Year 2	
10	VCAAA AC and staff need to advocate for targeted services	Year 3 or 4	
11	Prioritize health issues and develop a mechanism to respond to emerging needs.	Year 2	

12	Encourage consumer to be wise purchasers of quality care through the dissemination of information (rankings of hospitals, fact sheets on choosing a nursing home, etc.)	Ongoing	
13	Encourage senior housing areas (buildings and naturally occurring retirement communities) to consider medical and social programming to support aging in place.	Ongoing	

5. Update on Project Goals Related to Food Insecurity. Patti Jaeger shared the printed versions of the placemat and notified the committee that the use of the placemats has led to an increase in the number of requests for nutrition counseling. She also provided an update on activities related to the new Supplemental Nutrition Assistance Program Education (SNAP-ED) program.
6. Increasing Physical Activity at Every Age. Victoria Jump shared the results of the survey conducted with senior centers regarding the willingness to hold an evidence based exercise class. The survey showed that the three most common offered California Department of Aging/Administration on Community Living accepted Evidence Based classes were the Arthritis Foundation Exercise Program, Tai Chi: Moving for Better Balance and Matter of Balance. A motion was made and accepted to use these as the three classes that the VCAA would fund using Title IIID dollars and identify providers of these programs. The survey showed that not all senior centers are open to holding a class but that they would be okay with a class being held in another location in the same city. The priority of the group was getting classes up and running as soon as possible. As shared at a previous committee meeting, the agency applied for an Administration for Community Living Fall Prevention grant. If received it would augment the new Fall Prevention Program be providing additional evidence based exercise classes.
7. Disease/Condition Specific Support Groups. Phil Chandler shared that he was putting together a list of all disease specific support groups.
8. Other Committee Involvement/Notification – None
9. Other – No items were discussed.
10. Next Meeting Date: October 21, 2014 from 1-2:30 pm. A doodle poll will be distributed which may change the meeting date.
11. Adjournment – The meeting adjourned at 2:15 p.m.

TO: VCAAA Advisory Council Members
FROM: Ginny Rockefeller, Committee Chair
DATE: October 21, 2014
SUBJECT: **Health Issues Committee Meeting Report from October 21, 2014**

Health Issues Committee Members Present

Smita Dandekar (Supervisory Appointee)
Jay Evans (City of Camarillo)
Rosemary Flores-Gordon (Service Provider)
Ginny Rockefeller (City of Ojai)
Nancy Rowe (City of Oxnard)

Health Issues Committee Members Absent

Lisa Hayden (Supervisory Appointee)
Sue Tatangelo (Family Caregiver Representative)

VCAAA Staff Present

Christine Voth
Victoria Jump
Monique Nowlin
Elizabeth Renteria
Katharine Raley

Guests

Phil Chandler
Diane Emerick
Terri Helton
Perri Laisuan

1. Welcome and Introductions. The meeting was called to order at 1:10 pm. A quorum was present.
2. Public Comments - None
3. Worksheet for Committee Goals and Objectives – the committee went over the goals and objectives worksheet making changes and suggesting objectives that are in line with the goals. Committee members discussed the VCAAA funded evidence based classes and recognized the need to train additional volunteers. Potential locations for classes beyond senior centers were mentioned including mobile home parks, senior housing and adult day care. The goal is to have classes available everywhere but the immediate focus is placing them in senior centers. The committee asked staff to locate a master trainer for the Matter of Balance class and arrange for a training in

Ventura County as well as a master trainer class. The need to ensure that Spanish speaking volunteers are trained was also discussed along with Promotores involvement. VCAAA staff will arrange for the training and committee members will help with getting the word out and locating volunteers. Committee members asked that a job description/set of expectations to be created for those being trained as well as the criteria for the master trainers.

Committee members discussed and agreed to provide stipends to the volunteers teaching the Matter of Balance class or paying for healthy snacks at the class as an alternative to the stipend. Since the class is volunteer based there is no obligation or incentive for the trainer to provide more than a couple of classes a year.

See attached document for committee goals and objectives.

4. Other Committee Involvement/Notification – None
5. Other – Committee members discussed the need for dental services. VCAA staff agreed to be the broker for the information and develop a list of resources and distribute it.
6. Next Meeting Date: November 18, 2014
7. Adjournment – The meeting adjourned at 2:30 p.m.

Health Issue Committee Meeting

WORKSHEET FOR COMMITTEE GOALS AND OBJECTIVES – July 1, 2012 through June 30, 2016

REVIEW:

Committee Mission Statement

The mission of the Health Issues Committee is to mobilize resources to improve the health and medical services of seniors and their caregivers.

Health Issues Committee Target Population: Persons aged 60 and older.

Philosophical Framework

While the Health Issues Committee is not responsible for solving all the health and medical care problems of seniors in Ventura County it is responsible for investing its funds and staff time based on knowledge of the documented health status of seniors, risk factors, and services being provided by the major public and private agencies and professionals.

VCAA can be the honest broker that asks relevant agencies what they are doing in key areas, what they would like do, and what help would be welcomed. VCAA resources include staff support, grant seed money in selected categories, case management, and outreach to encourage system efficiencies via better coordination of services and continuity of care.

Meeting this challenge requires that we understand our communities, document where needs are greatest, and target resources appropriately. The VCAA database on unduplicated services to seniors with three or more limitations in the activities of daily living can track progress and outcomes of our most vulnerable seniors.

Recommendations are based on preventive services recommended by the U.S. Preventive Services Task Force (www.preventiveservices.ahrq.gov) and the surgeon general.

The basic guiding principle of regional chronic disease programs is care designed and organized around the patients rather than providers. The four principles of a regional approach are as follows:

- Physician involvement
- Collaborate with existing community organizations
- Self-management (including disease prevention, health promotion, and health/medical care compliance)
- Use technology to facilitate patient home care

Adopted Goals for the Health Issues Committee - FY 2012-2016

1. Encourage physical activity at all ages and functional abilities through the continuum of aging.
2. Better understand the look and implications of being functionally poor (Elder Economic Index) and local health.
3. Encourage the adoption of the Elder Economic Index as a means of identifying those at risk.
4. Survey and study food insecurity in seniors.
5. Encourage and support family caregiver's understanding of the physiological, psychological, and emotional changes experienced (Second Patient Syndrome) as the result of chronic stress due to ongoing caregiving activities.
6. Enhance patient self-efficacy of quality and cost of care through partnerships and collaborations between the medical community and community based service programs including evidence based programs.
7. Encourage the development of more medical-social partnerships including the faith based community
8. Seek out grant opportunities or advocate for programs identified health concerns.
9. Encourage the development of a strategic plan in place for each of five districts. This would include pursuing funds for a needs assessment of each of the areas.
10. VCAAA AC and staff need to advocate for targeted services.
11. Prioritize health issues and develop a mechanism to respond to emerging needs.
12. Encourage consumer to be wise purchasers of quality care through the dissemination of information (rankings of hospitals, fact sheets on choosing a nursing home)
13. Encourage senior housing areas (building and naturally occurring retirement communities) to consider medical and social programming to support aging in place.

Objectives¹ to Consider and Prioritize - Note – the # of the objective corresponds with the # of the goal list above.

#	Objective	Tasks - HOW will this be accomplished?	WHO will do the tasks?	Status	Priority
1	Develop evidence based exercise class list for each city	Committee members provided guidance on types of classes to be listed.	Committee members determined types of classes, VCAAA staff developed list of classes by city that are evidence based and completed draft of brochure.	Waiting on VCAAA funded list of classes to be finalized to go into brochure	AAA

¹ Objectives are action items with a starting and end date.

#	Objective	Tasks - HOW will this be accomplished?	WHO will do the tasks?	Status	Priority
1	Fund evidence based exercise classes in each city	Committee members determined 3 evidence based classes to fund. VCAAA staff conducted survey of senior centers to determine what was available.	VCAAA staff working with seniors centers on setting up the classes.	In progress	AA
1	Develop a cadre of trained volunteers for Matter of Balance	Locate a master trainer and arrange for a training class as well as a class for master trainers.	VCAAA staff will locate master trainer and arrange for class. Committee members to assist with getting word out and locating volunteers	In process	AA
2	Create comparison chart across all years	VCAAA staff created a comparison across all years showing changes in affordability over time.	VCAAA staff	Completed	AAA
3	No identified objective				
4	Created and disseminated food insecurity survey of seniors	Committee members created survey and CSU students distributed survey in community	Committee Members and CSU student interns	Completed	AAA
4	Create nutritional placemats	Committee members made recommendation as to what the placemat should look like VCAAA dieticians created	Committee members suggest content, VCAAA Dieticians create content and recipes and County finalizes and orders placemats	Completed/Ongoing	AAA
4	Use back of placemats for health related information	Committee members are to make recommendations for items to be put on back of placemat at November meeting	Committee Members and VCAAA staff	Not started	AA
4	Become involved in Food Share food truck outreach events	VCAAA to tag along with Food Share at their events and provide nutrition and education related materials	VCAAA Registered Dieticians and staff	Not started – waiting for food truck delivery	AA
5	Update caregiver resource list and post on website	Take old list and update it and post on website	VCAAA staff	Completed	AA
5	Public Health will offer classes lead by public health nurses on the second patient syndrome		Public Health	Not started	AA

#	Objective	Tasks - HOW will this be accomplished?	WHO will do the tasks?	Status	Priority
5	Distribute tips for "taking care of yourself" to be provided to home care patients with caregivers			Not started	AA
6	No identified objective				
7	Develop and foster partnerships between medical and social service agencies and faith based community	1. Community based care transitions program with hospitals 2. VCAAA internal programs outreach to faith based community	VCAAA staff and Camarillo Health Care district with care transitions program.	In process	AA
8	Seek out funding opportunities	Locating potential grants that go along with the goals of the committee and applying for them.	VCAAA staff applied for ACL fall prevention grant	In process	
9	No identified objective				
10	No identified objective				
11	No identified objective				
12	No identified objective				
13	No identified objective				

Measurement of Success

- Success will be measured by improvement in leading indicators as they become available, such as:
- Number of chronic disease management programs that ensure better coordination and continuity of care.
 - Improvement in health indicators where population and city regions have scores at or better than the average as compared to existing county and state measures.
 - Decrease in the number of inappropriate hospital admissions/readmissions caused by falls, drug interactions, diabetic and thyroid crises, etc.
 - Decrease in avoidable admissions to assisted living and long term facilities, and premature deaths.

TO: VCAAA Advisory Council Members

FROM: Monique Nowlin, VCAAA Deputy Director

DATE: October 7, 2014

SUBJECT: **Housing and Transportation Committee Report from October 7, 2014**

Housing and Transportation Committee Members Present

Mel Silberberg (Supervisory Appointee) – Acting Chair

Jay Evans (Camarillo COA)

Vivian Johnson (Fillmore COA)

Paul Boog (Port Hueneme COA)

Housing and Transportation Committee Members Absent

Marion Holzworth (Ventura COA)

VCAAA Staff Present

Monique Nowlin

Elizabeth Renteria

Sean Zellers

Beth Shephard

Ashley Alberts

Guests

Nicole Cavalino – Mobility Management Partners

Laurie Dickinson – Simi Valley Senior Center

1. **Call to Order** – The meeting was called to order at 8:59 a.m. by Acting Chair, Mel Silberberg.
2. **Welcome and Introductions** – None.
3. **Public Comments** – None.
4. **Mobility Management Partners** – Nicole Cavalino provided an overview of Mobility Management Partners services with a focus on their impending Volunteer Driving Program. She handed out copies of her power point and the Community Participation Survey she has been handing out in the community to ascertain the transportation needs of the seniors in Ventura County. Mel thanked Ms. Cavalino for the information and stated to the Committee it had been quite a while since there was a focus on transportation needs. Mel stated the Committee's interest in the impending program and when the program was ready to roll out, he suggested Ms. Cavalino speak to the

full Advisory Council about the program. Monique interjected that Ms. Cavalino and other staff from Mobility Management Partners had already spoken to Victoria Jump and she expressed interest and willingness to support this program.

5. **HomeShare Update** – Sean provided some brief stats on the HomeShare program and mentioned the article in the VC Star on HomeShare. Monique queried the Committee about their desire to receive monthly statistics at every meeting and their response was in the affirmative. Prospectively HomeShare staff will provide monthly statistics.

6. **AC COA Members Advocating For Universal Design – November AC Meeting** – Mel stated he planned to take this issue to the November AC meeting, specifically asking each COA representative what they have done at their level to communicate this message back to their groups.

7. **California Statewide Housing Strategy** – Due to time constraints, this discussion was tabled for the next meeting.

8. **Other Committee Involvement/Notification** – None.

9. **Next Meeting Date** – November 4, 2014

10. **Adjournment** – The meeting was adjourned at 10:42 a.m. by Mel Silberberg.

TO: VCAAA Advisory Council Members
FROM: Marty Kaplan, Committee Chair
DATE: November 3, 2014
SUBJECT: **Outreach Committee Report from September 30, 2014**

Committee Members Present

Ady Esparza (Oxnard, COA)
Nancy Rowe (Oxnard, COA)
Marty Kaplan (Supervisory Appointee)
Lori Harasta (Ventura, COA)
Neill Spector (Simi Valley, COA)

Committee Members & Staff Absent

Lisa Hayden (Supervisory Appointee)
Victoria Jump (Director)
Monique Nowlin (Deputy Director)
Martin Marquez (VCAAA)

VCAAA Staff Present

Katharine Raley
Beth Shephard
Elizabeth Renteria

Guests

Rose Gossom
Irene Robles Robledo

- 1. Call to Order** – The meeting was called to order at 9:00 a.m. by Ady Esparza, Committee Chair. A quorum was present.
- 2. Welcome and Introductions**
- 3. Public Comments** – Rose Gossom, former AC Member and Irene Robledo of Tender Touched were welcomed. Irene indicated her interest in the Outreach Committee because she had been a caregiver for her grandmother and her interest in helping seniors.
- 4. Election – New Chair** – The committee members present voted unanimously for Marty Kaplan as the new Chair and Marty accepted the new position.
- 5. Marketing Objectives and Goals Discussion:** The discussion ensued about what the outreach goals and objectives should be. Some would like to see more

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communication to and from the Councils on Aging and others would like to see the continuation of the postcard campaign but with modifications to include the new upcoming programs from the VCAAA. A broader and more positive message needs to be about helping seniors to age well through education and volunteering. Other areas of concentration should be with Fall Prevention and installing safety bars, Home Share, transportation and connecting people with those who drive and those who don't, collaborations with independent living facilities and senior centers, social media, and working with HICAP and have AC members hand out information at the events.

After a lengthy discussion a framework for the goals and objectives were established as follows: 1) Different view of the VCAAA to a more positive mental acuity; 2) health/wellness/mental well-being and workshops and classes like "Living Within Your Means" and "LIFE;" 3) transportation and making connections; 4) Working with HICAP (Health and Wellness).

The committee would also like to a focus on collaborations, presentations, education, social media, meetings with the Councils on Aging, and revamping the VCAAA brochure and postcard. Consideration needs to be paid to the area demographics for our focus of concentration.

6. **Messaging** – Should be about keeping the message light with something like "What do you do when you age."
7. **Other Committee Involvement/Notification** – None at this point.
8. **Next Meeting Schedule** – Tuesday, October 28, 9:00 a.m. – 10:30 a.m.
9. **Adjournment:** – The meeting was adjourned at 10:42 a.m. by the Chair, Ady Esparza.

TO: VCAAA Advisory Council Members
FROM: Marty Kaplan, Committee Chair
DATE: November 3, 2014
SUBJECT: Outreach Committee Report from October 28, 2014

Committee Members Present

Marty Kaplan (Supervisory Appointee)
Ady Esparza (Oxnard, COA)
Nancy Rowe (Oxnard, COA)
Lori Harasta (Ventura, COA)
Neill Spector (Simi Valley, COA)

Committee Members & Staff Absent

Lisa Hayden (Supervisory Appointee)
Victoria Jump (Director)
Katharine Raley (VCAAA)
Martin Marquez (VCAAA)

VCAAA Staff Present

Monique Nowlin (Deputy Director)
Beth Shephard
Elizabeth Renteria

Guests

Deanna Leshe-Assisted Home Care
Cecilie Luna-Assisted Home Care

- 1) **Call to Order** – The meeting was called to order by Chair Marty Kaplan at 9:10a.m. The delay in the meeting was to give time for other members to arrive late due to the freeway closure for funeral processional of a slain Deputy Sheriff.
- 2) **Welcome and Introductions** – Introductions and welcome to the guests from Assisted Home Care; Deanna Leslie and Cecile Luna.
- 3) **Marketing Objectives, Goals and Message** – Continued discussion from the previous meeting about the overall objectives and goals. Because of the new VCAAA agency program, the Benefits Enrollment Center (BEC), the committee is looking at messaging a broader clientele which includes the disabled, caregivers, and elders. Optimal aging, social media, and positive aspect of aging in place are to be included in its messaging.

In considering the wider audience, the committee has settled on the following goals and objectives in no particular order:

- Goal #1) Education: aspects of aging; forums/prevention
- Goal #2) Presentations: Community and Council on Aging
- Goal #3) Develop a Trifold or multifold
- Goal #4) PowerPoint – redevelop previous version – cover multi-services

The “Quick Look” tri-fold or multi-fold will breakout the categories or classification into topics and/or resources such as Seniors, Disabled, Caregivers, Counseling, etc. Each classification will each have 3 or 4 bullet points which will address specific needs and create a focus for that particular group.

The pamphlet will be created and printed in English and in Spanish and have a number or an identifier for tracking purposes for the Information and Assistance calls. The other agency committees such as Optimal Aging, Housing and Transportation, and Senior Nutrition will be consulted to ensure that the pamphlet is sending the right message.

The messaging for marketing will be the VCAAA...”Not just for seniors.” This messaging will be submitted to the Advisory Council for review and approval and if approved, be part of all of agency marketing and communication materials, as well as social media, so that VCAAA has a consistently communicated message. The PowerPoint presentation will then be updated to reflect the same message.

- 4) Other Committee Involvement/Notification** – The committee will consult with the Optimal Aging, Housing & Transportation, and Senior Nutrition committees when the times comes to address those bullet points in the pamphlet.
- 5) Next Meeting Schedule** – Tuesday, November 25, 9:00 a.m. – 10:30 a.m.
- 6) Adjournment:** – The meeting was adjourned at 10:45 a.m. by the Chair, Marty Kaplan.

TO: VCAAA Advisory Council Members
FROM: Sylvia Taylor Stein, Committee Chair
DATE: September 24, 2014
SUBJECT: **Optimal Aging Committee Meeting Report from September 24, 2014**

Optimal Aging Committee (OAC) Members Present

Bill Witt (California Senior Legislature)
Ginny Rockefeller (City of Ojai Representative)
Karen King (City of Camarillo Representative)
Marty Kaplan (Board of Supervisor Representative)
Neill Spector (City of Simi Valley Representative)
Sylvia Taylor Stein, Chair (Service Provider)
Toni Olson (City of Simi Valley Representative)

Optimal Aging Committee Members Absent

Donald Todd (Veterans Representative)
Lori Harasta (City of Ventura Representative)
Marion Holzworth (City of Ventura Representative)
Sue Tatangelo (Family Caregiver Representative)
Vicki Tripoli (City of Moorpark)

VCAAA Staff Present

Christine Voth, Grants and Planning
Elizabeth Renteria, Outreach Coordinator
Monique Nowlin, Deputy Director

Guests

None

- 1. Welcome and Introductions**
- 2. Public Comments – None.**
- 3. Election of Committee Chair** - Sylvia Taylor Stein was nominated and unanimously re-elected as chair for the new fiscal year. Motion was made by Toni Olson and seconded by Karen King.
- 4. Review of November meeting date** - The next regularly scheduled meeting of November 26, was changed to November 19 at 1 PM. (November 26 is the day before Thanksgiving, which is a conflict for some members.)

5. **VCAAA Needs Assessment** - Christine Voth shared with the committee that VCAAA is developing a needs assessment questionnaire (relative to the preparation of the Area Plan Update for fiscal year 2015-2016) and is inviting the Advisory Council committees to develop questions pertinent to each committee's goals and objectives. Discussion ensued. The committee decided to postpone developing questions until after the committee goals and objectives have been finalized (which should occur at the next meeting).

6. **Review and Prioritize Committee Goals and Objectives for FY 2014-15** - Christine Voth handed out a Worksheet for Committee Goals and Objectives, which led to much discussion and many creative suggestions. She will work with committee members to revise the worksheet and will have it available at the November meeting.

7. **Other Committee Involvement/Notification**

8. **Next Scheduled Meeting** - November 19, 2014 at 1:00 p.m.

9. **Adjournment** - The meeting was adjourned by Sylvia Stein at 2:08 p.m.

OPTIMAL AGING COMMITTEE MEETING – September 24, 2014 – HAND OUT AT MEETING

WORKSHEET FOR COMMITTEE GOALS AND OBJECTIVES – July 1, 2014 through June 30, 2016

REVIEW:

Committee Mission Statement

The mission of the Optimal Aging Committee is to encourage and inspire older adults to enhance the quality of their lives, to maintain their identity and independence, to foster self-direction and to encourage them to be engaged and productive in a variety of activities regardless of disabilities of adverse medical conditions. The committee will accomplish this by exploring and recommending methods, programs, services and educational tools.

OAC Target Population: Persons aged 45 to 70 (based on previous survey).

Entities identified by OAC to engage/reach target populations: VCAAA website, Councils on aging, fraternal organizations, Health care providers/physicians, YMCA and fitness centers, Insurance companies (could provide incentives for persons working on their health), Utility bill inserts, Social media, print media, church groups, employers, employer-sponsored wellness programs, senior centers, family caregiver centers and organizations, service providers in the aging services network, and home delivered meals/Meals on Wheels.

Excerpt from Current Area Plan Update (for FY 2014-15) Submitted to/Approved by Board of Supervisors and California Dept. of Aging

Goal 4 - VCAAA will identify and address the emerging and changing needs of the 60+ population as well as Baby Boomers (born 1946-1964).

Objective: VCAAA will identify and explore the needs of special populations¹ as well as the changing and emerging needs of seniors, and will develop and expand programs to help meet their needs.

Rationale: Based on population projections, this will be the fastest growing demographic in the county over the next twenty years.

Optimal Aging Committee Goal: To emphasize the positive aspects of aging the VCAAA will form an ad-hoc **Optimal Aging Committee**.

This committee will explore and recommend methods, programs, services and educational tools that will encourage and inspire older adults to enhance the quality of their lives; maintain their identity and independence; and foster self-direction. The committee will encourage older adults to be engaged and productive in a variety of activities including part-time employment and volunteerism.

¹ Special population seniors include but are not limited to those who are one or more of the following: homeless, non-English speaking, geographically isolated or underserved, culturally isolated or isolated due to the loss of family or friends, homebound due to illness or disability, frail, living at or below the federal poverty level, sufferers of Alzheimer's disease and dementia, grandparents or other older relatives caring for a child with severe disabilities, and lesbian, gay, bisexual or transgender (LGBT) individuals.

Proposed Goal² for Optimal Aging Committee- FY 2014 -2016

Inspire the aging population to remain socially active and engaged in the community; and help overcome the stigma of ageism through collaboration and cooperation.

Objectives³ to Consider and Prioritize

#	Objective	Tasks - HOW will this be accomplished?	WHO will do the tasks?	Do we want to do this objective now?	If so, ID priority
1	Add a link for Optimal Aging on the VCAAA website that would provide links to additional resources successful aging. May also include tips for successful aging.	1. Create Optimal Aging (OA) link on VCAAA website. 2. Develop list of resources and tips.			
2	Include "Teaser Tips for Aging Well" or "Teaser Tips for Grown-Ups" on the VCAAA website				
3	Encourage intergenerational activities.	Communicate with other AC committees to see if any are pursuing such activities.			
4	Encourage interactions among different groups (students, business professionals, churches, social clubs, etc., including persons isolated in long-term-care facilities).				
5	Promote volunteerism and mentoring	Include link to your opportunities on VC AAA OA link			
6	Encourage lifelong learning	Include link to Osher Institute on VCAAA OA lin.			

² Goals are intangible.

³ Objectives are action items with a starting and end date.

#	Objective	Tasks - HOW will this be accomplished?	WHO will do the tasks?	Do we want to do this objective now?	If so, ID priority
7	Promote opportunities for civic engagement.	Increase visibility of councils and commissions on aging. How?			
8	Identify and encourage telephone support groups around issues and topics of special interest.				
9	Encourage sharing and documenting of life stories.				
10	Develop a packet of anecdotal information, resources handout, where to go for information, etc. that could be distributed to local organizations.				
11	Utilize social media to promote successful aging.	Assess what is already available on social media			
12	Present a webinar on successful aging.	Assess what's already available.			
13	Hold the story contest or series of stories that are 300 words or less about "What successful aging means to me."				
14	Request local media to include a reference to successful aging on their websites that includes a link to VCAAA's website link for Optimal Aging.	<ol style="list-style-type: none"> 1. Create Optimal Aging link on VCAAA website. 2. Develop list of resources and tips. 3. Initially, contact free print media such as the <i>Acorn</i> and the 			

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#	Objective	Tasks - HOW will this be accomplished?	WHO will do the tasks?	Do we want to do this objective now?	If so, ID priority
		Ventura Breeze. (The Breeze has on section dedicated to seniors.)			
15	Collaborate with other Advisory Council committees such as Outreach, Health Issues and Senior Nutrition to develop strategies and projects of mutual interest.				
16	Create a deck of 52 fun cards, one for each week, with inspiring tips for aging.	Tips would need to be developed. Start up money would be needed. Scratch that seed money would be needed. The cards could be sold to recoup startup costs.	Staff could research to see if comparable item is already being done.		

**2014 CONFLICT OF INTEREST CODE FOR
VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL**

The Political Reform Act, Government Code section 81000 et seq., requires local government agencies to adopt and promulgate Conflict of Interest Codes. The Fair Political Practices Commission has adopted a regulation (2 Cal. Code Regs., § 18730) which contains the terms of a standard Conflict of Interest Code, which may be amended by the Fair Political Practices Commission to conform to amendments in the Political Reform Act after public notice and hearings.

The terms of California Code of Regulations, Title 2, Section 18730, and any amendment to it duly adopted by the Fair Political Practices Commission, are hereby incorporated by reference as the Conflict of Interest Code for the Ventura County Area Agency on Aging, and along with the attached Exhibit A, which designates positions requiring disclosure and Exhibit B, which sets forth disclosure categories for each designated position, constitute the Conflict of Interest Code of the Ventura County Area Agency on Aging. Persons holding positions designated in Exhibit A shall file Form 700 Statements of Economic Interests with the Clerk of the Ventura County Board of Supervisors' Office which shall be the Filing Officer.

IN PREPARING THE FORM 700, DESIGNATED FILERS NEED ONLY DISCLOSE THOSE FINANCIAL INTERESTS FALLING WITHIN THE DISCLOSURE CATEGORIES DESIGNATED FOR THAT FILER'S POSITION AS STATED IN EXHIBITS A AND B.

APPROVED AND ADOPTED this 12th day of November, 2014:

By: _____
Print Name: Nick Fotheringham
Title: Advisory Council Chair

EXHIBIT A – DESIGNATED POSITIONS

# of POSITIONS	POSITION TITLE	DISCLOSURE CATEGORIES (From Exhibit B)
37	Advisory Council Members	6

EXHIBIT B – DISCLOSURE CATEGORIES

The terms *italicized* below have specific meaning under the Political Reform Act. In addition, the financial interests of a spouse, domestic partner and dependent children of the public official holding the designated position may require reporting. Consult the instructions and reference pamphlet of the Form 700 for explanation.

Category 1 – BROADEST DISCLOSURE

[SEE FORM 700 SCHEDULES A-1, A-2, B, C, D and E]

- (1) All sources of *income, gifts, loans and travel payments*;
- (2) All *interests in real property*; and
- (3) All *investments and business positions in business entities*.

Category 2 – REAL PROPERTY

[SEE FORM 700 SCHEDULE B]

All *interests in real property*, including *interests in real property* held by *business entities* and trusts in which the public official holds a business position or has an *investment* or other financial interest.

Category 3 – LAND DEVELOPMENT, CONSTRUCTION AND TRANSACTION

[SEE FORM 700 SCHEDULES A-1, A-2, C, D and E]

All *investments, business positions* and sources of *income, gifts, loans and travel payments*, from sources which engage in land development, construction, or real property acquisition or sale.

Category 4 – PROCUREMENT

[SEE FORM 700 SCHEDULES A-1, A-2, C, D and E]

All *investments, business positions* and sources of *income, gifts, loans and travel payments*, from sources which provide services, supplies, materials, machinery or equipment which the designated position procures or assists in procuring on behalf of their agency or department.

Category 5 – REGULATION AND PERMITTING

[SEE FORM 700 SCHEDULES A-1, A-2, C, D and E]

All *investments, business positions* and sources of *income, gifts, loans and travel payments*, from sources which are subject to the regulatory, permitting or licensing authority of, or have an application or license pending before, the designated position's agency or department.

Category 6 – FUNDING

[SEE FORM 700 SCHEDULES A-1, A-2, C, D and E]

All *investments, business positions* and sources of *income, gifts, loans and travel payments*, from sources which receive grants or other funding from or through the designated position's agency or department.



VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING SCHEDULE

Date	Advisory Council	Outreach	Leg.	Housing & Trans.	Health Issues	By-Laws	Senior Nut.	Opt. Aging
July 2014	July 9 9-11 am	July 29 9 – 10:30	July 9*	July 8 9-10 am	July 15 1-2 pm	TBD	July 28 10 am	July 23 1-2:30 pm cancelled
August 2014	None	None	None	None	None	None	None	None
Sept 2014	Sept 10 9-11 am	Sept 30 9 – 10:30	Sept 10*	Sept 9 9-10 am Cancelled – committee attending conference	Sept 16 1-2 pm	TBD	Sept 15 10 am	Sept 24 1-2:30 pm
Oct 2014	None	Oct 28 9 – 10:30	None	Oct 7 9-10 am	Oct 21 1-2 pm	TBD	Oct 20 10 am	None
Nov 2014	Nov 12 9-11 am	Nov 25 9 – 10:30	Nov 12*	Nov 4 9-10 am	Nov 18 1-2 pm	TBD	Nov 17 10 am	Nov 26 1-2:30 pm
Dec 2014	None	None	None	December 2 10-11	None	None	None	None
Jan 2015	Jan 14 9-11 am	Jan 27 9 – 10:30	Jan 14*	Jan 13 9-10 am	Jan 20 1-2 pm	TBD	Jan 12 10 am	Jan 28 1-2
Feb 2015	None	Feb 24 9 – 10:30	None	None	None	None	Feb 23 10 am	None
March 2015	March 11 9-11 an	March 31 9 – 10:30	March 11*	March 10 9-10	March 17 1-2 pm	TBD	Mar 16 10 am	March 25 1-2
April 2015	None	April 28 9 – 10:30	None	None	None	None	April 20 10 am	None
May 2015	May 13 9-11 am	May 26 9 – 10:30	May 13*	May 12 9-10 am	May 19 1-2 pm	TBD	May 18 10 am	May 27 1-2
June 2015	June 10 9-11 am	None	June 10*	None	None	None	June 22 10 am	None

Note: all meetings to be held at the VCAAA, unless otherwise noted.

*Meeting to follow Advisory Council Meeting adjournment.
Updated 09/02/2014

FY 2014-2015 Advisory Council Committee Membership List

Council Representation	Appointee	Outreach	H&T	Health	Leg.	SNP	PAC	Opt.Ag.	By-Laws
Board of Supervisors	Smita Dandekar			X			X		
Board of Supervisors	Vacant								
Board of Supervisors	Lisa Hayden	X		X					
Board of Supervisors	Marty Kaplan	X					X	X	
Board of Supervisors	Mel Silberberg		X		X		X		
Board of Supervisors	Vacant								
California Senior Legislature	June Glasmeier				X				
California Senior Legislature	Lawrence Hartmann				X				
California Senior Legislature	Bill Witt				X		X	X	
City of Camarillo	Jay Evans		X	X	X			X	
City of Camarillo	Karen King		X				X	X	X
City of Fillmore	Vivian Johnson		X			X			
City of Fillmore	Vacant								
City of Moorpark	Sandra Fide				X				
City of Moorpark	Vicki Tripoli					X		X	
City of Ojai	Ginny Rockefeller			X			X	X	
City of Ojai	Vacant								
City of Oxnard	Ady Esparza	X							
City of Oxnard	Vacant								
City of Port Hueneme	Paul Boog	X	X			X			
City of Port Hueneme	Vacant								
City of Santa Paula	Vacant								
City of Santa Paula	Vacant								
City of Simi Valley	Neill Spector	X			X				
City of Simi Valley	Antoinette Olson					X	X	X	
City of Ventura	Marion Holzwarth		X					X	
City of Ventura	Lori Harasta							X	
City of Thousand Oaks	Nancy Healy				X				
City of Thousand Oaks	Nick Fotheringham				X		X		
Immediate Past Chair	Nancy Rowe	X		X					
Service Provider	Rosemary Flores-Gordon			X			X		
Service Provider	Sylvia Taylor Stein				X			X	
Special Population Seat	Ricardo Melendez								
Special Population Seat	Sue Tatangelo			X	X			X	X
Special Population Seat	Donald Todd Sr.					X		X	
Special Population Seat	Behavioral Health - Vac.								
Special Population Seat	LGBT – vacant								

CCoA



California Commission on Aging

AGEWATCH

... as a citizen's voice in government...

Californians endorse major changes to Medicare through the Center for Healthcare Decisions' MedCHAT Project

After a year of conducting 82 discussion groups, CHCD and its partners have released the report on the MedCHAT project. This report shows how 800 individuals consider the attributes of Medicare: what to keep, what to add and what new restrictions are acceptable.

In response to growing concern about the future of Medicare, CHCD designed these 3-hour small-group discussions with the computer process called CHAT®. In collaboration with LeadingAge California and 20 other organizations, (CHCD) convened groups of seniors, younger adults, community leaders and health-care/senior services providers. This is not a “wish list” exercise: if more benefits are chosen, then new limits are required. Their task was to design the best Medicare coverage possible, based on current spending, for everyone in the country, not just for themselves or their families. Through a multi-step process of priority-setting and trade-offs, most participants made these decisions:

New coverage. They added a long-term care benefit of one-year nursing home or in-home services when seniors are unable to live independently. They also chose coverage of services that are not available in Original Medicare, such as dental, vision and hearing.

New restrictions. They sacrificed unlimited choice of providers that Original Medicare now guarantees; set boundaries on the use of medical treatments that are only marginally effective; and did not cover attempts to prolong life and ICUs for patients when death is near. They did, however, expect that palliative care and hospice be readily available.



This project has gained national interest. On Sept. 19th, the American Enterprise Institute and Brookings Institution are co-sponsored a briefing in DC. The full report provides detailed quantitative and qualitative results, demographic variables and the implications of these findings for healthcare policy. A 4-page executive summary is also available. For more information about the MedCHAT project, email info@chcd.org.

Information from the Center for Healthcare Decisions, September 10, 2014.

AGEWATCH is an occasional publication of the California Commission on Aging (CCoA) intended to inform, educate, and advocate. The CCoA is an independent state agency established in 1973 to serve as the principal state advocate on behalf of older Californians. The CCoA office is located at 1300 National Drive, Suite 173, Sacramento, CA 95834.

NCOA webinar focuses on older adults and suicide

The National Council on Aging Center for Healthy Aging is holding a webinar about suicide prevention and older adults on **Monday, September 29, 2014, 1:00 p.m. to 2:30 p.m. ET**. Research studies indicate that older adults die by suicide at a higher rate than the national average and when older adults attempt suicide, they are more likely to die.

This webinar will discuss risk factors for suicide, screening tools, and effective prevention interventions as prevention is key to reducing suicide risk among older adults.

To register, visit <https://cc.readytalk.com/cc/s/registrations/new?cid=7b09qqj95puh>

Information from NASUAD Friday Updates Sept 26, 2014

ACL Funds National Resource Center on Nutrition and Aging

The Administration on Aging has announced a grant award to the Meals on Wheels Association of America for \$225,000 for the first year of a three year project. This grant will continue to fund the National Resource Center on Nutrition and Aging.

Older Americans Act nutrition services provide healthy meals to approximately 2.5 million older adults every year. ACL is funding the National Resource Center on Nutrition and Aging to support the nutrition services programs by helping to enhance the skills, knowledge, and sustainability of their programs. The funding will also increase the availability of information about promising practices for successful integration of the nutrition network into the changing home- and community-based services network and health care arena. To learn more about the National Resource Center on Nutrition and Aging, visit <http://nutritionandaging.org/>.

Information from ACL Updates August 14, 2014

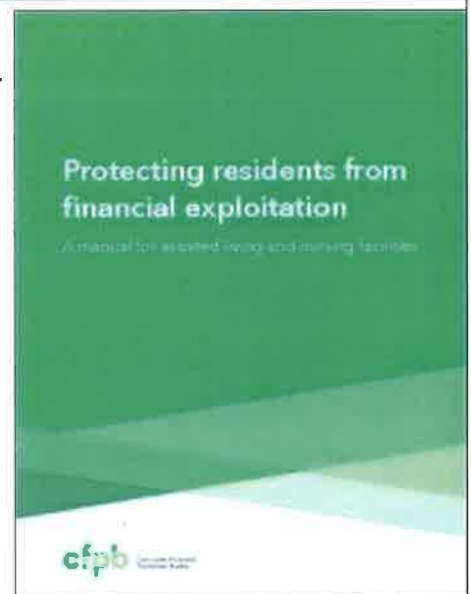
Preventing Financial Abuse in LTC Facilities

The Consumer Financial Protection Bureau (CFPB) recently released a guide to protecting long-term care facility residents from financial exploitation. The guide aims to equip assisted living and nursing facility staff with the knowledge to prevent and recognize the warning signs of elder financial abuse. The guide will give facility staff the tools to:

- Prevent financial exploitation and scams by educating staff, residents, and family members about warning signs and precautions
- Recognize, record, and report financial abuse as early as possible using a model protocol and a team approach
- Get help from first responders in the community

To read and print copies of the guide, go to: http://files.consumerfinance.gov/f/201406_cfpb_guide_protecting-residents-from-financial-exploitation.pdf

Reprinted from NASUAD Friday Update August 29, 2014
Action



San Francisco Department of Aging and Adult Services Wins Two Aging Innovation Awards

The San Francisco Department of Aging and Adult Services (DAAS) announced this summer that two of its programs recently received recognition from the National Association of Area Agencies on Aging (n4a) with Aging Innovation and Achievement Awards which recognize Area Agencies on Aging and Title VI Native American aging programs that develop and implement cutting-edge approaches to support older adults, people with disabilities and their family caregivers.

Of 45 awards given, DAAS received the first place Innovation Award for the Healthier Living Alumni Online Community. Working with the National Council on Aging (NCOA), DAAS strove to create an online community for graduates of the Chronic Disease Self-Management Program (CDSMP). Healthier Living Alumni Online Community allows graduates of CDSMP to continue to have access to tools that support self-management, practice what they learned in the workshop, participate in forums, get support from others and share resources to better manage their chronic health conditions. NCOA staffs the online community with a manager and peer discussion leaders to foster discussion, maintain a safe environment, and keep members engaged. As of spring this year there were 510 active members.

DAAS also received an Innovation Award for the Senior and Disability Survival School and University program of Senior and Disability Action (SDA). The Survival School and University offered by contract with SDA, a local advocacy organization, provides participants with information and contacts needed to gain access to health, housing and other support services, as well as formal classes on civic and political change. Many of these classes are helping participants develop advocacy skills allowing them to participate in public hearings and volunteer with other community organizations.

"The Senior and Disability Survival School and University provide an opportunity for San Francisco residents to learn how to gain access to needed resources to remain living at home and engaged in the community," reports Sarah Jarmin, Survival School Director. "We feel it serves a vital purpose of preventing isolation and creating an informed and active senior and disability community. We are very grateful to DAAS for supporting us so generously in this work, and to n4a for recognizing the importance of the program."

AGEWATCH

September 2014

Triple-A Council of California elects new officers



The Triple-A Council of California (TACC) elected new officers for 2014-2015 at the council's August meeting.

Kathy Randall (at left), from San Diego, was elected Chair; Marti Overfield (right) of Tehachapi, was elected as Vice Chair.



TACC is comprised of the Advisory Council chairs from each of the state's 33 Area Agencies on Aging. The group meets quarterly to learn about changes in state and federal programming and to share information on local projects. TACC is administered by the California Commission on Aging.

California
Commission on Aging

Virgie Walker,
Chair, Carson

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Vice Chair,
Rossmoor

Commissioners

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Los Angeles

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Julie Conger,
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Lucille Fisher,
San Francisco

Stuart Greenbaum,
Sacramento

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Gail Nickerson,
Granite Bay

Robert Petty,
Monterey

Carmen Reyes,
Whittier

Jane Rozanski,
Camarillo

Rita Saenz,
Sacramento

David Sanchez,
San Francisco

Jean Schuldberg,
Chico

Ed Walsh,
Rancho Mirage

**Fall Prevention doesn't end
with the end of
FALL PREVENTION WEEK!**

California's annual Fall Prevention Awareness Week Celebration ends on Sunday, but the focus on protecting older adults from falling never ends!



Fall Prevention Awareness Week -
September 22 - 28

Stay on top of the latest news, research, and fall prevention resources for service providers through the Fall Prevention Center of Excellence website at www.stopfalls.org.

AGEWATCH

September 2014

Upcoming Events

September 29-30, 2014 -- California Commission on Aging Meeting, Hyatt Regency Hotel, Sacramento. Information at www.ccoa.ca.gov

September 30, 2014 -- The SCAN Foundation 2014 Summit on Transforming California Long-Term Services and Supports, Sacramento, www.thescanfoundation.org

September 30, 2014 -- *NORTHBAY ELDER JUSTICE SUMMIT: A COLLABORATIVE APPROACH*, DoubleTree by Hilton Hotel Sonoma Wine Country 8:00 AM to 4:30 PM (PDT) www.eventbrite.com/e/northbay-elder-justice-summit-a-collaborative-approach-registration-12282199389?aff=zvents

October 17, 2014 -- California Council on Gerontology and Geriatrics 2014 Elder Justice Policy Forum, California Department of Aging, Sacramento. Register at www.surveymonkey.com/s/CCGGELderJusticePolicyForum

November 19-21, 2014, 2014 C4A Annual Meeting and Allied Conference - Sheraton Gateway Los Angeles Hotel, Los Angeles, <http://c4aregistration.info/>

California Commission on Aging staff:
Sandra Fitzpatrick, M.A., Executive Director
Carol Sewell, MAG, Program Analyst on Aging
Marcella Lopez, Administrative Assistant

CCoA



California Commission on Aging

AGEWATCH

... as a citizen's voice in government...

CCoA hosts early WHCoA listening session in Sacramento

The California Commission on Aging hosted a White House Conference on Aging (WHCoA) listening session in September, holding the second session in the state since the appointment of WHCoA Executive Director Nora Super. Super came to Sacramento for the Commission meeting and The SCAN Foundation's 2014 California Long-Term Services and Supports Summit the following day.

2015 WHITE HOUSE
CONFERENCE
 on AGING

WHCoA Listening Sessions provide a forum for public input into both the content of the 2015 event, as well as the best conference format to reach older adults and their service providers through technology and regional events. The Commission on Aging members and audience members had the opportunity to share concerns regarding elder justice, the future of senior centers, innovative care models, and service for elders in rural areas. Super gathered input on long-term service and supports at The SCAN Foundation event.

Updates on WHCoA plans and future listening sessions is available on the WHCoA website, at <http://www.whitehouseconferenceonaging.gov/>. Visitors to the website are invited to sign up for weekly updates, explore ways to get involved, and to post information on their own listening events.



David Ishida of ACL Region IX, WHCoA Executive Director Nora Super and CCoA Chair Virgie Walker

AGEWATCH is an occasional publication of the California Commission on Aging (CCoA) intended to inform, educate, and advocate. The CCoA is an independent state agency established in 1973 to serve as the principal state advocate on behalf of older Californians. The CCoA office is located at 1300 National Drive, Suite 173, Sacramento, CA 95834.

Senate Select Committee tours innovative aging programs

The Senate Select Committee on Aging and Long-Term Care focused on model programs and best practices in its *2014 Pathways Statewide Bus Tour: Innovation in Aging and LTSS* this month.

During the three-day tour, Chair Carol Liu visited innovative programs providing senior living and services in a variety of settings.

The tour included visits to the Pasadena Senior Center, a senior residence/artists' colony in Hollywood, the Veterans Home of California in Yountville, and the Institute on Aging in San Francisco, where the group toured the PACE program and learned about a partnership between IOA and the Health Plan of San Mateo.



CCoA Executive Director Sandi Fitzpatrick (L) and Commissioner Lucy Fisher visit with Senator Carol Liu (R) at San Francisco's Institute on Aging.

CMS to Strengthen nursing home rating system

The federal government has announced substantial changes to the government's five-star rating program for nursing homes known as "Nursing Home Compare," a widely used consumer tool that has been criticized for its reliance on self-reported, unverified data.

According to a New York Times report, the Nursing Home Compare ratings "relied so heavily on unverified and incomplete information that even homes with a documented history of quality problems were earning top ratings. The number of homes with above-average ratings has increased significantly since the program began: In 2009, 37 percent of homes received four- or five-star ratings. By 2013, nearly half did."

Beginning in January 2015, the ratings system, which includes self-reported staffing and quality indicators, will convert to a quarterly electronic system that allows staffing-level reports to be cross-checked against payroll data. Additionally, a nationwide auditing program will be implemented to assess the accuracy of quality measures and the percentage of patients given antipsychotic drugs will be factored into the ratings system.

A fact sheet that details changes to both nursing home and home care ratings and regulation is available on the White House Press Office website at www.whitehouse.gov/the-press-office/2014/10/06/fact-sheet-administration-announces-new-executive-actions-improve-qualit.

Information from Business Day |NYT Now, Medicare Revises Nursing Home Rating System, Oct. 6, 2014, and White House Press Release, FACT SHEET: Administration Announces New Executive Actions to Improve Quality of Care for Medicare Beneficiaries, October 6, 2014.

CFPB releases Spanish-language resources to help Hispanic elderly avoid scams

Elder financial exploitation crosses all social, economic and cultural boundaries. Older Hispanics, like other older adults, increasingly are targets of financial abuse and scams by a broad spectrum of perpetrators. A 2012 study found that 17 percent of Hispanic seniors are victims of financial exploitation, and that limited English proficiency is a factor that contributes to the vulnerability of older Hispanics.

Nearly 1.5 million – or two-in-five- older Hispanics have limited English language proficiency and speak Spanish only. Their limited access to trusted information and resources in Spanish hampers their ability to detect, respond to and report abuse.

The Consumer Financial Protection Bureau (CFPB) has developed Spanish versions of two resources that can help Spanish-speaking seniors, their family members and other caregivers, and the professionals and organizations that work with them:

Money Smart para Adultos Mayores (Money Smart for Older Adults) – an educational program with the FDIC that teaches older adults and their caregivers how to spot scams and frauds, and prevent financial exploitation. The translated guide can be used as a self-study guide or delivered as a training in a group setting.

Cómo Administrar el Dinero de Otras Personas (Managing Someone Else's Money) – a set of four guides for financial caregivers—government fiduciaries, agents under power of attorney, guardians of property and trustees—to help them understand their duties, and how to prevent and respond to financial exploitation.

These resources are available in English and Spanish for download and free print copies are also available.

Reprinted from the CFPB Blog, Tuesday, Oct. 7, 2014.

<http://www.consumerfinance.gov/blog/resources-in-spanish-that-could-help-thousands-of-older-hispanics-spot-financial-exploitation-and-scams/>



AGEWATCH

October 2014

New report outlines the needs and concerns of LGBT older adults

Out and Visible: The Experiences and Attitudes of Lesbian, Gay, Bisexual and Transgender Older Adults, Ages 45-75 examines the values, needs, wants and lifestyle preferences of LGBT older people. This study explores the aging realities of LGBT people, as well as their fears, beliefs, behaviors and aspirations in areas such as healthcare, finance and retirement, support systems, housing and sources of information.

<http://www.sageusa.org/resources/outandvisible.cfm> to download the full report.
NASUAD Friday Update, October 17, 2014



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Mixed Bag So Far for Duals Program: Some Glad, Some Livid, Most Confused

In a *California Healthline* report by Rachel Dornhelm, experts discussed the promise and pitfalls of the state's rollout of Cal MediConnect, which offers 456,000 Californians who are dually eligible for Medicare and Medi-Cal a new pilot program of coordinated care through a Medi-Cal managed care plan. The state is about halfway through the passive enrollment process and, so far, about a third of participants have opted out of the program.

The report includes comments from:

Kathryn Kietzman, research scientist at the UCLA Center for Health Policy Research; Kevin Prindiville, executive director of the National Senior Citizens Law Center; Teresa Strauss and her dual-eligible mother Maria Salim from Los Angeles; and Norman Williams, deputy director of public affairs at the Department of Health Care Services

To read the full report, visit <http://www.californiahealthline.org/insight/2014/mixed-bag-so-far-for-duals-program-some-glad-some-livid-most-confused>

Reprinted from California Health Care Foundation, California Healthline, October 8, 2014

AGEWATCH

October 2014

Upcoming Events

October 30, 2014. *Mental Health & Aging Conference*. Sacramento Mental Health Older Adult Coalition. Information and registration: www.sacmhac.net.

November 3, 2014. *Working together to PREVENT ELDER FINANCIAL ABUSE on the Central Coast of California*. San Luis Obispo City/County Library Community Room. www.elderfinancialprotection.org for information and registration.

November 19- 20, 2014 -- California Commission on Aging, Sheraton Gateway Los Angeles Hotel, Los Angeles. Information at www.ccoa.ca.gov

November 19, 2014 -- California Mental Health and Aging Coalition Town Hall Meeting, *Behavioral Health Care Integration under the CCI*, Sheraton Gateway Los Angeles Hotel. For information and registration, e-mail Viviana Criado at viviana.criado@gmail.com.

November 19-21, 2014, 2014 C4A Annual Meeting and Allied Conference - Sheraton Gateway Los Angeles Hotel, Los Angeles, <http://c4aregistration.info/>

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